

## BLOOD TRANSFUSION

Additional notes to “ Immunology notes “ -

<http://www.scribd.com/doc/11855527/immunology-notes>

### #1. BLOOD COMPONENTS

#### Reason for using components

Smaller volume; higher potency

Longer storage life

Specific properties

vs. Whole blood like 'shotgun therapy'.

Require: knowledge of need of patient

knowledge of component

#### Cellular blood components

Whole blood

Red Blood Cells

leukocyte-poor RBC

platelets

Leukocytes ( WBC )

#### Plasma components

Liquid plasma

Dried plasma

FFP

Cryoprecipitate

VI AHF ( Virally Inactivated Anti-hemolytic Factor )

Factor IX

Albumin

Stabilized Human Serum

Immunoglobulin

### WHOLE BLOOD

#### Fresh whole blood

##### Indications

Open heart surgery ( hypovolaemic treatment )

Exchange transfusions

Storage: 2-10 deg. Celsius

Expiry: 96 hours

Whole blood ( > 96 hrs. )

##### Indications

Massive trauma

Acute hemorrhage

Replacement after burns

Established hypovolaemic shock

Storage: 35 days in CPDA-1 preservative @ 2-10 Celsius

##### Notes

Issue packed cells and colloid solutions if whole blood not available.

Monitor hemostasis.

Do not add drugs or Ca to drip

Inform blood bank if dextran or HES used ( interferes with crossmatch )

## RED CELL CONCENTRATES

### Procedure

Whole blood collected from donor in CPD ( Citrate Phosphate Dextrose )

spin @ 2500g for 30 min. @ 4 Celsius

remove 290 ml supernatant plasma

seal

Add SAGM preservative to RBC ( 110 ml )

Hematocrit = 60%

### Indications

Correct a RBC deficit

Signs of O<sub>2</sub> deprivation

Replacement therapy: increase O<sub>2</sub> and Hb without overall increase in volume ( lower risk of circulatory overload ).

Lower risk of HLA antibodies reacting to WBC in product.

Non-iron deficient anaemia, eg. Hemolytic anaemia.

Continued hemorrhage

Storage: 35 days in SAG-M preservative @ 2-10 C

### Notes

Add no fluid, drugs or Ca to drip.

No saline addition necessary.

Bone marrow patients need leukocyte-poor RBC.

Intra-uterine transfusions need leukocyte-poor RBC.

### Leukocyte-poor RBC

Ongoing research.

Still HLA reactions.

Any transfused WBC may cause graft-vs-host disease in immunosuppressed patients.

### 3 types of Leukocyte-poor RBC

#### 1. Washed RBC

washed with saline

80% WBC removal

all plasma removed

takes +\_ 4 hrs to prepare.

#### Indications

HLA reaction history

Allergic reactions

IgA deficient

Coagulation factor inhibitors

BM patients

Intra-uterine transfusions

Storage: use within 24 hrs

#### 2. Frozen Stored RBC

Made with whole blood < 10 days old.

Plasma removed.

Added = volume glycerol

plastic freezing bag stored in N vapor @ - 150 Celsius

Thawed before use @ 45 Celsius, agitation.

Washed x1 3% saline, x2 0.9% saline. Last wash should have no free hemolysis.

98% WBC removal

30% RBC loss.

### Indications

History of HLA reaction.  
Long term therapy ( HLA sensitization may develop ).  
Storage of rare phenotypes.  
Storage: 7 years @ minus 150 deg.C.  
Infuse within 24 hrs of thawing.

### 3.Leucocyte Filtered RBC

Plasma removed within 6 hrs  
Filtered as requested. Takes 1 hr to prepare. Eg. Pall filters.  
RBC and platelets pass through filter. WBC absorbed.

### Indications

History of repeated WBC reaction for long-term patients.  
Prevention of HLA immunization in long-term patients.  
Prospective transplant patients.  
Prevention of CM-Virus transmission.  
Storage: use < 7days old blood. Issue ASAP after filtering.  
Risk: pack is opened ( closed system breached ) to insert filter.

### PLATELETS

Control bleeding.  
Chemotherapy patients.  
NB manage and monitor patient.  
Establish thrombocytopenia, eg immune thrombocytopenia > low platelet survival.

### General uses:

Defective platelet production ( aplastic anemia, leukemia ).  
Platelet dilution ( massive transfusions ).  
Defective platelets ( congenital disorders ).  
Consumption ( DIC ). [http://en.wikipedia.org/wiki/Disseminated\\_intravascular\\_coagulation](http://en.wikipedia.org/wiki/Disseminated_intravascular_coagulation)

### Evidence of low platelets:

Oozing from stitches.  
Oozing from venipunctures.  
Petichiae.  
Bleeding under skin.  
Counts: <  $5 \times 10^9 / L$  = life threatening  
20 – 50  $\times 10^9 / L$  = bleeding with trauma  
150  $\times 10^9 / L$  = rare bleeding.

### Random donor platelets

Pooled platelets.  
Prepared within 48 hrs of collection.

### Indications:

Major surgery  
trauma requiring many units of platelets  
post cardiac bypass.  
Storage: 5 days @ 22 deg.C., agitation with new plasticizer-free bag.

### Apheresis single donor

time consuming ( 2 hrs ), uncomfortable for donor.

### Usage:

Long term support: same HLA antigens all the time.

TTD

eg. aplastic anemia, leukemia, anti-platelet ab patients.

Storage: 24 hrs @ 22 deg.C with agitation.  
Apheresis platelet-donor must be ABO and Rh match.

### LEUKOCYTE CONCENTRATES

Somewhat controversial.  
Fresh random units with HES  
or single donor apheresis  
pre-donor steroid medication > higher yield.

#### Indications:

Supportive neutropenic patients with gram-negative septicemia not responsive to antibiotics.  
Acute viral hemorrhagic fever eg. Congo Fever.

#### Note:

must be ABO and Rh compatible.  
GVHD in severely immuno-compromised patient.

### PLASMA PRODUCTS

#### FFP ( Fresh Frozen Plasma )

Prepared within 6 hrs of donation.  
Centrifuged, 250 ml separated, frozen @ -18 - -30 deg.C.  
Contains all coagulation factors.

#### Indications:

Replacement of single clotting factor deficiencies if no concentrates available.

Burns

Warfarin reversal before surgery

Vitamin K deficiency with bleeding

DIC

Inherited deficiencies of coagulation inhibitors

Angioneurotic edema

also:

Massive transfusion

Liver disease ( Liver source of clotting factors )

Bypass surgery if coagulation disorder evident.

Storage: -23 deg.C. For 1 year.

Thaw and issue within 2 hrs.

Do not re-freeze.

#### Note:

Thaw between 30-38 deg.C.

ABO compatible; if not, use AB plasma ( contains no red cell antibodies )

Rapid infusion.

Not for use as volume expander, unless clotting factor deficiency.

#### Liquid plasma ( not frozen )

#### Indications for use:

Volume expander

Burns

Shock treatment while waiting for crossmatch

Not for use for clotting factor replacement.

Storage: 2-10 deg.C. For 6 weeks.

-18 deg.C. For 3 years.

### Dried plasma

Single donor, <21 day old blood.

High vitamin K concentration. No coagulation factors.

250 ml plasma removed into vacuum bottle, placed on rollers, frozen in thin, even layer @ -60—  
-70 deg.C., freeze-dried under vacuum.

