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Awni S. Etaywe

عوني شاتي العطيوي
الرياحنه

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Etaywe Awni S.

عوني شاتي العطوي

PETRA TREASURY of Essential Idioms**Awni S. Etaywe-Irbid, 2011****Deposit No.: (1848/5/2010)****Descriptors: English Language/ Dictionary**

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Contacts to place orders:**awnietaywe@yahoo.com**

Thank You

A special thank you is due to my wife for her encouragement during the long gestation of this book. Definitely, I owe her the infinite patience and continuing love with which she tops up my life. My heart is and always has been for her.

Also, I thank my gorgeous children (Hala, Mohammad and Yara), who have taught me how to cherish every precious minute of family gathering. My dearest, every thing I do, I do it for you. Exactly like I abandoned many good things, I always avoided saying 'I love you' to the people I adored, for 'love' was a thing that I could not control. Every time I spoke it out, I just lost part of me. Hence, I always thought that saving the word would probably save losses. Many the games that I left, not because I could lose, but because I knew I would win. But when win takes away your faith in yourself, you should quit, particularly, in the era of unjust arm twisting-games we are living in, because we are not ready to meet our fear. It is complicated; it is messy. It is about horrible times and humble opportunities, and not being able to say what you have to say when you need to say it. Since my love for the apple of my eyes, for my children, is a bounty of God, I will not quit a game where I am going to save my children. It would a holy war not a game. To the light and spice of my life, 'I love you...' .

Preface

Firstly and succinctly stressed, idioms (along with their Arabic equivalents) are considered of paramount importance for a wide range of Arab learners of English. Learners, at all levels, find them very useful to communicate with English speakers. Thus, introducing this work, I hope that readers will find a real value out of this dictionary, which is especially designed to meet their essential needs.

This dictionary is a helpful learning tool that provides Arabic-speaking English learners with variety of phrases and common expressions, example sentences, and Arabic equivalent of the most commonly used American and British idioms.

What does the word ‘idiom’ mean?

An idiom is a combination of words whose meaning can be either transparent (can be easily worked out of the literal meaning of the individual words) or opaque (there is no resemblance between the meaning of the individual words and the meaning of the idiom itself).

Consider the following examples of transparent idioms that are reasonably obvious:

1. ‘*Throw someone to the lions*’ means ‘intentionally to put someone in a difficult position’, as in: All the commanders were responsible for the tragedies in their last operation, but they threw that junior officer to the lions when they asked him to address the journalists on the reasons of defeat.
2. ‘*Keep a straight face*’ means ‘look serious’, as in: I can’t keep a straight face whenever Chaplin acts before me; he looks so funny.

Idioms like ‘*sell someone down the river*’ and ‘*kick the bucket*’ are examples of the opaque.

1. Understanding the words of the expression '*sell someone down the river*', for instance, will not help you recognize that it actually means 'to betray, or be disloyal to', as in: The kidnapper who was caught by the police refused to sell his associates down the river.
2. Similarly, in the expression '*kick the bucket*' you cannot easily realize that it means 'to die', as in: Simon kicked the bucket last summer.

Having mentioned that, single words may also have idiomatic meanings. For example, the word '*strides*' which literally means 'steps' can be used to give the meaning of 'progress, advancement, and innovation', as in: There have been great strides in computer technology over the last fifteen years.

Interestingly, some idioms are similar to expressions in other languages, and that is why a learner can easily understand idioms of a foreign language, as in '*hold one's horses*' which means 'to stop someone or something, or to make them calm', for example: Hold your horses, I said to my wife when she started packing her luggage.

However, many other idioms come from completely different cultures or regions, the thing that makes it more difficult to know the exact meaning of such idioms. In addition, many refer to particular fields that require some special knowledge to understand them. Various idioms have, for instance, something to do with sports (as in: *throw in the towel*); '*throw in the towel*' for instance means 'to give in or to admit defeat' (She tried to deal with all the difficulties in her business but finally she threw in the towel and left the country). This idiom came from 'boxing sport' in which 'throwing the towel' is a way of admitting defeat. Besides, a range of different idioms are related to

historical events (*sell someone down the river*), parts of the body (*eyes in the back of one's head*), light (*sunset years*), weather (*hot air and stormy relationship*), colours (*red tape*), etc.

It is vital to pay heed to the fact that idioms can be found in slang, informal as well as formal contexts. Most of the time such wide and frequent usage of idioms is advisable to give a milder to what might be thought to be direct or harsh, as in using '*comfort/rest room*' instead of saying '*toilet*', and '*be laid to rest*' which is a euphemism for '*be dead*'. Any kind of *ailment* can also be described as *condition*, for example we sometimes prefer to say '*heart condition*' instead of '*heart disease*'. Some may also say '*senior citizens*' for the '*elderly people*'; '*sanitary engineer*' for '*garbage man*', and so on. And this is what sometimes justifies the daily use of most essential idioms.

Can a phrasal verb have an idiomatic meaning?

A phrasal verb is a combination of a verb and an article (a verb+ a preposition or an adverb/ or both together- e.g., go up, look forward to). A phrasal verb can have a transparent meaning as in '*run around*' which means 'to run in a circle', as in 'the forerunner ran around the track in just 30 seconds'. It can also have an opaque idiomatic meaning, as in '*pass off*' which means 'to pretend', as in: Hamza tried to pass off a Blake's poem as his. What an idiot!'

What is 'Eye of the Needle' supplement about?

This supplement introduces to you a number of essential proverbs and treasured sayings that are widely used in English and Arabic contexts. A proverb is a saying of words of wisdom, truth, advice or morals that are usually based on practical experiences. Proverbs are usually described as a mirror of the society. They generally praise the good and criticize the

bad. The source of such sayings is society itself, and this is why they are commonly known and regularly used by members of societies.

Examples include: '*One half of the world can't understand the pleasures of the other*', Jane Austen (1775-1817); '*The early bird catches the worm*' which means 'working early gives you an advantage/ or the lead'. Such proverbs use words idiomatically and metaphorically, which definitely helps us keep them in mind for long. Consider the following examples:

- 'Actions are judged by intentions', Prophet Mohammad peace be upon him said.

"إنما الأعمال بالنيات" حديث شريف.

- Love is like quick silver in the hand. Leave the fingers open and it stays; clutch and it darts away.

الحب كالزئبق في يدك: إن تركت يدك مبسوطة له استقر وإن قبضتها فر.

- You can't judge a book by its cover/ Never judge a book by its cover.

لا تحكم على الأشياء من مظاهرها/ لا تحكم على الكتاب من غلافه.

- Prevention is better than cure درهم وقاية خير من قنطار علاج

'Eye of the Needle' also provides you with some memorable quotations and words of the Noble Quran that convey universal messages, and show the magnificence and the comprehensiveness of Islam, as in:

- ***Allah burdens not a person beyond his scope.***

"لا يكلف الله نفسا إلا وسعها" (البقرة-286)

- ***And so are the days, we give to men by turns.***

"وتلك الأيام نداولها بين الناس" (آل عمران-140)

- ***But the evil plot encompasses only him who makes it.***

"ولا يحيق المكر السوء إلا بأهله" (فاطر-٤٣)

- ***Every person is a pledge for what he has earned.***

"كل نفس بما كسبت رهينة" (المدثر-38)

- *Verily, along with every hardship is relief.*

"إن مع العسر يسرا" (الشرح-5-6)

Awni Etaywe

Amman, May 2010

A

- ABC** Fundamentals, essentials, nitty-gritty أبجديات، أساسيات
 -You have to learn the ABC of English language prior to sitting for the ECL test.
- A baptism of fire** Very difficult and unpleasant first experience of a situation أمطر بوابل من نار، موقف عسير
 - A: How was your meeting with the chief of staff?
 B: It was a baptism of fire. He scolded me.
- A bit mental** Not rational, unbalanced فيه شيء من الجنون، به جنه، مجنون
 - Mrs. O'Conner talks to her books. I think she's a bit mental.
- A piece of cake** Very easy شربة ماء، سهل جدا
 - The final exam was just a piece of cake.
- A safe bet** Certainty مضمون، صيدة
 - A: What do you think of a partnership with SHEL? Is it possible?
 B: A safe bet.
- A sitting duck** Easy target هدف سهل
 You would be a sitting duck if you don't fortify your position.
- A two-faced** Hypocritical, false, deceitful بوجهين، منافق، مخادع، مضلل
 - Benjamin is a two-faced person. You should never trust him.
- A two-edged sword** Something with two possible kinds of outcomes, could be good and bad, useful and harmful سلاح ذو حدين
 - Internet service is widely considered as a two-edged sword.
- A wild goose chase** Useless activities عمل عديم الجدوى، تطارد خيط دخان
 Stop trying to learn Arabic! You are too old for that. Your work is like a wild goose chase.
- About to** On the verge of, on the brink of, ready to مستعد لـ، على شفا، على وشك
 - Sally was about to move away when I got home.
- Aboveboard** Open to inspection مجهز للتفتيش
 - All computers are ready and above board.

Above one's head	Difficult to understand	فوق مستوى ادراكه
Stop teaching the four-year old child algebra. It is above his head.		
Aboveboard	Candid, straight	علانية، جهارا، بصراحة
– Honest men deal aboveboard.		
Absent- minded	Forgetful, vague, inattentive, distracted	كثير النسيان، مشتت الانتباه
– My colleague, Rashid, is very absent-minded. He always forgets his key.		
Account for	Explain, answer for	يفسر، يعلل، سبب
– The high speeding accounts for the high rate of accidents in Jordan.		
Achille's heel	Weakness point	نقطة ضعف
For me sweet is my achille's heel. I cannot stop eating despite having diabetes.		
Across from	On the other side of	في الطرف الاخر، مقابل
– The King's secondary school is across from Mary's hospital.		
Across the board	Comprehensive, all embracing, universal	شامل، يشتمل على كل التفاصيل، عالمي، يعالج كل النواحي
– Obama's speech was across the board.		
Act like	To behave like, be similar to	يتصرف مثل، لا يختلف عن
– My brother, Dan, was acting like a wild animal last night. Nobody liked him at all.		
Act of God	Occurs naturally	قضاء وقدر
– The whole accident was an act of God.		
Act up	Misbehave, cause trouble, Malfunction, to work improperly	يتسبب بالمتاعب، يتصرف على نحو غير ملائم، يثير المشاكل
– Children in the class acted up when their teacher, Suhad, left the room.		
Add up	Count, the antonym of subtract	يجمع، يجد الناتج، يضيف
– How much does this list of items cost? I don't know, I'll have to add it up.		
Add up	Be consistent, make sense, come together	يبدو منطقياً أو متناغماً

All right	Fair enough, okay, fine, agreed, no problem	مقبول، حسناً، بصحة جيدة (على ما يرام)، متفق عليه
– A: Are you all right? How was your class?		
B: It was all right.		
All talk	Empty promises	وعود مفرغة، مجرد كلام
– Sir, your speech was all talk.		
All the time	Continually	باستمرار
– Hala asks for money all the time.		
All thumbs	Inept, unskilled, clumsy and awkward	اخرق، غير بارع
– Zaha is all thumbs when it comes to fixing things in the garage.		
(Being so nervous would make you all thumbs.)		
Ally with	Collaborate with	يتحالف مع، يتعاون مع
– Britain has decided to ally with the USA in the war against Iraq.		
An arm and a leg	(cost) a large amount of money	تكاليف باهضة، مال كثير
– Henry's new house must have cost him an arm and a leg.		
Answer the call of nature	To go to the toilet, freshen up, take a slash	يذهب الى الحمام، يذهب لقضاء حاجته، يذهب الى الخلاء
– I am desperate. I need to answer the call of nature.		
Apple of one's eye	One's favorite	المفضل، قرة العين
– My oldest son is the apple of my eye.		
Argy-bargy	To argue words	جدال، نقاش حاد
– I had argy-bargy with my boss.		
Armed to teeth	Heavily armed	مدجج بالسلاح
ALAMEIN brigade is armed to teeth. They can defeat any other unit in the battle.		
Around the clock	Continuous, endless	مستمر، طوال الوقت، على مدار الساعة
– I feel really tired. I have been working around the clock over the last three days.		
As a rule	Usually, as a habit	عادة
– As a rule I get up at 5 AM every morning.		
As clear as mud	Unclear, not understood	غير واضح، غير مفهوم، غامض
– I'm sorry, but the reason we arrived late is that the directions the cop gave us		

were as clear as mud.

As easy as ABC	Very easy	سهل جداً
– In few days you will find out that learning French is as easy as ABC.		
As easy as pie	Very easy	سهل جداً
– Due to practice, TOEFL has become as easy as a pie for me.		
As far as	To the extent/ degree	بقدر ما، حسب
– As far as I know Ross will be in Paris in an hour.		
As long as	Provided that, on condition that	طالما، ما دام، بحال، إذا ما
– As long as you promise to be careful you can borrow my car.		
As sure as eggs	Definitely	بلا ريب، مؤكد
– I will find the thief as sure as eggs.		
As usual	Typically, normally	كالعادة
– As usual, Dr. Kattab forgot to bring the file.		
As well as	In addition to, plus	بالإضافة
– Please bring your trousers as well as your towel.		
As yet	Up to now	حتى الآن ، لغاية اللحظة
– As yet, Sundus has not told her boss about her future plans.		
ASAP	As soon as possible	بأسرع وقت ممكن
– Please, get your assignment sorted out ASAP.		
Ask for trouble	Search for troubles	يسعى للمشاكل، يتسبب بالمتعاب
– You are asking for trouble if you miss another session.		
Ask out	To invite someone on a date	يدعو لموعد خارج المنزل
– That handsome man asked Suzan out! They're going to a movie.		
Asleep at the switch	Not attentive, not alert to an opportunity	ليس متيقظاً، ليس مدركاً لفرصة سانحة (غايب فيلة)
– I think he was asleep at the switch. Can you tell me why he didn't apply for the job?		
At cross purposes	Have opposing goals, to have opposite ways of how to deal	مقاصد متعارضة، وجهات نظر متضادة، غايت

	with something	متناقضة
	– My wife and I are at cross purposes and are always arguing about the children issues.	
At fault	Mistaken, in the wrong, be responsible for	مسؤولاً عن، مدان
	– Referring to the terrible accident, the truck driver was at fault.	
At first	At the beginning, initially	بداية، في البداية
	– At first Edie didn't want to go with her boy-friend, but later she changed her mind.	
At first blush	When first seen, without careful study	لأول وهلة، دون تدبر
	– At first blush she looked like an angel, but later she had many problems with her team.	
At heart	Fundamentally, in fact, essentially	في الحقيقة، في الواقع، في الصميم، في جوهر الشيء
	– Although I don't like her, she is a very good person at heart.	
At loggerheads	At odds, having a quarrel, in conflict	في حالة خلاف أو خصام، في نزاع
	– Sam and Rumsfeld have been at loggerheads since last January.	
At most	Maximum	أقصى حد
	– At most 45 candidates passed the selection board.	
At odds	In disagreement, in opposition	في نزاع، عدم اتفاق
	– Sam is at odds with his boss.	
At someone's beck and call	Always ready to serve somebody	جاهزاً لخدمة شخص ما، رهن الإشارة
	– My eldest brother is always at his beck and call whenever I need him.	
At the crack of dawn	First light, break of day	مع بزوغ الفجر، مع الضوء الأول، في الصباح الباكر
	– You have to set off at the crack of dawn to catch your flight in time.	
At the eleventh hour	At the last minute	في اللحظة الأخيرة
	– I got my work done in time. I finished it at the eleventh hour.	
At the end of the day	In the end	في نهاية الأمر، في نهاية

- المطاف، في الأخير
- At the end of the day, you will be caught and punished.
- At zero hour At critical time عند ساعة الصفر، في الوقت الحاسم
- The artillery bombarded the target at zero hour.
- Attend to someone Take care or deal with someone يسهر على، يرعى، يعتني بصحة شخص ما
- My sister attended to my child when I was away.

B

Babe in arms	Baby, little child, newborn	طفل، ما زال في المهد
– Shadi was just a babe in arms when we migrated to Qatar.		
Babe in the woods	Defenseless, naive, inexperienced	ساذج، غير قادر على حماية نفسه، سهل الاغواء
– Maison is just a babe in the woods. She desperately needs a bodyguard.		
Back and forth	Going and coming, sending and receiving	ذهابا وإيابا، إرسال واستقبال
– Tina and Tom had a great hour messaging back and forth.		
Back chat	Verbal answer back in a rude manner	الرد بفظاظة/ بغلظة
– I didn't like Ali's back chat to his father.		
Back down	Yield, admit defeat, to not stand firm	يتنازل، يتراجع عن موقفه
– Addison was going to see the monster, but then he backed down when he knew that the monster was giant.		
Back lash	Reaction, criticism	رد فعل، انتقاد
– Steve's back lash was slightly rude.		
Back off	Move away, go backwards, retreat	يتراجع، ينسحب، يتعد
– I told Haifa to back off when I saw the snake approaching.		
Back on one's feet	Return to good financial or physical health	يستعيد عافيته
– Al-Faid is finally back on his feet after his last loss.		
Back out	Withdraw, cancel	ينسحب من، يلغي
– The national basketball team backed out of the deal with Fastlink.		
Back talk	Rudeness, lip	فظاظة، رد الكلام
– Donald to Smith: "I don't like your back talk to your mother".		
Back track	Go into reverse, back pedal	يتراجع

- The president of the US back tracked to his last decision.

