

# **THE JOURNEY OF FREEDOM**

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In a world infested with frivolity, ignorance and immorality it hard to see the truth as relativism seems to dominate all spheres of life rendering the absolutes to seeming retrogressive and backward .This has crippled our ability to see the truth and to see as ourselves as we truly are. People are blinded by the ultra-materialism in front of them and have completely lost sight of what it's all about. **IT'S NOT ABOUT A GOOD JOB, A CAR, WEALTH AND TINY STINTS OF QUASI-HAPPINESS.** People have lost their sense of duty and responsibility as humans. As humans we have a duty to cultivate our higher faculties and respect the dignity of ourselves and our fellow humans as well as the environment which nourishes the physical aspect of humans. We must remember what it means to be human such that we respect humanity to an extent that we do not murder, give birth to children doomed to a life of poverty or lose sight of the responsibility we have to care for our fellow humans to protect the dignity of mankind.

Look at man from every angle is he just billions of cells brought about by nature and bound by natural laws or is he a supernatural being bound by his body

to obey natural laws or is all that his senses perceive an illusion brought about by the infinite body of existence to which he belongs and which is everything. The fact is that man is being at war with himself. The war being waged is between body, mind and a heightened sense of awareness that can be called the ultra-mind (soul) this is where what makes as human exists. The obvious question that follows is what are they fighting for? They are fighting for the “will”. This is the greatest anomaly. The body has its needs and can compel the will to perform the certain actions however the body should never win the war as the body is matter and shall come to pass as everyone dies as this can be proven. This is not to say that the needs of the body should be ignored for man is body mind and soul in his current state however where the needs of the body clash with those of the soul and the mind the soul or the mind must be given precedence. A relevant question that may be asked is that what if the needs of the mind and soul lead to the death of the body? This is impossible if the mind and the soul are used correctly falsehood cannot be reached but in a world so corrupt the mind almost stands no chance from the influences of the media. For example people’s minds have been corrupted by the media showing thin women as models for the rest of women to an extent they think they fat even when they are normal this affects the body negatively as

women become emaciated due to starvation that could even lead to death. Here we see an example of the mind's interests affecting the body negatively but if the mind were used properly and objectivity employed then the mind's interests would positively affect the body. Objectivity would be employed by abandoning all social norms and media propaganda and tackling the subject with no opinions or inclinations and asking yourself what amount and type of food you need to be alive and healthy and take that amount. The mind is the bridge between the body and the soul and is sadly where existence ends for most humans today as although all have a soul not all utilize or realize it. The mind wins the war often and this is corporations, entertainment, politicians and governments can manipulate people today so easily directly or indirectly using subliminal messages. Minds can be programmed to act and respond to situations in a certain way this is because the mind is partly physical an example is how people of an age are brought up to love and hate certain things almost in unison although those things remain the same. The mind thus programmed by the media propaganda, the huge crap taught in schools and the idiocracy passed on by parents inevitably become identical products of the global factory producing humans. Do you want a doctor? I will manufacture one for you who will act as I want him to will do all I

say and support all I tell him to and even endorse poison as medicine. WELCOME TO THE HUMAN PRODUCING INDUSTRIES (P.S: we begin making humans from conception by controlling what pregnant mothers consume).The mind picks up the most subtle of information without noticing and forms notions, opinion, likes and dislikes this how people are manipulated by the global propaganda machine we call the media. Evidence of this is seen when you sometimes ask people why they have a certain opinion towards something and they cannot tell you why all they do is recite similar statements they were taught in school or in church to answer the question, but they can never really tell why they have that opinion. A classic example is displayed in Henrik Ibsen's play 'An Enemy of the People' where Dr.Stockmann compares types of people to the poodle and the mongrel dog trying to show that there are different qualities of people according to upbringing and Hovstad refuse to apply this principle to people although he agrees with it to dogs. Dr.Stockmann also challenges the principle of majority rule as the majority is more ignorant and gullible. This true for Kenya as we continue to hurt under majority rule where people with little or no access to media and who clearly do not have the capacity to make a sound decision to vote due to physical factors are still allowed to vote. This is an