#### Indications:

Emergency volume expander.

Protein replacement after burns.

Storage: shelf temp. ( below 30 deg.C. ) for 7 years.

Reconstitute with 250 ml distilled H<sub>2</sub>O.

### Cryoprecipitate ( wet cryo )

Cold insoluble protein left behind after FFP has been thawed.

Snap-frozen 15 minutes @ -70 deg.C.

NB: contains > 50% factor VIII

> 40% fibrinogen

in a volume of 10-15 ml.

Used for intensive therapy without risking hypervolaemia.

#### Indications:

Hemophilia A

Von Willebrands Disease

Hypofibrinogenaemia

Storage: -20 deg.C. For 6 months.

Thaw @ 37 deg.C for 10 minutes.

Pool 6 bags; use saline to rinse.

Issue ASAP.

### Virally Inactivated AHF ( Anti-Hemolytic Factor )

Lyophilise ( freeze-dry ) 3-5 bags of cryoprecipitate.

#### Indications:

Home treatment of Hemophilia A.

Small children with hemophilia A ( small volume of product )

Hemophiliacs needing large doses over long periods eg surgery, severe trauma or major hemorrhages.

Storage: 2-10 deg.C. For 5 years.

Reconstitute to 250 or 500 ml with deionized water.

## PROTEIN FRACTIONATION PRODUCTS

Pioneered by Edward Cohn in 1940's.

Principle: selective precipitation of protein eg using change in temp. and pH, eg ethanol precipitation.

- Albumin 20%

method: heat denaturation

#### Uses:

Shock

Burns

HDN [http://en.wikipedia.org/wiki/Hemolytic\\_disease\\_of\\_the\\_newborn](http://en.wikipedia.org/wiki/Hemolytic_disease_of_the_newborn)

Hypo-albuminaemia

Use as volume expander.

Storage: 2-10 deg.C. For 3 years.

– Stabilized Human Serum

400 ml plasma; add silica; unwanted proteins precipitate; filter – desalt; heat 56 deg.C. For 3 hrs; subject to UV.

Indications:

Alternative to albumin

Contains all serum proteins ( like immunoglobulins and albumin )

Cheaper than albumin

NB in passive immunotherapy

Contains: Immunoglobulins, albumin, transport proteins.

Thus, ideal volume expander.( Also has lower viscosity than plasma )

Storage: 2-10 deg.C. For 2 years.

– Factor IX

Treatment of Hemophilia B.

Storage: 2-10 deg.C. For 2 years.

– Gammaglobulin

Passive immunity to measles, mumps, rubella, pertussis, tetanus, zoster, hepatitis B.

Prophylactic Anti-D.

Storage: 2-10 deg.C. For 3 years.

– Also, PolyGam.

– Fractionated VIAHF ( Virally inactivated Anti-hemolytic Factor )

1200 bags of wet cryoprecipitate

remove fibrinogen with buffer

centrifuge

precipitate Factor VIII with another buffer

centrifuged

reconstitute pellet

shell-frozen, lyophilised

heat @ 80 deg.C. For 72 hrs to inactivate viruses.

ADDITIONAL NOTES TO BLOOD PRODUCTS:

HAEMATOLOGY – COAGULATION – [Link to follow here.](#)

## #2. IMMUNOHAEMATOLOGY

### BLOOD GROUP ANTIGENS

Antigenic molecules on blood cells: RBC – called blood factors eg Rh molecules which form an integral part of the RBC membrane, and A and B antigens, and others.

WBC – called HLA ( NB role in immune response )

If a foreign blood group is introduced into an individual, an immune response is mounted in an attempt to destroy the foreign protein.

There are 400+ blood group antigens.

**GENERAL RULE: WHATEVER BLOOD GROUP ANTIGENS AN INDIVIDUAL DOES NOT POSSESS ON / IN THEIR BLOOD CELLS, THEIR IMMUNE SYSTEM WILL FORM / HAVE ANTIBODIES TO. Eg. In ABO system, patient always have antibodies in their serum to whichever of A and B antigens not on their own Red cells.**

NB: Some blood group antigens are clinically more significant than others.

May result in serious / fatal consequences in medicine.

Definition of an antigen: Protein substance of high molecular weight. If introduced to an individual who lacks it, antibody production is stimulated. The ab will react specifically.

Definition of immunogenicity: ( Variability in ) capacity to stimulate antibody production.

- different individuals respond different to an antigenic stimulus.
- different antigens vary in their immunogenicity.

Definition of an antibody: Protein produced by the humeral defence system in response to stimulation from an antigen. It will react specifically with that antigen.

### Red Cell Antigens

Cell membrane has 3 layers:

2 outer hydrophilic, one inner hydrophobic.

Antigens in all 3 layers. The antigens are products of single genes. Thus, individual-specific.

Homo- or heterozygous <http://en.wikipedia.org/wiki/Homozygous>

ie double dose ( homozyg. ) or single dose ( heterozyg. ). Only sometimes in vitro testing may distinguish double from single dose. Otherwise family studies done.

Definition of an hapten: Molecule which reacts to an antibody, but isn't large enough to stimulate antibody production on its own.

### Haem-agglutination

Most Ag/Ab reactions are detected by agglutination.

Definition of haem-agglutination: Process by which antibodies bind RBC together to form clumps.

RBC surrounded by negatively charged field ( *zeta potential* ). For agglutination to occur, zeta pot. must be: bridged or removed or reduced.

### Immunoglobulins

IgM and IgG are the most significant of all blood group antibodies in transfusion.

4 IgG subclasses ( IgG1-4 ) of which IgG1 and IgG3 cover most blood groups.

### Complement in immunohaematology

Activated by some ag/ab reactions.

11 components. Labile ( deteriorate rapidly ).

Ca and Mg essential. Anticoagulants used prevent cpt activation. Thus, fresh serum always used.

#### Classical pathway:

1 IgM or 2 + IgG molecules needed to activate.

Note IgM ( 1<sup>st</sup> response ab ) has more binding sites than IgG ( 2<sup>nd</sup> response ab ).

After binding to cell surface, ab distorts, exposing complement binding site.

#### Alternative pathway ( properdin )

IgA, some IgG

3b component essential

C5 – C9 common pathway.

Cpt system is dynamic: activated, decay, removed, inhibited.

#### Importance of complement in immunohaematology

NB: If present in ag/ab reaction, *hemolysis* results.

AHG ( Coombs test ) has anti-cpt to help detect ab binding.

Cpt also used in HLA typing.

Cpt fixation tests.

### **#3. SEROLOGY**

#### Ag/ab reactions

Ab recognise and combine with ag.

Allow macrophages to engulf and remove it.

Some ab activate complement: process enhanced > hemolysis.

Ab may: agglutinate ag,  
hemolyse RBC,  
cause sensitization to ag.

Reaction is specific: Ab reacts with one epitope.

Whole molecule reacts.

New product not formed by rection:  $A+B > AB$  ( not C ).

Ag/ab union is firm, but reversible ( A and B can be recovered again ).

Surface phenomenon: primary structure remain unless complement is activated.

Reactions combine in varying proportions depending on conditions.

Ag/ab reactions very rapid. Combination occurs in 2 stages:

1.Sensitization: ab binds

2.Agglutination ( complex becomes visible; visible clumping together of RBCs )

NB to record degree of agglutination – may only be sensitized.

