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Joint Task Force Guantanamo's Finest News Source

A News Magazine

Rock n' Roll and Comedy

Manchester Manual Navy SEABEES Jamaican Independence

# Heritage and Pride: serving America

By Army Master Sgt. Eric Sanders

JTF-GTMO Equal Opportunity Advisers

Have you ever thought about whether your grandmother, mother, or sister ever served, or should serve, in the military? Many can not fathom the idea of their mother let alone their grandmother serving in the military. Yet, citizens today know that the face of the military has changed. More and more women are showing their patriotism by serving their country. This patriotism stems from roots that go much further back than just the Global War on Terror.

The history of women in our nation's military begins during the Revolutionary War. In that war, before physical examinations were administered, women sometimes disguised themselves as men in order to serve in combat or related roles

The many traditional roles women have played in war-time include nursing the ill and wounded, laundering and mending clothing, and cooking for the troops in camp while on campaign. These are services that did not exist within the uniformed services until the twentieth century. When America went through a civil war and later two world wars, women showed their patriotism and their fighting spirit in ever greater numbers, even though they did not receive equal recognition or treatment.

Of course you've heard of Molly Pitcher! I'm sure you've seen her "commercial" on American Forces Television Network. Her real name was Mary Ludwig Hays Mc-Cauley. During the Revolutionary War, she replaced her husband in battle when he collapsed while firing a cannon.

Women have continually proven that narrow stereotypes, limiting their choices of occupation, were wrong. As women have expanded into different roles in the military, it has become clear that the heart of a warrior is not limited to one gender.

American women are serving in the U.S. military today in ways and numbers unthinkable a few decades ago. They are now eligible to fill more than 80 percent of military jobs, usually serving side-by-side with men. So far, women have served some 167,000 tours



of duty in the wars in Iraq and Afghanistan, more than four times the number of the first Gulf War.

Women cannot be assigned to infantry or tank units, or to submarine duty, because Department of Defense policy officially precludes them from serving in so-called "combat occupations." But in Operations Enduring Freedom and Iraqi Freedom, where no clear frontlines exist, such distinctions are often hard to make.

Women in both theaters today drive Hummvees and trucks, escort military convoys, serve as military police, even pilot helicopters and planes on the battlefield, all done under the very real – and constant – threat of attack.

Women are an invaluable and essential part of the Armed Forces, and play prominent and crucial roles in the Global War on Terror. Women have proven that when freedom is threatened, they are equal to any task. When their country calls, they respond – not in gender-hyphenated roles – but as Soldiers, Airman, Marines, Sailors, and Coastguardsmen.

The next time you are in the Galley, NEX, or any other base facility, take a look around and recognize how many women have decided to defend our great country.

In honor of women's service, Joint Task Force-Guantanamo will be sponsoring the First Annual Women's Equality Day on 24 Aug from 1100 -1200 at the Windjammer Restaurant. Everyone is encouraged to take time from their busy schedules and come honor all women who have served and continue to serve.

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# MANCHESTER MANUAL

**Do Troopers**<br/>**Need to Know?** 

By Army Spc. Shanita Simmons

JTF-GTMO Public Affairs Office

On Sept 11, 2001, a new chapter opened in American history in the most horrific manner possible – the indiscriminate murder of nearly 3,000 Americans by an international terrorist organization, al Qaeda. From this moment on, al Qaeda was no longer associated only with conflicts involving the Arabs and Israelis or the Soviet Union and Afghanistan. The American public, for the first time, understood that terrorists not only posed a threat to the stability of the Middle East, but to the stability of any society that overtly opposed its agenda.

Although the detainees being held in the Guantanamo Bay detention facilities come from various nationalities, they are alleged to have a shared belief in the al Qaeda brand of Islamic extremism and international terrorism.

"Extremists represent only themselves and should not be honored and associated with any religion or country," said Mr. Zak, a cultural awareness advisor for the Joint Task Force (JTF) tasked with educating all military personnel on Islamic culture and on how to interact with detainees in an understanding and effective manner. He registered concern that many Americans have difficulty separating the existence of terrorists from their countries of origin or the Islamic faith. "It is always good to remember that 'Terrorism does not have a nationality or a religion,'" he emphasized.

Military leaders in May 2000, gained an advance on this insight into al Qaeda beliefs and practices when a training document, known as the Manchester Manual, found during a search of an al Qaeda member's home in Manchester, England, proved to have intelligence value.

