



Sailors and volunteers conduct a CSAAD hosted cleanup and restoration project at NS Guantanamo Bay's "Our Lady of Cobre" monument, Mar. 2. The volunteers cleaned and re-painted the site, which serves as a religious shirne for the base's Cuban Catholic community. The 400th anniversary of "Our Lady of Cobre's" existence will be celebrated later this month.

## CSAAD Sailors And Volunteers Restore Historic GTMO Site

MC2(SW/AW) Justin Ailes

oalition Sailors Against Destructive Decisions (CSAAD) at Naval Station (NS) Guantanamo Bay, hosted a volunteer cleanup and restoration project at the installation's "Our Lady of Cobre" monument, Mar. 2.

Eight volunteer service members cleaned and repainted the site, which serves as a religious shrine for the base's Cuban Catholic community.

"It is imperative to offer a wide selection of volunteer projects that benefit the local community and to present a positive outlet for Sailors," said Religious Programs Specialist 2nd Class Sandra Hosier, volunteer event coordinator and CSADD Secretary. "This project was vital to the Catholic community who will celebrate the 400th anniversary of Our Lady of Cobre's existence later this month, and base Chapel services will rededicate and bless the historical site."

Our Lady of Cobre also known as Our Lady of Charity is the patroness of Cuba. The original shrine was built in 1926 and is situated in village El Cobre, near Santiago de Cuba, Cuba.

"The experience was heartwarming in so many ways," said Hosier. "In addition, volunteer work is one of the many aspects of being a well rounded Sailor. It is crucial that Sailors continue to volunteer their time to places of need. Even though we are at an isolated command, there are still plenty of volunteer opportunities."

Accompanying Hosier, Religious Programs Specialist 2nd Class Vanessa Rocha, Surface Sonar Technician 3rd Class Erin Phillips, Logistics Specialist 2nd Class Oluwadamilare Ogunlade, Logistics Specialist Seaman Dominique Williams, Interior Communications Electrician 1st Class Rodney Washington, Aviation Electronics Technician 2nd Class Maurice Shuron, and Master-at-Arms 2nd Class Rodolfo Gallardo assisted in the cleanup project.

## Safety Department Host Motorcycle Safety Course

MC2(SW/AW) Justin Ailes

an experienced rider and basic safety course for motorcycle enthusiasts at the installation must also follow the ininstallation's McCalla Hill airfield, Mar. 8.

Traffic Safety Program (OPNAVINST. 5100.12H) and Department of Defense trousers, long sleeved shirts, reflec-Instruction (DoDI 6055.04), the purtive vests or jackets, full finger gloves, pose of the motorcycle safety training hard-soled shoes with heels that proprogram is to provide motorcycle op- tect the ankle, and protective eyewear. erators with safe riding skills, knowledge, and techniques.

on motorcyclist guidelines as well as on the road," said safety course particimilitary safety policies, and knocks pant Steven Bott. off some 'rust,'" said NS Guantanamo Bay Safety Manager Joseph Perfetto. motorcycle on or off base, and all DoD "The course outlines requirements for proper personal protective equipment (PPE) and operator training when riding a motorcycle on base."

Active duty service members are subject to OPNAVINST 5100.12H at all The Safety department at Naval Statimes on or off a military installation. I tion (NS) Guantanamo Bay, hosted All other motorcyclists and their passengers who come aboard a military struction. The instruction requires that In accordance with the U.S. Navy certain PPE be worn, to include "Dot" or "Snell" approved helmets, long

"This event reaffirms my safety awareness when riding, and lets me "This course keeps riders current know that other riders are confident

> All military personnel who operate a civilian personnel who operate a motorcycle on base are required to complete the motorcycle rider safety course before operating these vehicles.



Motorcycle Safety Course participant Steven Bott and base motorcyclists navigate turns during at the Safety department 's training program, Mar. 8. The course, which took place at McCalla Hill airfield, provided motorcycle operators with safe riding skills and techniques.