Back up **Defend, to confirm facts, support** يدعم، يسند

- Fahed backed Ronza's story up. He told the students the same facts that she said.

Back up **To drive in reverse, to move backwards** يرجع للخلف

- Sal backed the car up to the garage gate.

Back up **Protect, preserve, to make a protection copy** يحتفظ بنسخة احتياط، يحمي

- The computer users ought to back up their important files.

Back-seat driver **One who annoys the driver by telling him what to do and how to drive** سائق المقعد الخلفي: الشخص الذي يعمل على ازعاج السائق الفعلي للمركبة بإخباره كيف يقود مركبته

- Stop annoying me. What a back seat driver you are!

Bad actor **It kicks anyone who goes near** يرفض كل من يقترب منه

- Don't get close to this horse. It is a bad actor.

Bad blood **Bad feeling, spite, antagonism, hatred** حقد، ضغينة، كراهية

- I don't like Sara. We have bad blood against each other.

Bad checks **Checks with no accounts** شيكات دون رصيد

- The old man over there is used to issuing bad checks to the newcomers.

Bad quarter of an hour **Short but unpleasant time** تجربة قصيرة وبغيضة، وقت سيء، ضيقة

- Last night I had a bad quarter of an hour in the dentist's.

Bag of bones **Very thin person** شخص نحيف جدا، كتلة من العظام

- I have just visited Akai. How poor he is! He is just a bag of bones. He looks nasty.

Bags of	Lots of	الكثير من
– I have bags of money.		
Bail out	Help, rescue, save, escape from a crash	يساعد، يتقذ، إنقاذ، يخرج من (طائرة على وشك الانفجار)
– The western governments have decided to have a bail out plan for the broke banks.		
Baker's dozen	Thirteen	رقم 13
– How many pens did you give Linda? I gave her a baker's dozen.		
Bamboozle	To deceive, trick, confuse, take in	يخدع، يربك
– I got bamboozled by his speech.		
Bang-on	Absolutely correct	صحيح مئة بالمئة
– Your answer was a bang-on.		
Bank on	Trust, count on	يعتمد على
– You can bank on them to come and help the situation		
Bar fly	A person who often goes to bars	حمامة حانات، كثير الارتياح على الحانات
– Every day Khalid goes to BARMED. He's quite a bar fly.		
Barge in	To interrupt, cut in, intrude rudely	يقحم نفسه، يقاطع بغلطة
– Don't barge in others' business.		
Bark is worse than one's bite	Someone isn't as bad as they sound	شخص ليس سيئا كما ينم عنه صوته، فعله أقل ضررا من هزبرته، صوته أخوف من فعله
– Don't worry if Darin gets angry- her bark is worse than her bite.		
Bawl out	Chew out, give a talking to	ينتقد بشده
– The big shot bawled out his assistant.		
Be on the level	To be straight, honest, telling the truth	صايق، لا يخدع، يقول الحق

- Sadeq was trying to convince the police that he was on level with them, but they didn't believe him.

Be out of **Not have, lack** **ينفذ من، يعوزه**

- I wanted to buy some biscuits, but the store was out of them.

Be there for you **Support you emotionally** **يقف لجانبك، يدعم موقفك**

- Whatever you do and wherever you go, I will be there for you.

Be to blame **Guilty, be responsible for** **مسؤولا عن، مذنب**

- He's not to blame for breaking the computer.

Bear in mind **Consider, remember, take into account** **يعتبر، يأخذ بالحسبان، يتذكر**

- Concentrate on final exams but bear in mind the more you do exercises the more confident you become.

Beat a hasty retreat **To draw back, leave quickly, depart, to change your mind when confronted, give ground** **ينسحب، يولي الأدبار، يغادر**

- You always beat a hasty retreat whenever your father asks you where you get the money from.

Beat around the bush **Evade the issue, Speak indirectly** **يراوغ بالحديث، يحوم حول الموضوع**

- Stop beating around the bush and give us your final decision.

Beat one's brain out **Try very hard to do something** **يحاول جادا فعل شيء ما**

- I have been beating my brain out with the current computer problem.

Bees knees **The best** **الأفضل (ولو لبن العصفور)**

- Do not worry about the gift that I am going to buy for you. I will buy you the bees' knees.

Before long **Soon, shortly, after a while** **قريبا، بعد زمن قصير، عما قريب، على الأبواب**

- The summer vacation will be here before long.

Beg off	To ask to be excused, send regrets	يعتذر عن وعد ما
	- Noreen was supposed to come over for lunch, but she begged off.	
Behind bars	Captive, jailed, detained	في السجن ، وراء القضبان، اسير، محتجز
	- Jeff is behind bars for armed robbery.	
Behind closed doors	In secret, confidentially	بسرية، خلف الأبواب، وراء الكواليس
	- The police managed to know what was going on behind closed doors.	
Behind someone's back	With no permit, Without someone's knowledge	من دون علمه، من وراء ظهره
	- He is very angry because I took his car behind his back.	
Behind the eight ball	In an awkward situation	في موقف حرج
	- Bartlett doesn't know what to do next with his new business. He's really behind the eight ball.	
Behind the times	Old fashioned, old, dated	من الطراز القديم، عتيق
	- My car is a little behind the times.	
Bend over	Lean over, incline your body	ينحني، ينثني
	- Reed's body is flexible. He can easily bend over.	
Bend one's ears	Nag, annoy them	يزعج، يصم أذني فلان (يصوح أذنيه)
	- Stop complaining. You bend my ears.	
Bend over backwards	Do all you can, try your best	يحاول جادا، يبذل قصارى جهده، يعكف على
	- I will bend over backwards to help you pass the IELTS exam.	
Beside the point	Not relevant to the subject, not the main point	لا صلة له بالموضوع، ليس مهما
	- What you are saying is beside the point. We are not talking about salary.	
Bet on the wrong horse	Miscalculate, be wrong about, misjudge a coming event, misread the future	يخطئ في حساباته/ أو الحكم على شيء، يسيء قراءة المستقبل

<p>– I think that he bet on the wrong horse by putting all of his money into Dubai stock.</p>		
Better half	Husband or wife	الزوج، الزوجة
<p>– Sue is my better half.</p>		
Better late than never	Better to be late than not turn up at all	ان تصل متأخراً خير من ان لا تأتي البتة
<p>– A: I think I will arrive 5 minutes late. B: Don't worry; it is Better late than never.</p>		
Between a rock and a hard place	Difficult situation	في موقف حرج (بين المطرقة والسندان)، بين نارين، في موقف لا أحسد عليه
<p>– If I accept the offer, I will be in Gail. And if I refuse it I'll be broke. I think I'm between a rock and a hard place.</p>		
Between the devil and deep blue sea	Between two equal dangers	في موقف عصيب، في خطر محقق، بين العدو والبحر
<p>– Sam was between the devil and the deep blue sea. He was either to fight the lion or to cross the river swimming.</p>		
Beyond compare	Matchless, without comparison	ليس لها مثيل، لا يقارن بها أحد، لا يوجد شبه/ مقارنة
<p>– Sally is lovely beyond compare.</p>		
Beyond one's imagining	So good that one cannot make a picture of it in one's mind	فوق التصور
<p>– People of X country live in a comfort and a dignity that is beyond your imagining.</p>		
Big-shot	Important person, VIP, major player	مسؤول كبير، شخص عظيم الشأن
<p>– Bell is a big shot in Microsoft's.</p>		
Bigwig	VIP, big shot	مسؤول كبير، شخص مهم جدا
<p>– Bell is a bigwig in Microsoft's.</p>		
Binge	Overdo, drinking to excess	شرب مفرط، مرح

صاحب ، يغالي

- Try not to binge in tonight's party.

Bird Woman امرأة

- Hi mate, have you met any birds tonight?

عصفور باليد خير من

Bird in the hand is worth two in the bush Having one is better than seeing many اثنين أو عشرة على الشجرة

- While you are looking for a new job, remember that a bird in the hand is worth two in the bush.

Birthday suit Naked, nude, exposed عار، بلا ثياب

- I saw the victim in her birthday suit. That was nasty.

يقبل التحدي، يستأنف

Bite the bullet Go for it, face up to المشوار، يتابع طريقه الصعب

- Harith knew that the business would have many troubles but finally he decided to bite the bullet.

Bite the dust To lose, to go down in defeat, to fall يخسر، يتهزم، يخفق

- Richard did exceptionally well in all exams, but he bit the dust in the last one.

Bite the hand feeds you Turn against a friend, repay kindness with wrong يعض اليد التي مدت له، يقابل الحسنة بالإساءة

- You are biting the hand feeds you if you insist on fighting against your uncle.

Bite your tongue To refrain from saying something you want to say, يمتنع عن الكلام، يلتزم الصمت

- As James complained about his problems, I had to bite my tongue.

Blend in (with) To integrate, go well with, match the surroundings يندمج، يتالف مع المحيط

- New immigrants often try to blend in with the citizens of the host country.

bloke Person, chap, man رجل، شخص

- You should tell your blokes about the situation.

Blood out of a stone Almost impossible أمر مستحيل

- Getting money from my step mother is like getting blood out of a stone.

blossom flourish يزدهر، ينتعش

- My career blossomed after I was nominated for an Oscar.

Blot one's copy book Damage reputation يشوه سمعة

- Bad friends often blot others' copy book when they are in dispute.

Blow something Fail at something, misfortune أخفق في شيء

- I tried hard but I am sure that I blew the TOEFL exam last week.

Blow the whistle Reveal secrets كشف المستور

WIKILEAKES is a blow the whistle website.

Blow up Lose your temper, go mad يفقد أعصابه، يشتاط غضباً، جن جنونه ينفجر

- Marry blew up when I told her about her boy friend's ex-wife.

Blow up Explode, detonate, destroy, blast ينفجر، يثور

- The bomb blew up and hurt three people.

Blow up To inflate, pump up ينفخ

- The clown blew up the balloons.

Blue blood(ed) Of a noble birth من أسرة نبيلة

- Hassan has blue blood. (He is blue blooded).

Bone of contention A reason for quarrels/ dispute or disagreement, the subject of a fight سبب العراك، موضوع الخلاف، موضع النزاع

- The family villa was a major bone of contention when their father passed away.

Bone up on To look into, to study completely for a short time يدرس بكتب، يراجع بتركيز ضمن فترة قصيرة

- Dickey boned up on phrasal verbs before the test.

Boot out Dismiss, fire, sack, get rid of someone يفصل، يطرد

- Samia was booted out of the university for setting fire in a hall of study.

Born with a silver spoon Born rich, provided from birth ولد غنياً، بغمه ملعقة من

in one's mouth	with everything he needs	فضة
– He was born with a silver spoon in his mouth and has never worked in his life.		
Born yesterday	Inexperienced, green, untested	ابن البارحة، غر
– Don't try to cheat me. I wasn't born yesterday.		
Boss around	To give orders, tell someone what to do, bully	يداوم على اصدار الاوامر، يضايق الآخرين بأوامره
– Jackie to her friend: "I hate when my husband tries to boss me around."		
Bottle it up	Control it, do not say it	يكظم، يحجز، لا يفشيه
– If you have any more bad suggestions, then you had better bottle it up.		
Bottom line	Main thing	أبرز ما في الموضوع، الأهم، الموضوع الرئيسي
– The bottom line is that we need to have the syllabus completed by tomorrow.		
Bound for	Heading for, going to	متجهها نحو
– I'm bound for Chelsea.		
Box of birds	Happy, lively and energetic	سعيد، كله حيويه، مبتهيج
– Every time I go to the gym I feel like box of birds.		
Brain wave	Idea, notion, inspiration, sudden clever idea	فكرة ذكية تلوح فجأة، الهام
– While I was thinking about you, I had a brain wave that I would set up a new business with you.		
Brainstorm	Come up with suggestions or solutions to a problem	عصف ذهني
– Before we go to the meeting, we should have a brainstorm session so that every one of us says what he thinks we should do next.		
Brand new	Unused, new	جديد، غير مستعمل
– He was finally able to buy a brand-new car.		
Break a leg	Good luck	أتمنى لك التوفيق
– You have an interview tomorrow morning. Break a leg.		
Break down	To stop working	يتعطل

- Alma’s car broke down last night.
- Break down** To crash, dismantle, destroy يدمر، يفكك
- The robbers broke down the bank's door before they came in two days ago.
- Break down** Analyze, revise يحلل، يراجع
- When we broke the costs down, we found that we had been stolen.
- Break in** make the team, to make somebody included يروض، يدمج، يجعله جزءاً من فريق
- One of the commander's duties is to break the new soldiers in.
- Break into** To enter forcefully, burglarize يقتحم، يسطو
- Yesterday Shukri broke into a house and stole a satellite receiver. Now, he's behind bars.
- Break someone’s heart** To cause calamity, crush with sorrow, make someone feel discouraged ينفطر قلبه، يسحق فؤاده
- It broke his heart when she left him for another man.
- Break the bank** Cost a lot of money تكلف الكثير، باهظة التكاليف، تكاليف يعجز عن سدادها البنك
- Hassan requires that I pay the whole expenses on his behalf. That breaks the bank, undoubtedly.
- Break the ice** Relax and start a conversation in a formal situation يكسر الجليد، يبدأ الحوار، يزيل حالة الجمود
- Nobody was enjoying the journey until the host family finally was able to break the ice.
- Break up** To end, finish, divorce, stop a relationship ينهي العلاقة، يفصل (with someone)
- She broke up with her husband last month.
- Breakthrough** Advance, discovery of progress انجاز، تقدم، اكتشاف علمي
- The ministry of health had brought up a breakthrough that wiped out smallpox.
- Breathe one’s last** Dying يلفظ نفسه الأخير
- My grand father breathed his last.

Brick wall	Block, obstacle	عائق، حاجز
– This cabinet is the real brick wall in the way of my progress.		
Bring a plate	Bring some food	يحضّر طعاما
– Suha, can you bring me a plate? I am so hungry.		
– Sure, wait a minute.		
Bring about	Cause, make happen	يسبب، يتسبب بحدوث
– Smoking brings about lung cancer.		
Bring back	To return something	يعيد
– My homework is due after tomorrow. Will you please bring my book back by tomorrow morning?		
Bring home the bacon	Come up with the goods, make a living, feed your family	يطعم عائلته، يؤمن قوت عائلته
– Daniel is out bringing home the bacon and is always very busy.		
Bring off	To achieve, make it work, accomplish something difficult	ينجز، يحقق هدفا، ينجح في شيء (صعب)
– Nobody thought that Sami could get an A in French class, but he brought it off.		
Bring someone into line	Bring together, harmonize, Persuade someone to agree with you	يوفق، يجمع على صف واحد، يوحد
– He was finally able to bring the other members of the committee into line		
Bring something on	Cause, lead to, trigger	يسبب، أوجع، أوقد
– I don't know what brought on his anger. Leave him alone at this time.		
Bring to mind	Recall, conjure up	يعيد إلى الذاكرة
– Fatima's perfect work brought to mind some of the great mothers of the past.		
Bring up	Introduce, discuss, launch	يطرح موضوعا للمناقشة
– I brought up the global warming issue at the meeting but nobody wanted to talk about it.		
Bring up	To raise, rear	يربي، يترعرع
– I was brought up with very strict religious rules.		
Broke	Penniless, have no money, bankrupt	مفلس
– I spent all the money on my holiday and I am completely broke right now.		

Brolly	Umbrella	مظلة
– I wish I brought my brolly. It is raining		
Brush aside	Pay no attention to, disregard	يتجاهل، لا يلتقي بالآ، يهمل
– Would you brush aside all your personal interests?		
Brush one's tears	Wipe away his/her tears	يكفكف دموعه، يمسح دموعه
– I asked Henry to brush his tears.		
Brush somebody off	Refuse to listen to somebody	يرفض السماع إليه، لا يصغي له، لا يلتقي له بالآ
– Alfred is keen on her but she is always brushing him off.		
Brush up on	Review	يراجع، ينقح
– You should brush up on your history lessons before the final exam.		
Bucket of worms	Unclear situation	أمر غير واضح، معقد، غامض، شائك
– The whole issue seems to me a bucket of worms.		
Bucks	Dollars	دولارات
– I have only 20 bucks.		
Bug out	Abandon in a hurry	يهجر على استعجال، ينطلق راکضاً، يغادر مسرعاً
– When the explosion went off, the officers bugged out.		
Bunch of fives	Fist	قبضة، جمع الكف
– I hit him with my bunch of five.		
Bundle up	Dress warmly, wrap up warmly	يرتدي ملابس دافئة
– My wife and I bundled up and went to the market.		
Burn down	Burn completely	احترق كلياً
– My neighbor's villa burnt down last night.		
Burn one's bridges behind one	Do something that makes going back impossible	يقطع على نفسه طريق العودة

	satisfactory	سمك في البحر
	– You shouldn't buy that car without first inspecting it. It is like buying a pig in a poke.	
Buzz off	Leave, depart quickly	يرحل او يغادر بسرعة، ينصرف
	– When Captain Sam saw the commander, he buzzed off.	
By all means	Certainly: used to give someone permission in a friendly manner	بالطبع، بالتأكيد
	– A: Can I come in? B: By all means sir, please do.	
By and large	Generally, on the whole	عموما، بشكل عام، باختصار
	– I love watching TV, reading stories, and playing tennis. By and large, I'm not always in business.	
By hook or by crook	In any way possible	بأية وسيلة ممكنة، بأي ثمن
	– George will try to be the president by hook or by crook.	
By oneself	Without help	دون مساعدة، بنفسه
	– I built the house by myself.	
By stealth	Confidentially, in secret	بسرية، خلسة
	– I entered the bank by stealth.	