According to an authoritative source within Joint Task Force - Guantanamo, the Manchester Manual is an operations primer that is similar in function to an Army field manual used to instruct Soldiers during combat.

"The Manchester Manual is literally an overarching, basic guide that simply covers just about everything. It covers how to conduct general combat operations, how to escape and evade capture and how to behave in captivity," said the JTF source. "There is even a segment on how to poison yourself using your own feces," he added.

The document has become a kind of code of conduct for many detainees; it functions as a manifesto that guides their day to day conduct with JTF Troopers, the media, and their attorneys. Although many of the detainees are illiterate and have not read the manual, the JTF source said there is a segment of the detained population who were trainers in the various terrorist camps and that these trainers have either, by example or through different modes of communication, disseminated the doc-



The many chapters within the document are believed to have been written by very well-educated individuals who used information gathered from various sources, including U.S. Army field training manuals and those of other foreign governments.

Chapter six of the manual provides detainees with procedures and guidelines on how to disclose information during an interrogation. The chapter outlines the type of mindset a detainee should have during their captivity and during the interrogation process. For example, the chapter states that detainees should expect to be treated harshly and will be ordered by their captors to illicit information that would be detrimental to their cause.

The 18th chapter focuses on how detainees should conduct themselves while imprisoned or held captive. The chapter includes various statements such as "the brothers must insist on proving that torture was inflicted on them before a judge ... and the brother has to do his best to know the names of the security officers." The statements are included with the intent to elicit behavior that would tarnish their-captors' im-

(see Mancherster page 11)

# Construimus, Batuimus Navy Petty Officer Cove helps build a concrete form for construction of the new fire station foundation at the Leeward Airport.

# "We Build. We Fight"

Story and photo by Army Spc. Daniel Welch

JTF-GTMO Public Affairs Office

The Navy Mobile Construction Battalion 133rd Detail out of Gulfport, Mississippi, is involved in a number of key infrastructure projects around Guantanamo Bay that benefit both naval station operations and the Joint Task Force.

"This has been a fantastic deployment here at Gitmo," explained Petty Officer 2nd Class Jaime Nolan. "We have worked on a bunch of different projects including helping with the ferry landing project and building an observation deck at the Girl Scout camp."

Nolan went on to explain that the 133rd is currently building forms for a concrete pour that will become the slab foundation for a fire station garage at the Leeward airport. Since the 133rd is leaving in a few short weeks, their follow-on unit will complete this project.

One of the biggest projects the Seabees undertook was the roadway along the perimeter fence line that separates U.S. Naval Station, Guantanamo Bay from Cuba proper.

"This was a big project, doing the whole 18 miles of roadway; we had to deliver all the materials to the job site and finish all aspects of the project," Navy Petty Officer 2nd Class Dennis Miller explained.

The Seabees are no stranger to big projects as their relatively modern history attests. When the threat of world war accelerated in 1941, the Navy recognized the need to create military construction units.

Previously, most construction projects had been contracted to civilian companies, but because international law prohibited civilians from returning fire in battle, it was imperative that the Navy develop its own construction force.

From these roots, the Navy Construction Battalions or Seabees were born. In every major conflict the United States military has fought since WW II, Seabees have lived up to their motto, "We build, we fight," by doing just that – building and fighting. In the Pacific theater during WWII, Seabees followed the Marines ashore to clear roads and build bridges and airstrips. In Korea, Seabees landed at Inchon at the same time as Marine ground forces and built vital causeways while taking heavy fire from enemy forces. In Vietnam, Seabees built schools, hospitals and other infrastructure while battling the enemy alongside Soldiers and Marines, just as they're doing today in Operations Enduring Freedom and Iraqi Freedom.

This dedication to duty and to the performance of a unique mission makes the Seabees of the 133rd a partner of considerable value to the operations of both the naval station and the Joint Task Force. Though not a Joint Task Force unit per se, they are definitely "Honor Bound."

NEWS | FRIDAY, AUGUST 10, 2007

# Released by U.S. Department of Defense

# **Detainees Combatant Status Review Tribunals Completed**

The Department of Defense announced Thursday, Aug. 9, the completion of the Combatant Status Review Tribunals (CSRT) for the 14 high-value detainees whose transfer to Guantanamo Bay, Cuba was announced on Sept. 6, 2006.

