

W⁷The WIRE

An award-winning
JTF journal

USO CONCERT
Grammy Award-winner
Michael W. Smith

LIFE AS A YOUNG SAILOR
A look into
Wilhide's World

FAREWELL
SGM Barnes
departs 525th

31 HEROES

CrossFit community bands together for the fallen

**Snook season
is here!**



SGT. MAJ. SCOTT SMITH

SERGEANT MAJOR, JTF GUANTANAMO

Compared to our brothers and sisters that served in Vietnam, those of us who wear the uniform today enjoy tremendous support from the American people. The veterans who returned home from fighting that unpopular war were ignored, yelled at and spat upon, and those same veterans have led the effort to ensure that today's troops are welcomed, honored and cared for. Today in America you can see the flags, welcome home signs, yellow ribbons and the "Thank You for Your Service" statements from strangers in any airport across our country.

This support cannot be taken for granted. Today, fewer than one percent of our fellow citizens serve in the military. Two generations removed from the draft, many people simply have no direct connection to their nation's armed forces.

How do we instill in the next generation of Americans an understanding of military service?

Sometimes, it takes a little creativity to make a point. In September of 2005, on the first day of school, students of Martha Cothren, a social studies school teacher at Robinson High School in Little Rock, Arkansas, were taught a lesson they would not soon forget. Her students arrived to a classroom with no desks.

She challenged her students to tell her what they had done to earn the right to sit at a desk.

As the day wore on, Ms. Cothren's classes came in and out, taking their seats on the floor; each student was challenged to contemplate what they had to do to earn the right to sit

at a desk. By early afternoon, television news crews had started gathering in Ms. Cothren's classroom to report about this crazy teacher who had taken all the desks out of her room.

During the final class period, Martha Cothren opened her classroom door, and in walked 27 U.S. veterans, all in uniform, each one carrying a school desk. The vets placed the school desks in rows, and then formed a line along the classroom wall. As the last Soldier set the final desk in place, those kids started to understand, perhaps for the first

time in their lives, just how the right to sit at those desks had been earned.

Martha said, 'You didn't earn the right to sit at these desks. These heroes did it for you. They placed the desks here for you. Now, it's up to you to sit in them. It is your responsibility to

learn, to be good students, to be good citizens. They paid the price so that you could have the freedom to get an education. Don't ever forget it.'

We who wear the uniform pay the price of freedom today, but we owe a debt of honor to those who went before us. They not only fought for our freedom, they helped restore a place of honor for us in our society.

We can repay that debt by realizing that we are the standard bearers today. That not only means serving the nation and defending the Constitution, it means doing so with honor, courage and commitment. It's not just THAT we serve, it's HOW we serve that counts.

As always, continue to take care of each other and do the right thing, even when no one is looking.

*It's not just
THAT we
serve, it's HOW
we serve that
counts.*



JTF Guantanamo

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Senior Enlisted Leader
Sgt. 1st Class Rick McNamara: 8141



The Wire

Senior Editor Army Sgt. Ryan Hallock
Layout Editor Army Pvt. Loren Cook
Copy Editor Spc. Vanessa Davila
Assistant Editor Mass Communication Spc. 3rd Class Brian Jeffries
Photojournalists
Sgt. 1st Class Kryn Westhoven
Army Staff Sgt. Lewis Hilburn
Mass Communication Spc. 2nd Class Joshua Hammond
Mass Communication Seaman Hannah Wilhide
Webmaster
Mass Communication Spc. 1st Class Keith Simmons

Contact us

Editor's Desk: 3499
Commercial: 011-5399-3499
DSN: 660-3499
E-mail: thewire@jtfgtmo.southcom.mil
Online: www.jtfgtmo.southcom.mil/wire/wire.html

North East Gate Tour

Want to learn about the history and lineage of the North East Gate and the United States Marines at Naval Station Guantanamo Bay? Meet at the Marine Hill Parade Deck at 11 a.m. on the third Friday of every month for the North East Gate Tour.

For more information, call 2344.

Safe Ride!

Out drinking? Thinking about driving? Put the keys down! Save your life, the lives of others, and your career.

Call 84913/84781.

Feds Feed Families

The 2012 Feds Feed Families food drive is going on right now! A collection table for cash donations will be located in the NEX Atrium from 11 a.m. to 3 p.m. on Saturdays until Aug. 31. A donation box for nonperishable food items is located inside the NEX. Do your part to help those less fortunate!

For more information, call HM1 Sarro or NDC Bolen at 4444.

Rise, all R/C fans!

Like remote-controlled cars, boats, planes and helicopters? GTMO R/C enthusiasts are looking for other remote control enthusiasts to come out and play! Would you like to know more? Email gtmo_rc_club@yahoo.com.

Air Sunshine offers full refunds

Personnel who purchased tickets to Air Sunshine flights that were cancelled due to the airline's recent suspension can request a refund.

To get the refund, simply return your ticket to the local office in GTMO or the Air Sunshine ticket counter at Fort Lauderdale International Airport.

For more information, email queries to email@airsunshine.com, or call Dwight Henriques at 74915.

Mandatory fun!

Is your unit or group having a party? Reserve a cabana or pavilion in person at the Morale, Welfare and Recreation Marina! Locations include Hospital Cay, Cable Beach, Windmill Beach, Chapman Beach, Ferry Landing, Ocean View Park, and Phillips Park.

For more information, call 2345. Operators are standing by to take your call!

Volunteer everywhere!

MWR needs talented people just like you! MWR is seeking volunteers to teach and help out with exciting classes such as basic and advanced pottery, basic hand drawing, oil painting, and scrapbooking. Share your favorite hobbies and earn volunteer hours!

For more information on how to volunteer, contact Andrea at 84435.

Learn to read music!

Want to learn what all of those weird arcane symbols on sheet music mean? There's a class for that!

An eight-week basic music theory for adults class begins Sept. 14 at the W.T. Sampson High School band room. Class runs from 5:30 to 6:30 p.m. and costs \$120.

Register by Sept. 7 at the Child Development Center to secure your seat.

For more information, call 77302.

Fall sports!

MWR offers a men's and women's kickball league and a coed indoor volleyball league this fall! Register at Denich Gym for free by 7 p.m. Aug. 17. Registration is open to those 16 and older.

The kickball league is scheduled to have a coaches meeting Aug. 22 at 5:30 p.m. at the Denich Gym. Volleyball has a coaches meeting at 6:30 p.m., also at the Denich Gym.

First and second place teams in each league will earn a trophy for their efforts!

For more information, call Alana at 2113.

Firefighter Ball

You've bought the T-shirts and gone to the fundraising events. Now it's time for the main event! Naval Station Guantanamo Bay's fire department is holding its Firefighter Ball 5:30 p.m. Aug. 25 at the Windjammer. For tickets or more information, call 4577.

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The WIRE is the official news magazine of Joint Task Force Guantanamo. It is produced by the JTF Public Affairs Office to inform and educate the Troopers of JTF Guantanamo through news, features, command guidance, sports and entertainment. This DoD news magazine is an authorized publication for the members of the Department of Defense. Contents of The WIRE are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or Joint Task Force Guantanamo. It is printed by Defense Logistics Agency Document Services with a circulation of 1,200.