0, 1+, 2+, 3+, 4+

#### Principles of agglutination

Lock and key: complementarity of shape

Complementarity of charge: opposites attract

Bonding: weak; must be close to be effective.

– ionic bonds between charges of ag and ab.

– H-bonds between proton acceptor and donor.

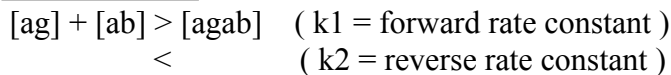
V.d.Waals electrons in their orbitals swing to one side > slight positive at one end > nearby negative atom attracted.

Hydrophobic groups associate in aqueous environment of solution.

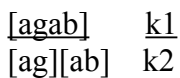
– **2 stages: sensitization and agglutination**



## 1. Sensitization



No loss no gain equilibrium.



= k ( equilibrium constant ): reflects strength of bond.

### Equilibrium affected by :

- Concentration of Ag and Ab  
If [ag] or [ab] high, then [agab] high.  
NB: If [ag] high ( high strength of RBC solution ), then [agab] high, but fewer Ab mole per RBC. Thus, agglutination will not be visibly improved.  
If [ab] high ( more serum ), then [agab] high, with more Ab per RBC > better agglutination of however many RBCs present.  
Thus, sensitivity of blood grouping test is dependant on how many ab's can bind to available RBC ( ie., increased ab > increased reaction strength ).  
Thus, higher serum to cell ratio > better sensitivity ... to a point. Too much Ab blocks available Ag binding sites > get *prozone effect* > no agglutination = false negative result.  
Thus, dilute with saline and repeat.
- PH  
best reactivity at pH 6.5-7.5. Some at higher acidity.
- Temp.  
Thermal range of antibodies 4-37 deg.C.  
[agab] formed, the same at lower temp., but rate of reaction is slower.  
eg. anti D takes 20x longer to react at 4 deg.C.  
Therefore, low temp. only used when cold ab (ab, usually IgM which react at low temp.) suspected. Otherwise grouping done at 22-37 deg.C.
- Ionic strength ( IS )  
The lower IS, the higher reaction rate.  
Low IS results in lower zeta potential.  
But, if too low, complement also binds and many unwanted positive reactions ( *false positives* ) occur.  
0.03 I ideal  
LISS ( Low IS Solution ) > incubation time may be reduced from 30 min. to 10 min.

## 2. Agglutination

### Variables in agglutination: Multiple factors influence agglutination:

Characteristics of Ab

Location and number of Ag sites

Forces holding RBCs apart

Note: should RBC diameter = 50 yards ( width of rugby field ), then IgG molecules would be bound on surface, spaced 3 inches between combining sites. IgM would be spaced 6 inches.

### -Characteristics of Ab

Size and binding sites: IgG or IgM

IgG has 2 binding sites; IgM has 10

Thus, IgM agglutinate in saline ( complete ab ); IgG does not agglutinate --  
must add Coombs reagent ( IgG incomplete ab ).

[http://en.wikipedia.org/wiki/Coombs\\_reagent](http://en.wikipedia.org/wiki/Coombs_reagent)

- Number of Ag sites available:  
Many A and B sites ( ABO grouping )  
react in saline.

- Location of Ag sites:

A and B protrude above RBC surface;  
Rh within the membrane.

- Forces holding RBC apart

Zeta potential attracts positive ions.

∴ high density of positive charge buildup close to membrane; reduction of zeta potential.

Also surface tension: membrane lipids on outer surface, H<sub>2</sub>O molecules create surface tension.

Ab's lower surface tension.

### Bovine albumin

If ab does not agglutinate in saline, albumin may enhance by lowering zeta potential.

Dielectric constant ( measure of ability to dissipate a charge ) raised with albumin. Albumin binds to lipids on the membrane.

Note: only suitable for some ab's.

### Enzymes

RBC have negative charge due to carboxyl groups of sialic acid being ionized.

Adding enzymes eg: ficin ( figs ), papain ( paw-paw ), bromelain ( pineapple ), remove sialic acid from membrane > decrease zeta potential.

They also remove glycoprotein from surface, making blood antigens more exposed to ab.

Bromelain is used to expose Rhesus antigen for Rh test.

### Dosage

Some, but not all systems show dosage.

If individual is MM ( homozygote ) the reaction may be stronger than in an MN ( heterozygote ).

May even be negative with a heterozygous individual.

Some anti-Rh ( Rh ab ) show dosage.

ABO system does NOT.

### Complement fixation

Eg. to detect White cell antigen.

Ag/ab plus fresh complement.

Ag + Ab, incubate @ 37 deg.C.

Add complement.

> lysis

Add blue dye ( tripan blue )

Lysed cells take up dye = positive test for that White cell antigen.

### Complete Ab

Cause direct agglutination of RBC. eg. IgM

### Incomplete Ab

Cause sensitization only. eg. IgG

### The Anti-globulin test ( Coombs test )

1945 by Coombs.

Human serum ( globulin ) injected into goat or rabbit > Animal makes anti-human globulin.

Boosters given; animal bled at various intervals. Remove unwanted antibodies by adsorption.

Anti-human globulin remains ( IgG + complement ).

### Coombs test ( direct and indirect )

Direct Coombs ( DAT = Direct Antiglobulin Test ) used to detect antibodies bound to a patient's red cells.

Indirect Coombs ( IAT ) is used for example to see if a Rh negative mother has Rhesus antibodies in her serum ( anti-Rh IgG can cross the placenta > Hemolytic disease of Newborn if baby Rh+ ).

Known Rh+ RBC incubated with mother's serum. Coombs done to check if the RBC's have been sensitized by mother's ( incomplete ) antibodies.

Coombs test:

Wash off excess antibodies.

Add Coombs reagent.

Binds to human IgG's bound on RBC. Causes visible clumping = pos. Coombs.

## #4. PATIENT PHENOTYPES IN BLOOD TRANSFUSION

### The Bombay Phenotype ( Oh )

[http://en.wikipedia.org/wiki/Bombay\\_phenotype](http://en.wikipedia.org/wiki/Bombay_phenotype)

The H-antigen is found on all people's red cells, but lacking in a few individuals who have inherited the recessive gene ( h ) from both parents, ie. Genotype hh.

Thus, they do not have H-antigen on their red cells.

However, H-antigen is also a building block for the A and B antigens, so they also lack these ( even while possessing the genes for A and/or B ) hence, Group O.

But, they cannot receive blood from Group O donors ( the universal donor, lacking the highly immunogenic A and B antigens on their red cells ). Group O donors still have H red cell ag.

Anti-H formed in Bombay patients is powerful and haemolytic.

Only Bombay blood is compatible.

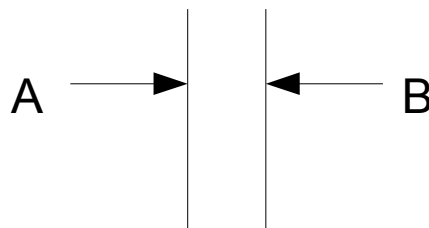
Note; they can still transmit A or B gene to offspring as the genes are normal.

### CIS AB

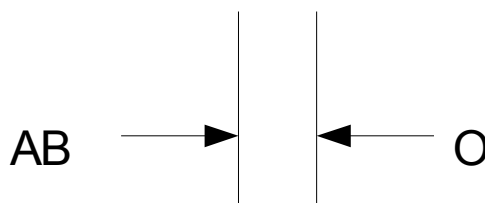
Phenotypic AB.