Deputy Secretary of Defense Gordon England, the designated civilian official and final review authority for the CSRT process, has approved the tribunal determinations that the 14 detainees meet the criteria for designation as enemy combatants. All proceedings were conducted between March 9, 2007 and June 15, 2007 at

The CSRT is a redetermine view whether each detainee in

Guantanamo Bay.

Department of Defense custody at Guantanamo meets the criteria to be designated as an enemy combatant. Each detainee has the opportunity to present evidence and testify on the question of an enemy combat-

> The CSRT is not a criminal trial and is not intended to determine guilt or innocence; rather, it is an administrative pro-

> > cess structured under the law of war regarding the status of persons detained at Guanta-

namo

The latest information as well as all transcripts are available line at the following Web site: http:// www.defenselink. mil/news/Combatant Tribunals.html.



Guantanamo Detainee

Transfer Announced

The Department of Defense announced Thursday, Aug. 9, the transfer of six detainees from Guantanamo Bay, Cuba. Five detainees were transferred to Afghanistan, and one was transferred to Bahrain. These detainees were determined to be eligible for transfer following a comprehensive series of review processes conducted at Guantanamo Bay.

Approximately 80 detainees remain at Guantanamo who the U.S. government has determined eligible for transfer or release. Departure of these remaining detainees is subject to ongoing discussions between the United States and other na-

Since 2002, approximately 420 detainees have departed Guantanamo for other countries

including Albania, Afghanistan, Australia, Bangladesh, Bahrain, Belgium, Denmark, Egypt, France, Germany, Iran, Iraq, Jordan, Kuwait, Libya, Maldives, Morocco, Pakistan, Russia, Saudi Arabia, Spain, Sweden, Sudan, Tajikistan, Turkey, Uganda, United Kingdom, and Yemen.

Approximately 355 detainees remain at Guantanamo.



By Army Spc. Daniel Welch

JTF-GTMO Public Affairs Office

This past week, three truly remarkable events happened in Major League Baseball. Barry Bonds broke the 755 career home run record, Alex Rodriguez hit his 500th homerun and Tom Glavine won his 300th game.

For years now, people have been anticipating that the much maligned slugger of the San Francisco Giants, Barry Bonds, would break the record 755 home run record set by the Atlanta Braves' Henry Aaron in 1974.

On Tuesday, Aug. 7, Bonds stepped up to the plate in front of a packed home field and drilled a titanic shot 435 ft. shot theyound right center field off of Washington Nationals left-hander Mike Bacsik.

"This is the hardest thing I've had to do in my entire career, I had rashes on my head; I felt like I was getting sick at times," Bonds told reporters after the game.

Bonds, who has been at the epicenter of much of the debate and controversy surrounding the steroid scandal professional sports for the last half decade, received a nearly ten minute standing ovation from the San Francisco crowd. Notably, league commissioner Bud Selig, who was in California at the time, did not attend the game and ESPN2 reported a paltry 1.1 share TV rating.

When asked about the steroid scandal that follows him everywhere, Bonds told reporters in a post-game press conference that steroids played no part in his achievement.

"This record is not tainted; it's not tainted at all. You guys [in the media] can say whatever you want," he said.

On Saturday Aug. 4, New York Yankee third basemen, Alex Rodriguez, put his name into the record books by knocking his 500th career home run. At age 32, Rodriguez became the youngest player in baseball history to reach that mark.

Rodriguez, who had been mired in a awful slump since hitting home run 499 ten days prior to Saturday's game, talked to reporters about what a relief it was to finally hit 500.

"I acted like a goofball running around the bases, but you only hit 500 once. I've conceded the fact that you can't will yourself to hit a home run. I tried hard for about five days," Rodriguez said.

If the career homerun record is ever to be broken again, many believe that Rodriguez has the best shot to make it happen. Yankees manager Joe Torre told reporters that at 32, Rodriquez has plenty of time left.

"His prime years are ahead of him; basically, this is a stop-off for him. It's not a destination," he said.

On Sunday Aug 5, New York Mets pitcher, Tom Glavine, became the 23rd member of the 300 win club with a victory over the Chicago Cubs at Chicago's Wrigley Field. This is a milestone that many baseball fans and writers believe may never be achieved again, since today's pitchers throw fewer innings and hence chalk fewer wins per season.

Glavine, known as a workhorse and one of the great ambassadors of the game, began his career in the major leagues in 1992. He was clearly relieved to reach 300.