Trooper to Trooper

Personalities and Progress

SENIOR CHIEF CHARLES CANADAY
COMMAND SENIOR CHIEF, MSST

Our leaders' personalities play a huge role in how a unit progresses. One's personality – especially one in senior leadership – greatly affects how people view that person's unit and how that senior leader's peers and subordinates act and react. If a leader is approachable, people are more likely to seek out that person for guidance with questions and concerns. If a leader is rigid and overbearing, then people will go elsewhere for the questions and guidance they need. In saying this, though, some may think, "Oh, well let's all just be kinder and gentler," but that is not the point.

A good leader with an approachable personality is a leader who will be trusted to advise without bias. Individuals who seek assistance from such a leader know they will receive a straight answer that is given with respect, not retribution. Such leadership allows those persons to progress with the assistance of a good mentor. As leaders, we need to understand that new service members may not have been raised on the same values we were, so the "my way or the highway" mentality does not always work. The caveat is that when the time comes for a trusted leader to take such an approach, it

will be accepted as something that needs to be done with urgency and without question. The person who consistently portrays the "my way" mentality will be less respected as a person.

One trusted leader who comes to mind is Sir Ernest Shackleton, an Antarctic explorer in the early 1900s. This man was not known just for crossing Antarctica, but more for the fact that his ship became frozen in the ice on his second crossing. He managed to keep his crew alive in a desperate situation for 21 months without losing a single man. Shackleton's personality played a huge role in how the men reacted to him and saw him as a person and a leader, ultimately allowing them to keep the utmost faith in his abilities.

Newcomers will quickly recognize who they can and cannot approach. This recognition will be formed through both their own perception and through their peers' perception of the unit's leadership. We as leaders should strive every day to have a personality that makes us approachable but not gullible. Peers and subordinates should be able to request assistance and guidance without fear of retribution or persecution for their ideas or questions. This will create a unity and trust among the leadership that is seen by junior personnel and will be emulated throughout the unit. I have experienced the effectiveness



of this type of atmosphere first-hand from different units I have been fortunate enough to serve in. When a unit progresses in this manner, its servicemembers are seen by higher commands as stellar performers.

BOOTS ON THE GROUND

What has been your best time on island?



"Joining my unit's basketball team and playing on the weekends."

Sgt.
Jasmine Wells



"Having the chance to fly my wife down here with me for Thanksgiving."

Staff Sgt.
Michael Acosta



"Enjoying my off time playing all the different sports."

Logistics Specialist 2nd Class
Javier Martinez



"Screaming while watching scary movies outside at the base movie theater"

Spc.
Jasmine Mejia

Christian artist rocks the bay

Grammy Award winning singer/writer

teams up with USO to entertain Guantanamo Bay

By Sgt. 1st Class Jerome Grant

Troopers from Joint Task Force Guantanamo, along with personnel and residents of U.S. Naval Station Guantanamo Bay, gathered in the Windjammer Ballroom Aug. 6 to see Grammy Award winning singer/songwriter Michael W. Smith conduct his first-ever United Service Organizations/ Armed Forces Entertainment tour.

Smith, who is between shows from a world tour that started in Brazil, went to Australia, Europe twice and will include a trip to South Africa a couple of weeks after the Guantanamo Bay visit, is a big fan of America's armed forces.

"Our nation's troops and military families are among the bravest and most selfless people I know," said Smith. "We as a nation,

owe them not only our respect and gratitude, but also our time. I am just honored for the opportunity to travel to Guantanamo Bay with the USO and extend our nation's thanks for their service."

The crowd was treated to the instrumental song "The Patriot" inspired by Smith's admiration of servicemembers and an instrumental tribute called "Heroes" in honor of the first responders who gave their lives on Sept. 11, 2001. Among the other songs Smith performed during the hour long concert were his hits "I Will Be Here For You," "Friends," and "Place in this World."

"The concert was awesome," said Spc. Leslie Almanza from the 314th Military Police Company. "There were so many songs I wanted to cry; there were moments when I felt like when I first became a Christian. I

felt like I wanted to surrender all over again."

"His music has been a blessing to my church," explained Spc. Jeremy Maddux, also of the 314th MP Company. "I have always loved his style of worship. To be able to see [Smith] live and in person and having a spiritual pick-me-up here is awesome."

USO President Sloan Gibson was pleased to bring Smith to Guantanamo Bay.

"It is a real privilege to be working with Michael W. Smith, who has accomplished so much in music and is beloved by millions of people around the world for his spirit lifting music and literary works," Gibson said.

"I know there have been other USO events here," Maddux said. "But having something like this really helps us spiritually. I'd love to see other Christian bands here as well."



Sgt. Maj. Mike Barnes

THE VIGILANT WARRIOR

By Staff Sgt. Lewis Hilburn

Any service member who has spent time in the 525th Military Police Battalion area knows Sgt. Maj. Mike Barnes. According to Lt. Col. Darcy Overbey, 525th commander, “If there were troops in the area, Sgt. Maj. Barnes was close by.”

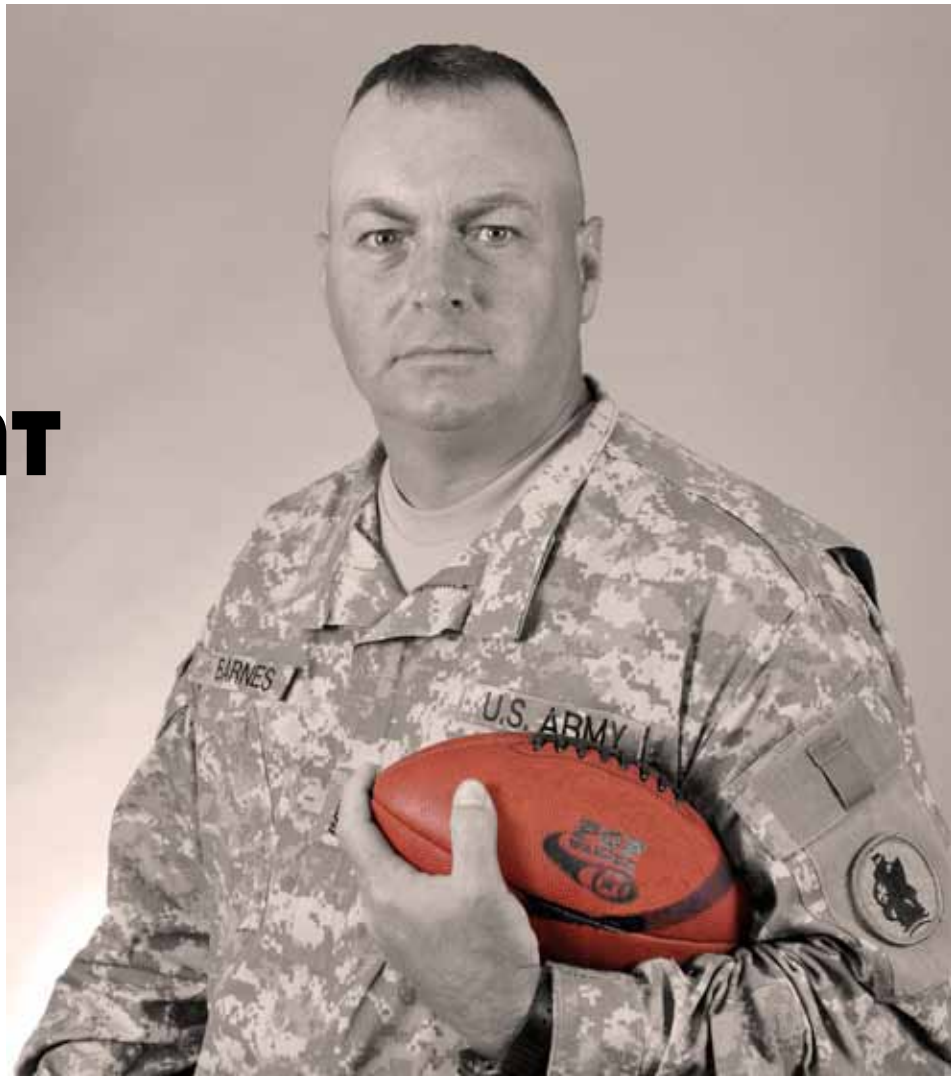
As command sergeant major of the military police battalion, Barnes took a stake in the care of his Vigilant Warriors. He referred to them as the lifeblood of the Joint Task Force Guantanamo Bay mission.