C

- يقول للأعور أعور بعينه،
يسمي الأشياء
بمسمياتها - مهما كانت
جارحة
- Call a spade a spade** **Be direct, Speak plainly, be blunt**
- Please call a spade a spade and tell your husband about his mistakes.
- يتوقف عن العمل لهذا
اليوم
- Call it a day** **Stop, finish, quit working for the day**
- I am tired. Let's call it a day.
- يزور
- Call on** **Visit**
- Sami called on his ex-wife yesterday.
- يستدعي شخصاً ما أمام
سلطة ما/ مسؤول
للمحاسبة
- Call on to the carpet** **Call someone before an authority to be scolded or reprimanded**
- Lieutenant Adam was called on to the carpet by his commander for the missing gun.
- يتصل هاتفياً
- Call up** **Telephone**
- My friend will call up his parents tomorrow.
- مستحيل الحدوث، لا
يقع حتى يلج الحمل من
سم الخياط
- Camel to go through the eye of the needle** **Something is impossible to happen**
- It is easier for a camel to go through the eye of the needle than for a rich man to enter into the kingdom of God.
- يبطل تأثير، يلغي، ينقي
- Cancel out** **Destroy the effect of something**
- The benefits of her healthy food were cancelled out by her beer-drinking.
- غير قادر على فهم
الصورة الكلية
(بسبب امعانه النظر في
الجزئيات)
- Can't see the forest for the trees** **Unable to judge or understand the whole picture because you are looking at the small parts of it**
- He has no real understanding of most problems as he always fails to see the forest for the trees.
- نسخة طبق الأصل،
نسخة كربون
- Carbon copy** **Copy, exact likeness**
- Patricia's daughter is a carbon copy of her.

Carpool	Many people using one car to share costs	سياره يشترك بركوبها عدة اشخاص ليقتسموا تكاليفها
	– Three of my friends are going to carpool as no one of them can afford using his own car every day.	
Carrot and stick	The promise of reward and threat of punishment at the same time	سياسة العصا والجزرة
	– The USA foreign secretary took a carrot and stick approach toward the Middle East peace talks.	
Carry over	Reschedule, save for another time	يحتفظ (بالبضائع) لموسم آخر
	– We plan to carry over the summer products until next years.	
Carry the ball	Take responsibility	يتحمل المسؤولية
	– Your father passed away. You now carry the ball. Look after your little bothers.	
Carry the can	Accept responsibility, take the blame, be the fall guy	يتحمل المسؤولية
	– Charlie should carry the can for the whole scheme, it was his own idea.	
Carry the day	Win, be successful	يحقق الكسب، يفوز، يجلب الحظ
	– Sam's fine performance in today's show carried the day for his team.	
Carry the torch	Show loyalty to a cause or a person	وفي، يعلن ولائه
	– He has been carrying the torch for the president for a long time	
Case of	An example of	مثال على، حالة تعكس واقع ما
	– Look at Bosnia. That's a case of ethnic civil war.	
Cash in	Exchange something for money	يحول إلى نقود/ كاش
	– We decided to cash in the cheque because we needed some money.	
Cash in on	Take advantage of, benefit from, exploit	يحقق ربحاً عاجلاً، يستغل أو يستفيد من
	– South Africa cashed in on their success with the winter Olympics.	
Cast pearls before swine	Waste something valuable on someone who doesn't appreciate it	يمنح فرصة لمن لا يستحق/ أو لا يقدر قيمة الشيء
	– Giving her the new apartment was casting pearls before swine.	

		قصور في الهواء، آمال، مشاريع لن تتحقق أبد، احلام اليقظة
Castles in the air	daydreams	
		غير قادر على الكلام او الرد
		غفوه، قيلولة
		يصاب بالزكام
		يستوعب، يفهم
		يلتقط أنفاسه
		يأخذ قيلولة، ينام برهة
		يلفت انتباهه
		يلحق ب، يرتقي لمستوى
		اراك لاحقا
		يمر بضائقة، لا يمتلك ما يسد الحاجة، ينقصه أو يعوزه بعض (المال)
		يستسلم، يرضخ، ينهار
		يسجل، يحرز
		يعدل عن رأيه أو موقفه

- Majed has changed his mind, and he would not go to the party tonight.
- Change one's tune** **Make a change in one's opinions or position** **يغير موقفه**
- Majed has changed his tune recently and agreed that we need to do things differently.
- Cheat on (someone)** **Be unfaithful to someone** **يخون**
- He began cheating on his wife a year ago.
- Check out** **Depart, leave** **يغادر**
- I checked out of the Regency hotel at 11:00.
- Chew out (someone)** **Scold, reprimand, yell at** **يؤيخ بشدة**
- The platoon commander chewed out the cadet for talking in the class.
- Chicken** **Cowardly, gutless** **جبان**
- You can't count on Ramie. He's chicken.
- Chicken feed** **A small amount of money** **مبلغ تافه**
- The money he paid for his house was chicken feed compared to the amount of money that he has in the Housing bank.
- Chill out** **Calm down, relax** **يهدأ، يسترخي**
- The policeman to the old man: "chill out and we'll find your car".
- Chime in** **Chip in, Join in, interject** **يقاطع حديث شخص ما، يشارك، يسهم**
- While we were having a nice conversation, he chimed in and started complaining about the new firm.
- Chin up** **Be proud** **اعتز بنفسك، يمشي مرفوع الهامة**
- Chin up, the whole nation counts on you chaps, the sergeant told his soldiers.
- Chip in** **Contribute, share the expense** **يساهم، يقدم المال أو العون، يتعاون، يساهم**
- We all chipped in and bought a new bungalow.
- Chip off the old block** **Person who looks or acts like one of his parents** **سر أبيه، ولد شبيهه بأبيه**
- Osama is a chip off the old block and acts exactly like his father.

choosy	Picky, selective, not easy, difficult to please	ينتقل بين الخيارات، صعب الإرضاء
	– I don't like to go shopping with Maysa. She is choosy.	
Cinch	Easy task	مهمة سهلة
	– I finished the test quickly. It was a cinch.	
Clam up	Become tongue tied, stop talking	يصمت
	– She clammed up as soon as her teacher entered the class room.	
Clamor for	Appeal for, cry out for	يهرع ل، يناشد
	– When the foreign minister found out that he was under threat, he clamored for the prime minister's office.	
Clean as a whistle	In clear, clean	نظيف، لا تشويهه شائبه، خال من العيوب أو الاتهامات الموجهة له
	– After inspecting his car, Sami was found as clean as a whistle.	
Clean bill of health	The assurance that an animal or person is healthy	شهادة خلو أمراض
	– The UN volunteer was given a clean bill of health before he began work.	
Clean up your act	Behave yourself, stop behaving badly	توقف عن حماقاتك/ أو النصرفات الصبانية، تصرف كما ينبغي
	– My father told me to clean up my act. I think he saw me behaving badly.	
Clear the air	Calm down, remove a misunderstanding	يهدئ النفوس، يزيل سوء الفهم
	– My father and John had a big argument so I think it is time to clear the air.	
Clear up	Settle, no clouds left	يستقر، تنقشع الغيوم، يصفو الجو
	– The sky cleared up in two hours.	
Cliffhanger	Sports/ events/ contest or a story of which the end is uncertain	مغامرة، قصة أو مباراة يظل الغموض مكتنفا نتيجتها
	– The table tennis tournament was a cliffhanger and one of the most enjoyable games of the year.	

Climb the wall	Be so bored that you become anxious and frustrated	يكتشفه الملل و الاحباط
– Yasmeen began to climb the wall after only a few days at her new job.		
Close call/ shave	Narrow escape, an accident almost happens	ينجو بأعجوبة
– I had a close call this morning when the truck hit me		
Close quarters	In adjacent places	على مقربة، في الجوار
– The new HQs must be in close quarters.		
Close ranks	Come together for fighting united, work together	يوحد الصفوف، يوحد او يرص الصفوف
– They decided to close ranks and stop arguing among themselves close to home.		
Cloth-eared	Not pay attention to something important	أصم اذنيه، لا يلقي بالا لشيء مهم، في أذنيه وقر
– Do not try to explain to Jiff. He is a cloth-eared.		
Coast is clear	No danger is in sight, no one can see you	خال، لا يوجد خطر
– When the coast was clear we decided to enter the building		
Cocky	Over confident, arrogant	مزهو بنفسه، مغرور، متكبر
– Nobody likes her. She is an absolutely cocky.		
(to have) Cold feet	Become afraid, reluctant to do something, lack confidence	خائف، يتردد
– Hajji had cold feet at the last minute and didn't jump out of the plane.		
Cold fish	Someone who shows no emotions, very aloof	من ينأى بنفسه عن الآخرين، منعزل، لا يبدي مشاعره في أي حال
– You can't marry Alfred. He's such a cold fish and no one likes or even trusts him.		
Cold look	A look without friendliness, unkind look	نظرة غير ودية، نظرة باردة، نظرة بها سخرية
– Adam gave me a cold look when I arrived in Boston. I felt like he didn't want to see me.		
Cold welcome	Not warm, unfriendly reception	استقبال فاتر، ترحيب بارد
– Zalaya received a cold welcome of his people when he returned to his country.		
Colossus	A thing or a person of a very great importance or ability	ذو أهمية عظيمة، له قدراته الفذه
– Mozart is a colossus among composers.		

Colour	Interesting detail, vividness	حيوية، التفاصيل، المزايا، تفاصيل جديرة بالإهتمام
	– Murad's description of the area is full of colour.	
Come a cropper	Have a fall, meet with a failure	أخفق، يفشل
	– John is sad because he has come a cropper in his final exam.	
Come across somebody	Encounter, find something or meet someone unexpectedly	يلتقي مصادفة
	– Last week I came across one of my university friends.	
Come again	Please repeat, say that again	أعد ثانية
	– Come again, I didn't hear you the first time. – I said I found your keys.	
Come along	Make progress, thrive, proceed	يبتعث، يزدهر، يتقدم
	– The work on our company is coming along very well now.	
Come along	Come, arrive	يتاح، يأتي
	– When the right opportunity comes along, I'll take it.	
Come back	Return to one's memory, flood back	يعود للذاكرة
	– The events of the past are slowly coming back to me.	
Come between somebody and something	Prevent somebody from having or doing something	يحول بينه وبين شيء، يمنع
	– Rashid never lets anything comes between him and his projects.	
Come by	Get, obtain, acquire	يكسب، يحصل على
	– The manager came by a lot of money and is now enjoying her life.	
Come-down	A lowering in status/ income/ influence or energy	هبوط، ينحسر بمكانه، نزول من قدره ومكانته
	– The general's new position was a real come-down.	
Come down hard on	Get tough on, scold or punish severely	يعاقب بشدة، يوبخ
	– At 7:30 last night, the police were coming down hard on some robbers.	
Come down to earth	See the reality of every day life	يعي الواقع، يكون واقعيًا
	– Dear, I will by a palace and a BMW and I'll lend you 20000 \$. – Come down to earth. You haven't won the lotto yet.	
Come down with	To get (an illness, etc.)	يصاب ب(مرض..)
	– I think I'm coming down with swine flu.	
Come from	Be a native of place	ينحدر من، يأتي من، موطنه الأصلي

	– Many students in my school come from Kuwait.	
Come forward	Present yourself, step forward	يقدم نفسه، يتقدم
	– The judge asked the witness to come forward.	
Come in	Arrive, become fashionable	يصل، يصبح دارجا كموضة
	– Long hair for men came in the seventies.	
Come into fashion	Become fashionable	يصبح موضة
	– Rania says that, although BELL-pants have come into fashion again she will never wear them.	
Come of age	Reach adult status, become fully established	يبلغ سن الـ 18، اكتمل تأسيس (حركة ما)
	– Once you come of age, you are responsible for your actions.	
Come off	Succeed, happen, go according to plan	ينجح، يتم
	– The conference came off without any problems.	
Come off it	Stop it, give it up	توقف عن هذا، اطلع منها، كفاك
	– Come off it! You don't have a chance of winning the final match.	
Come out with	Say, confess, make known	ينطق، يعترف
	– The thief has recently come out with many strange facts.	
Come over	Become evident	يخيم، يصبح جليا
	– After the turbulence, a new restlessness came over the plane passengers.	
Come to	Amount, equal	يبلغ، يساوي، يصل ثمنها
	– The car I bought came to 6000 JD.	
Come to	Awaken, regain consciousness	يفيق من إغماء
	– Nabila came to a couple of hours ago.	
Come to light	Be discovered, become known	يصبح معروفاً، يكتشف
	– It has recently come to light that the chief has lost his job.	
Come to nothing	End in failure, fail, go wrong	يخفق، لا يفلح
	– All Hussein's efforts to help his sister find a job in Dhofar came to nothing.	
Come to one's senses	Begin to think clearly or act	يفيق، يعود إلى رشده

	sensibly	
	– Shelbaieh finally came to his senses and decided to join the national football team.	
Come to terms	Reach an agreement	يتوصل لإتفاق
	– We came to terms with the negotiators and solved the problem.	
Come up with	Produce, find a thought, invent	يجد، يبتكر، يدرك، يتوصل لـ
	– Please try to come up with a name for the new grammar book.	
Command	Deserve, be worthy of	يستحق، جدير، أهل لـ
	– Great leaders command our respect.	
Command	Wish, ready to obey	رغبة، أمنية، (كأن نقول: رغباتك أوامر)
	– Your wish is my command.	
(be) Commissioned	Bring something into operation	يدخل للعمل، تأتي أكلها
	– The nuclear plant is expected to be commissioned in two years.	
Common touch	A friendly manner with everyone	أسلوب ودي مع الجميع، لمسته أو سحره على الجميع
	– Qasim has a nice common touch and everyone likes him.	
Commodious	Spacious, roomy	واسع، به فضاء ومنتع
	– I bought a new commodious cupboard.	
Compass	Range, scope	مدى، إدراك، مجال
	– Some issues are beyond the compass of the human mind.	
Competence	Legal authority	صلاحيات، سلطات
	– Some matters are beyond the competence of the court.	
Compose of	Make up, consist of	يتركب من، يتكون، يتشكل من
	– Water is composed of oxygen and hydrogen	
Conk out	Fall asleep, doze off	ينام بسرعة، يأوي لفراشه
	– As soon as we returned from the hike I conked out in front of the TV.	
Cook(ing)	Be planned, happen as a result of plotting	مخطط له، مدبر، يجري وفق حبكة أو مكيدة
	– Everyone is being secretive. There is something cooking.	

Cook one's goose	Ruin one's chances	يضيع / يفوت فرصة
– Ghazi really cooked his own goose and has no chance of getting the new job.		
Cook the books	Falsify accounts, cheat	يزور، يغش
– Fred was in Gail because he had cooked the books and changed the facts.		
Cook up	Invent, plan, put something together	يضع، يلفق، يبتكر، يختلق
– I don't know what plan Suha is cooking up but it should be quite interesting.		
Cool as cucumber	Very calm and brave, not worried or anxious	هادئ وشجاع، متزن
– Mr. Brown was as cool as cucumber when he knew that his car was damaged in an accident.		
Cool it	Relax, take it easy, calm down	هدئ من روعك، لا تقلق
– Cool it. You needn't be that upset.		
Copy-cat	Imitator	مقلد، محاكي
– Mr. Jeff is a great copy-cat.		
Cost an arm and a leg	To be very expensive	باهظة الثمن
– The barn cost an arm and a leg but I think it was worth the money.		
Count in	include	يشمل، يضم، يحسب حساب فلان
– Please, count Ronza in if you are visiting Spain next summer.		
Count on	Depend on	يعتمد على، يثق بـ
– You can never count on him to do anything right.		
Count out	Exclude, dismiss	يستثني، لا يحسب حساب فلان، يشطب، يطرد
– count Sam out if he doesn't like to go to Spain		
Cover one's back	Protect them	يحمي، يؤمن له غطاء (بالرماية)
– I'm going to enter that house. Cover my back.		
Cover one's tracks	Hide, not say where he/she has been or what one has done	يستتر، يخفي أفعاله أو أثره
– Bell was trying to cover his tracks but it was easy to find his safe house.		
Cozy up to (someone)	Try to be friendly	يحاول التقرب
– Noreen has been trying to cozy up to me since his father passed away.		
Crack a joke	Tell a joke	يروى نكتة

- Your idea is crystal clear (as clear as crystal).
- Cup of tea** **Something one enjoys, special interest** شيء مفضل، محل اهتمام
- That kind of music isn't my cup of tea.
- Cut across** **Cross instead of going around** ينطلق من خلال، يقطع الطريق
- We decided to cut across the football pitch because we were in a hurry to get the train station before 12:00.
- Cut and dried** **Completely decided, prearranged** معد مسبقاً، جاهز
- The final decision was cut and dried and nobody asked for our opinion.
- Cut back** **Reduce, use less** يخفض، ينقص
- FORD was forced to cut back on the number of their employees.
- Cut corners** **Economize** يقتصد
- We will have to cut corners in order to save some money for our vacation.
- Cut off** **Stop, interrupt, disconnect someone on the phone** يقاطع أثناء الحديث، يقطع، يفصل
- I tried to tell Maria about the meeting but she cut me off.
- Cut out** **Eliminate, stop** يمتنع عن، يتوقف
- She decided to cut out chocolate in order to lose weight.
- Cutting edge** **The most important development** اخر ما تم التوصل اليه، الأحداث في ميدان ما
- Helena, you should be on the cutting edge of the telecommunication systems.