example of the mind programmed as people do not question things like universal suffrage as they have been programmed to accept it without debate this is at great harm to the physical well being of all. Hence the modern man's outlook on life, ideas, ways of life and thought and decisions and actions are beyond his control, but there is a way to take back that control. The soul I know not of its mythical powers and divine purpose but what I know is that the power of objectivity. This power cannot belong to the mind as it is above the mind, with objectivity you can look at your own mind as it were someone else's and study it and its ideas and response to situations then correct the mind and nurture to an extent that it best suits you. A hierarchy exists within every man the soul controls the mind and the mind controls the body. The soul only knows truth such that if you come upon falsehood blames not the soul but the mind or body. The soul employs about a special power that I call objectivity (a supernatural sense of self-awareness). Objectivity comprises in establishing the root cause your actions by abandoning everything you have been taught to believe and think and looking at a situation with no opinion and inclinations then establishing the proper action to take or inclination to form according to the duties you have to your body, mind and soul. Objectivity also comprises in empathy, putting you in another's

situation in order to understand his or her situation. Objectivity is expecting more of yourself than you would expect others to do and finally it is being the man you wish society was, if you want to live in a society free of pollution the first thing you should do is not to pollute. The soul is capable of examining all factors surrounding a decision to taken and establishing and revealing to you the real cause behind an action to be taken why you say what you say or do what you do hen shows you the correct action to be taken and can never be fallible! This is not as simple as it sounds as this power must be cultivated by periods of regular periods of introspection into the mind. This is because we often think we know the root cause behind our actions but we don't unless we employ the power of the soul. It is important to determine the root cause of our actions as it ensure that the mind does not win the war for if the mind wins the war then we are rendered slaves to external forces put forth by the media and organizations bent on controlling the human population. Thus unless we employ objectivity we are slaves and this proves that around 90 percent of the human population are slaves as they are completely controlled by the mind and not the soul thus they are simply **SLIGHTLY MODIFIED HAIRLESS CHIMPANZEES**. A personal example for me is I always thought that life for me should be

high school, college, job wife, kids, retirement death and that the measure of success in life is wealth. But then I employed objectivity and realized these ideas and notions have been implanted in my head without my acceptance I thus had to discard these notions and begin working with my freedom to find what life is about and thus how it should be lived. I discovered the duty I have to society to work hard and get a job to contribute to society, the duty to fight efforts of private enterprises to rob people and subvert their freedoms but most of all I have a duty to myself to protect, nurture and cultivate the soul which is the highest of faculties I possess. This proves that humanity is in the soul and freedom is in the soul. The soul grants us freedom by showing us the truth and releasing us from the bonds of our mind and our body. OBJECTIVITY IS A POWER OF THE SOUL THAT ENABLES FREEDOM. O, what it means to be free and to know the powers of humanity but what a greater deal it means to cultivate and utilize these powers for the good of all mankind for I do not know with surety what lies beyond the grave but I know what concerns the living as I am alive this should be most important and this is the exercise of freedom. Going back to duty it must be said rather than just implied that freedom is a duty as by the virtue of being human we incur a debt to ourselves to exercise our freedom as individuals and in by exercising the

type of freedom I have described we can stop the sinister powers that are at the verge of completely subverting our humanity and turning us into their personal toys in their deadly game. this may seem like some conspiracy theory to many but try look intently at how the media and other institutions influence people almost entirely and how the current society never questions and all in all people are losing the power over their minds all their opinions and ideas are formulated for them. We all know that humans do things for a purpose and thus ask yourself why the media worldwide perpetuates materialism and other concepts that cripple one's ability to control the mind? The direct and common answer is money and this is partly true but the greater end is complete subjugation of the human race into slavery. This slavery is not that of seventeenth century this slavery is that of your mind. Just think of it , it is obvious that peoples minds can be programmed by influences and notions from various institutions which shapes the person he or she becomes but if this institutions and influences like media have that ability who is to say they will not misuse it as we are seeing today. The result is that society is controlled and manufactured by a few individuals with delusions of grandeur and who imagine that they are demi-gods. The conclusion I am getting at is that at least 90 percent of the human race are slaves and



that without the application of objectivity freedom will be unattainable for them. The journey to freedom begins with objectivity but freedom is never reached as I is not a state of being but a struggle we must endure. We can perform free actions but there will always be someone trying to push us into slavery.