Whether his troops were standing guard in the camps or checking identification cards in the scorching sun, he emphasized the importance of remaining professional at all times, because in this environment a mistake is not an option.

“For them it’s a no-fail mission,” Barnes said. “This is one of the few places where the actions of a private first class on a Friday night are briefed to the President of the United States on Saturday morning.”

With a mission as demanding as theirs, Barnes was always vigilant when it came to stress in his battalion. As the command sergeant major for more than 900 troops, he relied on his noncommissioned officers to be his eyes and ears and charged them to take care of the troops.

“I think we are in a world of micromanagement, and I allowed my subordinate leaders to manage their Soldiers as they saw fit while I provided them guidance and



mentorship,” Barnes said.

Barnes preached one overall theme and that is “one team, one fight.” Having used it his entire noncommissioned officer career, he believes that in this place the motto’s intent needs to be met.

“Being away from family, we have become a family,” Barnes said.

He passionately stated that being part of a family, you have to give your all, and he did. From sporting events to barbecues, and everything in between, Barnes was always there. On several occasions Barnes surprised Troopers by throwing them the football he always seemed to have in hand.

“There is no greater reward than being provided the privilege to care for the sons and daughters of this great nation,” Barnes said.

Like the troops in his battalion and across the services, he left his family in service of the nation. With each deployment, he appreciates the role that military spouses play.

“These Soldiers who come down here on a hardship tour, and their families [who] stay home and maintain the home front, I have a

special appreciation for them,” said Barnes. “They take care of the home front so well that it allows these Soldiers to focus on the mission.”

For Barnes, this mission was not the same old song and dance. This mission brought new challenges. A military police Soldier by trade, Barnes took charge of a battalion full of military correction specialists. He devoted time to getting to know the job and the troops that performed it day in and day out.

During his change of responsibility ceremony, Overbey stated during her speech, “He was not an expert in corrections, but through his drive and determination to take care of Soldiers, he learned the standard operating procedures for detention operations.”

“[Soldiers] strive to do their best no matter what they do, and they do it each and every time,” said Barnes.

At the end of the day, Barnes feels that his Troopers work, train, and play hard. With a professionalism echoed throughout the entire Army, Barnes is very proud of the Soldiers of the 525th Military Police Battalion.

Pay attention to your financial health

By Sgt. 1st Class Kryn Westhoven

It could be called the silent killer of dreams and aspirations. Identity theft can cause devastating effects on one’s financial health, especially if it goes undetected.

Declined: the one word to tell you your otherwise healthy financial status has gone into fiscal cardiac arrest.

“They would apply for credit and that was the first time they found out they had a problem,” said Walter Barrett, personal financial specialist with the Fleet and Family Support Center at U.S. Naval Station, Guantanamo Bay.

So your identity was hijacked by some cretin working in a dank basement in a far-flung country. (Actually, it could be the computer whiz kid nearby who retrieves online passwords from your unsecured wireless router.) Whoever the thief is, time is of the essence when your credit has been compromised.

Immediately contact one of the three credit reporting agencies – TransUnion, Experian or Equifax – to place a Fraud Alert. That fraud alert will be shared with all three, but Barrett encourages victims to contact each agency directly to speed up the process.

File a police report to show due diligence. It also gives you a document with dates to prove how quickly you responded to the ID theft.

“Make sure your chain of command is aware that you’ve been a victim, because all of us need a security clearance these days,” Barrett added. “It is much better to be up front.”

Finally, file a Fraud ID affidavit with the Federal Trade Commission by your branch of service at www.ftc.gov/sentinel/military/index.shtml. This is the military specific portion of the FTC’s Consumer Sentinel Network, a secure online database of millions of consumer complaints.

The FTC website collects complaints and makes them available to law enforcement. This is part of the effort to identify and to target problems that affect service members. While the FTC doesn’t resolve individual disputes, the data is used to target cases for prosecution, shut down scammers, and spot patterns of fraud that could affect



the military community.

Troopers can avoid this identify theft with the three D’s: deter, detect and defend.

The defend part is everything mentioned above, with the addition of closing any credit card or other financial account that has been violated. Call the security or fraud departments for each account and follow up with written documentation, like the police report.

To deter is simply to protect your personal financial information. Shred all financial institution documents once they are not needed. Safeguard your military ID and social security card, and don’t write your social security number on checks. Do not give out personal information over the phone, the web or through the mail unless you’re sure of who you’re dealing with.

With more ID thievery happening via the Internet, it is advisable to use more sophisticated passwords. A combination of letters and numbers is better than a birth date, phone number or dog’s name.

To detect possible ID theft, Barrett encourages review of all financial statements every month.

“Unfortunately a lot of people don’t, because they feel ‘I haven’t charged so I am not even going to look at it,’” he said.

Once someone gets hold of the credit card or checking account, the thieves can

change statement preferences and have those documents ship to a new address.

Barrett suggests pulling credit reports through www.annualcreditreport.com from all three agencies each year. This is the website set up to fulfill the federal requirements put in place nearly a decade ago to help fight identity theft.

Requesting one credit report from each agency every three to four months will provide a year’s worth of financial health snapshots. It is no-cost credit monitoring with a few mouse clicks.

All three credit reporting firms offer an Active Duty alert at no charge. Potential creditors would have to take extra steps to identify a service member. The program is designed for uniformed personnel who are away from their usual duty station. Contact any one of the agencies, and they will inform the other two of the Active Duty alert request.

For additional protection, a freeze of your credit report is offered for a fee. “Ultimate protection, in my mind, is to put a freeze on your credit report,” noted Barrett. Besides the cost, consumers will need to safeguard a PIN number in order to thaw their credit reports.

Just like your body, a little preventive medicine can help keep your financial future healthy.



By Mass Communication Specialist 1st Class
Keith Simmons

After being closed for three months, snook season is finally open at Guantanamo Bay, and it's time to cast our lines for some of the best sport fishing around.

Aug. 1 marked the opening day for fishing enthusiasts to legally keep three snook per person per day. A minimum length of 22 inches is required, and individuals are only allowed to keep one snook longer than 40 inches per day. Spear fishers can keep one snook per day at the same length limit.

The season has been closed since the beginning of May to allow the species time to spawn. Anticipation of the reopening has

been on many anglers' minds.

"Snook fishing here in GTMO is probably one of the seasons I look forward to the most," said Michael McCord, U.S. Naval Station GTMO public works environmental department director. "The fish are fairly plentiful, good to eat and they're fun to catch."