NAVAL STATION GUANTANAMO BAY, CUBA

Guantanamo Bay Gazette

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CAPT KIRK HIBBERT CMDR. WILLIAM RABCHENIA CMDCM (SW/AW/EXW) J.D. MCKINNEY, III



PUBLIC AFFAIRS OFFICER GAZETTE EDITOR **PHOTOJOURNALIST** 

TERENCE PECK MC2(SW/AW) JUSTIN AILES MC2(SW/AW) JUSTIN AILES

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**■ Job/department:** Vehicle Registration/Security

■ Age: 26

**■ Home State:** Kansas

■ Hero: My Husband

■ Quote: "If you want something, you'll find a way..lf you don't, you'll find an exscuse."

**■ Favorite sports team:** K.C.

Chiefs

**■ Favorite hobby:** Running

at night

**■ Favorite book:** Twilight... Seriously.

**■ Favorite movie:** The Break-

fast Club **■** Favorite GTMO restaurant:

Windjammer **■ Favorite musician:** Michael

Jackson

**■ Favorite TV show:** Pawn

**■ Greatest passion:** My

■ Currently working on: Improving my run time

■ How the NAVY has improved her life: The Navy has given me confidence, and the

means to start a family. ■ Sailor of the Week because: Excellent customer

service, above and beyond her duties, during her performance as Motor Vehicle Registration Office

Representative.

# Sailors React To SECNAV's 21st Century Sailor, Marine Initiative

MC2(SW/AW) William Jamieson

Navy Public Affairs Sunnort Flement Fas

The secretary of the Navy held an All Hands call on board USS Bataan (LHD 5) which was televised and streamed live on the web to the fleet March 5, announcing the establishment of the 21st Century Sailor and Marine initiative.

Secretary Ray Mabus explained that the initiative consolidates a set of objectives and policies, new and existing, to maximize Sailor and Marine personal readiness. The programs are divided into five categories or areas; readiness, safety, physical fitness, inclusion, and continuum of service.

"The new defense strategy will put increased responsibilities on the Navy and Marine Corps in the years to come," the secretary said. "You are the department's most essential asset, and it is the duty of the department's leadership to do all we can to provide each individual Sailor and Marine with the resources to maintain that resiliency."

For Sailors in attendance, the message was clear. Logistics Specialist 2nd Class Jessica Vestal from Bataan said she left the All Hands call feeling excited for the future of the Navy.

"I thought the new initiatives really show how far the Navy has come," said Vestal. "We, as Sailors, need all the support we can get, and I feel like I heard a lot today that will have a real deckplate impact."

Various programs fall under the readiness area, all of which help ensure we have the most mentally prepared service members and family in department history. Continued emphasis on the responsible use of alcohol, zero tolerance for drug use, suicide reduction, family and personal preparedness, and financial and family stability all work together to prepare Sailors, Marines and their families for the challenges that they may face and reinforce healthy alternatives on liberty or off-duty. A new initiative will include breathalyzer tests when Sailors stationed onboard ships, submarines and at squadrons report for duty and randomly elsewhere to reduce the occurrence of alcohol related incidents that can end careers and sometimes end lives.

Gas Turbine Systems Technician 2nd Class Eric Smith from As-

sault Craft Unit 4 said the new initiatives were a welcome continuation of policies already in place.

"We have been moving towards a cleaner, smarter Navy, and I would tell my guys that this is just one more step towards that goal," said Smith. "If you aren't right, now is definitely the time to get right."

In addition to ensuring the readiness of our Sailors and Marines, the initiative will aim to make the Navy and Marine Corps the safeest and most secure force in the department's history. All personnel in the fleet should expect to work in a safe environment, free from harassment or hazards, and when confronted with these, have the resources available to immediately correct the problem.

"I was very encouraged to see the Navy and Marine Corps taking the lead on sexual assault prevention" said Vestal. "I've long been an advocate for the program and I think it's very encouraging that the Sailors coming in to the navy will find it to be a great working environment."

While each of the five areas provide important support for department personnel, physical fitness can be viewed having some of the farthest reaching beneficial effects. Sailors and Marines must be ready to meet the demands of performing in a tactical environment, and physical readiness is a crucial link to ensuring Sailors and Marines are ready to take on the challenges the Navy and Marine Corps faces today, and will face in the future.

Ensuring all personnel, regardless of race or gender, are given every opportunity to excel and succeed is the hallmark of the program's forth area, inclusion. In order to operate globally, the Department of the Navy will need diversity of ideas, experiences, areas of expertise, and backgrounds to fulfill a variety of missions, while remaining relevant to the American people.