But genetically rare, since AB together on one allele of the gene pair.

Genotype in AB blood group:



Genotype in CIS AB:



Important for medicolegal reasons ,eg paternity dispute, especially if mother is Group O.

### T-antigen activation

In presence of infection, enzyme produced which alters red cell membrane.

An antigen, T is exposed.

All adults have anti-T in their serum.

Such a sample will thus react with all adult serum, giving false +ve in cross-matching.

Not significant except that identification is difficult due to poly-agglutination.

### ABH in disease

#### Leukemia

Strength of A ag varies 4+ to negative.

Thus, clinical info of patient vital.

Saliva normal.

Reverse grouping normal ( patient serum remains normal ).

Weaker B and H antigens possible.

Ag levels return to normal in remission.

#### Carcinoma:

##### Colon, rectum

RBC acquire weak B ag, thus with anti-B a weak pos. reaction formed.

Reverse grouping normal.

Mechanism: possibly colon bacteria eg E.coli and Proteus' B-like antigens leaching into blood.

##### Stomach, pancreas

Difficult to group.

Plasma contains antigens that neutralise antisera. Cells must be washed first.

Saliva helps grouping.

### ABO in transfusion

Most fatal incompatible transfusions are ABO linked.

NB: a teaspoon-full of the wrong ABO Group infused into a patient is sufficient to kill the patient !

Fortunately very rare occurrence.

Most errors not in the lab; rather clerical ( eg mislabeled specimens )

Major incompatibility: patient has antibodies to donor cells. Major immune response.

Minor incompatibility: donor blood has antibodies to patient ag. Eg. O donor blood has anti-A, -B, -AB. Given to A-patient in emergency ( O universal donor ). A type of GVHD. Therefore titre done on O donor blood.

Only low titre O donor blood given to other Group patients in emergency.

However, usually packed cells given anyway, so not much donor serum received. Minimizes complications.

#### Why is major ABO incompatibility so severe ?

Always antibody in patient.

Ab have high titre.

Ab can activate complement. Cpt factors readily available in circulation.

Can cause hemolysis.

Patient body temp. ideal for reaction.

Large amounts of A and B antigens exposed on RBC surface.

### The Lewis System

1946 Mourant discovered anti-Le<sup>a</sup>

Le antigen is soluble in plasma; adsorbed onto RBC.

Genes:

Alleles: Le and le

Not present on newborn RBC. Develops later.

Genotypes: Le(a+b-)

Le(a-b+)

Le(a-b-)

Determined by: Le/le

H/h

Se/se ( secretor gene )

Le gene makes Le<sup>a</sup> substance.

If Se and H also inherited, Le<sup>b</sup> is made ( Le<sup>a</sup> converted to Le<sup>b</sup> if Le+H+Se present ).

No genotype Le(a+b+) exists. But when Le<sup>b</sup> is formed, some chains will remain Le<sup>a</sup>. So, weak Le<sup>a</sup> may be detected with the Le<sup>b</sup>.

<u>Genes</u>	<u>RBC phenotype</u>	<u>Secretor ?</u>
Le, H, se	Le(a+b-)	NO
Le, H, Se	Le(a-b+)	YES
le, H, Se	Le(a-b-)	YES
( le recessive > Le <sup>a</sup> not made)		
le, H, se	Le(a-b-)	NO

Phenotypes: Le(a+b-) 22% of pop.

Le(a-b+) 72% of pop. ( note 80% of pop. have Se )

Le(a-b-) 6% of pop.

### Lewis antibodies

20% of Le(a-b-) people have.

More common in certain population groups.

Complete ab ( IgM )

Low temp. reactive ( 22 deg.C. )

Also reacts at 37 deg.C. With Coombs + enzyme.( enzyme to expose hidden ag's )

Anti-Le<sup>a</sup> cannot be found in Le(a-b+) individuals, since Le<sup>b</sup> comes from Le<sup>a</sup>.

Sometimes anti-Le<sup>a</sup> and anti-Le<sup>b</sup> found in Le(a-b-) patients.

Sometimes only anti-Le<sup>b</sup> in Le(a-b-) patients.

Lewis antigens are depressed in pregnant women > may develop anti-Le.

Cord cells are Le(a-b-) till a few weeks.

Adding adult plasma to cord cells can transform them.

Note: anti-Le do not cause HDN.

### Transfusion.

If donor is Le(a-) and patient Le(a+), patient's Le(a+) adsorbs onto donor cells. Patient's Le status changes for a period of time.

If donor is Le(a+) and patient is Le(a-), patient's plasma elutes Le(a+) and patient becomes Le(a+).

Anti-Le<sup>b</sup> may be hemolytic. If positive ab on crossmatch, repeat at body temp.(37 deg.C.). If negative at that temp., blood can be issued. Lewis ab not active at that temp. ( Lewis ab is cold

reacting ab. )

### The Ii System

#### I-Antigens

Also carried on the ABH chains on RBC.

I very close to membrane, so ABH may mask I ag.

Not surprising that Bombay ( Oh ) cells react strongly with anti-I.

Most adults are I positive.

Few adults are i-positive.

Babies ii, converted to II.

All infants i-pos. Slowly replaced and converted to I ( +- 18 months ).

I also found in secretions ( saliva and breast milk ).

#### Disease

- Abnormal erythropoiesis like aplastic anemia > increased i-antigen.
- Infectious mononucleosis > anti-i
- Alcoholic cirrhosis > anti-i
- Anti-I in patients recovering from mycoplasma pneumonia.

#### Antibodies

##### Anti-I:

Cold Ab ( IgM ). reacts @ RT.

Auto-ab, ie from I-pos. Patients. Note: most adults I-positive.

Anti-I causes grouping problems. All transfusion units incompatible.

Test @ 37 deg.C. ( body temp. ) usually negative.

Anti-I regularly found in I neg. patients.

No clinical significance.

##### Anti-i

Rare

Reacts with cord cells.

#### Lewis system in transfusion:

Neither Le-, nor I/i ab's cause HDN

Incompatible units: test @ 37 deg.C. ?Neg.

### The Rhesus System

1940 Landsteiner & Weiner

Rhesus monkey blood injected into rabbits > built up Ab.

This ab was found to react in 85% of human RBC.

Called anti-Rh.

85% pop. Rh positive

15% Rh negative.

In 1934, Levine reported an ab implicated in stillborn.

Was shown to be anti-Rh.

Later, Ab from transfusion reactions and implicated in *hydrops foetalis* also turned out to be Rh-ab.

Anti-Lw was suspected, but turned out not to be anti-Rh.

1943, 3 other related ab's C, D and E.

#### Genetic theories

##### Fisher-Race

Fisher – mathematician; Race – serologist.

Theory: 3 closely linked loci for genes: C, D and E. Their alleles are c, d and e.

No d-antigen exists. dd is amorphic combination > Rh negative.

Low crossing over, genes inherited together.

More recently, sub-loci have been discovered.

Weiner

Multiple allelic genes code for an agglutinin made up of 3 factors.

Rosenfield 1962

Numerical system, eg Rh:1 = D

Rh inheritance

Straight forward Mendelian, or passed on as whole ( single ) gene, eg Cde , in stead of 3 genes.

Frequency varies between races.

No anti-d exists.

Rh and transfusion.