Many North American fishers are familiar with the techniques used in bass fishing, and snook can be hooked with similar methods.

"Snook is a bass on steroids," said McCord. "They're ambush feeders, so they like to hide. The traditional place to catch snook is the mangroves in the river."

Also like a bass, snook will feed on local bait fish species or artificial lures that resemble them. On the Guantanamo River, this means mullet, pinfish and herring. Where

these species are found, snook will be close by.

"You don't have to catch bait to catch snook," said McCord. "Almost every fish in the bay can be caught on artificial lures."

As with fishing anywhere in the world, we all share one resource. It's important that everyone adhere to the rules and limitations placed on each species so we allow them to survive for future GTMO residents and don't overfish the population.

For more information about GTMO fishing regulations, check out the NAVSTA GTMO Instruction 1710.10b; Joint Task Force personnel can view it on the SharePoint site under "GTMO MWR." NAVSTA personnel can find it on the intranet site under "Local Instructions."



By Mass Communication Seaman
Hannah Wilhide

Hey ya'll, I'm Seaman Hannah Wilhide. And since I'm new here and have no friends or life down here yet, I just Facebook creep.

I've been here about a month now, since the beginning of July and already I've met a lot of... people, very unique. Which is why I have decided to Facebook stalk. I decided to start with a certain Sailor here in public affairs. He's very into fishing, not sure why. I went fishing with some people from work over the weekend and he was among the people fishing. See, this was my first time fishing, my very first time. I couldn't even bait my own hook or cast my own line out the first few times and this very kind petty officer showed me the way. I even caught a fish! Two actually, but one was too small to keep, so we threw it back. ANYWAY, my great catch, which

was the biggest catch of the day for our little group by the way, was blamed on "beginner's luck." I say that's baloney! What's even funnier is that same petty officer that's all about fishing, always talking about it, and giving fishing advice, didn't catch anything! My question is, how are you going to give fishing advice when you can't even catch a fish?! You can't blame it on the lack of resources, because bears need fish to SURVIVE and they do just fine with nothing but their paws. Another thing, how do you think the cavemen caught fish? They didn't have fancy bobbers or ten different kinds of bait.

Well, that's all in the World According to Wilhide, ME! Come back next week to see how my sailing trip went! And remember; watch what you post on Facebook, because I'll be watching you! Bye!



PROTECT YOUR INFO!
PSEC ALERT

What to do with old uniforms...

Don't throw them away! First thing, sanitize them! Remove your name tape and rank, warfare insignia and any other patches. Next, look inside: Did you write your name or last 4 on the tag so you could claim it from the laundry? If you did, remove the tag or blacken out your info. Then take a good look at the uniform. Is it still useable? If it is, take it to the thrift shop or ask your shipmates or battle buddies if they could use it. Otherwise make it "un-wearable" by cutting it in half down the back and cutting the sleeves off. For pants, rip them in two. Don't throw whole uniforms away; first of all they are valuable and second a whole uniform could be used by an adversary to try to access places they shouldn't. So take care of your uniforms, and protect your personal information. USE OPSEC!



Army 1st Lt. Nick Creech

Story and photos by Army Sgt. Ryan Hallock

On August 6, 2011, a Chinook helicopter carrying 31 Americans was shot down by insurgents in the Wardak province in Afghanistan. 30 service members and one military dog were killed in the crash. More than a year has passed since 31 of our nation's heroes paid the ultimate sacrifice. They gave their lives en route to a special operations mission to reinforce an engaged unit of Army Rangers.

The mission still continues for those in uniform, but for the families who lost their fathers, brothers, friends, soul mates, and loved ones, life will never be the same.

Mackenzie Tobin embarked on a mission in the wake of the tragedy. She and one of her partners, Amanda Justus, knew they had to act to show their support for the 30 families and used their CrossFit backgrounds for inspiration. The two military spouses along with two other partners who served in the Navy co-founded the 31 Heroes Project.

Four weeks after the day of the crash, the

non-profit organization hosted a CrossFit event to benefit the families. It soon became an international event and was held at more than 430 gyms worldwide with more than 10,000 participants from the CrossFit community. \$300,000 was raised and given directly to the 30 families.

"I am incredibly humbled by the military families I interact with on a regular basis," said Tobin. "They never complain about the sacrifices, and there is always a sense of pride in either their direct service, or that of a family member. The families are the reason we get up every day and do this work!"

The project has grown and spread to gyms all around the world, and now to Guantanamo Bay for the second annual event honoring our fallen. Coast Guard Petty Officer 2nd Class Jonathan Henderson took the reigns and organized the 31 Heroes Project at GTMO after members from his unit approached him to bring the event to life.

"It means a lot to me because I get to directly support the families who have

lost someone overseas," said Henderson, a machinery technician from the Maritime Safety and Security Team. "I would like to know that my family's taken care of if I were to get killed in the line of duty."

The money the CrossFit community raises will now get divided to further support even more families who have lost loved ones. One third of the donations will go to the memorial fund for the 30 families, one third will go to The Travis Manion Foundation, and one third will go to the Snowball Express, foundations whose mission is to assist the families of fallen heroes.

Henderson's 31 Heroes Project at GTMO brought 22 CrossFit athletes and workout enthusiasts together to support the cause and raised \$951 when the workout was finished.

This year's "workout of the day" as it is known in the CrossFit community involves a rigorous 31-minute, high-intensity, can't-quit, as many repetitions as possible workout.

"One team, one fight." The motto lived and breathed throughout the military is

the same motto for the 31 Heroes Project. Teams of two worked out simultaneously as the sun beat down upon their faces. Each aspect of the 31 Heroes workout bears special significance. The CrossFit athletes gave the course everything they had, knowing that each minute of the workout symbolized one of the 31 fallen heroes.

While one partner ran 400 meters carrying a 25 or 45-pound sand bag, the other began the 8-6-11-repetition scheme

workout. It started with eight thrusters: the participant lifts a weighted bar, squats down, and then thrusts it over their head to finish one repetition. Veins were left bulging as they headed into the next portion of the workout. The athletes had to tame the beast within, the one begging them quit, to give up and find shade.

"31 minutes of CrossFit is pretty intense," said Coast Guard Petty Officer 3rd Class Thomas Shaughnessy, a boat crew

member with the MSST. "Hearing the cheers from the sidelines and remembering what you're doing it for helps push you through it. Those were 31 silent heroes that you never hear about, who put their lives on the line every single day they went out."

Next in the athletes' way of the finish line were six 15-foot rope climbs followed by 11 box jumps. The rope stretched high into the blazing sun, which dared those strong hearted enough to reach the top. Whichever



Coast Guard Petty Officer 2nd Class Christina Warner



Coast Guard Petty Officer 2nd Class Jonathan Henderson



31 Heroes 2012



Army Capt. Ernesto Gutierrez

“ This event provides us all the opportunity to honor and remember the incredible service members who have made unbelievable sacrifices for all of us. ”

– Mackenzie Tobin, co-founder of 31 Heroes

partner was on the ropes, weights, or boxes, the other was embracing the suck on the run. The workout is a constant testament to the teamwork displayed by all those who have defended the freedoms of the United States.

"The big thing about CrossFit is the community," said Henderson. "Everybody's in it for the cause. The support from the base has been amazing."