A new DoN Diversity Office will be established, with the Assistant Secretary of the Navy (Manpower and Reserve Affairs) serving as the DoN's diversity officer. The Diversity Office will leverage, coordinate and formalize ongoing efforts within the Navy and Marine Corps and will include the heads of the Navy Office of Diversity and Inclusion, Marine Corps Office of Equal Opportunity and Diversity Management and the DoN Office of Civilian Diversity as team members

The final area, continuum of service, aims at ensuring Sailors and Marines are provided the most robust transition support in Department history. Whether retraining wounded warriors, providing voluntary education, or helping achieve civilian credentialing, the department will aim to provide personnel every opportunity for personal and professional growth.



## Chaplaín's

### **Haste Makes Waste**

Chaplain Tung Tran

NS Guantanamo Bay, Cuba Chapel Service.

Afew weeks ago, I wrote about patience. Yes, it's something that we

all need. I was told that there is a senior chaplain at a certain Naval base who regularly does physical training with Sailors, most of whom are quite a few years younger than him. At PT, when the group has a distance run, the chaplain would plan and set his pace. And so at the beginning of the run, he would let all the young Sailors sprint or run ahead of him or let others pass him knowing that he would eventually overtake them. And sure enough, from the middle of the run toward the end, he would pass one tired Sailor and then anoth-

er exhausted shipmate, and another teammate who would be worn out and panting and gasping for air. How does this happen? Aren't young Sailors strong and fit? And don't they have stamina, especially the ones that have been in the Navy for some time and have been training regularly? Yes, but there are other things that are very important. Wisdom is one of them. And wisdom tells that chaplain to be patient, to be smart and to remember that "haste makes waste."

I recall a story in which a student of Morihei Ueshiba, founder of the martial art of Aikido, asked how long it would take a beginner to obtain a black belt. The master said, "Ten years." The student then asked, "What if I practiced twice as hard and twice the amount of time? The teacher then said, "Twenty years." There are certain things that require patience and perseverance. Hang on folks.

MC2(SW/AW) Justin Ailes

Guantanamo Bay, hosted drum and a heart pounding, fun show that ap- invited on-stage to try their hand at dance group "Rhythm Extreme" at the installation's downtown Lyceum,

pealed to all ages. I was thrilled to see drumming on a variety of objects. how both the adults and the families

ing line-up of live entertainment, and Extreme incorporates innovative this was a great example of that varipercussion performances to create a Morale, Welfare and Recreation ety," said NS Guantanamo Bay MWR theatrical event. During the performance, some audience members were

"Rhythm Extreme brought energy



Percussion and dance group "Rhythm Extreme" showcase creative drumming for community members during their performance at the downtown Lyceum, Mar. 3.

#### United States Naval Hospital Did-Ya-Know

## **USNH Guantanamo Bay Focuses On Patient Safety**

**Stacey Byington** 

USNH Guantanamo Bay Public Affairs Officer

Tational Patient Safety Awareness Week is taking place March 4 − 10. U.S. Naval Hospital Guantanamo Bay (USNH GTMO) has been promoting patient safety education and awareness throughout the week in the hospital's Primary Care Clinic.

"The annual campaign, led by the National Patient Safety Foundation, encourages patients to become involved, recognize the importance of patient safety and the range of efforts to improve health safety in the United States and worldwide," said Sandra McMurray, USNH GTMO's Patient Safety Manager. "Throughout the week of March 4 – 10, members of the healthcare team had displays set up in the Primary Care Clinic and in other areas of the hospital, and were available to answer patient questions."

The 2012 patient awareness campaign slogan is "Be Aware for Safe Care."

The intent is to involve everyone – patients, health-care providers, and the general public – to becoming more aware of the ways each one can participate and partner to improve patient safety efforts.

"Patient safety impacts everyone," said McMurray. "The more we work together to promote patient safety, the more we benefit from a safe healthcare system."

CAPT Richard Stoltz, Commanding Officer of USNH GTMO, kicked off the week-long event at the hospital helping to cut a cake and announcing the winners of the hospital safety poster contest.

"It is important that we do the right thing for our patients," said Stoltz. "All of you (hospital staff) go the extra mile to keep our patients safe."