Used to type C, D, and E.

Now only D is typed. If D is negative, patient is Rh negative.

C and E usually absent if D is absent.

Choices with issuing blood:

<u>Patient</u>	<u>1<sup>st</sup> choice</u>	<u>2<sup>nd</sup> choice</u>
Rh positive	Rh positive	Rh negative
Rh negative woman ( NB )	Rh negative	---
Rh negative post-menopause woman	Rh negative	Rh positive
Rh negative man	Rh negative	Rh positive
Rh positive baby with Rh neg. HDN	Rh negative ( to prevent escalation of reaction to mother's IgG ( anti-D ) in baby > ↑ bilirubin. )	

The D-antigen

Most NB in HDN [http://en.wikipedia.org/wiki/Hemolytic\\_disease\\_of\\_the\\_newborn](http://en.wikipedia.org/wiki/Hemolytic_disease_of_the_newborn)

Most NB in Tx after ABO.

Anti-D almost always produced after incompatible Tx.

At 12 weeks Rh positive Fetus develops severe HDN from previously sensitized Rh negative mother's anti-D crossing the placenta.

Anti-D transfused into Rh neg. patient also elicits severe HTR ( hemolytic transfusion reaction ).

D-antigen gives strong positive with enzyme + Coombs.

May even agglutinate without it.

Structure

Phenotype Rh mosaic: Weiner RhoABCD

If apart is missing, ab to that part may build up. Therefore anti-D sometimes found in an apparently Rh positive individual. AHG may be needed to get positive Rh result from such a weakened Rh-Ag.

Weak Rh-Ag called D<sup>u</sup>.

There's no anti-D<sup>u</sup> as it is weak ag.

Instead Anti-D forms.

Donor appearing Rh-neg. But the D<sup>u</sup> antigen can elicit ab formation in an Rh neg. patient.

Another way D<sup>u</sup> is formed:

C is trans to D on gene.

Somehow weakens D ag.

Also get D<sup>u</sup> ag.

In this case, no piece is missing,

D<sup>u</sup> pos. donors are Rh positive.  
 D<sup>u</sup> positive recipients get Rh negative blood.

Genetic Deletions

Whole Rh complex deleted. Rh(null) Syndrome.

C and E missing

only E missing

C and D missing.

Never, D and E missing together.

Deletion patients produce exotic antibodies.

Compound ag

C + D }  
 C + E } or alleles

D + E(e) never missing together.

Compound ab

Anti-G from Rh0 individuals.

Anti-Ce

Anti-cE

Anti-f (with e)

Only if in trans position.

Genetic Pathways in Rhesus complex

<u>Precursor genes</u>		<u>CDE genes</u>		<u>CDE antigen</u>
X <sup>r</sup> X <sup>r</sup>	> add sugar >	CDE	>	CDE antigen ( normal )
X <sup>0</sup> X <sup>0</sup> ( no precursor forms: genes blocked )	> >	CDE	>	No CDE antigens are formed. ( Rh NULL )
X <sup>Q</sup> X <sup>Q</sup>	> modified >	modified CDE	>	Weak CDE antigens ( Rh MOD )
X <sup>r</sup> X <sup>r</sup> ( normal precursor )	> add sugar >	rr ( faulty genes )	> Blocked >	No CDE antigens ( Rh NULL )

The Kell System

1946 Kell ag ( KK )

product of Kell gene.

1949 – k allele: Cellano: Kk

Antigens

3 closely linked loci

K – k ( Cellano )

Kp<sup>a</sup> – Kp<sup>b</sup>

Js<sup>a</sup> – Js<sup>b</sup>

other associations of gene pairs – up to 22.

The Ko Phenotype.

Silent allele at Kell locus: K<sup>o</sup>K<sup>o</sup> ( recessive )

no expression of Kell antigens

> ab built up against all Kell = Anti-Ku

The McLeod Phenotype.



1961

weak expressions of Kell

ab present: anti-KL

? separate gene action KX

Chronic Granulomatous Disease associated with McLeod phenotype.

X-linked recessive allele → men only

Granulocytes not functioning properly ( missing Kx antigen ) -- engulf bacteria but cannot kill them.

Hemolytic anaemia associated with McLeod phenotype.

#### Serological characteristics

Incomplete ab ( IgG )

warm ( 37 deg.C. )

requires AHG

NB: *enzymes* do not improve reaction, because Kell ag already protrudes above membrane ( enzymes used to remove protruding antigens to expose those hidden beneath them in RBC membrane ).

#### Clinical significance

Strongly immunogenic

IgG

Cause fairly severe HDN, severe HTR ( hemolytic transfusion reaction )

99% pop. k positive ( high frequency antigen )

If patient has anti-k, must get donor from Rare Donor file.

### The Duffy System

1950 -- Anti-Fy<sup>a</sup> reported

1951 -- Anti-Fy<sup>b</sup> reported

Mendelian dominant genes:

Fy<sup>a</sup> Fy<sup>b</sup>

plus silent amorphic allele: Fy

<u>Phenotypes</u>	<	<u>Genotype</u>	note: in phenotype; a not converted to .b as in Lewis.
Fy (a+b-)		Fy <sup>a</sup> Fy <sup>a</sup>	
Fy (a-b+)		Fy <sup>b</sup> Fy <sup>b</sup>	
Fy (a+b+)		Fy <sup>a</sup> Fy <sup>b</sup>	
Fy (a-b-)		Fy Fy	

### Duffy and Malaria

Most West-African blacks have Fy Fy genotype ie Fy (a-b-) phenotype.

Plasmodium vivax causes benign Malaria. Cannot invade Fy (a-b-) RBC

Thus, most W-Africans immune to malaria.

### Synteny

2 gene loci on same chromosome, eg Duffy and Rh both on chromosome 1, but not linked to each other.

### Clinical significance

anti-Fy<sup>a</sup> – best detected with AHG

Hemolytic Tx reaction ( HTR )  
HDN

Anti-Fy<sup>b</sup> – very rare  
only AHG to detect  
HTR  
not HDN

Fy<sub>3</sub>, 4 and 5 also reported.

### The MNSs System

#### Genetics:

1927

M + N are products of allelic genes M and N ( MM, NN, MN )

1944: Anti-S

1951: Anti-s

M+N and S+s so close together, they're inherited together

MM homozygotes also have small amounts of N-ag, thus conversion M > N

M + N demonstrate dosage well.( dosage: homozyg. MM strong Ag reaction = double dose, compared to heterozyg. MN )

Many other ag eg. U in most people.

Anti-U in S-s people.

#### Media

Don't use *Bromelain* ( enzyme ) in MNS

Ag destroyed by Bromelain > false negative result

Often react only below 37 deg.C., ie in saline.

#### Clinical significance of Anti-M and Anti-N

Most are IgM

Thus, HDN rare ( IgM cannot cross placenta )

However, anti-M has been implicated; anti-N rarely

Anti-N common in renal dialysis patients. ? Formaldehyde ( similar structure to N antigen ).

#### Anti-S and Anti-s

less frequent

more significant

Anti-S also reacts below 37 deg.C.

Also mostly IgM

IgG examples can cause HDN

also, anti-U may cause HDN, HTR

Lectins ( if you don't know what lectins are, read up at: <http://en.wikipedia.org/wiki/Lectins>

*Vicia graminea* has Anti-N specificity

### The Kidd System

#### Genetics

1951 – Jk<sup>a</sup>

1953 – Jk<sup>b</sup>

alleles co-dominant

Jk (a-b)-individuals unusual ( S.American tribes ).

