

First Edition, 1946  
Seventh Edition, 1956

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A London, England, edition of *Autobiography of a Yogi* is published by Rider & Company (4th edition, 1955), 21 shillings.

The book has been translated and published abroad in Arabic, Bengali, Dutch, French, German, Italian, Spanish, and Swedish. Editions in preparation: Hindi, Icelandic, Japanese, and Portuguese.

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*Dedicated to the Memory of*

**LUTHER BURBANK**

**An American Saint**



PUBLISHER'S NOTE TO SEVENTH EDITION (1956)

This 1956 American edition contains revisions made by Paramhansa Yogananda in 1949 for the London, England, edition; and additional revisions made by the author in 1951. In a "Note to the London Edition," dated October 25, 1949, Paramhansa Yogananda wrote: "The arrangement for a London edition of this book has given me an opportunity to revise, and slightly to enlarge, the text. Besides new material in the last chapter, I have added a number of footnotes in which I have answered questions sent me by readers of the American edition."

Later revisions, made by the author in 1951, were intended to appear in the fourth (1952) American edition. At that time the rights in *Autobiography of a Yogi* were vested in a New York publishing house. In 1946 in New York each page of the book had been made into an electrotype plate. Consequently, to add even a comma requires that the metal plate of an entire page be cut apart and resoldered with a new line containing the desired comma. Because of the expense involved in resoldering many plates, the New York publisher did not include in the fourth edition the author's 1951 revisions.

In late 1953 Self-Realization Fellowship (SRF) bought from the New York publisher all rights in *Autobiography of a Yogi*. SRF reprinted the book in 1954 and 1955 (fifth and sixth editions); but during those two years other duties prevented the SRF editorial department from undertaking the formidable task of incorporating the author's revisions on the electrotype plates. The work, however, has been accomplished in time for the seventh edition.

SELF-REALIZATION FELLOWSHIP

November 22, 1956

PUBLISHER'S NOTE TO SIXTH EDITION (1955)

Paramhansa Yogananda founded two nonsectarian, nonprofit corporations: Self-Realization Fellowship (SRF) in America, the international headquarters; and Yogoda Sat-Sanga Society (YSS) in India. He often declared that through the work of these two organizations the liberating message of *Kriya Yoga* would spread to all parts of the world.

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Publisher's Note

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"Jesus Christ, Babaji, Lahiri Mahasaya, and Sri Yukteswar have blessed this work," Paramhansaji said, "and have given assurance that it will live and grow." It is meeting man's most urgent need amid the alarms of the Atomic Age: the need to know and practice definite scientific techniques for attaining direct personal experience of God.

The mission of the great master is being carried on by disciples whom he trained for many years for that purpose. The second president of SRF-YSS was Mr. James J. Lynn (Rajasi Janakananda). His beautiful life came to a close on February 20, 1955 (see page 514). The third president of SRF-YSS is Sister Daya of the monastic Self-Realization Order. The personal secretary of Paramhansa Yogananda from 1931 to 1952, Sister Daya has been for the past ten years in charge of the California headquarters.

The great guru wrote (page 9) a passage about Lahiri Mahasaya—words that echo now in the hearts of Paramhansa Yogananda's own close disciples and of those devotees that know the master only through his lessons, books, and voice-recordings:

"At first I grieved because he was no longer physically living. As I began to discover his secret omnipresence, I lamented no more. He had often written to those of his disciples that were over-anxious to see him: 'Why come to visit my flesh and bones, when I am ever within range of your *kutastha* (spiritual sight)?"

SELF-REALIZATION FELLOWSHIP

December 3, 1955

AUTHOR'S ACKNOWLEDGMENTS (FIRST EDITION, 1946)

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PARAMHANSA YOGANANDA

October 28, 1945



**AUTOBIOGRAPHY**

**OF A**

**YOGI**



**Paramhansa Yogananda**