The prize for completing the workout is the sweat pouring out of their bodies, cooling them down as the temperature approached 95 degrees Fahrenheit by midmorning. It's a competition against their inner resistance, to see how many cycles they can complete

before the clock reads zero. Be it five, 10, or 15, each team knows the ultimate prize is raising money for families who have lost loved ones to this profession.

"This event provides us all the opportunity to honor and remember the incredible service members who have made unbelievable sacrifices for all of us," said Tobin. "We can all come together to show, through our sweat, blood, and sometimes tears, that we will never forget!"

Blood, sweat, tears, emotions; everything came pouring out at GTMO.

"Serving with guys like that, it digs deep," said Master Sgt. Gregg Ramsdell, who has

served with the special operations community his entire career and was out tearing up the CrossFit course with the best of them. "Not everybody really knows who goes down."

The 31 Heroes project is open to registration to all those wishing to honor our fallen military heroes – past, present and future, and support their families. It costs \$31 to register online at www.31heroes.com.

"The 31 Heroes project would not exist without the wonderful people who support us," said Tobin. "I love waking up every day knowing I get to interact with service members and families from every branch."



Staff Sgt.
*Chinon
Thome*

*“There’s two people.
There’s Sergeant Thome and
then there’s Chinon Thome.
We’re two different people”*



Story by Spc. Vanessa Davila
Photos by Army Staff Sgt. Lewis Hilburn



Trooper Focus



It is easy to conclude that Air Force Staff Sgt. Chinon Thome exists in two different worlds: the one at work and the one at home. She keeps them both very separate, with those at work likely not knowing much about who Chinon is but thinking they know a lot about what kind of Airman Staff Sgt.

Thome is.

“There’s two people. There’s Sergeant Thome and then there’s Chinon Thome. We’re two different people,” said Thome. “When I’m away from work, I’m a totally different person.”

“She says ‘most people, they don’t think I’m approachable, they don’t think I’m nice... they say I look mean,’” said Master Sgt. Tila Barrino, Thome’s supervisor. “She says it’s hard for her to either make friends sometimes or come out of her shell, so she’ll often have a set group of people she’ll be comfortable with in a group setting.”

Thome is the way she is because of the experience she had with her very first supervisor. The soon-to-be technical sergeant joined the military at the young age of 17. With youth comes a natural naïveté, and Thome said she soon saw that being open about her home life at work was working to her detriment; she remembers wondering why her supervisor disliked her so much, and so she made the decision to leave every piece of her personal life at home.

“When I first came in as a young Airman, I think I kind of didn’t have that divide, and it would kind of hurt me in a way, because my supervisor didn’t really agree with my work ethic and the way I did things. So I guess I just changed because I thought that was the way I needed to be,” said Thome of the experience. “At work it’s business; nothing more. I mean, you have friends while you’re at work too, but...business is business. When you go home, that’s when it’s time to relax and play and have your fun.”

Her strictly professional rule isn’t as rigid as some may think; even as Thome herself may think. Barrino says once you peel back the layers you get to learn things about

Chinon that you didn’t know about Staff Sgt. Thome. There are many sides to Thome. Even though she admits that she sees the world in black and white, she also admits that impulse often rules her life.

Much of where Thome is in her life right now is owed to impulsive decisions she has made throughout her life. Joining the Air



Force was just that kind of decision. Her intention was to do her time and take her education money and run. Eleven years in the military later, she hasn’t run very far. When her first contract was almost up, the Air Force offered her a tour in Germany, and on a whim she took it simply because she wanted to live in Europe. She hasn’t looked back since and is now intent on doing her full 20 and then retiring.

Barrino believes the Air Force is better for having her. She has seen Thome grow while in Guantanamo and thinks that Thome has the potential to be an excellent leader. Thome doesn’t let personal feelings get in the way of doing her job; that’s why it’s not so bad seeing

some things as only black and white.

“I may not like every single Airman that I worked with, I may not like their personality but business is business,” said Thome. “They’re an Airman, you’re a [noncommissioned officer]. You still have to look out for them, you still have to take care of them. It’s not personal.”

Here at Guantanamo, Thome has the heavy responsibility of keeping accountability of all the Troopers in the Joint Task Force. She reports directly to the Chief of Staff. Barrino says Thome hit the ground running from the very beginning.

“I can’t always have my hands in all of [the office’s] programs, especially with [Thome’s job],” said Barrino. “I have no problem with being out of the office for a meeting or whatever, knowing that she’ll do her job without me sitting right there next to her. She’ll run with it, without anybody telling her she has to.”

Gray entered Thome’s life not too long ago: her daughter. Things with the 19-month-old aren’t so black and white. The only black and white present is the unconditional love Thome has for her child and the knowledge that she’d do anything for her baby. It’s gray because Thome is a “softy” for her daughter’s every action; she’s very rarely a softy for anyone. Gray because, even at such a young age, Thome sees her daughter being just like her: assertive and set in her ways. What do you do when your daughter is as stubborn as you are? Thome knows she will find out. Already, child has taught mother patience.

“I want to say it was a month before I had to come here. That’s when it really started sinking in,” said Thome. “I was rocking her one night I remember, and just thinking about leaving her made me want to cry.”

Although thoughts of leaving military life so she doesn’t have to be away from her daughter have entered Thome’s head, she says staying in is as much for her daughter as it is for herself. She wants to continue excelling in the Air Force and she also wants to provide a good example for her daughter. Thome is looking forward to returning home to Texas and seeing her husband and daughter again.

GTMO



GOALS

Plan a perfect wedding!

By Army Capt. Jennifer Palmeri

I am quickly approaching a milestone in my life that I have planned and re-planned for the last two decades, and not being able to coordinate wedding details in New York presents a few obstacles. Coordinating those details from Guantanamo Bay presents unique challenges. Especially when your fiancé is in Afghanistan and you're determined "to involve him!"

So my goal while I am at GTMO is to make thousands of little decisions: cake, music, invitations, flowers, favors and table centerpieces and on and on. With Matt's input... of course.

I find myself stunned and often overwhelmed at the options available. Every time I come across some charming idea, I jump from my seat and yell through my computer to Matt, "We must have this." Then I immediately add it to my Pinterest page. I draw doodles of reception centerpieces; collect photos of things I love.

I look at bridal magazines and often find myself day dreaming of things like "is it OK for bridesmaids not to wear matching dresses" and "it's not controlling of me to have a no-music play list for the reception."

As for Matt, I received a few objections about some of my grand ideas, and I conceded that I won't loudly voice my opinion about what the groomsmen will wear.

I (well, Matt and I) have made a lot of progress. Being epically in love with planning, I wrote a five-paragraph operations order to include Excel spreadsheets to keep us organized. They help us manage spending, payment deadlines, the guest list, RSVPs, and it includes a four-page detailed timeline of events for Jan. 19.

We now have the right invitation design (and wording), floral displays, and have registered for wedding gifts. There are a few more things to cross off the to-do list. I'm an impatient person; I'm sure we'll have everything complete very soon.



Trim the fat!



By Sgt. 1st Class Rick McNamara

When I arrived at Guantanamo, I weighed in at a hardy 215 pounds. Not too bad, but nothing I was extremely proud of. Being that I'm 6 feet 2 inches tall, 215 isn't as bad of a number as it seems, but it could be better. My two bad knees and shins only made my weight that much more difficult to manage, but I had a few ideas in mind to drop 25 pounds and get back to a weight I could be proud of.