The winners of the best patient safety poster was the Multi-Service Ward of the hospital.

"I am so pleased about the response we got to the poster contest," said McMurray. "Everyone did an excellent job. We had a hard time determining the winner."

Infection prevention is one of the major concerns relating to patient safety. One way to alleviate the spread of infection is by hand-washing. Our healthcare providers call this the "healthcare handshake."

Throughout the week patients seen at the hospital were given a card asking if they "received their health-care handshake", meaning did they witness their health-care provider wash his or her hands before and after treatment. Patients were asked to answer the questions on the card and deposit it in one of the boxes provided for the purpose, or turn the card in at the Primary Care check-in window.

"Here at USNH GTMO we encourage patients to empower themselves and ask questions about their care, to educate themselves about their treatment," added McMurray. "We want them to be part of the solution. Now, more than ever in healthcare, a focus on empowering patients and strengthening patient-provider communications are seen as paramount to reducing errors. We all need to Be Aware for Safe Care."



Patient safety impacts everyone. March 4-10 is National Patient Safety Awareness Week, and members of U.S. Naval Hospital Guantanamo Bay's Multi-Service Ward show off their winning Patient Safety poster. Throughout the week hospital personnel have been promoting patient safety education and awareness. Pictured (L-R) are HM3(AW) Miguel Mejiacontreras, Sandra McMurray (USNH GTMO Patient Safety Manager), CAPT Richard Stoltz (Commanding Officer USNH GTMO), LCDR Kristina Oliver, HA Nathan Warren, HA Darius Cosby and HA Leslie Jo. Numerous departments and clinics participated in the poster contest, and the competition was fierce. All the posters are on display along the hospital corridors. The prize for the best poster is a pizza party for the entire winning team. - U.S. Navy Photo by Stacey Byington

## E-mail classified ad submissions to PAO-CLASSIFIEDADS@USNBGTMO.NAVY.MIL.

If sent to any other e-mail, it may <u>not</u> be published. Submit your ad NLT noon Wednesdays for that week's Gazette. Ads are <u>removed</u> after two weeks. <u>Re-submit</u> the ad to re-publish. The Gazette staff and NS Guantanamo Bay, Cuba, page. The Public Affairs Office has final editorial discretion on all content. Call MC2 Justin Ailes at 4520 with your questions or concerns.

#### VEHICLES

'00 Ford Taurus, automatic, power-package, 91K, good condition, cold A/C, priced to sell \$2,500. Call Ron at 77531 (W)

'06 Nissan Altima, dark blue. 95,000 miles. Very good condition. \$11,000 OBO. Joe Koerber at josephkoerber@gmail. com or call 77781

'09 Harley Davidson XL883 Low, black, less than 100 miles. \$8500 OBO. FMI, Call 84115

'93 Chevrolet Corsica, new Sony CD player with iPod adapter, auto transmission, runs great, all fluid has been changed. \$1,350. Call 77641

(2) '99 GTX Sea-Doo "Bombardier" Jet Ski's with double trailer. Need new batteries and some work. \$1000 OBO. Call Art DWH 4313 AWH 78137

'91 175hp Evinrude V-6 "Defender" Outboard motor. Runs great. \$1000 OBO. Call Art DWH 4313 AWH 78137

'10 Mercury Milan, 6,200 miles, excellent condition, available immediately. \$16,500 OBO. Call 77704 or 8244

#### HOUSEHOLD GOODS

Ashley Furniture chocolate brown couch and love seat set. 1 yr. old, excellent condition. \$600. Call April/Matt at 77759 or hooyahwife@gmail.com

#### YARD SALES

Mar. 10, 0730-0930, CC 25B

#### LOST AND FOUND

Lost INVOTA underwater camera at the Slot. Please return if found to claim your reward. Please call 90081 if camera is located.