D

Dark horse	A candidate little known to the public, someone who doesn't tell other people what she/ he is doing	مفاجأة الحلبة أو الموسم، غامض، شخص يُرشح لشيء ما على نحو غير متوقع
	– Mr. Baker was a dark horse and no one even expected him to be nominated for Oscar. Bizarre!	
Dawn on	Become clear to, become apparent to	يتضح، يصبح جليا
	– It finally dawned on me as to why Rita was angry last night. Her husband and she were separated.	
Day and night	Continually, constantly	ليلاً نهاراً، باستمرار
	– We worked day night to finish the project before the end of the month.	
Day by day	Gradually, little by little	تدرجياً، يوماً بيوم
	– Things will become clearer day by day.	
Day in and day out	Regularly, all the time	بانتظام
	– George goes to that restaurant day in and day out and never gets tired of it.	
Dead ahead	Exactly in front, before	أمامنا مباشرة
	– There was a truck dead ahead so we put on the car brakes suddenly	
Dead broke	Have no money, penniless	مفلس تماماً
	– Mustafa has become dead broke.	
Dead center	Exact middle	منتصف الهدف، المركز
	– Captain Du Toit was able to hit the target dead center.	
Dead end	The closed end of a road or an impasse	طريق مسدود، غير نافذ
	– The negotiations between the two countries have come to a dead end.	
Dead tired	Very tired, exhausted	منهك تماماً، تعبان جداً
	– I was dead tired last night so I went to bed as soon as I got home.	
Deep water	Serious trouble or difficulty	ورطة، مشكلة عويصة
	– Saba will be in deep water if he doesn't tell us where he spent the money	
Defects log	Record of things that are wrong or need attention	سجل الأعطال، سجل المتابعة
	– The engineer filled out the defects log noting some minor points.	

Depend on	Rely on, count on	يعتمد على
– I can't depend on my subordinates. They aren't reliable.		
Devil-may-care	Unworried, not caring what happens	غير مكترث، لا يأبه بشيء، لا يلقي بالا
– He has a devil-may-care attitude to his job and nothing ever bothers him.		
Dicey	Dangerous, chancy, uncertain	فئة مغامرة ومخاطرة، غير مؤكد، خطير
– Joining Alfred's company seems dicey for me.		
Die down	Abate, lessen, grow weaker	يخمد، يموت
– When the sound of the music finally died down, we were able to sleep.		
Die off	Die one after another until the number is small	يسقط تباعا، تموت الواحد تلو الأخرى
– The house plants will die off as soon as I move to a new apartment. No one will look after them.		
different kettle of fish	A different situation altogether	مسألة مختلفة تماما
– You might be a good musician, but teaching music in school is a different kettle of fish		
Dig in	Begin eating	يشرع في (الأكل)، يياشر في
– Let's dig in and eat before everything is cold!		
Dig up	Expose, find	يكشف عن، يكتشف، يجد
– You need to dig up some new facts about the mummy.		
Dish out	Server food from a large bowl or plate	يسكب الطعام
– Bill dished out the food when I arrived.		
Do a u-turn	To completely change your opinion about something	يغير رأيه (كلياً)، يبدل موقفه
– Rabab has done a U-turn about the mayor since that corruption scandal, she used to support him.		
Do in	To make tired, to exhaust	يهلك، يتعب
– Working in your factory really did me in today. I'm exhausted.		
Do in	To kill, to murder	يقتل، يردي قتيلا
– The killer did his victim in by his pistol.		
Do one's bit/ best	Try to do something as well as you can	يقدم أفضل ما يمكن، يبدل قصارى جهده
– I tried to do my best on the exam.		
Do one's part/ bit	Share in a group project by	يقوم بواجبه، يؤدي دوره

	contributing one's time and effort	
	– Kushner did his bit for the planning of the Middle East forum.	
Do out of	Cause to lose by trickery or cheating	يحرم شخص من شيء
	– Alice was worried that the company would do her out of the large bonus that she was expecting.	
Do over	To do something again, repeat a task, redo	يعمل (أمرًا) من جديد، يعيد العمل، يعيد النظر
	– Please do your composition over. There are too many mistakes.	
Do the trick	Work well, achieve a good result	يعمل جيدًا، يفي بالغرض، يقوم بالمنشود
	– I think the new piece of equipment should do the trick and solve the problem.	
Do up	To fasten, to close	يغلق، يشد، يسحب
	– Please do up your jacket before you go outside. It is very cold.	
Do with	Be acquainted, Involved, associated with	يكون له علاقة، مرتبط
	– I don't have anything to do with the national day this year. I'll be medically excused.	
Do without	Spare, Manage without something	يستغني عن
	– I can't do without my thesaurus.	
Dodgy	Devious, difficult, tricky	مراوغ، صعب، قاس
	– Last week we had a long race on dodgy hills in Wales. That was very challenging.	
Doll up	Smarten, dress in fancy clothes	يتأنق
	– Sylvie was all dolled up for Christmas party at the downtown hotel.	
Domino effect	Consequence or results that are dependent	تأثير متبادل، كل يؤثر بالآخر وبالتناوب، كالدمينو
	– If X country will be hit by Y, all countries of the region will be badly affected. You know it is a domino effect. Economies are dependent.	
Double back	Turn back from where you are	يعود، يرجع
	– We decided to double back from the arena to get some money to go to a movie.	
Double-check	Check again to be sure something is correct	تفقد اضافي، يتأكد مرتين، يؤكد على
	– Sebastian double -checked his troops but a corporal was missing.	

Double-cross	Deceive, promise one thing and do another, betrayal by an agent of both parties	يخون، خيانة من عميل مزدوج
	– Steve tried to double-cross his partner but was caught and sent to Gail.	
Double up	Share a room or home with someone	يشاطر غيره (غرفة)، يشارك غيره
	– The passengers had to double up the hotel rooms when the plane was delayed because of the bad weather.	
Down-to-earth	Sensible and practical	واقعي، عملي
	– Sam's mother is a very down-to-earth person.	
Down on someone	Be critical of someone, angry at	غاضب منه
	– Wisam is really down on her friend but I don't really know the reason.	
Down the drain	Wasted, lose	يخسر، يضيع، يبدد
	– Antonio is just throwing money down the drain when he goes to the horse races.	
Down town	The centre of a city	مركز المدينة، وسط البلد
	– I have a grand store in Amman down town.	
Drag in	Bring something in a different thing	يقحم (موضوعاً بآخر)
	– Sami always drags in his personal problems when we are talking about the company financial problems.	
Drag on	Time lasts much longer than expected or necessary	يمط، يطول، تجري أحداثه ببطء
	– That boring movie dragged on and on. I thought it would never end!	
Drag one's feet	Delay, take longer than necessary	يتأخر، يأخذ وقتاً أكثر من اللازم
	– Rasmi is dragging his feet. He should have finished his plan a month ago.	
Draw a blank	Obtain nothing in return for an effort made, get negative result	لا يجد عوضاً، لا يجد مقابل، يحصل على نتيجة سلبية
	– Mr. Haddad drew a blank when he went to the head office to try and have some information about the crisis.	
Draw in	Make or become shorter	يقصر، يصبح أقصر
	– Days in winter time draw in.	
Draw out	Make or become longer	يطول
	– Days in summer time draw out.	
Drawback	Disadvantage, weakness	سيئة، نقطة ضعف، سلبية

- Despite the drawbacks, vaccination was a major advance in Malaria preventive medicine.

Dress up Put on one's best clothes يرتدي أحسن الملابس

- Robert decided to dress up for today's ceremony.

Dressed up to the nines Well dressed مكنتسي أحسن الملابس، بأحلى حلة

- Last night Alice was dressed up to the nines.

Drive at Hint at, mean يرمي الى، يقصد من كلامه، يعني

- Sir, I don't know what you are driving at in your speech

drive somebody up a wall Upset, annoy يزعج، يضايق

- I can't play on piano when my folks are at home. They say I drive them up a wall with all the loud music.

Drop by To visit informally (usually without scheduling a specific time) يقوم بزيارة قصيرة -عرضية غير مبرمجة

- If you're around, we'd love to see you. Please drop by any time.

Drop by the wayside Give up, fail before the finish يتخلف، ينسحب قبل النهاية

- Many runners dropped by the wayside as the marathon continued.

Drop out (of school) Cease to complete, quit (school or a course) يترك، يتوقف عن الذهاب إلى، يكف عن الإشتراك، ينسحب

- Leon dropped out of the class after three months. You know, a few teenagers drop out of high school these days.

Drop someone a line Write to someone يرأسل، يرسل برسالة

- I have to drop my father a line today.

Drop the ball To fail at task يخفق في المهمة

- The boss really thought he would do well with that client, but he dropped the ball and got fired.

Drown one's sorrows Drink alcohol to forget one's problems يتخلص من، ينسى مشاكله

- He's in the bar drawing his sorrows with beer.

Dry run Practice, rehearsal, run through تجريبية، تمرين (بروفه)

- The battalion commander decided to do a dry run for the final attack.

Duck soup Easy, effortless شيء هين، أمر يسير

- A: How was the test last week?

B: It was duck soup. I had no problem at all.

Dull as ditch water

Very boring

ممل جدا، يخلو من
الإثارة، ساكن، دون حركة

– I didn't like that story at all. It was dull as ditch water.

Dutch treat

Meal or movie where each

العشرة الحلبية، يدفع كل

person pays their own way,

امرى ما يترتب عليه من

contribute equally to something

نفقات

– When Harry goes out with his friends it is always a Dutch treat as he doesn't have much money.

E

Each and every	Every (used for emphasis)	كل واحد (تستخدم للتوكيد)
– I would like each and every one of you to bring your Panorama textbooks tomorrow.		
Eager beaver	Person who is always eager to work or do extra work	شخص متحمس لاداء واجباته
– Ali is a real eager beaver and is always available to work when we need him.		
Ear to the ground	Attentive, pay attention to the way things are going	منتبه، يقط لما يجري
– Suleiman always has his ear to the ground and knows all that is going on in his company.		
Earful	Scolding, a lot of information (often critical)	توبيخ قاسي، الكثير من المعلومات، انتقادات جمى
– Dove really gave his daughter an earful when she came home late.		
Easy-going	Tolerant and relaxed	هادئ، متساهل، متمهل
– Henry has a very easy-going management style. Everyone loves him.		
Eat crow	admit you were wrong, say sorry	يعترف بخطأه، يعتذر
– General Brooks was forced to eat crow when the figures that he gave us at the meeting were all wrong.		
Eat like a bird	Eat very little	يأكل قليلا (كالعصفور)
– Mariah eats like a bird. That's why she can't put on enough weight to join the national basketball team.		
Eat like a horse	Eat a lot	يأكل كثيرا (بشراهة كالحصان)
– Smith eats like a horse but he never puts on any weight.		
Eat one's words	Admit being wrong, retract one's statement	يعتذر، يسحب كلامه، يقر بخطأه
– Blair was forced to eat his words after his boss proved that he was wrong.		
Eat someone	To bother, upset	يشغل باله، يزعجه
– Why don't you tell me what has been eating you?		

F

Face the music	Accept the consequences, accept responsibility or blame	يتحمل العواقب والمسؤولية، يقبل النتائج، يواجه اللوم
	– Faten should be left alone to face the music. She lies all the time.	
Face value	Seeming value or truth of something	المعنى الظاهري
	– Osama is a nice person but you must always take at face value what he says.	
Fair and square	Honestly, just, straightforward	بأمانة، بحق، بجداره، دون ريب
	– Manchester united football team won the game fair and square but still the other team complained.	
Fair-weather friend	A person who is a friend only when one is successful	صديق المصالح، صاحب المتقلب (من يكون لزاما لك ما دمت موفقا)
	– Daniel is a fair-weather friend. You can't rely on him when in trouble.	
Fall apart	Collapse, to not work properly	تعطل
	– The piece of equipment fell apart about six months after I bought it.	
Fall back	Move back, go back	يتراجع
	– Sura fell back from the rest of the runners when the race time was half over.	
Fall back on	Turn to for help	يلجأ لـ
	– Rania had to fall back on her father's account when her business fell back.	
Fall behind	Be delayed, fail to keep up with something	يتخلف عن، يتأخر
	– Josef fell behind with his homework at the beginning of the term.	
Fall flat	Be unsuccessful, fail, miss the target	لا يجد قبولا، لا ينل استحسانا، يعجز عن إحداث اثر في النفس، يخفق
	– I think that my attempts fell flat and now my wife doesn't like me.	
Fall for	Be attracted to, fancy, begin to love	يعجب، ينجذب نحو
	– Mustafa fell for the woman at Al-Madina mall but he is afraid to ask her for a	

	date.	
Fall guy	A person who is left to take the blame for something that someone else did	ضحية، كيش الفداء
	– What you are doing is illegal and I'm going to report it to the police. I don't want to be the fall guy.	
Fall in love with	Be attracted to, begin to love someone	يقع في حب
	– I fell in love with Mathield the first time I saw her at the Chinese restaurant.	
Fall in with	Get into line, become associated with, meet by chance	يرافق، ينضم، يلتقي
	– Haytham fell in with a bad group of friends and began to have lower marks.	
Fall off	decrease	ينقص
	– The number of tourists visiting Petra has recently fallen off.	
Falling-out	disagreement, quarrel	مشاجرة، خلاف
	– My friend and I had a falling-out during our holiday; and we haven't spoken to each other since last February.	
Falling to bits	In a state of disrepair	في حالة عطب، معطل
	– That house is falling to bits! I wouldn't buy it if I were you.	
Far and wide	everywhere, in all directions, all over the place	في كل مكان، من كل حدب وصوب
	– We looked far and wide for the missing golden jar but could not find it.	
	– People came from far and wide to see the final match.	
Far cry	something very different	أمر مختلف تماماً
	– What Yunis said to my fiancée is a far cry from what he told me over the telephone.	
Far fetched	Unbelievable, unlikely, exaggerated	مبالغ فيه، غير محتمل
	– To have a military school built in Pella by the end of this month is a farfetched dream.	
Fast talker	Clever talker who convinces others easily	صاحب حجة، متكلم، يقنع الآخرين بسهولة
	– Sami is a fast talker so you should be careful not to believe everything that he says.	
Fat of the land	Have the best of everything, (especially without having to work)	يحيا بترف، ينعم بصفو العيش
	– He plans to move to the mountains and live off the fat of the land.	
Feast for the eyes/ senses	Something that is pleasant to see	متعة بالغة، متعة للناظرين،

	or experience	للفرجة
	– The huge buffet was a feast for the eyes. All kinds of food were just wonderful.	
Feather in one 's cap	Something you achieve and are proud of	مفخرة، شارة امتياز، انجاز
	– Winning Noble award was a real feather in my cap.	
Feather one's nest	Look after one 's own interest while holding public job	يتريش، يجمع ثروة باستغلال الممتلكات العامة، يرفع مصالحه باستغلاله مكانته في العمل العام
	– The minister has been feathering his nest for many years and is now very rich.	
Fed up with	Bored with, sick of, have no patience	ضجر، سئم من
	– I'm fed up with the constant demands of my superiors.	
Feel like a million dollars	Feel so wonderful	يشعر بسعادة غامرة، مبتهج، متحمس
	– He's feeling like a million dollars after finishing the final exams.	
Feel out	Talk or act carefully with someone and find out what he thinks	يجس نبض فلان، يتحسس
	– I will try to feel out my boss this weekend and see what he thinks of my chance of promotion.	
Feel sorry for	Pity, have sympathy for	يشفق، يحزن، يأسف
	– I feel sorry for Ra'ed after losing his job.	
Feeling blue	Feeling bad	كئيب
	– Rita's feeling blue because her mother died.	
Feeling woozy	Feeling dizzy, unsteady, sick	مريض، مشوش الذهن، الشعور بالغثيان، فاقد التوازن
	– Every time I jump out of the plane, I feel woozy. I don't like parachuting at all.	
Fender bender	Crash, accident	حادث، اصطدام (سيارة)
	– Ahmad had a terrible fender bender last night.	
Fifty-fifty	Equally, evenly	بالتساوي، مناصفة
	– We divided the outcome of the project fifty-fifty.	
Fight your corner	State your opinion openly and you defend it vigorously	يعبر عن موقفه ويدافع عنه بكل قوة
	– Salam, do not give up. Fight your corner and we'll support you.	
Figure on	Depend on , be sure about	يأخذ بعين الاعتبار، يقرر،