My first attempt at losing the weight was working out with bands every morning while most other people would run. This worked for the first several months, but it quickly got stale and I lost interest. Waking up to roll out of bed, turning on the music and trying to mimic free weights just wasn't doing it at five in the morning.

Next I thought maybe I could bike. It's cardio and I used to love it as a kid. I quickly learned that some of the things I loved as a kid aren't as much fun at 30, and I don't ever remember bike seats being so uncomfortable. I rode it for about a month. The small hills around GTMO felt like the Adirondack Mountains, and after I was passed by a runner going up a hill, I parked it in my room. It's sat there ever since.

Now I'm on my current method – swimming. Surprisingly, it's stuck; it's especially surprising because I'm so bad at it. Every lap feels like I'm drowning, and I still haven't figured out how to stop the flow of water from rushing up my nose as I swim. Yes, I've tried a nose plug, but it just falls off. I get passed by women years older than me on my right and left. Marines jump in, swim laps, and then superset them with pushups, and I just keep pushing on. So far I've lost 17 pounds and I'm still working on the other eight. I guess it's not so much as sticking with one way, but finding something I enjoy – regardless of how bad I am at it – and driving on through the suck.



PAY MY CREDIT CARD DEBT!

By Mass Communication Spc. 2nd Class Kyle Steckler

I can barely remember a time when I had absolutely no debt to my name. My money troubles started the same time as most others—when I was approved for my first credit card.

When I was 18, Best Buy was my best friend. I shopped there, day-dreamed there and, at the time, they decided I was worth \$300 in credit; I even worked there. \$300! Oh, the possibilities! I could buy a light saber replica! Or movies! Or games! Even better, all three! That's exactly what I did, too.

Soon enough, through negligence and irresponsibility, among other things, that \$300 turned into an \$800 debt, and so began my troubles with credit and money. It didn't stop there; over the years I racked up several thousand dollars in credit card debt. Each purchase felt better than the last, for a time anyway. I usually started regretting the minute I walked out of the store, but no matter, I didn't have to worry about paying for it until later. THAT day, I enjoyed myself and my purchases.

Debt wasn't the reason I joined the Navy, but it played a part. I had about \$830 when I graduated from boot camp at Great Lakes, Ill. \$800 went to that initial Best Buy credit card. Over the years, I've lived and learned, but hardly ever at the same time it seems. Before I arrived at Guantanamo Bay, I had just over \$8,500 in credit card debt. That had huge mental and psychological implications. Half the reason I took this individual augmentee billet was to pay off debt, and I am happy to say that by the time this is printed, all that



debt will have been entirely paid off. For the first time in almost a decade, I'm credit card debt free, and it feels amazing.

I'll continue to save during the remainder of my deployment. GTMO is where, at least financially, I grew up, and for that, it will always hold a special place in my heart.

1. GET IDEA.
2. ????
3. PROFIT.
4. LIVE LIFE OF EASE.

By Mass Communication Spc. 1st Class Brett Custer

I have, what I consider to be a very unique goal to accomplish during my time at Guantanamo Bay. Prior to my deployment, I designed a new product for the outdoor sporting goods market.

An unexpected jump from the Navy Reserve back onto active duty required me to accelerate my creative process. However, I still managed to complete the concept and have a few tangible examples manufactured.

Currently I am working very hard to produce a business proposal to market my design to larger corporations. I have written up a letter and graphically portrayed my idea; paired with these companies' existing products.

I realize that this description of my goal might sound a little vague to the reader, but it is a necessary precaution. Though I do hold copyrights for a few variations of my invention, one can never be too careful.

As soon as my proposal and graphics have been peer edited by a few of my

business savvy friends, the presentations will be printed and assembled. The final product will be nicely packaged with one of the aforementioned tangible items.

The first company that I am going to approach with my concept is Nike. It is obvious that I am swinging for the fences, and yes, I might be out of my league, but when it comes to personal goals, why not strive for greatness?



FINE-TUNE MY LIFE!

By Army Sgt. Saul Rosa

Deployments offer different opportunities for everyone. For me, it offered a chance to recalibrate my life. Prior to deploying, a lot of things in my life unfolded all at once and I needed to step away to better understand them. Being able to focus on the mission and dedicate myself to a cause gave me that opportunity.

As a National Guardsman, I am a civilian and a Soldier, and I face the challenges of a civilian and a Soldier. I was laid off from my job back home in New Jersey, so I had to deal with financial issues that every unemployed breadwinner faces. However, I took the lay-off very poorly and felt defeated. But shortly before being laid off, I was notified that I was deploying. This deployment became the focus in my life that held me together.

While trying to keep my life stable, I was given the opportunity to go back to Fort Meade, Md. for additional training for the upcoming deployment. I eagerly accepted and that was the start to my recalibration. I gained new found confidence from that training. By the time I reconnected with my unit to deploy, I was a stronger Soldier and individual.

I have gained a lot of confidence and experience during the past year deployed to Joint Task Force Guantanamo. Sometimes when life turns to the worst, you need the opportunity to be able to step aside and dedicate yourself to something greater, so you can recalibrate your life.

Knitknitknit

By Army 1st Lt. Amelia Thatcher

I spent more time picking out which craft supplies I wanted to deploy with than any other item on the packing list. Army gear was easy – it's all stored in one spot in my house. Picking civilian clothes was easy too – I have a small wardrobe. But the yarn? Tears were shed over how much stash yarn I would have to leave behind.

If you can't tell by now, I'm a knitter and lifelong crafter. I spend lots of time turning miles of string into finely stitched fabric. Prior to deployment to Joint Task Force Guantanamo, my skill level limited my project prospects to large flat things. The yarns I packed with me were mostly destined to become throw blankets and shawls. Knitting them got kind of boring really fast, and not because it's a sedentary activity usually ascribed to grandmas. I have patterns for zombie action figures and a giraffe-print hat complete with ears and horns: proof positive that there is more to knitting than large flat things. I suddenly had to learn everything. Cable stitches! Lacework! Knitted-on edgings! Sweater construction! Short rows! Piecing! All of these things at the same time! I still haven't broached socks though.

Not to mention a deadline loomed. A dear friend's child was about to enter this chilly realm, and good golly if he wasn't going to be spoiled with warm and snuggly handmade stuff from me, the favorite auntie. I had just fallen in love with a pattern which used cables in abundance, and absolutely had to make this (still large and flat) thing for this kid. But I had to learn a new skill first.

Cables are the intricate braids and knot-work and crisscrossing details one usually sees on heavy winter sweaters and cardigans. As a still-novice knitter upon my arrival here, their construction eluded all comprehension. So I picked up my needles and my yarn and figured it out. The written instructions were slightly wonky and the YouTube tutorial took three times longer than normal to download, but in one afternoon, I was cabling! Within a month, I had a fancy blankie for a tiny squalling human!

Sometimes you just have to sit down and muscle through a challenge, even if it's just a matter of overcoming the mental gymnastics of a complicated set of instructions. You have the time between assignments and shifts here to get things done – what better time than the present?



Think like an Olympian

By Sgt. 1st Class Rick McNamara

Most of us have no issue with a sugar cookie, and if you're anything like me, you'd appreciate it even more with a tall glass of milk. Several Olympic teams would beg to differ. Prior to this year's Games, U.S. Olympians trained with the Navy SEALs to step up their training. What do sugar cookies have to do with that? Go for a dip in 40 degree water and then roll in the sand, and you become your very own sugar cookie. It's what the Olympians did, with the help of some Navy SEALs, to change up their training routine.