#### **ELECTRONICS**

Intova Camera (IC 800), 8.0 mega pixels w/ 2gb memory card and underwater case, \$90. Call Gabriel x79358

1 LG 32" Class LED-LCD 720p 60Hz HDTV, 32LV2400. \$300. Call Omar 77689 or email FIRE-FIGHTER\_NELSON@YAHOO.COM

1 Unlocked Blackberry Pearl 8100 cell phone, Asking \$60 0B0. Call 3242 or 84611

Must Sell SCSI modem \$35 Call 77843

SCSI modem \$60. Call 84272

SCSI modem \$30. Call 75568

Used Hewlett Packard Netbook, works great. Wireless, webcam, includes power cable. \$200 OBO. FMI, call 3998 or 78030

#### MISC

White fiberglass topper for full size pick-up truck. Extra height in great condition. \$300 OBO. Call 77185

Tires (2) size 215/65 R16. \$100 for both. Call 84272

Graco Windsor Travel System (stroller, infant snug ride car seat) \$40, pack and play and bouncer \$30, Toddler bed \$25, (2) baby gates \$10. Call 75568

Silver earrings and digital watches. Call 77685 for prices

#### OUTDOOR REC

Adult size mountian bike, like new, other accessories included. \$180, email Cuban\_girl95@hotmail.com

Malibu Stealth 12' sit on top kayak, with rod holders, seat cushion/back rest and paddle. \$900 OBO. Call ND1 Kerr 84119

Complete set of dive gear, Aqualung Sonic2 BC w/ reg., Matrix dive comp. Suunto compass/knife. Pneumatic spear 4 - Aluminum 80 tanks -recent hydro, mask, snorkel, fins, booties \$1300. Call 78147

Riffe C4 comp, Riffe Euro 120, Omer ET 130, and Omer ET Camo 95. Call for info, due to price changes depending on how you want them setup. Contact ND1 Kerr 84119

Diamondback Sport Mountain Bike, Blue, 26' wheels, \$200. Includes helmet. Email ggarciano@ brgtmo.com

(2) Full length men's wetsuit. Lrg. and XL. \$25 each. Call 75585



#### JTF'S SAFE RIDE HOME.

To prevent drinking and driving, those out drinking can take a safe ride home. Call 84913 or 84781.

#### **BASE PHONE DIRECTORY**

Tired of not knowing the phone numbers for stuff? Well check it out friends!, There is a Base Telephone Directory available at BCO@usnbgtmo.navy.mil or call x2500 to start your ring-a-ding-ding-dong today!

#### BINGO

Every Tues., Thurs., and Sun. at the Windjammer Ballroom, 1830-2100. FMI, call 75503.

#### **GTMO HISTORY CLUB**

Anyone interested in joining the GTMO History Club please call Michael Shimer at 84048. First meeting is Mar. 10, 1000 at Starbucks, CCC cafe.

#### 2012 SEABEE BALL

Mar. 10, Windjammer Ballroom. Celebrating 70 years of "Can Do" spirit. Cocktail hour: 1800, Ceremony: 1915. Dress attire: Dress Whites/Service equivalent, or GTMO best. FMI, call 4805.

#### **PARENT'S NIGHT OUT**

Mar. 10, 1800-Midnight, \$10 per child. CDC for 6 months-5 years old, Youth Center for 5-12 years old.

#### **DAYLIGHT SAVINGS TIME**

Time to spring ahead. Don't forget to roll your clocks forward one hour Sunday, March 11 at 0200, or Saturday night before you go to bed.

#### **EMPLOYMENT APPLICATION CLASS**

Mar. 13, FFSC Bldg. 2135, 0930-1130. Learn how to upgrade your resume and interpret employment applications. FMI, or to register call 4153.

#### ST. PATTY'S DAY PARTY

Mar. 17, 1700, O'Kelly's Irish Pub. Free event open to 21 yr. olds and up. Party favors (while supplies last), drink specials, merch, a DJ on the patio, and green beer. FMI, call 75503.

#### **LUCKY CLOVER RUN**

Mar. 17, 0700, Start of Ridgeline Trail. Register by March 14 at Denich Gym. Open to all hands, 13yrs. and older. First 100 runners to register get a free t-shirt. Catch the clover madness! ...by running.

#### YOUTH SPORTS BASEBALL

Register Mar. 12-23 at the Youth Center, 0900-1800. \$35 per child, ages 4-16. Instructional clinic, Mar. 24. Practic, Mar. 28-Apr. 20, Games, Apr. 21-May 23.