"I think the feeling right now is probably relief. At some point in time, I don't know when, the historic side of it will sink in. I know the company I'm in, and I'm as proud as can be to be in that company," he told reporters.

This milestone is especially astonishing considering that Glavine is only the 10th pitcher since World War II to achieve 300 wins.

756 homeruns for Bonds, 500 for Rodriquez, and 300 wins for Glavine – a pretty amazing alignment of achievements for one week in professional baseball.

# HAIL to the Champions!

Story and photo by Army Spc. Daniel Welch

JTF-GTMO Public Affairs Office

The Hydroids (14-2) captured the Morale, Welfare & Recreation intramural softball league title with a resounding 15-5 victory over Lockdown Monday, Aug. 6.

With Lockdown leading 4-2 going into the bottom of the 3<sup>rd</sup> inning, the Hydroids offense exploded, scoring 11 runs, with much of the scoring coming with two outs. Lockdown was unable to respond in the top half of the fourth inning, and could only manage one more run for the rest of the game.

The Hydroids tacked on two more runs in the top of the fifth inning, Lockdown could not respond so the game ended on the 10 run mercy rule..

Hydroids Right Fielder Corey



The Summer Softball league champions Hydroids - from left: Nicole Lamb, Sheila Lamb, Bob Lamb, Mike Schiltz, Beverly Bounviri, Kenny Bounviri, John Higdon, Jamie Minton, Corey Whipple. Bottom: R.P. Dickerson, Chris D'Andrea and son, Patrick Sellen, Mike Mciarver.

Whipple summed up the Hydroids successful campaign.

"At first we had a hard time getting into rhythm, but soon we found the groove and our entire lineup from top to bottom started hitting – it's hard to lose when everyone is hitting."

The Hydroids needed to win only one of their two remaining games Monday to be awarded league champions.

# Congrats to JTF Navy Chief Petty Officer selectees



HMC(sel) Toney Crabtree
HMC(sel) Lori A. Curtis
ISC(sel) William N. Gokey
MNC(sel) Charles H. Keefer
OSC(sel) James L. Lund
MAC(sel) Jose I. Olivencia
MAC(sel) Charles A. Olson
FCC(sel) Anthony C. Star
MCC(sel) Brian K. Tallette
ISC(sel) Phillip Uribe
NCC(sel) Erika Stead
ISC(sel) Phillip Uribe
MAC(sel) William M. Paeth



# JAMAICAN CELEBRATION OF

# INDEPENDENCE

By Army Spc. Shanita Simmons

JTF-GTMO Public Affairs Office

With flags flying, music playing, and an array of festivities, Jamaican pride transcended the atmosphere of Naval Station Guantanamo Bay (Gitmo) as many people participated in the 45th celebration of Jamaican Independence Day on Saturday, Aug. 4.

A week of festivities that included sporting tournaments and a cricket clinic culminated with a night of celebration at the naval station ferry landing. Earlier in the day, Joint Task Force and naval station leaders joined the resident Jamaican community in commemorating their independence during a luncheon attended by the U.S. Ambassador to Jamaica, Ms. Brenda LaGrange-Johnson.

Navy Captain Mark Leary, commanding officer of U.S. Naval Station Guantanamo Bay, thanked the 753 Jamaican citizens who work and live within the Gitmo community. He also offered special recognition to the fire department, which is entirely manned by Jamaicans, by saluting those firefighters who have dedicated more than 40 years of vital service to the community.

"Our Jamaican citizens have provided

this community with absolute first rate service from 1962 to the present. When they came from Jamaica, they brought their music, their food, and the upbeat attitude of their island nation. They reached out to all the people of the Gitmo community and embraced us like long time friends," said Leary.

Leary also highlighted major awards received by the naval station, such as the coveted Boys and Girls of America Excellence Award, which he said would not have been achievable without the collaborative efforts of Jamaicans and other naval station personnel.

Jamaica's long contribution to Guantanamo Bay was acknowledged by Le-Grange-Johnson. She expressed pride in representing the U.S. to a nation that has given more than 60 years of service to the Gitmo community.

"I am honored to be here to help you commemorate this very special day. As the President's representative, I am most grateful to all of you, our Jamaican friends,

who are strong partners in helping us forge a safer and more prosperous world. I thank each and every one of you and your families for the contribution that you have made in service to the United States," said LeGrange-Johnson, who has served as ambassador since Nov. 2005.