As we approach the end of the 2012 Olympic Games, I'm forced to think of how much work the athletes had to put in to make it to London. Gold, silver, bronze or empty handed, each one of the athletes can leave London knowing that they're better than most and are part of an elite group that can call themselves Olympians.

Military members aren't Olympians, for the most part – although we do have a few in the Games – but we are part of a small section of the population that has the drive to stay a step ahead of most, physically, mentally, and spiritually. That doesn't mean that we all have it in us to be Olympians, because we simply don't. However, we can dedicate a little more time training to reach a physical goal.

Most of us spend 12 to 16 hours a day dedicated to our job. Whether it's working as a guard, an administrative specialist, or a commander, we all have a job we need to do, and we need to do it well. Our mornings are

dedicated to perfecting ourselves physically, much the way the Olympians do – except that's their job. Some of us need more than the mornings to stay at our physical peak, and others need more just to meet the standards of their service.

This isn't to degrade anyone or anything they do, but actually to explain the struggles that some of us face. A lot of us attack physical fitness as something to finish so we can start the rest of our day, while others go to sleep and see morning workouts as the best part of their day. Neither is wrong; one is just more difficult than the other. Now here's the twist – it's actually easier to look forward to morning workouts than it is to dread them.

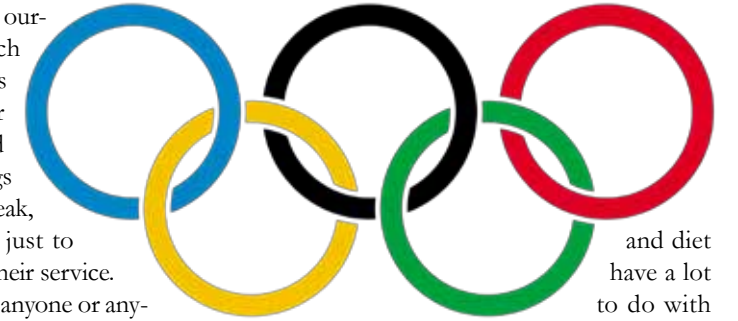
It's easy, just change the way you think about it.

Dr. JoAnn Dahlkoetter, director of Performing Edge Coaching International Association says "only one person can push yourself when you're tired and alone, or work out despite countless distractions."

That's you.

Dr. Dahlkoetter, who also coaches five Olympic gold medalists, states that self motivation is the key to success and to pushing yourself to become better than the rest physically.

Not all military members who score perfectly on their physical fitness tests love morning workouts, and on the opposite end, not everybody who loves morning workouts is going to do great on their test. Body type, genetics,



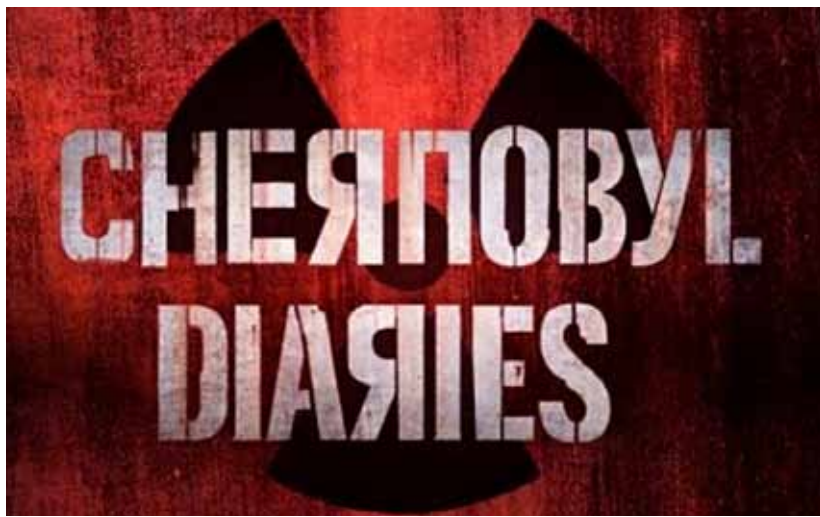
and diet have a lot to do with it. I don't list any of those to provide excuses, but rather to offer motivation to those like me whose body has broken down faster than I would've liked. Or maybe to those people who aren't fast runners but go out every day and push themselves to stay up with the rest of the group.

Those excuses didn't work for Oscar Pistorius, otherwise known as Blade Runner, who competed in the Olympics with two carbon fiber blades for legs. Kind of makes your shin splints seem trivial, doesn't it?

Sometimes, all we need to improve our physical fitness is a shift in our mindset. Look at each morning as an opportunity to be like an Olympian. Leave it all on the track, in the pool, or on the pull-up bars, and walk away knowing you did your best. It doesn't matter if you're the weakest or slowest now; change your mindset, and in a month you won't be the slowest or weakest anymore. Think like an Olympian and look for ways to separate yourself physically from the rest. Change up your routine, set a goal, get out of your bedroom and achieve that goal. You don't need a sugar cookie and a glass of milk to get there.

ONLY AT GTMO by Mass Communication Specialist 1st Class Keith Simmons





Movie Review

R
86 min.

By Pvt. Loren Cook

Ugh. Were I a lesser film critic, I would let my monosyllabic expression of distaste stand alone as my review of this film. It says all you really need to know about whether I enjoyed the experience.

Where can I even begin? I suppose I can start with a discussion I had Monday morning. “What are you reviewing this week?” I was asked.

“I don’t know. There’s not much playing this week that I haven’t already reviewed. There’s ‘The Best Exotic Marigold Hotel,’ but I’m already bored after saying the name of the movie, so I guess it’ll be ‘Chernobyl Diaries,’” I replied.

“Ooh. I’m sorry. I’d give that movie two banana rats,” I was told.

Somebody else told me that she walked out of the movie.

Clearly, I had low expectations for the movie after such “glowing” recommendations. It still managed to disappoint me.

Our movie begins with home video footage of a group of three young Americans traveling through Europe. (I’m not going to bother identifying them by name because they’re interchangeable.) They’re hitting all the fun tourist spots as they travel eastward, working their way toward Russia.

In Kiev, Ukraine, they meet up with the brother of one of the group’s members, who has been living there for a while. They enjoy an evening with him, and were going to visit Moscow the next day. Instead, the brother convinces them to visit Pripyat, the city next to the old Chernobyl nuclear power plant that has been abandoned since 1986.

The group meets up with Yuri, (Dimitri Diatchenko, “Get Smart”) an ex-military tour guide, and are joined by a backpacking couple for their trip to the abandoned city.

When they reach the first checkpoint at the Chernobyl Exclusion Zone, the Ukrainian military doesn’t allow them inside. Undeterred, Yuri drives the group to an unmanned checkpoint in the woods and gets them into Pripyat anyway.

After what looks like an amazing time exploring the ruined town, the group has a close encounter with a bear in one of the dilapidated buildings. They decide it’s time to go home.

When they get to Yuri’s rattletrap van, it won’t start. The wires to the starter have been “chewed through;” actually, just sabotaged. Yuri can’t raise anyone on his radio, and it’s getting dark. The group will have to wait until morning and hike out.