		يتأكد من
	- You can figure on about people coming to the wedding party next Saturday.	
Figure out	Understand, solve	يفهم، يكتشف، يحلل، يعرف
	- I finally figured out how to switch on the new video recorder.	
Fill (someone) in	Tell someone the details	يزود بمعلومات/ بالتفاصيل
	- I will fill you in later about our plans for the weekend.	
Fill out	Complete, write down	يملأ، يكمل
	- All passengers were asked to fill out the forms before they could check in.	
Fill the bill	Be suitable for what is required	يفي بالغرض، يناسب
	- I think that the new computer should fill the bill for us.	
Finger in the pie	Part ownership or responsibility	يملك جزءاً من شيء، له ضلع في مسألة
	- My manager has his finger in the pie of all big companies of the area.	
Fire on all cylinder	Do one's best, work, exceptionally hard	يعمل بأقصى طاقته
Firsthand	Directly, personally	مباشرة، من المصدر الأصلي، شخصياً
	- I knew the news from him firsthand.	
First-run	New, shown for the first time	جديد، يعرض لأول مرة
	- There are a lot of first-run movies that I haven't had time to see yet.	
Fish out of water	Someone who does not fit in	في المكان الخطأ، شخص في غير مكانه
	- Evan was like a fish out of water at the defence school of languages.	
Fishy	Strange, devious, suspicious	مشكوك فيه، مثير للريبة، غريب
	- When the police saw a light in the council after closing hours, it seemed to them that there was something fishy going on.	
Fit as a fiddle	In good athletic condition or health	بصحة جيدة، مثل البومب
	- Bush's grandfather is 92 years old but he is fit as a fiddle.	
Fizzle out	Fail after a good start, end in failure	يخفق (خاصة بعد بداية جيدة)، يسوء، يؤول الى الفشل، يفقد حماسه، أقل نجمه

Foggy	Not clear, cloudy	ضبابي، غير واضح
– I had a foggy idea about what my manager was talking about.		
Follow in one's footsteps	Follow someone's example	يتبع نهجه، يحدو حذوه
– Abdullah followed in his father's footsteps and became a great journalist.		
Follow through	Continue or finish an action that one has started	يواصل عمله حتى النهاية، ينهي أمرا كان قد بدأه
– Sami said that he would help me paint my house but he has never followed through with his offer.		
Follow up	Make (one action) more successful by doing something more	يلاحق، يُتبع، يتابع
– The new commander followed up his phone call with a visit in the afternoon.		
Foot the bill	Pay	يدفع فاتورة، يتحمل نفقة (وأعباء)
– The company will foot the bill for my move to Chicago		
For a song	For very little money	مقابل مبلغ قليل من المال
– He was able to buy his new car for a song.		
For all one is worth	As hard as one can	كل ما بوسعك، قصارى جهده
– I will try for all I am worth to help you get a job at the Defense School of Languages.		
For better or worse	With good or bad effects	على أية حال، على كل حال، مهما كانت العواقب
– For better or worse Alberto has decided to quit his job and go to live in Greece.		
For certain	Without doubt, certainly, surely	من المؤكد، بالتأكيد، مما لا شك فيه
– It is for certain that Zeidan will not be one of the new national football team.		
For good	permanently, forever	للأبد، بشكل دائم
– Ronald has decided to move to Los Angeles for good.		
For keeps	For always, forever	باستمرار، للأبد
– Captain Josef told the little child that he could have the tennis ball for keeps.		
For love or money	By any means, in anyway	بأية وسيلة ممكنة،

		بالوسيلة المناسبة
	– I managed to get him to agree to the proposal for love or money.	
For sure	Of course, certainly	بالتأكيد، بلا شك
	– I will go to the movie with my fiancée for sure next week.	
For the birds	Uninteresting, something you don't like	هباء، عديم الجدوى، ممل، ليس به متعة
	– Doing the cleaning all day is really for the birds.	
For the time being	For now, for the moment	في هذه الفترة، في الوقت الحالي
	– I really need a new car but for the time being I'll have to continue using my old one.	
Fork out	Pay, pay out	يدفع (الكثير)
	– I had to fork out a lot of money to fix my car.	
Frame of mind	Mood, temper, mental state	مزاج، حالة نفسية
	– Laura was sure that her boss was in a good frame of mind before she asked him for the leave.	
Fraught with	Burdened, full of, troubled	محفوفة بـ، مليئة بـ
	– The road to Kabul is fraught with hazards.	
Free and easy	Informal	يرفع منه التكلفة، غير رسمي
	– The society director has a free and easy attitude about his work.	
Free hand	Unguided, having great freedom to do something	حرية التصرف، غير مسير، غير مقيد
	– We had a free hand in designing the new school's dress.	
Freeze	Stop	يوقف، يجمد
	– The super power will step in and freeze the war.	
From A to Z	know everything, in every particular, from the start point to the finish point	من الألف الى الياء، كل شيء، من البداية حتى النهاية
	– The college commandant knew about the plot from A to Z.	
	– Sally, you must obey your father from A to Z.	
From hand to hand	From one person to another	من شخص لآخر، من يد لأخرى
	– The plate of fried rice went from hand to hand until it was all finished.	
From toe to head	Thoroughly	من ساسه لراسه

Jamal is very busy. He is lost in business from toe to head.

From now on **Hereafter, from this moment forward** من الان فصاعداً

- From now on I will study French every day.

From scratch **From the very beginning** من البداية، من الصفر

- Sam decided to build the company from scratch.

From the bottom of one's heart **With great feeling, sincerely** بإخلاص، من الأعماق،
من الصميم، من صميم القلب

- I would like to thank you from the bottom of my heart for helping my assistant when he was sick.

From the heart **Sincerely, honestly, emotional** من القلب، صادق،
عاطفي

- Steve gave his wife some flowers with a message straight from his heart.

From time to time **Occasionally, now and then** أحياناً، من وقت لآخر،
بين الفينة الأخرى

- My family goes to that Thai restaurant from time to time.

Fuddy-duddy **Old fashioned, conservative, stick in the mud** محافظ، عتيق الطراز،
تقليدي

- Your fashion looks fuddy-duddy.

G

Gain ground	Advance, go forward, progress	يحرز تقدماً، يزدهر
– Our company has gained ground in products, and we're about to export more items to Europe.		
Gas up	Fill up a gas tank	يتزود بالوقود
– I think we should gas up tonight before we move on tomorrow morning.		
Get (something) over with	Finish, end	ينتهي
– Mick wants to get his exams over with so that he can begin to have a relaxation period.		
Get a move on	Hurry up, speed up	أسرع، تعجل
– Please, get a move on or we'll be late.		
Get ahead of	Overtake, be in front of, to achieve success	يتفوق، يسبق غيره، يصبح في المقدمة
– After five years of economic stagnation, our corporations finally got ahead of the competition.		
Get along	Manage, progress	يتدبر أمره، يدير (شأنه)
– Ahmad proved to be able to get along on very little money.		
Get along	Live, to have a friendly relationship	ينسجم مع، تتحسن الحال مع، ينعم بعلاقة ود
– Do you get along with Jessica?		
Get around	Avoid	يتجنب (فعل ما)، يتهرب
– My daughter tried to get around doing the dishes, but she wasn't successful. And I was really busy.		
Get at	To try prove or make clear, mean	يبلغ، يقصد، يحاول أن يثبت أو يوضح
– I couldn't understand what Jackson was getting at. His presentation didn't make any sense to me.		
Get away	Depart, succeed in leaving , escape	يغادر، يفلت من، يفر
– Mathild was able to get away early from work today so she went shopping for awhile.		
Get away with (murder)	Do something bad without being punished	يفعل جرماً دون أن يعاقب عليه، يفلت من

عقوبة

- The thief was able to get away with murder while the duty police officer was sleeping.

Get back Return يرجع، يعود

- I got back from Lyon yesterday morning.

Get behind Go slow while doing something,
be late يتخلف، يتأخر

- If you get behind in the homework you will never be able to pass the course.

Get in To enter يدخل

- I lost my keys and so I couldn't get in the house.

Get in touch with Contact someone يبقى على اتصال، يتصل

- I'll get in touch with you Ramiz when I arrive in Helsinki in august.

get in your hair Bother, make one very angry يضايق، يزعج

- Babe, I know that the children get in your hair, but you should be more patient.

Get it off your chest Express your feelings يعبر عما يجوب في
خاطره، يففض

- I see you a bit upset. Try to get it off your chest. I may help you.

Get lost Go away ينصرف، يذهب

- Marie told her brother to get lost so she could finish her homework.

Get mixed up Become confused, caught up مرتبك، مشوش

- I'm sorry but I got mixed up with the dates. That's why I came to the British council today.

Get off Leave, Come down from or out
of يترجل، ينزل

- We decided to get off the train at Waterloo station.

Get off on the wrong foot Make a bad start يبدأ بداية سيئة/ غير
موفقة

- Alice got off on the wrong foot with her new business and their relationship never really recovered.

Get off one's back Stop bothering يكف عن ازعاجه/
مضايقته

- Come on Adel, get off my back! I can't go out with you before I finish my assignment.

Get on	Board, mount, enter	يركب، يعتلي
– Quick! Get on the train, it's about to leave.		
Get on in years	To advance in age	يتقدم بالسن
– My grandfather is getting on in years and is not very healthy.		
Get over something	Survive, overcome a difficulty, recover from an illness or shock	يتعافى من (مرض)، يتغلب على (أزمة ما)
– Manal is trying to get over her father's death.		
Get ready	Be prepared	يجهز نفسه
– First I must get ready for the parade, and then I will see how I can help you.		
Get rid of something	Throw something away, dispose of	يتخلص من
– I bought a new television set so I had to get rid of the old one.		
Get somebody down	Make somebody feel sad	يجعله حزينا
– I got her down when I told her about her father's accident.		
Get somebody in	Call to come	يستدعي
– I got the carpenter in to fix the drawer.		
Get the better of (someone)	Triumph over, beat, defeat	يتغلب عليه، ينال منه، يهزمه، ينتصر عليه
– Patricia got the better of me and won the tennis match.		
Get the feel of	Become used to, learn about something	يألف، يعتاد على
– After you get the feel of the new barracks, you should think of having some new friends.		
Get the hang of	Pick up the basics of, to learn how to do something	يتعلم، يسيطر جيدا، يدرك سير العمل، يمسك بزمام الأمور
– I'm studying English as a foreign language. If I keep trying, I'm sure I'll get the hang of it.		
Get the message	Understand clearly what is meant	يدرك القصد، يتفهم، يستوعب المقصود، يفهم المغزى/الرسالة
– I have told Lucas three times about the rules, but I don't think that he really gets the message.		
Get the sack	Be fired, dismissed from work	يطرد، يفصل
– I warned you that if you don't change your habits you will get the sack from your job.		

Get the worst of	Be defeated or beaten, suffer most	يخسر، يعاني من، يحصد الأسوأ
– Rashid got the worst of the deal when the salesman sold him a used car.		
Get the wrong end of the stick	Misunderstand completely	يسيء الفهم تماما
– A: Do you mean that my brother is the one who stole the wallet? B: No, no, I think you've got the wrong end of the stick. All I meant is that your brother is the only one who can find out the whole truth. He is an ex-police officer.		
Get through	To move past a difficult time or place	يجتاز (امتحان/ محنة)
– After John's death, his wife had to get through his sadness to direct her new business.		
Get to	Have a chance to, be able to, reach, attain	يتمكن، تتاح له الفرصة
– I didn't get to see her last year but maybe I will have a chance this year.		
Get to first base	Make a good start, succeed	ينجح بالتوصل لامر، يصل إلى
– I tried to meet the sales manager of the company but I couldn't get to first base.		
Get to the bottom of	Clear up, know all there is to know	يعرف حقيقة الأمر، يتوصل للسبب الحقيقي
– The government is trying to get to the bottom of the financial problems of the company.		
Get to the heart of	Understand the most important thing	يبلغ حقيقة الأمر، يصل إلى لب الموضوع
– We were in the meeting for three hours trying to get to the heart of the matter.		
Get up	To leave bed after sleeping	ينهض من الفراش
– When Steve got up this morning it was still dark.		
Get up	Fancy dress, clothing, wear, garment	زي، مظهر، لباس
– What was that strange get up that Benedict was wearing the other day?		
Get wind of	Hear about something	يعلم ب، يكشف
– I got wind of the company expansion from my friend.		
ghost of a chance	Very little, (not even) the smallest chance	احتمال ضئيل، بصيص أمل، فرصة مستبعدة

	– Smith doesn't have a ghost of a chance to finish the book in time for his class.	
Give (someone) a hard time	Make trouble for someone, tease	يضايق، يزعج
	– Laura was giving her boyfriend a hard time about his new haircut	
Give a lift	Lift, give a boost, take someone somewhere in a vehicle	يقبل، (ينقل) نقلة الطريق، يوصل بمركبة (توصيلة)
	– Can you give me a lift?	
Give-and-take	Mutual, common, sharing, giving and receiving back	اجراء تنازلات متبادلة، تبادل، أخذ وعطاء
	– You must be willing to give and take if you want to have a settled relationship.	
Give away	Let (a secret) become known	يفضي، يفشي، يفصح، ينشر خبرا
	– I tried to stop Salma before she gave away my plans to go to Mexico for a holiday.	
Give back	Return something	يعيد
	– Please give me back my book.	
Give chase	Chase or run after someone or something	يطارد، يلاحق
	– The police gave chase to the man who robbed the grand store.	
Give ground	Move back, retreat, stop opposing someone	يتراجع، ينسحب
	– The secretary refused to give ground on his plans to change the system of his office management.	
Give hand	help	يساعد، يقدم يد العون
	Can you give me your hand? I can barely lift the luggage.	
Give in	Give someone his own way, stop opposing someone	يستسلم، يرضخ
	– The company gave in to the union's demand for more added taxes.	
Give it a shot	To attempt something	يحاول، يجرب
	– I'm finished. It's your turn now. Come and give it a shot.	
Give off	Send out, let out, put forth	يخرج، يطلق، يبعث
	– The garbage gave off a bad smell because of the hot weather.	
Give or take	More or less, say, plus or minus a small amount	تقريبا، زيادة أو نقصان القليل، زد أو اطرح القليل
	– I think that Obama is about 45 years old, give or take 5 years.	
Give out	Give to people, distribute	ينشر، يوزع

	bad and who you dislike)	يعطي الحق لصاحبه
–	Although I don't like Saif at all, I have to give the devil his due because he always gets the job done.	
Give the green light	Give okay, give approval to do something, give permission to go ahead	يعطي الضوء الأخضر، يوافق
–	Nothing can be done before Bush's administration gives the green light to them. Benjamin has been given the green light to start working on the new housing plan.	
Give up	Abandon, stop	يتخلى عن، يتوقف عن، يترك
–	Brown has decided to give up his plan to work in Hong Kong for a year.	
give up the ship	(Don't) stop fighting and surrender, (don't) stop trying or hoping to do something	يستسلم، ييأس
–	Please don't give up the ship and quit this company. I am sure you still have an essential role to play.	
Give way	Collapse, fail	ينهار
–	The great dam gave way and the water flooded the farms.	
Giveaway	An open secret, a sale where items are sold very cheap	يفضح، افشاء سر، شيء يقدم مجاناً
–	The principal's speech was a giveaway. Now I know that he is planning to retire.	
Glad hand	A friendly handshake, a warm greeting	مصافحة بود ، تحية وترحيب حار
–	The politician spent the morning glad handing the people at the shopping center.	
Glad rags	Best clothes	أفضل الملابس
–	Jiff, we're having a party at my house tonight, so you'd better put your glad rags on.	
Gloss over	Try to make what is wrong seem right, hide	يموه، يخفي حقيقة شيء
–	The accountant tried to gloss over the money that he stole last year.	
glowing	Gleaming, cheerful, jovial	مبتهج، مسرور جداً
–	When Nancy got her prize, she was glowing with pride.	
Go about	Be busy with, start working on	ينشغل ب، يشوع في
–	Addison has been going about his business all morning although he is feeling sick.	
Go after	Try to get, aim for, target	يسعى وراء، يلاحق

- The police decided to go after the people who were speeding near the school.
- Go ahead** **Begin to do something, not wait** **ينطلق**
 – Let's go ahead and start working now. We can't wait for him any longer.
- Go along** **Agree, co- operate** **يوافق، يعبر عن موافقة
عن، يتعاون**
 – They went along with my idea about having a press conference tomorrow.
- Go around** **Go from one place or person to another** **يبحث، يتحرك من مكان
الى آخر**
 – I decided to go around from one shop to another to find a good present for my mother's birthday.
- Go around in circles** **Without getting anywhere, uselessly** **بلا جدوى، يدور حول
نفسه، يعمل دون طائل
أو تقدم يذكر**
 – Josef has been going around in circles for weeks now and still hasn't made any progress with his essay.
 – We aren't getting any nearer to solving our problem. We're going round in circles.
- Go back on** **Turn against, not be faithful to** **يتخلى عن، يخون،
يحنث بوعده**
 – Eva promised not to go back on her word about the discount.
- Go between** **Mediator, calmer** **وسيط**
 – If you want to marry, you need to send a go between to prepare things for you.
- Go broke** **Lose all of one's money** **يفلس**
 – Callboard's company went broke so I quickly lost my job.
- Go Dutch** **Pay for yourself** **يدفع كل عن نفسه،
العشرة الحلبية**
 – My friends and I always go Dutch when we go on a meeting.
- Go for** **Try to get, try for** **يذهب من أجل، يرمي
إلى، يحاول أن يحصل
على**
 – I have decided to go for the new job at Carrefour.
- Go from bad to worse** **Get worse, deteriorate** **يسوء، من سيء لأسوأ**
 – Things are going from bad to worse in the company
- Go halves** **Share equally** **يتقاسم سوية، يتشارك**
 – Jim and I have decided to go halves on buying a new computer.
- Go in for** **Decided to do (something), take part in** **يختص، يجعل شيئاً ما
اختصاصه، يشترك في**
 – Biff is going to university and has decided to go in for medicine.