"The work all of you perform is challenging and at times dangerous. But you are a well-trained, highly skilled labor force, and the professionalism and dedi-



Naval station and JTF personnel join Jamaicans in a feast of their national dish, ackee and salted cod fish, during the 45th Annual Jamaican Independence Day Celebration luncheon. (Photo by Army Sgt. 1st Class Carlos Sanchez)



Loleeta Lewis, utilities assistant with the naval station Public Works department, receives an award for giving 46 years of service to the Gitmo community. (Photo by Army Sgt. 1st Class Carlos Sanchez)

cation each of you bring to your jobs is truly worthy of commendation," she added.

Anthony Irons, special advisor to the Jamaica's Prime Minister, also addressed audience during the luncheon. He encouraged the Jamaicans in attendance to continue to strengthen the foundation laid by their past leaders such as Sir William Alexander Bustamante and Norman Washington Manley.

"We are all united at least in one single hope that we may make our small country a safe and happy home for all of our people. The few who have doubted our ability to function as an independent nation have been proven wrong," said Irons, who has 30 years of experience representing Jamaica in industrial relations. "I encourage Jamaicans everywhere to rise up to the high expectations of those who went before us."

Jamaica, located 90 miles south of Cuba, is the third largest Caribbean island with its capital situated in Kingston. The island's African citizens were emancipated from slavery by England on Aug. 1, 1838 and granted independence from the English crown on Aug. 6, 1962.

# Blowin' in the Wind

#### Submitted by Tony Camera

JTF-GTMO Operations Security Manager

Hurricane season is with us until November so now is a good time to destroy excess classified and non-classified documents, magnetic media and other material. It is far easier to destroy materials well in advance of a major storm rather than attempt to recover them along the roadways, shorelines and fence lines after they've been distributed by Mother Nature.

Objects blown over the Guantanamo fence line are probably non-recoverable and could compromise operational secrecy. Take the time to check your work and storage areas for materials that are outdated, superseded, no longer pertinent or are extra copies. When you're checking your work and storage areas,

remember that hurricanes bring high winds as well as flooding from storm surges. Identify those assets that may require evacuation to higher ground.

Ensure safe combinations are correct and on file in the security office. Additionally, there may be long periods of no electricity. Utility closets and areas where circuit access panels are located should be free of clutter (flags, guidons, colors, poles, maps, boxes, bulk office supplies, etc). Utility workers

need unimpeded access to these areas. Avoid the pack rat mentality. Destroying excess material allows for better protection, reduces needed storage space and reduces the administrative workload.

"Burn Bags" (brown paper bags marked with red stripes) are used

to identify classified materials. All classified materials pending destruction should be placed in Burn Bags. Burn Bags are not GSA-approved security containers and, therefore, must be stored in a secure area. Use an enclosed vehicle when transporting Burn Bags to an identified secure facility for bulk destruction.

SECRET and CON-

FIDENTIAL classified materials require no "Record of Destruction"; TOP SECRET classification requires written verification indicating the identification of materials being destroyed, number of copies being destroyed, two cleared with ness signatures and dates of destruction. Special Program and Special Access Program materials may require written verification. See your Command Security personnel for further guidance or call 9965 or 9757.

#### (Manchester, from page 3)

age during a trial. Information in this chapter also instructs detainees on how to engage in tactics such as hunger strikes.

"What they are basically trying to do [in chapter 18] is to minimize the compromise to their integrity and their operations by the loss of a cell member who is captured," said the JTF source.

The manual also provides instruction on how detainees should take advantage of opportunities to communicate with fellow detainees and how to exchange information that may be helpful to them in their operations both inside and outside detention.

According to the JTF source, it is important for the detention force, interrogators and intelligence analysts to understand the contents of this manual since it instructs detainees on how to create an environment that is fundamentally uncooperative.

The manual is believed to be

intended as a guide for all extremist Islamic fighters engaged in paramilitary training.

The JTF source added that whether the detainees here are directly affiliated with al Qaeda or not is irrelevant. What is relevant, he said, is that they have paramilitary combat skills and the willingness to apply those skills when they are so inclined to use them.

