Acne Presentation

- Androgen-secreting tumours
  - Systemic virilization
    - clitoromegaly
    - deepening of voice
    - breast atrophy
  - Cutaneous virilization
- Drug induced
  - dominated by papulopustules
  - suddenly
  - E.G..
    - Corticosteroids
    - androgens
    - anabolic steroids
    - gonadotrophins
    - oral contraceptives
      - Progesterone containing
    - lithium
    - iodides
    - bromides
    - anticonvulsants
- Congenital adrenal hyperplasia
  - ambiguous genitalia
  - salt-wasting
- Polycystic ovarian syndrome
  - Cutaneous virilization
    - hirsutism
    - Acne
    - male-pattern balding
  - oligomenorrhoea
  - obesity
  - Glucose intolerance
- Tropical
  - on the trunk
  - Sweat causes follicular occlusion
  - Common in white ppl traveling to the tropics
- Late onset
  - mainly in women
  - limited to the chin
  - Nodular and cystic
  - stubborn
- Common type
  - Site
    - Face
    - Upper trunk
  - Seborrhoea
  - Open comedones
  - closed comedones
  - papules, nodules and cysts
  - Depressed or hypertrophic scarring
  - hyperpigmentation can follow
- Conglobate
  - ‘ball’
  - Severe form
    - Nodules
    - Cysts
    - Scar
  - abscesses or cysts with intercommunicating sinuses
  - leaves deeply pitted or hypertrophic scars
- Fulminans
  - conglobate acne
  - +
    - fever
    - joint pains
    - High (ESR)
- Infantile
  - soon after birth
  - common in males
  - last up to 3 years
  - Due to maternal androgens
- Exogenous
  - **only comedons**
  - Tars
  - chlorinated hydrocarbons
  - oily cosmetics
  - Can cause OR exacerbate acne
- Excoriated
  - common in young girls
  - With obsessional picking or rubbing