Go like a bat out of hell	To go fast, dash	يذهب مسرعاً / كالفار من جهنم
	– When the bell rang, Russo went out of the school like a bat out of hell.	
Go off	Leave, depart	يذهب، يرحل
	– Osama went off on a trip and he never even bothered to phone and say good bye.	
Go off	Explode, be ignited	ينفجر، يشتعل، ينطلق
	– The firecracker went off in his hand before he had a chance to put it down.	
Go over	Examine, discuss, review	يراجع، يفحص
	– The accountant will come to go over the books tomorrow.	
Go straight	Become an honest person, lead an honest life	يستقيم، يحيى حياة سوية
	– Jack was in prison for awhile but has recently decided to go straight.	
Go through	Examine or think about carefully, search	يفتش، يفحص
	– The police went through my house looking for a gun.	
Go through	Experience, suffer, live through	يكابد، يمر ب، يحيى، يجتاز تجربة أو خبرة
	– Adam has been through many hard times since he lost his job.	
Go through fire and water	Go through a hard time	يمر بشدة، يمر بوقت عصيب / صعب
	– Rita, you need to take a rest. You've been lately through fire and water.	
Go to one's head	Become conceited, be arrogant	يدخل الغرور في نفسه، يتكبر
	– Bernard's new position has really gone to his head and he doesn't speak to us any longer.	
Go to pieces	Lose your self- control, break down, collapse	تنهار أعصابه أو صحته، ينهار
	– My wife went to pieces when she received the news about her father's death.	
Go to pot	Deteriorate, go to the dogs, fall apart	يتدهور، ينهار
	– The business has really gone to pot since George became the president.	
Go up in smoke or flames	Burn or be destroyed by fire, fail, not come true (dreams)	يتلاشى، يذهب مع الريح، يزول، لا تتحقق
	– Sami's plans to open a new restaurant have gone up in smoke since he lost his job.	
Go (someone) one better	Do something better than someone else, do more or be	يتفوق عليه

	better than someone	
	– I decided to go you one better and buy a bigger present for my friend.	يعمل بذاته، من ينجز
Go-getter	Achiever, self starter, a person who works hard to become successful, an ambitious person	أعماله بنفسه، شخص طموح، يعمل جاهداً لتحقيق النجاح
	– Mohammad is a go-getter. He always works hard and has lots of money because of that.	
Golden opportunity	Excellent and rare opportunity	فرصة ذهبية
	– Being appointed as a deputy commander, Mitchell will gain millions of dollars from the contractors. That is a real golden opportunity.	
Gone to the dogs	become run-down, in serious need of repair, worsen, deteriorate	بحالة متدهورة، ساءت أحواله، بحاجة ماسة للصيانة
	– Have you seen the governor's house lately? It's really gone to the dogs. It should be fixed up.	
Good deal	Good quality and cheap price	صفقة جديدة، جودة عالية و سعر رخيص، سعر جيد
	– You can usually get a good deal on stereos at that discount store.	
Good sport	Person who loses well	روحه رياضة
	– Zeidan is a very good sport and never complains about losing.	
Gravy train	Job that gives one a lot of money compared with what they do	وظيفة تعود على صاحبها بكسب كبير، قطار الهناء
	– The cleaning contract was really a gravy train. We only worked for few hours but we got paid for weeks.	
Grease one's palm	Give money or pay for some special favor	يدفع رشوة، يدفع مقابل خدمة، يشحم يده
	– I had to grease the border guard's palm to enter the country.	
Green	Be inexperienced, immature	قليل التجربة، عوده أخضر
	– Hayat is a little green and doesn't know the job very well.	
Green with envy	Very jealous , full or envy	غيور جدا وحسود
	– The little girl was green with envy when she saw her friend's new bicycle.	
Grind to a halt	Slow down and stop (like a machine when it is turned off)	يتوقف، يتباطأ حتى

يتوقف تماما

- The city ground to a halt when the power went off for five hours.

شخص يتخذ وسيلة

Guinea pig

Test subject, experimental
subject

لاجراء التجارب، خنزير

غنيا، فأر تجارب

- I used my men as Guinea pigs.

H

Hacked off	Upset, annoyed	منزعج
– My father was hacked off when you dropped his favorite dish.		
Had better	Should do something	يفضل أن، ينبغي
– I'd better go now or I'll be late for the French class.		
Hale and hearty	In good shape, in good health, well and strong	سليم ومعافى، بمظهر وصحة جيدة
– Sophie is a hale and hearty comrade who never gets sick.		
Half-baked	Ill-considered, not thought out	غير مدروس جيدا
– I didn't really like his half- baked blueprint about the new communication system.		
Half hearted	Unenthusiastic, indifferent	غير متحمس، غير متشجع، لا يؤيد
– I don't want to go for that budget. I'm half hearted.		
Half the battle	A large part of the work	نصف المعركة، القسم الأكبر من العمل المطلوب، ما زلنا في نصف الطريق
– Sending the best sellers out will be half the battle. We can finish the rest of the work next week.		
Hand in	To submit	يسلم
– McCain handed in his casualty report a bit early. His commandant really liked it.		
Hand-me-down	Second hand, used	مستعمل
– She was very poor when she was a child and always wore hand-me-down clothing		
Hand out	Give things to people	يوزع
– The professor decided not to hand out the tests sheets until everyone in the class stopped talking.		
Hand out	Sheet of paper, leaflet	نشره
– Everyone at the session was given a hand out on how to save energy.		
Hand over	Give up, give something to another person	يسلم شيء لآخر، تسليم
– The former commander handed over all the logs to the new one.		
hands are tied	Unable to help	غير قادر على المساعدة،

		مكبل اليدين
		– I 'm sorry that I can't help you with the job but my hands are tied.
Hands off	Leave alone, laissez faire, don't interfere	لا يتدخل، يرفع يده عن، سياسة عدم التدخل، اللاسلطوية، اللاتوقراطية
		– X government decided to take a hands-off approach to the public university.
		– It is not recommended that army officers take hands off approach to their soldiers' management.
Hand to mouth	Having only enough money for basic living	عيشة الكفاف
		– Haytham was living a hand to mouth existence until he was finally able to find a job in Dubai.
Handy	Can easily fix things, useful, multipurpose	بارع، ماهر، مفيد، متعدد الأغراض
		– 1. Binoculars dictionary of military terms is handy for fresh soldiers.
		2. Nikita is very handy around the house and is always fixing things.
Here and stay	Generally accepted	مقبول لدى العامة
		– I hope that the issue of equal opportunities between men and women has come to here and stay.
Hang around	Staying around	يمضي وقتنا او يبقى في مكان ما دون هدف، يتسكع
		– We decided to stay home and hang around on Friday rather than go out to the rugby match.
Hang back	Stay or lag behind, hesitate, be unwilling to do something	يتردد، يتخلف عن الآخرين
		– Josef lacks self-confidence and always hangs back when his chief asks for volunteers.
Hang in the balance	Be uncertain, unclear	غير مؤكد
		– Whether a new hospital will be built in AlMashari' or not hangs in the balance,
Hang on	Continue, persevere, grip, hold on	يستمر بقوة، يرفض التخلي، لا يستسلم، يواظب
		– Although stock change market was very bad Sam decided to hang on and fight to keep his business going.
Hang on	Wait, hold on	ينتظر، يبقى على الخط
		– Hang on for a minute while I go and get note pad and pen.
Hang on to	Keep, hold tightly, keep firmly	يمسك جيداً

			– Please hang on to your umbrella or the strong wind will blow it off.
			يمضي وقتنا مع، يألف
Hang out	Spend time with, associate with some people		لمجموعة من الناس، مكان مفضل يكثر المرء من التردد عليه
			– Recently my brother has been hanging out with a group of foreigners.
Hang up	Place on a hook, hangar		يلق الثوب (على الشماعة)
			– Everyone must to hang up their jackets before they enter the dining hall.
Hang up	Break connection		ينهي مكالمة هاتفية، يغلق الخط
			– After he hung up the telephone he left.
Hang-up	A delay in some process		تأخير
			– There was a hang-up in the construction of Jordan tower because of the bad freezing weather.
Happy as Larry	Happy, joyful, pleased		سعيد، مسرور، مبتهج
			– I'm happy as Larry.
hard and fast rule	Rules that cannot be altered to fin special cases		ملزم، صارم
			– There is no hard and fast rule that says you can't use a mobile phone in public transport.
Hard feelings	Enmity, hostility, bitterness		قسوة، كراهية
			– I don't have any hard feelings toward Jack even though he fired me.
Hard hearted	Insensitive, uncaring, hard		قاسي القلب
			– Fernando is hard hearted.
Hard up	Short of money, broke		معسر، في عوز شديد، مفلس
			– I am hard up (for money) at the moment so I can't go to London this summer.
Harp on	Talk repeatedly, repeat, complain		يضرب على وتر واحد، يتذمر، يعيد نفسه
			– Sara has been harping on her lack of money for a few months now.
Hassle	Bothersome		مضايقة، إزعاج
			– Alice has a real hassle to have to report to her director five times a day.
Have a go at	Try something		يحاول
			– I decided to have a go at applying for a job in Malaya.
Have a hand in	Be partly responsible for something		له علاقة ب، مسؤول عن

– I think that she had a hand in getting my friend in trouble.		
Have a lash at	To make an attempt at something	يحاول الاعتداء على (شيء)
– Khadeja had a lash at Salma when they were at school.		
Have a lot on your plate	To have many things to accomplish	لديه الكثير من العمل لينجزه
– We have a lot on our plate at work, and we need to get it finished by Friday.		
Have a time	Have a good time, have fun	يقضي وقتاً جيداً
– We really had a time at the party last night.		
Have a word with	Talk to, converse briefly	يتحدث ل، يتحاور مع
– I will have a word with you before you go home tonight.		
Have been around	Have been to many places and done many things, be experienced	صاحب تجربة وخبرات، زار مواقع عدة
– My brother Ra'ed has really been around and has been overseas many times.		
Have butterflies in one's stomach	Feel nervous about something	يشعر بالتوتر، متوتر، حائر، غير مطمئن
Have eyes only for	Give all one's attention to, be interested only in	يعطي كل اهتمامه ل
– Miss Simpson has eyes only for her boyfriend.		
Have had it (with someone or something)	Can 't tolerate anymore	لم يعد يحتمل، يضجر
– I have really had it with Najla constant complaining.		
Have in mind	Intend, plan, propose	يخطط، ينوي، يقترح
– What do you have in mind for your wife's birthday?		
Have it	Hear, get news, understand	يقهم، يسمع، يعلم خبر ما
– I have it that the American presidential candidate will be coming to see us next week.		
Have it	Get or find the answer	وجدتها، وجدت الإجابة
– I think I finally have it; the reason she is leaving is because she is going to have a baby		
Have it both ways	Do two things, have both things	يمتلك خيارين
– Benjamin, you can't have it both ways. You must choose one.		
Have it in for someone	Show ill will, dislike a person	يضمر الأذى/العداء، يكره

- I have been having problems at work recently because I think that the English language supervisor has it in for me.

Have it out with someone **Settle or discuss something** يحسم نزاعا (إما
بالمناقشة أو القتال)

- I had it out with Alissa yesterday.

Have on **Be wearing, dressed in** يرتدي

- What did she have on when you last saw her?

Have one's eye on **Have a wish for something, have as an aim, look or think about something** يأمل أن يفعل، يرغب
فعل شي ما، أتطلع لـ

- I want to buy a nice car for my wife so I have my eye on a nice BMW.

Have one 's feet on the ground **Be practical or sensible** عملي، ملم بما هو واقعي

- The now sales manager really has feet on the ground.

Have over **Invite someone to your house** يدعو شخص لزياره

- I will have you over when I have my own house.

Have something on someone **Have information on someone** يمتلك دليل أو معلومات
عن/ضد

- I think that the police have something on him and that is why he wants to leave the country.

Have something up one's sleeve **Something kept secretly ready for the right time** يحتفظ بسر ليكشفه
بالوقت المناسب

- I'm not worried about the next debrief as I have something up my sleeve if they try to embarrass me.

Have (got) to **Obliged or forced to, must** يجب أن

- I have to leave at 7 o'clock or I will be late for my appointment.

Have to do with **Be about, connected with** يتعلق بـ، يدور موضوعه
حول

- The book has something to do with cutlery but I am not sure if you will like it.

Head above water **Out of difficulty, clear of trouble** يتخلص من مأزق، ينجو
من مشكلة

- Although Osama works very hard, he is not able to keep his head above water financially.

Head-on **Frontal, confrontational, with the front facing** تصادم وجه لوجه،
جبهوي

- There was a serious head-on crash on the king's way last night.

Head out	Leave, hit the road	يقفل، يغادر،
– It is time that we head out for the movie.		
Head over heels	Upside down, head first	رأساً على عقب
– Rasmi fell head over heels when his bicycle hit the mountain.		
Head over heels	Completely, deeply, passionately	متيم بالحب
– Sue fell head over heels in love with the gentleman that she met at the New Year party.		
Head up	Be at the head of (a group), be a leader	يترأس
– The Jordanian Prime Minister AlZahabi headed up a group of businessmen going overseas to promote trade.		
Hear from	Receive a letter or phone from	يتلقى رسالة / اتصالاً / أو خبراً من
– I haven't heard from my dearest university roommate, Jim, for over one year.		
Heart goes out to someone	To feel sympathy for someone	يتعاطف مع، أن تشعر تجاه آخر
– My heart went out to the victims of the last earthquake.		
Heart of gold	kind, generous, forgiving personality	قلب من ذهب، كريم، سموح
– My grandmother has a heart of gold and everyone loves her.		
Heart of stone	Someone with a nature with no pity	قلب من حجر، بلا رحمة أو شفقه
– X has a heart of stone and is not at all interested in what other people need.		
Heart stands still	Be very frightened or worried	يقف قلبه عن الخفقان، يرتعب بشدة
– My heart stood still when I heard the story about Laila and the bank robber.		
Heart-to- heart	Honest or intimate	صادق ومفصل، بأمانه
– They had a heart-to-heart talk before they decided to get married.		
Hedge in	Keep from getting out or moving freely, block in	يعوق، يُغلق عليه
– My car was hedged in by the other cars and I was unable to move it this morning and that is why I came late.		
Hedge your bets	Play safe, take no risks, improve your chances by preparing for more than one eventuality	محتفظ بخط الرجعة، يلعب بالسليم، لا يجازف
– Dove is hedging his bets by keeping friendship with both parliamentary candidates.		
Hell and high water	Troubles or difficulties of any kind	مشكلات شتى، صعوبات مختلفة

			دون ترتيب، يفوضى، اختلاط
	– They went through hell and high water in order to get the food to the flood victims		
Helter-skelter	In a confusing group, disorganized		
	– When we arrived at work we found all the files scattered helter-skelter over the floor.		
			يتردد في الكلام، يتجنب الإجابة، يراوغ في الكلام
Hem and haw	Hesitate, waver, avoid giving a clear answer		
	– Josef hemmed and hawed when I asked him if he knew where the missing files were.		
Here and there	Hither and thither, go to various places		هنا وهناك، الى أماكن مختلفة
	– We went here and there during our holidays		
hiccups	Ups and downs, difficulties		صعوبات، مشاكل
	– When I first joined the UN troops, I had a few hiccups.		
Hidden agenda	A person's real but concealed intentions		اجندا خفية، هدف/نية خفية
	– Don't believe him; he's a hidden agenda.		
High and dry	Stranded, out of the current of events		معزول، متخلى عنه، يُترك في بلد غريبا
	– They left him high and dry when they moved the company to Europe.		
High and low	Every place, here and there, everywhere		في كل مكان
	– We looked high and low for your wedding ring but we couldn't find it.		
High and mighty	arrogant		متعجرف
	– Mr. Alfred has a high and mighty attitude to all of his subordinates.		
High gear	Top speed, full activity		بسرعة كبيرة
	– The preparations for the royal visit have been going in high gear all week.		
High-handed	Bossy, dictatorial		مستبد، طاغي
	– My manager always takes a high-handed approach when dealing his employees.		
high life	A luxurious existence		بذخ، حياة الرفاه
	– They have been living the high life since they moved to Honolulu.		
High seas	The ocean (away from the coast)		عرض البحر، في المحيط
	– A crew of Dartmouth spent three months on the high seas before going to shore for relaxation period.		