"Al Oaeda is the internal locus for all of the disparate regionally, nationally, and ethnically unique Islamic extremist terrorist groups. They come from a multitude of nation states to which they owe no allegiance and coalesce around an extremist religious set of beliefs. They may not speak the same language and they may not come from the same places, but they are all rooted in an interpretation of the same beliefs which would have [as its desired outcome] an ambient state sometime in the future," said the JTF source

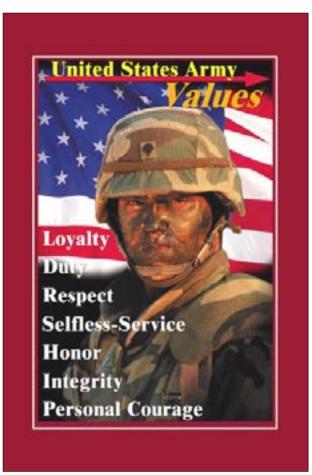
Although the materials from which the document was drawn is extensive, the JTF source said it is important for Troopers who work with detainees to understand the fundamental concepts of the document. Just as Troopers are praised when they properly complete tasks in accordance with their operational guides and standard operating procedures, detainees are also trained to conduct themselves according to the principles and instructions of the Manchester Manual, and are rewarded accordingly when they do.

"The detainees will do all they can to ensure they do everything they can to provoke the guard force. They do this specifically to provoke the harsh reality that the manual prepares them to anticipate. They are expected to undermine the credibility of the United

States through the media as a way of perpetuating the battle," said the JTF source.

"In the long term, the goal of Troopers is to feed them [the detainees], take care of them, and to not judge them," said Mr. Zak. "Everything that we do here in the camps is done to aid in fighting the Global War on Terror. It is not going to happen overnight. It takes time, and all we are asked to do is the best we can. There are things we can do on a daily basis to help change their point of view about us."

Understanding the differences between mainstream Islamic beliefs and culture from those extremist beliefs propagated by al Qaeda and its followers will only enhance Troopers abilities to provide detainees safe and humane care and custody as well as assist in the collection of strategic intelligence in support of the Global War on Terrorism.



# Value of the Week: Duty

By Army Master Sgt. Wilfredo Rivera-Hernandez

Devotion to duty is where all Army values culminate. It is the critical feature in accomplishing our mission.

Devotion to duty is the pathway that will lead us to victory in our fight to defend freedom from global terrorism. It is the tool that helps us chisel our present generation of volunteers into true Troopers and it helps prepare the foundation of the next generation as well.

Duty is more than what we do; it defines what we become. When we internalize duty and make it a personal value, we become a dutiful people. Our sense of duty motivates us to serve our country and compels us to accomplish our mission and do what is right. Our successful performance of duty depends on selfless service, integrity and loyalty to our nation. Duty must be conducted with honor, pride and respect for our superiors, comrades and ourselves.

Our sense of duty keeps us focused on what we must do. It helps us to prioritize what is essential and what can wait. It helps define the tasks we must perform to accomplish the mission and it should motivate us to take the initiative to move forward and close on our objectives: our detainee mission here at Guantanamo or our battle against enemy insurgents in Iraq and Afghanistan.

# WEEKLY WEATHER FORECAST

## Saturday, Aug. 11

Highs in the low - 90's, and lows in the high-70's.



# Isolated T-storms

Sunrise: 6:39 a.m. Sunset: 7:32 Value of the Week: Duty

## Sunday, Aug. 12

Highs in the low - 90's, and lows in the high-70's.



#### **Partly Cloudy**

Sunrise: 6:39 a.m. Sunset: 7:32 p.m. Chance of Rain: 30%

# Monday, Aug. 13

Weather forecast provided by www.weather.com

Highs in the low - 90's, and lows in the high-70's.



### Partly Cloudy

Sunrise: 6:40 a.m. Sunset: 7:31 p.m. Chance of Rain: 30%

## Tuesday, Aug. 14

Highs in the low - 90's, and lows in the high-70's.



Sunrise: 6:40 a.m. Sunset: 7:30 p.m. Chance of Rain: 30%

**Partly Cloudy** 

## Wednesday, Aug. 15

Highs in the low - 90's, and lows in the high-70's.



Sunrise: 6:40 a.m. Sunset: 7:30 p.m. Chance of Rain: 60%

Isolated T-storms

## Thursday, Aug.16

Highs in the low - 90's, and lows in the high-70's.



Sunrise: 6:41 a.m. Sunset: 7:29 p.m. Chance of Rain: 60%

Scattered T-storms

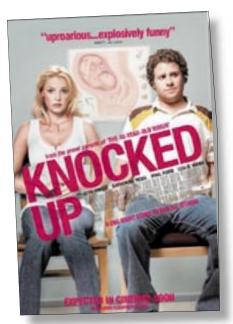
## Friday, Aug. 17

Highs in the low - 90's, and lows in the high-70's.