#### Media

Extremely labile ab – serum must be fresh

enzyme and AHG

hemolytic

#### Clinical Significance

Seldom HDN  
NB Delayed TFR  
usually in combination with others  
usually IgG; some IgM  
strongly hemolytic  
Anti-Jk<sup>b</sup> usually weaker  
Anti-Jk<sup>a</sup>Jk<sup>b</sup> ( in Jk(a-b)-indiv. Has been implicated in reactions with neutrophil site.

### The Lutheran System

#### Genetics

1945 Lu<sup>a</sup>  
1956 Lu<sup>b</sup>  
Co-dominant Lu(a+b+)  
Linked to secretor ( Sese )  
Lu(a-b-) also reported  
Only 8% Lu(a+b-)  
Most people(a-b+)  
Anti-Lu IgM  
Show mixed field agglutination.

#### Media

low temp.  
Mixed field agglutination  
Shows dosage  
AHG best; enzyme also.

#### Clinical significance

Usually IgM  
May cause HDN  
Anti-Lu<sup>b</sup> reported in HTR; therefore tested for in panels

### The P System

#### Inheritance

3 genes: P1 > P1 ag and P ag  
P2 > P antigen only ( with allele p2 )  
p > no antigen  
P1 dominant over P2 and p  
P2 dominant over p

<u>Phenotype.</u>	<u>Genotype</u>
P1	P1P1 or P1P2 or P1p
P2	P2P2 or P2p
p	pp only

P2 often has anti-P1 in serum.

#### P<sup>k</sup>

Associated  
If P<sup>k</sup> positive; no P specificity  
Routine tests: only P1 pos. or P2 neg.

#### Antibodies

Anti-P1 if P2 patient  
P1 is a high frequency antigen ( eg in hydatid cyst fluid )  
Anti-P if P<sup>k</sup> in serum ( anti-P1 and P2 )

Anti-P + P<sup>1</sup> + P<sup>k</sup> ( called Anti-Tj<sup>a</sup> ) if pp.

Clinical significance

Anti-P<sup>1</sup>: IgM

low temp.

No significance

Some IgG cases: 37 deg.C. With AHG.

Anti-Tj<sup>a</sup>: usually IgM, low temp.

But, if IgG: 37 deg.C.; hemolytic

Possible cause of abortion.

Other Systems

Xg<sup>a</sup>

Sex-linked on x-chromosome

89% female; 67% male.

Hemizygous ( only half the amount in males )

Dombrock ( Do<sup>a</sup> Do<sup>b</sup> )

En<sup>a</sup>

En<sup>a</sup> neg. → sialic acid deficiency; suppressed MN ag.

Cartwright ( Yt<sup>a</sup> Yt<sup>b</sup> )

Yy<sup>a</sup> is immunogenic.

Diego ( Di<sup>a</sup> Di<sup>b</sup> )

? HDN in 1955

Ag common in Japanese and S.American tribes.

Scianna ( Sc:1 Sc:2 )

Wright ( Wr<sup>a</sup> Wr<sup>b</sup> )

Ab in auto-immune haemolytic anemia.

## #5. WHITE CELL SYSTEMS

### The HLA system

Human Leukocyte Antigen  
 Short arm of chromosome 6  
 Highly polymorphic  
 more than 50 loci; some are pseudogenes  
 3 classes:

Class I – HLA-A

HLA-B

HLA-C

Class II – HLA-DP

HLA-DQ

HLA-DR

Class III – C2

Cpt factor B

C4, and >30 others.

### Inheritance

#### Female phenotype

Class I: A1, A3, B18, B35, CW2, CW4,

Class II: DR4, DR5

#### Male phenotype

Class I: A2, A11, B7, B35, CW1, CW2,

Class II: DR2, DR3

Child inherits one haplotype ( on one chromosome ) from each parent,

Eg. A1, B35, CW4, DR4 from mother

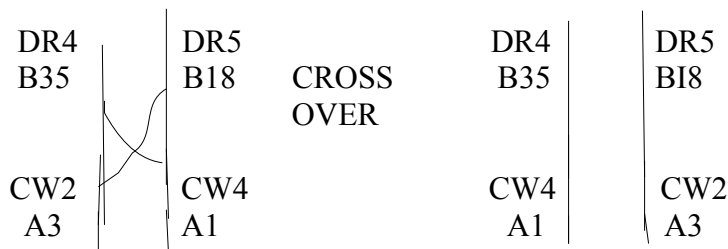
for a total of 8 WBC antigens from both parents.

Loci are linked; inherited as a unit.

However, cross-over may occur during mitosis.

While cross-over occurs in HLA system; it does not in Rhesus .

eg. Child:



### NEW HAPLOTYPES CREATED

Some haplotypes are common to certain population groups

eg. Caucasians A1 and B8 often found together ( linkage disequilibrium )

### Clinical applications of HLA testing

Transplantation – donor / patient matching

Disputed paternity testing ( DNA fingerprinting more NB now )

HLA disease association

Single donor platelet

- Transplantation

survival of graft better if HLA matches

Blood transfusion if ? Tolerance

Incompatible Bone Marrow tp. > GVHD

D region more NB than A, B or C-locus in matching.

- Paternities

Comparing man to random man in population.

- Polymorphic haplotype inherited Yet, HLA can give 90 % exclusion plus RBC > 95-98% exclusion.

- Disease

Association exists between certain HLA,s and specific disease, eg. HLA-B27 and ankylosing spondylitis. Association means statistically higher incidence; not predictive.

- Apheresis ( platelets )

Patients receiving repeated platelet transfusions.

Patients become *refractory* – build up ab's against HLA on platelets.

Thus, HLA match necessary. But, expensive, time consuming; other non-HLA antigens on platelets.

Indications for platelet transfusion

malignancies

platelet deficiency ( number and function )

( usually multiple transfusions required; apheresis donor )

Also: severe trauma, cardiac surgery, hemorrhagic fever.( pooled single donor ).

Platelet antigens

HLA, ABO, P&I, P1<sup>A1</sup> and P1<sup>A2</sup> ( anti-P1<sup>A1</sup> common problem ), Yuk<sup>a</sup> and Yuk<sup>b</sup>, etc.,etc.

## #6. IMMUNOHAEMATOLOGY AND DISEASE

### HDN

Definition: Hemolytic Disease of the Newborn is a condition where mother's immune system recognizes baby's RBC as foreign.

Sensitisation occurs via: previous pregnancy  
blood transfusions

Ab crosses placenta and destroys foetus' RBC.

Outcome varies from mild anaemia to death. Bilirubin from RBC lysis also builds up to toxic levels in baby > brain damage.

Most severe form is anti-D ( Rhesus factor ).

NB prophylaxis: To prevent sensitization of mother's immune system, administer anti-D to mother after birth, after abortion, after amniocentesis, after turning; if baby is / might be Rh positive.

RhOGam instrumental in combating "Rh disease".

Give within 72 hrs. Attaches to baby-Rh antigens in mother's system, before sensitization can take place.

Kleihauer test: Determines Anti-D dosage required. [http://en.wikipedia.org/wiki/Kleihauer\\_test](http://en.wikipedia.org/wiki/Kleihauer_test)

NB Always test pregnant woman for: ABO, Rh, Antenatal Screen

[http://en.wikipedia.org/wiki/Antenatal\\_screening](http://en.wikipedia.org/wiki/Antenatal_screening)

If mother is Rh-negative, monitor for anti-D development.

