Tool or Instrument	Description
Adversity Quotient (Paul Stolz, 2000)	Similar to resilience and hardiness, the Adversity Quotient has been proposed as an indicator of capacity to withstand and thrive on challenging circumstances specifically related to business and the workplace.
Enneagram (Google search)	Personality tool based on 9 personality types. Developed with a more deeply historical and spiritual orientation than most other similar questionnaires by some leading humanistic psychologists, including Gurdjieff, Ichazo, and Naranjo. The types relate to the major roles that people seem to adopt and play in society. There is no definitive Enneagram questionnaire - various free and commercial versions are available.
DiSC Management Strategies (Corexel)	Commonly used tool and associated training program for providing feedback and improving on people's self-management and **team management in workplace settings.**
Herrmann Brain Dominance Instrument (Herrmann, 1970's)	The HBDI 120-item self-report diagnostic tool which provides thinking styles profiling based on left-right hemisphere preferences and cognitive vs. limbic thinking preferences. Can also be used for **team profiling, building, and analysis**.

Human Synergistics (Human Synergistics International, 1970's)	A thinking style / personality profiling and feedback system, plus training program, which can be completed on an individual, **team and organization level** to assess strengths and areas for improvement/change in individual effectiveness.
Keirsey Temperament Sorter	Similar to the MBTI, identifies 16 personality sub-types, based on dichotomous ratings on 4 main personality factors which are derived from the psychological work of Carl Jung.
Myers-Briggs Type Indicator	The MBTI is the most widely used personality assessment questionnaire, particularly in workplace training. The MBTI identifies people as being one of 16 overall types, based on dichotomous ratings on 4 main personality factors.

Team Management Systems (Margerison & McCann, 1980's)	**Profiles the kinds of kind of roles people prefer to play in groups and teams. Provides individual and team-levels of analysis. Used to help improve quality of team performance.**
360-Degree Feedback	System for gathering feedback from others about personality and work styles which makes particular use of combining observer ratings and comparing with self-ratings.