Sunrise: 6:41 a.m. Sunset: 7:28 p.m. Chance of Rain: 60%

Isolated T-storms





Knocked Up

Rated: R

Duration: 129 minutes

After the release of 2005's smash hit, "The 40 Year Old Virgin," the sky opened for the talented director and script co-writer, Judd Apatow. Apatow, who produced such recent hits as "Anchorman," "Talladega Nights," and the dreadful "Kicking and Screaming" has carved an impressive niche.

Apatow's latest film, "Knocked Up", does not disappoint though it is a slight departure from his previous work. The movie has much of the slap-stick, odd-ball comedy that viewers have come to expect from Apatow, but it also develops some truly decent and thought-provoking

themes about the loss of freedom and identity when it comes to marriage and children.

Seth Rogan plays an overweight, twenty-something, job-less slacker named Ben Stone, whose only aspirations are partying with his likewise aimless friends and trying to build an adult-themed website. One night, he meets the stunning Alison Scott (Katherine Heigl) at a club. Alison, an employee of the "E" television network is out celebrating her promotion to on-air correspondent.

This unlikely pair ends up sleeping together and as luck would have it Allison gets pregnant. Ben decides to do the right thing and so attempts to build a relationship with Allison and commits to being there for her during the pregnancy.

Trouble starts when their individual lifestyles conflict with the realities of Alison's pregnancy and both realize how very different from each other they really are.

Certainly the premise of this film has been attempted before, but what separates "Knocked Up" from other similar efforts is its ability to speak from the heart about issues dealing with contemporary marriage, relationships and just plain growing up. Even with this serious underpinning, there are more than enough laughs, goofs and eccentric characters to keep this film light and exceptionally funny.

If there is one criticism of "Knocked Up," it is the notion that slacker Ben would ever have landed an ambitious woman like Alison. But then again, one can never underestimate the power of alcohol to generate the unexpected.

"Knocked Up" plays well on many levels, and exudes a much needed freshness and honesty to a Hollywood scene that seems mired in a tireless cycle of remakes and sequels.

# **Boots on the Ground**

By Army Spc. Jamison Self

## "If you could morph into any animal, what would it be?"

-Navy Petty Officer 3<sup>rd</sup> Class Randolph Cothran



A lion because I am a Leo and I could be king of the jungle.

-Army Sgt. Karina Hernandez-Rodriguez



A unicorn because of their magic and strength.

-Army Spc. Katty Portalatin



A cat because they have nine lives.

-Army Cpl. Jaime Diaz



I would be a lion because I am the king of my jungle.

The Origin of Muslim Daily Prayers

By Air Force Chaplain (Capt.) Walid A. Habash

37th Training Wing, Lackland Air Force Base, TX

Muslims believe that on the 27th day of Rajab (the 7th lunar month), an extraordinary event occurred – now called the Israa (Night Ascension) and Miraj (Night Journey). The prophet Mohammed had lost his beloved wife Khadijah, his uncle, and only protector, Abu Talib and had been abused by the people of the city of Taaif.

The angel Gabriel came to Mohammed as he was resting at the Mosque in Mecca and brought him a creature from the heavens called al-Buraq, which he mounted and rode to the Temple Mount in Jerusalem where he led an assembly of all the prophets in prayer. Gabriel then offered Mohammed a vessel of wine and a vessel of milk, and Mohammed chose to drink from the milk. Gabriel made the remarkable statement, "You have chosen the fitra (natural substance)." Gabriel then ascended into heaven and led Mohammed on a tour of heaven and hell. On the tour he met with the various prophets – Adam, John, Jesus, Joseph, Enoch, Aaron, Moses and Abraham.

This story is where the Muslim daily prayers come from. According to tradition, after his tours of heaven and hell, Gabriel took Mohammed as far as the Lote Tree, which marked the extent of knowledge. Mohammed then proceeded by himself into the divine presence. While in the divine presence, Allah commanded Mohammed to have the Muslims pray 50 times a day. After leaving the divine presence Mohammed once again met with Moses, who warned him that people would not do the required prayers and coaxed him to ask Allah for a reduction. So Mohammed once again ascended into the divine presence and was granted a reduction. Once again, Moses convinced him to request an additional reduction in number. Mohammed went back and forth with Moses until the number was reduced to five prayers, and even then, Moses advised that this was too many. Mohammed refused to request another reduction. He then returned to Earth.