High spirits	Have energy, excitement, high morale	معنويات عالية، يتحلى بالحماس/بالشجاعة
– They are in high spirits since their national team won the table tennis tournament.		
Hire out	Rent to someone	يؤجر
– We hired out a boat last week because we were too busy to use it.		
Hit-and-run	An accident where the driver of the car drives away without leaving his address	حادث يفتر السائق فيه دون أن يُعرف له عنوان
– My sister was involved in a hit-and-run accident last Friday.		
Hit-and-run	Striking suddenly and leaving quickly	كر وفر، ضربة مفاجئة يعقبها فر سريع
– The army made a hit –and – run attack.		
Hit on/upon	Discover, think of, find what you want	يفكر بـ، يرى ما يجب فعله، يجد أن، يكتشف بالمصادفة
– We hit upon the idea of going to the Dead Sea for our holiday after our airline reservations for turkey were cancelled.		
Hit someone between the eyes	Make a strong impression on someone, surprise greatly	يسبب الدهشة لـ، يترك انطباعا قويا
– Jim's incredible performance really hit me between the eyes.		
Hit the ceiling	Get angry, blow up	يغضب، يشيط غضبا
– My wife hit the ceiling when she saw the bill for the kitchen repair.		
Hit the deck	Get up from bed, start working	ينهض من الفراش، يباشر العمل
– Let's hit the deck and get this work done before lunch.		
Hit the deck	Get down low on the ground	خذ الارض، ينزل لمستوى الأرض
– The platoon sergeant ordered his soldiers to hit the deck before the bomb went off.		
Hit the dirt	take cover under gunfire	ينزل للارض ويتخذ غطاء، سترًا عن الرماية
– We were told to hit the dirt during the bank robbery.		
Hit pay dirt	To find what one is seeking	يجد مراده: ما يبحث عنه
– The detective had searched through hundreds of files until he finally hit pay dirt.		
Hit the hay	Go to bed, turn in, hit the sack	يخلد للفراش، ينام

- I decided to hit the hay early last night because I was very tired.
- Hit the road** **Begin, leave, head out** يبدأ، يغادر، ينطلق
- It's time we left. Let's hit the road.
- Hit the roof** **Become very angry, go into a rage** يهيج، يشتاط غضباً
- He hit the roof when he found out that his son had damaged the car.
- Hit the sack** **Go to bed** يخلد للفراش، ينام
- I'm a little bit tired so I think that I will hit the sack now.
- Hit the spot** **Refresh, satisfy** ينعش
- Drinking the lemonade after the football game really hit the spot.
- Hold back** **To restrain** يكبح، يمنع
- That old man was so rude! Nevertheless, I had to hold myself back from hitting him!
- Hold down** **Keep in obedience, keep control of** يسيطر على، يضمن طاعة
- The government was able to hold down the people for many years but finally they revolted and got rid the government.
- Hold down a job** **Keep a job** يحافظ على عمله
- Salem has a serious drinking problem and is unable to hold down a job.
- Hold forth** **Offer, propose** يقطع وعداً، يقدم عرضاً، يقترح
- The company held forth a promise to give the employees an extra bonus in Ramadan.
- Hold forth** **Speak in public, speak out** يتحدث للعامة، يتكلم بالمشهور (علانية)، يتكلم على الملأ
- The first lady was holding forth about taxes last night.
- Hold off** **Delay, not begin** يؤجل، يتأخر في البدء
- The Mozart concert will be held off until next month.
- Hold on** **Wait a minute, stop, wait** ينتظر، ينتظر على الهاتف دون انقطاع للخط
- Please, hold on for a minute while I go back and lock the window.
- Hold one's breath** **Stop breathing for a moment when one's is excited or nervous** يقبض أنفاسه (بسبب دهشة أو توتر)، يكتم نفسه
- I had to hold my breath while I was waiting for the announcement of the top ten songs.
- Hold one's fire** **Keep back arguments or facts** يتوقف عن الجدل، يكف

عن الكلام، يمتنع عن أمر
ما

- You should hold your fire during the meeting and keep the rest of the information secret.

Hold on to Clutch on to, continue to hold, hold tightly
احتفظ جيداً بـ، يلازم،
تمسك جيداً بـ

- Hold on to your wallet when you are in the bus or someone may try and steal it.

Hold out Offer, reach out, extend
يُمد، يقدم (يد العون)

- Sylvie held out her hand to help her daughter climb up the stairs.

Hold out Someone who stands firm, one who refuses to give something up, a non-conformist
رجل صامد، لا يقبل
الاستسلام

- Hussein was the last hold-out in our effort to make sure that everyone was well dressed.

Hold over Extend, keep longer
يستمر، يمتد، يحتفظ
بمنصبه

- The Greek film was held over for another week.

Hold still Not move
توقف، لا تتحرك، اثبت

- Please hold still while I defluff your beret.

Hold the reins Be the most influential person
يتولى زمام الأمور

- Rita has been holding the reins in her company for five years.

Hold up Check, stop, delay
يتوقف، يعوق

- The traffic was held up for over five hours at the Saudian border crossing.

Hold up Keep up one's courage or spirits
يحافظ على معنوياته

- Suzy spirits are holding up quite well even though she does not have a job now.

Hold water Be a sound idea
فكرة جيدة

- Your proposal for a new scheduling system doesn't hold water.

Hold your ground Stand fast, stand still, do not move
ابق مكانك

Hold your ground, there is a mine field next to you.

Hold your horses Be patient, become calm
كن صبورا، يترث، يهدأ

- 'Hold your horses', I said to my wife when she started packing her luggage.

Hole in the wall small, simple place
مكان صغير

- Let's go to the Italian restaurant on Kings' Street. It's just a hole in the wall, but the food is delicious.

Honeymoon is over The first happy period is over
انتهى شهر العسل

- The honeymoon was over for the new president after about two months.

Hook up Connect, fit together
يوصل

- As soon as we moved to our new apartment we had to hook up the phone.

Horn in on	Come in without an invitation, interfere	يتطفل، يشارك في امر من غير دعوة، يتدخل
	– Steve horned in on our conversation although he knows that nobody likes him.	
Horsing around	Play, fun, playing of practical jokes	يمزح، يهزل، يلعب
	– Steve, stop horsing around! It's time for business.	
Horse sense	Practical knowledge, good judgment, good sense, wisdom in making decisions	معرفة وخبرة عملية، تقدير سليم، حكمة، فطرة سليمة
	– Belal has a lot of good horse sense so you can expect him to make an intelligent decision.	
Hot air	Nonsense, false claims, exaggerated talk	كلام فارغ، هذر، مبالغ فيه، مليء بالإدعاءات
	– Sara's talk is full of hot air and you can't rely on what she usually says.	
Hot and bothered	Worried, anxious, very agitated, nervous	قلق جداً، منزعج، متوتر
	– Khalil is now absolutely hot and bothered after the announcement of the back-termed students.	
Hot line	Emergency telephone	النخط الساخن، رقم الطوارئ
	– 911, this is our hot line in case you are in trouble.	
Hot water	Trouble, difficulty	ورطة، مأزق
	– Rumsfeld has been in hot water at work since he took a week off with no official leave.	
House of cards	Something badly put together and easily knocked down, a poorly founded plan or action	بيت من كرتون/أو ورق
	– The peace agreement between the two countries was like a house of cards and fell apart as soon as a minor problem occurred.	
How about	How do you feel/think about something	هل تريد/ ما قولك/ ما رأيك في ...؟
	– Sylvia is not interested in the job but how about one of her friends?	
	– How about some coffee before we go to work?	
How come	Why (and how)	لما وكيف
	– How come you don't telephone her if you like talking to her so much?	
Hurry up	Go faster, rush, speed up	يستعجل، يسرع
	– We need to hurry up and leave or we'll miss the train!	
Hush-hush	Secret, hidden, concealed,	سري، مكتوم، مخبأ

confidential, under wraps

- Come on gentlemen, what is the big hush-hush? Everyone seems to be very quiet today.

Hush up

**Censor, prevent people from
knowing about something**

يطمس، يمنع من
الانتشار، يراقب، يخفي

- The government tried to hush up the falling economic figures but the media soon found out the facts.

Hustle and bustle

Noise and excitement

حماس وضجيج، حراك

_ I'm going to my quiet country this weekend; I would miss the hustle and bustle of the city.



I'm game	I'm ready, I want to do something	أنا جاهز، أنا موافق، يكون جاهزاً للقيام بعمل معين
A: Would you like to go skiing? B: I'm game.		
I get the picture	I understand	فهمت
– After your last rehearsal I got the picture of the next operation.		
Idiot box	Television set	جهاز التلفاز
– He sits in front of the idiot box all day and never gets his assignments done.		
If worst comes to worst	If the worst possible thing happens	إذا ساءت الأحوال
– If worst comes to worst we can cancel our vacation and go back to work.		
I'm busting	I need to go to the toilet now	سأنفجر (أنا زحمان)، احتاج للذهاب إلى الحمام فوراً
– May I have your leave to fall out, please? I'm bursting.		
Immersed in	Very busy in	غارق في، منشغل جداً في
– My subordinates are immersed in detailed checking.		
In a (tight) spot	In some trouble, in an embarrassing situation	في مأزق، في ورطة، في موقف حرج
– Nawal is really in a (tight) spot right now since she is unable to attend university and also has no job.		
In a bind	In trouble, at a stalemate	في مأزق، في ورطة/ موقف حرج
– They will really be in a bind if your parents sell their house.		
In a box	In trouble	في مأزق، في ورطة
– Jeff is in a box after talking to the spy.		
In a family way	Pregnant, going to have a baby	حامل، ستنجب قريباً
– Our new secretary is in a family way and plans to take a few months off.		
In a flash	All of a sudden, straight away, suddenly, rapidly	بسرعة، بلمح البصر،

- فجأة
- I couldn't solve the question, and then the answer came to me in a flash.
- In a fog (haze)** **Confused, not sure what is happening** في حيرة، مرتبك
- He is always in a fog and never seems to know what is going on.
- In a hole** **In trouble, in an embarrassing position** في مأزق، في ضيق / موقف صعب
- Osama is really in a hole now that he has problems both at work and at home.
- In a hurry** **Pressed for time, in a rush, need to move quickly** في عجلة من أمره
- He is very busy and always in a hurry.
- In a jam** **In trouble, in a spot of bother** في ورطة، في مأزق
- He is really in a jam now that his car is not working properly.
- In a nutshell** **Briefly, in a short, in a word** بإيجاز كلي، بكلمات قليلة
- I tried to explain the problem to my wife in a nutshell but there wasn't enough time.
- In a pinch** **Okay when nothing else is available** عند الحاجة، عند الاضطرار
- The spare part will do in a pinch if we can't find the original one.
- In a rush** **In a hurry** على عجلة، بسرعة
- They got the task done in a rush so I am a little worried about the quality.
- In a word** **Briefly, to sum up** باختصار، بإيجاز
- In a word, the problem with your car is that it needs a new motor.
- In a world of one's own** **In deep thought, not caring about other people** بعالمه الخاص، لا يهتم للآخرين
- Mr. Odwan is always in a world of his own and doesn't care about what other people say or think.
- In abundance** **In great quantities** بكميات كبيرة، بكثرة، بوفرة
- The house keeper can provide the horses with their food in abundance.
- In addition to** **As well as, besides** بالإضافة لـ
- I do regular exercise in addition to eating healthy food.
- In advance** **Ahead of time** مقدماً، سلفاً
- They bought the tickets in advance so that they could get good seats.

In and out	Coming in and going out often	يأتي و يذهب هنا وهناك، غير متواجد بشكل دائم
– The assistant has been in and out all day so that I can't expect you to meet him today.		
In any case/event	No matter what happens, anyhow, regardless	على أية حال، مهما حدث، على كل
– I may not meet you next week but in any case I will still give you the books before then.		
In awe of	Overwhelmed, frightened, overcome	خائف، مسود عليه
– The neighboring countries are in awe of America.		
In bad shape	unfit, in poor health	ليس بصحة جيدة
– George is in bad shape since he doesn't eat well.		
In black and white	On paper, printed	مكتوبة، مطبوعة
– I want to get the information in black and white before I go to the meeting.		
In brief	In a few words, in short, to sum up	باختصار، في الخلاصة
–in brief, I love my family.		
In case	lest, in order to be prepared	في حال، اذا ما
– In case there is a fire you should follow the emergency exit.		
In charge	In control, in command, responsible	مسؤول
– He is in charge of the sales department at AlWafa Company.		
In check	Under control, kept quiet	مكبوح، تحت السيطرة
– The violence was kept in check by the armed forces.		
In cold blood	Without mercy, cruelly, coolly	بدم بارد، بوحشية، بلا رحمة
– Many families were murdered in cold blood by the criminal gang in Congo.		
In common	Shared together, equally, in use by all	بشكل مشترك، مشاع
– We had to use our apartment in common with the new guests.		
In debt	Owing money	مدين
– I'm in debt for 7000 pounds.		
In due course	In the good time, at the right time, eventually	في الوقت المناسب/ المحدد، في اخر الأمر
– The counselor will send the required information to you in due course.		

In fact	Actually, in truth, indeed	في الحقيقة، حقاً، في الواقع
	– Mohammad has been to china before. In fact he's been there three times.	
In floods of tears	Crying a lot	في بحر من الدموع
	– Salma was in floods of tears after she had recognized her son death.	
In for	Unable to avoid	متورط
	– Arwa is in for a lot of trouble now that she is unable to finish her graduation thesis.	
In hand	Under control	تحت السيطرة
	– The teacher had the class in hand when the principal came to visit the classroom.	
In hot water	In trouble, in a spot of bother	في مأزق/اورطة
	– I am in hot water over the extra expenses that I spent during Davos conference.	
In keeping with	In accordance with, agreeing with	تماشياً، انسجاماً مع
	– In keeping with our traditions of wedding party, three thousands men are expected to be invited to Sam's party.	
In league with	In secret agreement or partnership with someone	على اتفاق مع، في شراكة سرية مع
	– The union has been in league with the former Bush's administration in trying to build the new plant.	
In light of	In view of, with regards to, as a result of, because of	بسبب كذا، على ضوء هذا
	– In light of his contributions to the orphans' house we decided to give Abdullah a medal.	
In line	In turn, in order, in a row	على الترتيب، في صف واحد
	– Captain Ray ordered his soldiers to stay in line.	
In line	being at what people expect, within ordinary limits	بتوافق، بانسجام
	– It was difficult to keep the students in line at the school picnic.	
In love	Liking very much, hooked, loving	يعشق، في غرام، مفتون
	– Monica has been in love with Tony since she met him in high school.	
In luck	Fortunate, having good luck	موفق، محظوظ
	– I think that I'm in luck. I have found a ticket for Missari concert.	
In memory of	as a memorial to	إحياء لذكرى، في ذكرى، تخليداً للذكرى
	– We decided to set up a statue in memory of our brave martyrs.	

In no time	Soon, quickly	بسرعة، قريباً، عاجلاً
– I will have this paper done for you in no time and then you can submit it in time.		
In on	Told about, having knowledge of	يتبلغ به، يعلم به
– I have been finally let in on the confidential documents about the last civil war.		
In one's birthday suit	Naked, nude, without a stitch	عارٍ، بلا ثياب
– Some people like to stay in their birthday suit when swimming.		
In one's face	Abruptly , unexpectedly	فجأة، على نحو غير متوقع
– The plane blew up in our face just as we were ready to start.		
In one's good book	Liked by someone	محبوب، يحسب عنده من المقرئين
– I have been in Rita's good book since I helped her with her assignment last week.		
In one's shell	Withdrawn, silent, not sociable	متقوقعا على نفسه، غير اجتماعي، صامت
– I have been trying to get Halim out of his shell but it is of no use. He doesn't want to talk to anyone.		
In operation	In use, in effect	مستخدم، متبع، ساري
– In my office, the same budget has been in operation since the 1990s.		
In order to	With the intention of, for the purpose of	لكي، من أجل
– The Jordanian Ministry of Education has decided to close down five schools for the summer in order to minimize the risks of H1N1 virus.		
In part	To some extent, partly	إلى حد ما، جزئياً
– I think the reason Shelbaia is not playing so well this season is in part due to his knee injury.		
In seventh heaven	Very happy	سعيد جداً، في نعيم، في سعادة قصوى
– I have been in seventh heaven since I started my new business.		
In short supply	Lacking, insufficient, Not enough	غير كافٍ، في نقص
– Chairs were in short supply so some guests had to sit on the floor.		
In spite of	Despite, In opposition to	على الرغم من
– In spite of the terrible weather we went to Aqaba for a picnic.		
In stitches	Laughing	في حالة ضحك عارم (لا)

سبيل لمقاومة الموقف)

- They were in stitches over their teacher's joke.