Test father's Rh. If negative – no problem.

If anti-D identified: advise patient, do titre regularly; if father Rh pos. chances are baby is Rh pos.

If titre rises, HDN likely progressing.

What now ?

26 weeks – clinician options:

May request amniocentesis.

Amniotic fluid optical density measured ( for presence of bilirubin ). Plotted on Liley chart.

Take at least 2 readings, 2 weeks apart to get trend.

If condition is severe, but it is too early for delivery ( 26-32 weeks ), an intra-uterine transfusion is indicated; perhaps followed 2 weeks later by another.

Plasmapheresis to lower anti-D titre.

32 weeks: if condition severe, do Bubble Test to assess lung maturity ( lung surfactant test ).

If mature, deliver !

Continuous foetal scans to assess size and ascites.

At birth: Top up transfusion, exchange transfusion, or only phototherapy.

Exchange Tx:

correct anemia

no circulatory overload

remove sensitized cells and replace with normal.

Remove bilirubin

remove maternal ab from baby's circulation.

20 ml aliquots.

### AUTO-IMMUNE HAEMOLYTIC DISEASE.

Hemolytic anaemia: shortened lifespan of RBC.

1. Hereditary eg. Haemoglobinopathies <http://en.wikipedia.org/wiki/Hemoglobinopathies> and spherocytosis.
2. Auto-immune due to auto-antibody.

3. Obscure; secondary to malignancies
4. Drug induced.

### AIHA -- Warm reacting Ab

Auto-immune hemolytic anemia – warm ab.

Spleen removes ab/RBC complexes.

Patients have anemia and jaundice ( ↑ bili. )

Acute hemolytic phase – Hematocrit falls to 5%.

Serology:

Positive Direct Coombs.

Positive Indirect Coombs

IgG and complement coombs positive.

### AIHA – Cold reacting Ab

Enhanced reactivity below 37 deg.C.

Transient eg mycoplasma infection.( see also anti-I ).

At low enough temperature, hemolysis occurs called Cold Agglutinin Disease.

– Cold Agglutinin Disease

RBC destroyed in distal parts of the body eg fingers and toes.

Low pallor, *acrocyanosis* ( blue around lips ).

Serology:

Ab with I activity ( IgM )

infection caused; recover rapidly.

Idiopathic – benign

– Paroxysmal Cold Haemoglobinuria ( PCH )

Rare

Massive hemolysis on exposure to cold.

Donath-Landsteiner antibody.

Also, congenital Syphilis

Abrupt onset; back pain, cramps, fever, haemoglobinuria ( Hb in urine ).

Serology:

free Hb, bilirubin in blood

DAT ( Direct Coombs ) positive ( with complement )

Donath-Landsteiner ab - anti-P specific.

Patients to be kept warm.

– Obscure haemolytic Anaemia

Malignant complications.

DAT positive.

Jaundice.

– Drug induced Haemolytic Anaemias

Ab against drug eg. Penicillin

Drug attaches to RBC > destroyed

Membrane modification eg. Cephalosporin

Immune complex formation eg, streptomycin > complex attaches to RBC, activates complement > hemolysis.

Auto-antibody production eg. Methyldopa

### Transfusion and AIHA

Patient clinical data vital; especially if DAT is positive.

Only transfuse if life-threatening. Ab also lyses transfused RBC.

Packed cells or exchange transfusion to prevent circulatory overload.



## #7. THE COMPATIBILITY TEST

### Donor RBC vs Recipient's Serum

Tests: patient ABO

patient Rh

patient's antibody screen

donor ABO done again ( no matter how many times previously donor has donated )

donor Rh done again ( " )

patient auto-antibody control ( patient serum vs patient cells )

compatibility test ( crossmatch ).

Request form: write products on form. Indicate whether compatible or not.

Any errors; clerical or Serological can be fatal!

### Major crossmatch

Donor cells vs patient serum; to determine ABO, Rh antibodies in patient serum.

Whatever antigens pt. does not possess on their RBC, the antibodies to will be in their serum.

[http://en.wikipedia.org/wiki/ABO\\_blood\\_group\\_system](http://en.wikipedia.org/wiki/ABO_blood_group_system)

### Minor crossmatch ( reverse match )

Donor serum vs patient cells.

Seldom done.

### Compatibility Test Procedure

Donor cell suspension + patient serum.

Spin immediately; red macroscopically.

If negative: end of crossmatch.

Also patient saline AHG screen ( Coombs ).

If negative, procedure complete.

If screen is positive, identify ab using panel or quicker screen ( all ag's in 2 bottles ).

Remove incompatible units, if any.

NB: crossmatch and AHG must also be done @ 37 deg.C. ( body temp. ) if any ab present.

Also do auto-control @ 37 C. ( pt cells vs pt serum ).

### Common problems

#### Cold auto antibody

Auto anti-H, auto anti-I.

Pt has both ag and ab; only reacts below 37 C.

Anti-I will only be neg. with ii ( cord cells ) in panel.

Anti-H only neg. with Bombay cells in panel.

If negative at 37 though; safe to issue.

Note the ID of the antibody.

#### Warm auto-antibody

Auto anti-e.

Incompatible crossmatch @ 37 deg.C.

Auto control +

DAT +

Avoid transfusion if possible.

#### T-ag activation

Bacterial infection affecting membrane; exposing RBC T-ag .

Everybody has anti-T.

If polyagglutination – test for T-ag. on pt cells.

### Rouleaux

RBC's stacked like coins

Abnormal globulins, eg. Myeloma

Add saline – rouleaux goes away; not agglutinations.

### Whartons Jelly in Cord cells

Causes false agglutination

### Irregular antibodies

Allo-antibodies ( other than auto- ) in patient.

Biggest problem.

Select negative units.

### Ab to high frequency Ag

eg. Anti-k ( k-ag frequency 99% )

k negative donors make it to the Rare donor file.

### Emergencies

? Group not known ( X-match not complete )

if known, issue same group.

If unknown: male get O Rh pos.

post-meno female get O Rh pos.

female of child bearing age get O Rh neg.

Never necessary to give more than 1 unit; draw blood specimen > lab for further X-match.

### Exchange Tx

Same as infant – NB if mom compatible ABO; not Rh

eg. A pos. baby with anti-D-HDN from A-neg. Mom:

A negative blood used. ( usually routinely O negative given )

B pos. baby with anti-D-HDN from A negative mom:

Give O negative blood.

### Titres in O donors

Titres of ABO ab's determined in donor sera.

Hi titre – if at 1:64 dilution still positive to test cells, vs Low titre.

Risk of minor incompatibility.

Packed cells – no problem; too little serum.

If whole blood is used, issue low titre; even to O patients.

### Autologous Tx

Donate for own use.

Religion

Rare group

Many antibodies ( eg. Patients who had many transfusions )

4 units may be collected in 28 days; not very practical.

## #8. HAZARDS OF BLOOD Tx

### REACTIONS

#### Types of Reactions

##### - **Haemolytic**

Intravascular – caused by ABO incompatibility.

Extravascular – hemolysis outside vascular system – inside spleen

Major incompatibility: pt ab to donor cells – most severe

Minor incompatibility: donor ab

ABO most dangerous: always ab in patient.