#### **RED CROSS TRAINING COURSE**

GTMO's American Red Cross is hosting a first aid/CPR/AED training course Mar. 23, 0900-1700, Red Cross Bldg. CB 1208. \$40 per student which includes all materials. Pay up by Mar. 22 Class size is limited. FMI, call 2511

#### **INDOOR VOLLEYBALL LEAGUE**

Men and Women's season starts Mar. 26. Register by Mar. 16. Coaches meeting Mar. 21 at 1730. Free to register at Denich Gym. Trophies for 1st and 2nd place teams. 3rd place teams get nuthin'. Open to all ages 16 and up. FMI, call 2113.

## GTMO JOB HUNT

EDUCATION AIDE AND TRAINING TECH 12-CUB-027, GS-1702-04. Closes Mar. 4. Open due to incomplete applications. Please call for any inquires regarding this position or the application process.

Apply online at jobview.usajobs.gov. FMI, call W.T. Sampson at 3500 or 2207 for any inquires regarding this position.

SOCIAL SERVICES ASSISTANT Must be fluent in Spanish and English. Comfortable working with migrants. One year fixed term contract. FMI Call 74788

**ELECTRICIAN** U.S. hire, \$14.47 hr., FN hire, \$8.08 + .40 BA

**COMPUTER TECH** Flex, U.S. hire, must be CAC eligible

**CHILD AND YOUTH PROGRAMS ASSISTANT**Full time and Flex, U.S. Hire, \$12.21-\$13.71 hr.
Must be CAC eligible

To apply for a job, call the Human Resources Office at 74121 or stop by NAF HR in Bldg. 760.

CUSTODIAL WORKER LH12-003, WG-3566-02

**HOUSING MANAGER** LH12-008, GS-1173-07/09

**TELECOMMUNICATIONS MECHANIC** WG-2502-11

FLEX CDC CLERK Must be CAC eligible. \$8.71-\$17.97 apprx. 20-30 hrs. per week

TRAINING AND CURRICULUM SPECIALIST

Must be CAC eligible. \$40,000-\$55,000 annually. Submit applications M-F to the MWR Personnel Office

TREASURES AND TRIVIA Manager position available. Earn extra cash, create your own work schedule, and help the GTMO community. Contact the Guantanamo Bay Spouses' Club at gbscspouses@gmail.com for more information. The GBSC is not a DoD organization.

## MOVIES DOWNTOWN LYCEUM

**MAR. 09** 

MAR. 12

FRIDAY

7 p.m.: We Bought A Zoo (last) PG 9 p.m.: **Act of Valor** 101 min. **MAR. 10** <u>SATURDAY</u> 7 p.m.: Dr. Seuss' The Lorax (new) PG 96 min. 9 p.m.: Underworld: Awakening (new) 89 min. SUNDAY MAR. 11

8 p.m.: Safe House

MONDAY 8 p.m.: Darkest Hour

PG13 89 min.

TUESDAY MAR. 13
8 p.m.: War Horse (last)
PG13 146 min.

WEDNESDAY MAR. 14

8 p.m.: **Joyful Noise** PG13 118 min.

THURSDAY MAR.15 8 p.m.: Contraband

R 110 min.

CALL THE MOVIE HOTLINE @ 4880

## GTMO Port Ops Personnel Conduct SimBCC Program

MC2(SW/AW) Justin Ailes

Gazette Edito

Five Sailors attached to Naval Station (NS) Guantanamo Bay, Cuba's Port Operations department participated in the Shore Installation Management Basic Boat Coxswain (SimBBC) program Mar. 5-9.

In accordance with Commander Navy Installations Command (CNIC) instruction 3500.1, the course was held to qualify Sailors as small boat Coxswain's.

"A coxswain is the person overall in charge of safety, and the well-being of crew, vessel and passengers," said Boatswain's Mate 2nd Class Jason Mickel, SimBBC program instructor. "We are teaching Sailors proper anchoring techniques, conducting man over-board drills, and facilitating towing astern and towing along-side procedures."

The SimBBC course provides a standardized shore installation management program for the training and qualifying of basic boat Coxswain's and crewmembers.

"After completion of this course, members will obtain advanced knowledge in basic seamanship, fundamentals of basic navigation, and proper boat etiquette," said Mickel. "Overall, the course gives Port Ops personnel a refresher of basic fundamentals while training them to be a coxswain and crew member, responsible for safe navigation."

