The Songshan Kung Fu Executive Academy was started in 1990 by Si-Jo Dr John Souglides Ph.D. who is a National, International and World Champion, certified judge, referee and coach who has created and developed National, International and World Champions since the 80's. In 1997 Si-Jo Dr John Souglides Ph.D. was recognised and received the title of Si-Jo by international masters and professors of various martial arts for his knowledge, wisdom and skill of the arts.

His knowledge and drive to achieve the best results from his students has been proven time and time again. He has the well deserved recognition from many martial artists and enthusiasts from around the world. His continuous loyalty to create an awareness of the beauty of his martial arts system grows stronger and stronger through the public's eye and his schools are opening branches locally and internationally.

The reason for such a demand for what Si-Jo Dr John Souglides Ph.D. and his Songshan Kung Fu Executive Academy's have to offer is that we are serious about what we do and make sure that the traditional methods and values are maintained. All our instructors and assistant instructors are carefully selected, and screened before being granted a class. This insures that the highest standards are maintained at all times.

Those students that have been given the HONOUR to teach have to maintain the highest level at all times and are continuously monitored. In this way the students receive individual attention and a high level of tuition that the Songshan Kung Fu Executive Academy is reputed for.

If a student is honest, truthful, loyal, respectful, humble, patient and trustworthy, the teachers will always do his/her utmost to guide those students with the aid of Master Instructor Si-Jo Dr John Souglides Ph.D. to become a positive, caring, respectful and confident person who is an asset to society.

In 1996 Si-Jo Dr John Souglides Ph.D. went to visit and competed in The Peoples Republic of China. Besides sightseeing the Great Wall, Tiananmen Square, The Forbidden City and The Summer Palace to name but a few, he also visited The Songshan Shaolin Temple. He travelled by train from Beijing to the city of Zhengzhou, where later that day he was invited to watch a special demonstration given by the Songshan Shaolin Temple Monks.

Si-Jo Dr John Souglides Ph.D. was the only one invited to this event, which fulfilled a life long dream that he thought would never be possible. He was amazed to see various styles and forms which he had never seen before, or even thought existed.

After the display, Si-Jo Dr John Souglides Ph.D. stayed to study various bare hand and weapon forms and exchanged techniques, forms and Chi Kung with various martial artists.

Some of Si-Jo's qualifications:

- Dr of Metaphysical Science USA
- Ph.D. Transpersonal Counselling USA
- Ph.D. Philosophy USA
- Ph.D. Parapsychology 'A' rating USA
- Ph.D. Martial Arts Science I.U.H.M.A.E. India

Si-Jo Dr John Souglides Ph.D. has made history - a first for South Africa. He holds 5 internationally accredited and recognised doctorates. He has achieved four doctorates in metaphysics and one doctorate in martial arts.