If ab is not hemolytic, eg Rh > mostly extravascular hemolysis.

Hb > urine

Most severe hemolysis: haemosiderin in urine ( black ), high bilirubin.

ABO reaction starts after only few ml.

#### Symptoms

Burning veins, flushed face, fever, headache, lower back pain, chest pain, renal failure, At times Cpt released → coagulation → fibrin clots

DIC

Renal failure

Vasoconstriction

If extravascular; no symptoms evident.

##### - **Delayed Haemolytic**

Eg. Rh

Kidd

Primary to secondary response takes few days.

Both major and minor incompatibility ( resolved with packed cells ).

#### Symptoms

chills, fever

sudden onset of chest pain

#### Blood samples:

DAT positive ( ab already bound to cells in patient )

Haemoglobinaemia ( free Hb in serum )

##### - **Pyrogenic Reactions**

Fever producing

Causes: dried blood; proteins

organisms

endotoxins ( use 2x osmosis H<sub>2</sub>O )

#### Symptoms

Severe chills; high temp.

Nausea and vomiting

Severe headaches

Muscle pain

Usually 30-60 min after infusion

Temp. usually returns to normal in 4 hrs.

##### - **Contaminated Blood**

Bacteria eg. Pseudomonas, Coliforms, Achromobacters  
grow at 4 deg.C.; produce endotoxins.

Due to: Poor cleaning of patient's arm

Non-sterile equipment

Open systems eg. Pin holes.

Symptoms

Chills, fever

Aches and pains

Hypotension

Shock

Red skin

May be fatal if not treated

Administer tetracycline

Solution: good technique, check plasma

– **Allergic**

Allergens in donor blood

symptoms: itchy skin, hives

Rash

Edema

Wheezing

Stop transfusion

Give antihistamine ( same needle )

Continue transfusion if patient recovered.

– **Air Embolism**

> cardiac arrest

not with plastic bags.

– **WBC Reactions**

Ab in patient, eg patients with Tx history

Not life threatening

Symptoms Phase 1: Flush

Palpitations

Sweating

^pulse rate

Tight chest

Coughing

Phase 2: minimal signs

Phase 3: ^diastolic

Headache

^temp.

– **Citrate toxicity**

Rapid infusion / large quantities

Citrate usually cleared by liver

NB impaired liver function

Decreased body temp.

Babies at risk.

– **Circulatory overload**

Whole blood

Symptoms: Dry cough

Tight chest

Fluid in lungs

Give packed cells.

– **Shock**

Cardiogenic Shock

Heart muscle contracts ineffectively

Anaphylactic Shock

eg. patient with anti-IgA gets IgA antibodies with transfusion.

Symptoms: Laryngial edema  
Chills, fever, sweating  
Fall in BP.

Septic Shock  
contamination

Haemorrhagic Shock

After blood loss:  
IV fluid cannot carry O<sub>2</sub>  
Issue RBC and volume expanders  
Do not warm blood if high blood loss ( 500 ml / 5-10 min )  
Infuse fluid while waiting for x match.

Vasovagal Shock

1<sup>st</sup> time donor  
mere sight of blood > sweating, low pulse, vomit, voiding  
Head between knees

Investigation of Reaction ( Role of Tech in management of TRx )

Protocol:

Doctor to report to BTS  
Register maintained ( serial numbers )

- Clerical check

Patient: pre-Tx sample  
post-Tx sample  
other samples  
Request form  
Reaction report

All transfused donor units.

- Visual Check

Hb and Bilirubin in samples

- Urine

Blood, protein, Hb, Bilirubin

- Test on pt. Pre- and post-sample

Bilirubin ( pt. May have had high bili anyway )

Repeat blood group

Repeat x match

Do antibody screen

DAT

- Test on donor

Gram stain / culture on pack

Gram stain culture on segment ( pack segments for running tests without compromising closed system )

Repeat blood group

Draw up report:

identify reason for reaction

attach to worksheet

Keep as permanent record

TRANSMISSION OF DISEASE

Any pathogen transmitted from donor to patient

Risk lessened by 4 deg.C. storage; immune system; testing of all donor units.

? patient or donor disease

- Syphilis

T. pallidum

Does not survive 72 hr @ 2-10 deg.C. in citrate.

Thus, danger with fresh whole blood

All units get VDRL test.

- Malaria

Plasmodia survive cold storage many weeks; even to - 70 deg.C. several months.

Sometimes cannot detect parasite.

2 approaches:

endemic regions: Travel > no donation for 6 months

if donor has had malaria > 3 years symptom free.

- Hepatitis

Most dangerous from blood transfusion is Hep. B

History of hepatitis > exclude donor

Exclude high risk: prisoners, drug addicts, multiple transfusions, low income ( socio-economic )

ELISA done on every donation.

- HIV / AIDS

Characterized by severe opportunistic infections and / or tumors eg Kaposi

T4 helper depleted > severely impaired cell-mediated immunity.

Not allowed to differentiate homo- / heterosexual in S.A.

Exposure → diagnosis = 29 months

Factor VIII higher risk ( pooled from multiple donors )

NB paid vs unpaid donors. Voluntary = lower risk.

Test on every donation. High sensitivity. Some false positives do occur ( ie low specificity )

P24 ag routine. Very sensitive for virus. Can get false pos.

Summary:

Screen donors; test every donation; repeat tests.

## #9. MEDICO-LEGAL; GENERAL ASPECTS

Blood Transfusion services may be involved in litigation due to mistakes by staff.

Subject to criminal proceedings if negligence involved.

Rules must be laid down.

Employee involved has access to legal advice.

### Lab Precautions

No smoking, eating  
gloves

no mouth pipettes

care with needles

lab coats

treat all samples as potential hazard

cover up open cuts

wash hands

remove lab coat before leaving lab.

### Product Recall

Due to complaint of a product

written instruction required

contact all organizations involved.

Record batch nr, serial nr etc.

Establish fate; keep in quarantine

Blood product: inform Inspector of Anatomy.

Fractionated product: inform Medicines Control Council

State clearly the responsibility of: staff, supervisor, Responsible officer, Organization Head, Legal advise; ie Job descriptions

Other roles of Blood Lab: Investigation of disputed paternity using blood typing. Older method.

Now DNA polymorphisms used.

: Forensics.

### Forensics

Like paternity; cannot include; only exclude.

Steps: Is it blood ?

Is it human ?

Determine blood groups

May use saliva if secretors.

Anthropology studies – changing frequencies.

Polymerase Chain Reaction ( PCR ) used to amplify a segment of DNA million fold; eg.

Nail scraping, hair, semen. Theoretically any sample with one cell.

KIT: DQA-PCR ( HLA-Class II )

## #9. QUALITY CONTROL

Clerical errors most NB in reactions.

Always double check clerical info.

Always write " Neg " on crossmatch form not "-".

Write up immediately, not from memory.

Equipment:

Method for use readily available

Calibrated, maintained regularly.

Reagents:

Test each reagent every day with pos. and neg. control.

SOP's for all reagents available; read and signed.

Personnel:

Job descriptions: qualification; registration, responsibility, duty, accountability.

Evaluation system: proficiency testing ( internal and external )

Training programmes

Components:

SOP for all preparations

QC of all products

Representative sampling

Also:

pleasant working conditions

Do not interrupt other workers: They have somebody's life in their hands.