Things don’t go according to plan, and members of the group are soon fighting for their lives against unseen enemies that pick them off one by one.

Before I get into why this is a one-rat movie, I think I’ll say why it has one rat instead of half a rat. The location team did a great job finding locations in Serbia and Hungary that could pass for Pripyat. I don’t know if eastern Europe just happened to have a bunch of abandoned buildings, or if the set dressers did a great job, but the shooting locations are marvelous. It’s a shame the rest of the movie can’t be as creepy as the locations they used.

Now that I’ve pointed out the part I liked, it’s time to get out my poison pen and tear this movie apart.

If you want to build suspense in a movie, you need characters the audience will care about. The only character in this movie that I found remotely likeable was Yuri. He must have had the patience of a saint to deal with these annoying tourists making a mockery of one of the worst disasters in his country’s history, and he exuded competence from every pore. He’s the first to be killed.

When the movie opened with home

videos of the group touring through Europe, I thought it would be a movie of “found footage” like “The Blair Witch Project.” It’s not—but apparently nobody told the cameraman. Hey filmmakers! If the camera isn’t a being held by a character in the movie, stop treating it like it is! Yes, out-of-focus shots and shaky camera work abound, so if you’re prone to motion sickness, congratulations! This film can actually make you physically ill!

Now let’s talk about the “unseen” menace attacking our unlikeable protagonists. The movie dances around showing them to us. This has actually been a pretty good trick in some movies, whether done for artistic purposes or just for technical reasons, as seen in “Alien.” In Ridley Scott’s epic film from 1978, they don’t show the alien very much because it was hard to make it move realistically.

The difference is that when they did show it, it had an iconic and creepy character design by H.R. Giger. In this movie, they weren’t showing whatever is killing the hapless tourists, and I started respecting the filmmakers a smidge. Then suddenly we do see them, and they’re just hairless, ugly mutants. Not ugly in an “Oh god, the horror! The horror!” way, mind you. Just ugly, as in bad character design.

I like horror movies. I even like bad horror movies. When I’m not reviewing movies, I like watching low-budget, cheesy ‘80s horror movies. Ask me about “Troll 2” someday, and I’ll tell you about one of the funniest unintentional comedies I’ve ever seen. I am a supporter of the genre, and I’m accepting of failure.

This movie, though, isn’t scary. It doesn’t have any comedy, but it isn’t even unintentionally funny. It isn’t “so-bad-it’s-good.” It’s just bad. I respectfully disagree with the person who told me it was a two-rat movie, but only because I rate it at one dead and irradiated banana rat. Treat it like a nuclear disaster and avoid it at all costs!

GTMO Quick Reference

Caribbean Coffee & Cream – 77859

Mon.-Sat. 6 a.m.-10 p.m.
Sun. 1-10 p.m.

Jerk House – 2535

Sun.-Th. 5-9 p.m.
Fri. & Sat. 5-10 p.m.

Bowling Center – 2118

Mon.-Fri. 6-11 p.m.
Fri. 6 p.m.-12 a.m.
Sat. 1 p.m.-12 a.m.
Sun. & Holidays 1-11 p.m.

MWR Liberty Centers – 2010

Deer Point: Mon.-Fri. 4 p.m.-12 a.m.
Sat. & Sun. 9 a.m.-12 a.m.

Marine Hill: Mon.-Th. 11-12 a.m.
Fri. 11-2 a.m., Sun. 9-12 a.m.

Tierra Kay: Sun.-Th. 7-12 a.m.
Fri. & Sat. 7-2 a.m.

Camp America - open 24 hours

Pirate’s Cove

Th.-Sat. 7 p.m.-12 a.m.

Cuban Club – 75962 (call ahead!)

Mon.-Sat. 11 a.m.-9 p.m.

McDonald’s – 3797

Mon.-Th. 5 a.m.-11 p.m.
Fri.-Sat. 5 a.m.-2 a.m.
Sun. 6 a.m.-11 p.m.

Windjammer Cafe

Mon.-Th. 11 a.m.-9 p.m.
Fri. 11 a.m.-10 p.m.
Sat. 5-10 p.m.
Sun. 5-9 p.m.

O’Kelly’s Irish Pub

Mon.-Th. 5-9 p.m.
Fri. & Sat. 5 p.m.-2 a.m.
Sun. 5-9 p.m.

SAFE RIDE
84781

Guantanamo Bay Bus Schedule
All buses run on the hour, 7 days/week from 5 a.m. – 1 a.m.

NAVSTA
Main Chapel

Daily Catholic Mass
Tues.-Fri. 5:30 p.m.

Vigil Mass
Saturday 5 p.m.

Mass
Sunday 9 a.m.

Spanish-language Mass
Sunday 4:35 p.m.

General Protestant
Sunday 11 a.m.

Gospel Service
Sunday 1 p.m.

Christian Fellowship
Sunday 6 p.m.

Protestant Communion
Sunday 9:30 a.m.
Room B

Pentecostal Gospel
Sunday 8 a.m. & 5 p.m.
Room D

LDS Service
Sunday 10 a.m.
Room A

Islamic Service
Friday 1 p.m.
Room C

GTMO Religious
Services

JTF Trooper
Chapel

Protestant Worship
Sunday 9 a.m.

Bible Study
Wednesday 6 p.m.

For more information, contact the
JTF Chaplain’s Office at 2305.

For other services, contact the NAVSTA
Chaplain’s Office at 2323.

Camp America :00 :20 :40
Gazebo :02 :22 :42
NEX Trailer :03 :23 :43
Camp Delta 2 :06 :26 :46
KB 373 :10 :30 :50
TK 4 :12 :32 :52
JAS :13 :33 :53
TK 3 :14 :34 :54
TK 2 :15 :35 :55
TK 1 :16 :36 :56
West Iguana :18 :38 :58
Windjammer / Gym :21 :41 :01
Gold Hill Galley :24 :44 :04
NEX :26 :46 :16
96 Man Camp :31 :51 :11
NEX :33 :53 :13
Gold Hill Galley :37 :57 :17
Windjammer / Gym :36 :56 :16
West Iguana :39 :59 :19
TK 1 :40 :00 :20
TK 2 :43 :03 :23
TK 3 :45 :05 :25
TK 4 :47 :07 :27
KB 373 :50 :10 :30
Camp Delta 1 :54 :14 :32
IOF :54 :14 :34
NEX Trailer :57 :17 :37
Gazebo :58 :18 :38
Camp America :00 :20 :40

	10 FRI	11 SAT	12 SUN	13 MON	14 TUE	15 WED	16 THU
Downtown Lyceum	Total Recall (NEW) (PG-13) 8 p.m. That’s My Boy (NEW) (PG-13) 10 p.m.	Rock of Ages (NEW) (PG-13) 8 p.m. The Dark Knight Rises (R) 10 p.m.	Men in Black 3 (PG-13) 8 p.m.	The Best Exotic Marigold Hotel (PG-13) 8 p.m.	Ice Age: Continental Drift (PG) 8 p.m.	That’s My Boy (NEW) (PG-13) 8 p.m.	Rock of Ages (NEW) (PG-13) 8 p.m.
Camp Bulkeley	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Call the movie hotline at 4880 or visit the MWR Facebook page for more information.

1 + 1 = 2



123
It's simple math, so make the right decision.

DON'T DRINK AND DRIVE!!!!

Lee Nielsen