When Mohammed told others of his story, they thought that it was absurd and they told Abu Bakr, his best friend, that Mohammed had claimed he traveled to Jerusalem and back in one night, a journey that took one month at that time. Abu Bakr replied with the extraordinary statement that he believed that Mohammed was a messenger sent from God and that he communicated with the divine. Abu Bakr then stated that traveling to the farthest Mosque and back in a single night was insignificant. Abu Bakr earned the title "As-Siddiq" - "the faithful and trustworthy."



#### Story and photos by Army Spc. Shanita Simmons

JTF-GTMO Public Affairs Office

A desire to lead and the ability to commit to any mission are two qualities that all future military leaders should exemplify. One Coast Guard boatswain mate who embodies these qualities received honorable recognition on July 27.

Coast Guard Petty Officer Second Class Lloyd Heflin, a boatswain mate with the 308th Port Security Unit here, outshined other nominated Troopers as he stood before a panel of top senior enlisted Joint Task Force leaders and answered questions to assess his knowledge of the military and current

"Studying and preparing to go before the selection board gave me another opportunity to work towards developing myself as a Sailor and a military leader," said Heflin. "I believe that effective leaders must have a liking for what they do, they must be dedicated to their job, and they must have a level of compassion for the people they are

world events.

Heflin said it was an honor to compete against such highly-qualified Troopers, and his receipt

leading."

# 15 MINUTES OF FAME

# JTF JUNIOR TROOPER OF THE QUARTER, COAST GUARD PETTY OFFICER 2ND CLASS LLOYD HEFLIN

of the award in a joint environment is validation that he possesses the qualities necessary to become an excellent military leader.

Heflin has accomplished much since he joined the Coast Guard in 2003. Last year he graduated from Florida State University with bachelors' degrees in both Criminology and International Affairs. Here on active duty. Heflin operates transportable security boats, commonly known as 'Vipers,' and supervises a crew of Sailors during security patrols.

An all-star athlete in high school, Heflin helps coordinate physical fitness regimes for his fellow Sailors and, as a qualified tactical coxswain, trains Sailors to be proficient with small arms and crew-served weapons.

Coast Guard Chief Petty Officer Roger D. Holland, another boatswain mate with the 308th, said anyone who spends time with Heflin will admire his physical demeanor,

professional attitude

to his job. He added that when the 308th leadership reviewed the criteria for nominating the junior enlisted Trooper of the Quarter, Heflin immediately stood out as someone who has served as a good role model for the unit.

"He is the most squared away junior enlisted person in the 308th Port Security Unit's boat division. He has advanced quicker than most Sailors, and he is someone who will put himself to a task and accomplish it," said Holland. "In nominating Heflin, we were looking for someone who was more than worthy of the recognition; we were looking for someone who would apply himself to learn the material necessary to perform well before the selection board."

Heflin mentioned that his father, a retired Air Force officer, has played an integral part in his growth throughout the years. He hopes to follow in his father's footsteps by pursuing a commission and one day becom-

ing an executive officer in the Coast Guard. Until then, he plans to continue to help mold new Sailors who join the unit.

"I always tell the Sailors I train that you have to work hard, take care yourself, and have pride in your personal appearance," said Heflin. "As a Sailor. I believe everyone in our unit should make sure their



expects."



# AROUND

Chief Petty Officer Patrecia Geistfeld and Command Master Chief Robert Fowler prepare to serve cake to Troopers of Port Services Unit 308 in honor of the Coast Guard's 217th birthday. (Photo by Army Staff Sgt. Paul Meeker)

United States Air Force Brig. Gen. Thomas W. Hartmann tours JTF Guantanamo detention facilities on Aug. 4, 2007. (Photo by Army Sgt. 1st Class Carlos Sanchez.)





Army Sgt. Maj. John Jenson receives the winning ticket for free round-trip airfare to Fort Lauderdale Fla., from Naval Exchange Operations Service Manager Marci Georgi. The trip was raffled away as part of Barber Shop/Beauty Salon Day held at Camp America on Saturday, Aug. 4. In the coming months, the Naval Exchange plans to expand its visibility and services to Troopers living and working in Camp America. (Photo By Army Spc. Daniel V. Welch)