In store To come, waiting في الإنتظار، يخبي

- I don't really know what the future has in store for me but I will be ready for anything

In tears crying يبكي

- I found Rami in tears.

In the air Current, spread منتشر، ذائع

- It is in the air that we will be having a new president next year.

In the bag Certain, sure, guaranteed مضمون، مؤكد، في الجيب

- The new contract will be in the bag if we put in a good proposal.

In the balance Not settled, still not clear ليس معروفا، غير مقرر بعد،
what is going to happen ما زال في الميزان، محل تدارس

- A: What happened to your new position in the HQs?

B: Well, actually it is still in the balance

In the cards Likely, expected محتمل، متوقع

- I think that a new Jordanian pharmaceutical company structure is in the cards but I can't be sure.

In the charge of Under the care or supervision of مسؤولية من، تحت رعاية أو مسؤول فلان

- Jasmine has been in the charge of her grandmother since her parents died.

In the clear Off the hook, cleared, With nothing to limit action, free of constraints في مأمّن، لا يوجد عائق للحركة أو الرؤيا، حر

- We seem to be in the clear now so it should be safe to cross the road.

In the clear Innocent, Free of blame or suspicion بريء، يطلق سراحه

- The police officer talked to the three men for a few minutes but they seem to be in the clear now.

In the clouds Far from real life, in dreams, in thought شارد الذهن، بعيد عن الواقع، غائب في أحلامه

- Osama is usually in the clouds so you may have trouble finding out what you want to know from him.

In the course of During, in خلال، أثناء، في غضون

- In the course of his life, Wisam visited two hundred countries.

In the dark Uninformed, without a clue في جهل، غير متنور، لا يعلم

- He is still in dark about my plans to my future.
- In the doghouse** **In trouble** في مأزق، في ورطة
- Josef is in the doghouse with his father after staying out till midnight.
- In the family way** **Pregnant, having a baby, expectant** حامل
- Rehab is in the family way. Her husband is so pleased.
- In the first place** **Firstly, to begin with** أولاً، بداية
- I can't go with you tomorrow. In the first place I must finish off my research.
In the second place I have no money.
- In the flesh** **When meeting face to face, in reality, in person** معاينة، شخصياً، على الحقيقة، أن تعرف الشخص عياناً
- Abdullah was much better in the flesh than in the photo.
- In the lap of the gods** **Left to chance** في يد الالهة، متروك للقدر، متروك للصدفة
- There's nothing more we can do now, it's in the lap of the gods, and I wish you a good luck.
- In the long run** **Ultimately, eventually, the distant future, in the end** في نهاية المطاف، على المدى البعيد، في المستقبل البعيد
- For now you are losing money but in the long run prices are bound to rise.
- In the red** **In debt, not make a profit** مدين، بخسارة
- My company has been in the red for three years now.
- In the same boat** **In a similar situation** في القارب نفسه، في نفس الموقف
- We are all in the same boat now that the whole market is down.
- In the sunset years** **Old** كبير السن، في سنواته الأخيرة
- A: I haven't seen Fred since ages. How is he today?
– B: He is in the sunset years. Barely can he walk without some help.
- In the unlikely event** **If something happens although one doesn't expect to happen** إذا وقع ما نخشاه، إذا حدث طارئ
- In the unlikely event of Major Henry becoming ill, captain Josef will take over.
- In the wake of** **As a result of, following** على أثر، في أعقاب، بعد
- In the wake of sacking many employees, we will need to hire some more skilled personnel.
- In the works** **Taking place, In preparation,** تحت الإنشاء، في طور

	being planned	التخطيط والعمل له
	– Don't worry about building the new school of languages. It is definitely in the works.	
In the wrong	Guilty, mistaken	مخطئ، مسؤول، ملوم
	– The driver was in the wrong and was arrested by the police after the accident.	
In time	Early enough	ضمن الوقت المحدد، باكراً
	– I didn't come home in time to meet my cousin.	
In touch	Informed, connected, Talking or writing to each other	على صلة، على اتصال
	– Steve and I are still in touch even though we have been out of university for many years.	
In tow	pulled	مقطور، مجرور، مسحوب
	– The truck had a trailer in tow when it went off the highway.	
In tow	taken along with someone	في رعايته، أو عهدته
	– Sara spent the morning at Makka mall with her child in tow.	
In tune	Going well together, in agreement	في انسجام، في توافق، متآلف
	– Steve and I have been in tune with each other since we met at the high school.	
In turn	following one another	تباعاً، على في دور، متعاقبين، مصطفين
	– We went to the school yard in turn.	
In vain	Unsuccessfully, Without effect, for nothing	بلا جدوى، دون توفيق
	– We tried in vain to find a good job in Paris but it was impossible.	
In view of	Considering, After thinking about	بالنظر إلى، في ظل، اخذين بعين الاعتبار
	– In view of the large number of people who have come I think that we will need another hall.	
In with	In friendship	على علاقة ب، على صلة أو ارتباط ب
	– I think that Osama was in with the wrong group of students when he was in university.	
Ins and outs	All the details	التفاصيل، كل ما يتعلق بالشيء، بواطن الأمور وظواهرها
	– Sami knows all the ins and outs of the new machine.	

Inside and out	In every part, completely	في كل مكان، بالداخل والخارج
	- We looked through the house inside and out for my lost wallet.	
Inside out	Thoroughly, the inside is turned outside	جيداً، عن كثب، يقلب الشيء بحثاً عن شيء آخر
	- Sara turned her purse inside out in order to look for her lost key.	
Instead of	In place of, rather than	بدلاً من
	- Let's meet at the grand store instead of the Martyr's roundabout as we had planned.	
Interested in	Keen on	مهتم بـ
	- Salem is interested in weight lifting.	
Iron out	Settle, sort out	يسوي، يزيل الخلافات
	- My wife and I have ironed out all problems and are finally doing much better.	
Itching palm	A wish for money, greed	جشع، رغبة بالحصول على المال، يرتشي
	- The guard at the border crossing has an itching palm so be careful of him.	
(Not for all the tea) in China	No matter how great the reward	مهما كان المقابل / المردود
	- I wouldn't marry Alia not for all the tea in China.	

J

Jack up	Raise prices, increase	يزيد، يرفع
– The gas stations jacked up their prices during winter time.		
		صاحب السبع صنائع،
Jack-of-all-trades	A person who can do many things, A person who has many varied skills	سبع صنائع والبخت ضائع، شخص يحسن القيام بأعمال كثيرة
– We gave Ibrahim a job because we needed a Jack-of-all-trades around the establishment to look after many works of maintenance.		
Jam on the brakes	Quickly press on brakes to stop a car	يضغط على الكوابح بسرعة للتوقف
– The old man jammed on the brakes and was able to avoid hitting the horse.		
Jam-packed	Crowded, full up	مزدحم، مليء، يفيض بـ
– The bus that we took this morning was jam packed with passengers.		
Jewel in the crown	The best part	درة في تاج، أفضل جزء من شيء
– The art collection was amazing, but the jewel in the crown was the original painting by D Leonardo.		
John doe	Name used for an unknown person	شخص عادي، فريق مجهول الاسم
– Why do the application forms use "john doe" as the name of the person?		
John Henry (John Hancock)	Signature	توقيع المرء أو امضاءه
– Mr. Sami, please sign your John Henry here and I will process your order right away.		
Johnny-on-the spot	Be at the right place when needed, right on time	شخص حاضر دائماً- ومستعد في كل لحظة لتنفيذ المهمة
– He's always Johnny-on-the-spot. Just when we need him he arrives.		
Joke at one's expense	make himself seem foolish, let others laugh at him	يجعل من نفسه أضحوكة أوسخرية للآخرين
– Behave yourself, or they'll joke at your expense.		
Jot down	To write down, make a note of	يدون باختصار (وعلى

(عجل)

- Maxim jotted down Sarah's cell phone number.

Jump on someone Scold, criticize, blame يوبخ، ينتقده، يلوم

- Everyone jumped on me at the meeting because they were angry about the schedules I prepared.

Jump on the bandwagon Be included, be involved يشارك في، يشترك بنشاط جماعي

- Everyone in the government has jumped on the bandwagon to try and stop smoking in public areas.

Jump to conclusion Make a decision without complete information يقفز الى النتائج

- You ought to wait. Never jump to conclusions.

Jumping-off place The starting place of a long trip نقطة الانطلاق

- My comrades and I gathered early in the morning at the jumping-off place for our trip to Ajlun Mountains.

Junk food Snack food, fast food وجبات سريعة

- It's not healthy to eat junk food.

Just about Nearly, almost, about تقريبا، قرابة

- I waited just about an hour before the concert started.

Just now A second ago, a minute ago قبل لحظات

- The crash happened just now. The patrol police haven't even arrived yet.

Just say the word At your service طلباتك أوامر

I am ready to help, just say the word.

Just what the doctor ordered Ideal, great, wonderful, exactly as needed or wanted حسب المطلوب، بصورة رائعة، كما ينبغي

- He was able to get his many errands finished, just what the doctor ordered.

K

- Keel over** **Fall over, collapse, turn over** ينقلب، يتحطم
- The boat keeled over in the middle of the lake but everybody was safe.
- Keep a secret** **Not tell a secret, be discreet** يبقى شيئاً سراً (فلا يذاع)
- I have been trying to keep a secret about my marriage for a long time.
- Keep a stiff upper lip** **Put on a brave front, be brave, face trouble bravely** يحافظ على رباطة جأشه، يواجه مأزق بشجاعة
- The prisoners of war tried hard to keep a stiff upper lip in spite of the hardships.
- Keep a straight face** **Look serious, stop yourself laughing** يبدو جدياً، بتوقف عن الضحك والإبتسامة
- I can't keep a straight face when Adel Imam speaks to me. He looks so funny.
- Keep after** **Remind someone over and over** يذكر آخر بشكل مستمر
- I always have to keep after Allen to do her job properly.
- Keep an eye on** **Watch, look after, take care** يراقب، يحرس، يرعى
- Will you keep an eye on my baby while I am out?
- Keep at** **Persist with, go on doing** يواظب على
- He has decided to keep at his studies so I am sure he will succeed.
- Keep books** **Keep records of money gained and spent, do the work of a book keeper** حافظ سجلات، كاتب حسابات
- My first job was to keep books for Zein Tele-communication Company in Jordan.
- Keep down** **Keep from progressing or growing, keep within limits, control** يخفض، يبقى منخفضاً، يجمع، يضبط
- The students were told to keep down the noise to the minimum as some exams were in progress in other classes.
- Keep from** **Prevent, refrain from** يمتنع عن، يمسك عن
- I love French fries and couldn't keep from eating two bowls.
- Keep good time** **Work properly** يعمل بدقة
- My watch, Pallas, has not been keeping good time lately.
- Keep in touch** **Communicate, write to** يتواصل، يبقى على اتصال بـ
- I have always tried to keep in touch with my friends from high school.

Keep on	Continue	يستمر
– Haifa is careless and keeps on making the same mistakes over and over.		
Keep one's chin up	Be brave, be determined	يظهر شجاعة، مرفوع الهامة
– The officer to his sergeant: “Try and keep your chin up. Things will get better in the future.”		
Keep one's eye on the ball	Be watchful and ready	يبقى يقظاً، مستعداً
– You should keep your eye on the ball or you will be fired.		
Keep one's head above water	Have the ability to pay one's bills	يدفع التزاماته، يتجنب المتاعب (خاصة المالية)
– Silvia is having trouble keeping her head above water since her salary has noticeably decreased.		
Keep one's mouth shut	Be silent	يلتزم الصمت، يخرس
– I was very angry so I told my friend, Sami, to keep his mouth shut. Later I had to apologize.		
Keep one's nose to the grindstone	Work very hard	يعمل بجهد، يقوم بعمل شاق
– You are such a diligent man! You have been keeping your nose to the grindstone recently and I haven't had a chance to see you.		
Keep one's own counsel	Keep one's ideas and plans to oneself	يحتفظ بنصيحته لنفسه
– Alfred always keeps his own counsel and never actually reveals his plans to any of his colleagues.		
Keep one's word	Fulfill one's promise	بفي وعده، رجل كلمة
– My manager never keeps his word so I don't believe that he will attend my wedding party.		
Keep pace	Go as fast, go at the same rate	يجاري، لا يتخلف
– At the beginning, it was difficult to keep pace with the other students but finally I did it.		
keep quiet	Hush up, remain silent	يصمت، يبقى هادئ
– Could you all please keep quiet and listen to the instructor.		
Keep somebody company	Remain with somebody, accompany, join somebody	يصحبه، يبقى بمعينه
– I will stay here and keep you company.		
Keep someone up	Prevent someone from sleeping	مستيقظ، لا يدعه ينام
– My neighbors kept me up last night with their noisy TV.		
Keep something under wraps	To keep something secret	يبقى شيئاً طي الكتمان، يبقى سراً

- My wife and I are having a surprise birthday party for my mother next week, but you must keep it under wraps, she mustn't find out.
- Keep the ball rolling continue, keep things moving يستمر، بتواصل من غير انقطاع
- We should try to keep the ball rolling and get as much of our work done before the Eid leave.
- Keep time Show the right time دقيق، تظهر الوقت الصحيح
- My new watch, Cerruti, keeps perfect time so I am very happy.
- Keep track of Maintain a record يعي لحقيقة أمر ما، يسجل أمر ما، يراقب
- Please carefully keep track of your expenses during trip.
- Keep under one's hat Keep secret, not tell يبقى سرا
- Suleiman won't say what he is doing these days. He wants to keep it under his hat.
- Keep up Maintain, keep يبقى، يستمر
- The National Cement Factory is working hard to keep up the same level of production as last year.
- Keep up appearances Keep an outward show of prosperity يحافظ على المظاهر
- The Buts' have been trying to keep up appearances even though their grandfather has lost his job.
- Keep up with Keep pace with, go at the same speed يجاري، يظل على نفس المستوى مع الآخرين
- I can't keep up with the rest of the class. Lessons are getting more and more difficult.
- Keep up with the news Keep informed يبقى مطلعاً
- He reads the newspaper every morning in order to keep up with the news.
- Keep your cool To remain calm, not to lose your temper ابق هادئاً
- There will be a heated discussion in the next plenary session. Keep your cool.
- Keep your ear to the ground Be careful, listen for news كن يقظاً، ارصد الأخبار جيداً
- You have to keep your ear to the ground, otherwise you will lose grip.
- Keep your nose clean Stay out of trouble ابقى بعيداً عن المشاكل، لا تورط نفسك بأية مشاكل
- Keep your nose clean while I'm in Paris, I don't want to hear that you've been doing anything wrong.

Kick around	Treat badly	يعامل باستبداد
– I don't like Baton very much because he is always kicking his subordinates around.		
Kick off	Begin, launch, start	يستهل، يبدأ، يطلق
– The department store kicked off their winter sale early this year.		
Kick out	Force to leave, fire, get rid of, dismiss	يطرد، يفصل
– Hassam was kicked out of school when he was 13 years old because of his bad behavior.		
Kick the bucket	Die, bite the dust, be with the lord, depart this life	يموت، يفارق الحياة، ينتقل الى الرفيق الأعلى
– The dentist who used to visit us regularly kicked the bucket last week before telling where the treasure existed.		
Kick the habit	Stop a habit	يمتنع عن عادة (غالبا) عادة سيئة مثل التدخين أو تناول المخدرات)
– Ismail has been trying to kick his smoking habit for years.		
Kick up one's heels	Have a good time, celebrate	يستمتع بوقته، يظهر ابتهاجا، يحتفل
– We really kicked up our heels at the Christmas party that we had last week.		
Kick-off	start, outset	بداية، انطلاقة
– The kick-off for the 'no-drugs' campaign will be next week.		
Kill off	Kill or end completely, destroy	يقتل، يبيد
– The pollution in Shat Al-Arab has killed off all of the fish.		
Kill two birds with one stone	Accomplish two things with one action	يصاد عصفورين بحجر واحد، ينجز غرضين بفعل واحد
– Hanan was able to kill two birds with one stone by going to the meeting. She approved to be important to the company and was paid for a New Year contract.		
Knock about	Spend time, travel without a plan, hang around	يطوف، يتجول حيثما يشاء، يمضي وقتا
– We decided to go to Brazil and knock about for a couple of months.		
Knock it off	Stop doing something, quit	يترك، يكف عن أمر ما
– Please knock it off or you are going to hurt yourself. The knife is so sharp.		
Knock oneself out	Make a great effort	يعمل بجهد

			– My friends really knocked themselves out trying to make my party successful.
Knock out	Big success, a very beautiful woman		نجاح أو إنجاز كبير، جذاب و جميل جدا
			– The launch of the tennis tournament last spring was a knockout. – The man said that the lady he met was a knockout.
Knock out	Hit, make unworkable		يعطل، يجعله غير صالح للعمل
			– The hurricane knocked out the power in most of the country.
Knock the bottom out of an argument	To prove the idea is false		يدحض الحججة
			– Three Americans knocked the bottom out of the argument about Darwin's theory.
Know by heart	Memorize		يحفظ عن ظهر قلب، يستظهر
			– I learned/knew the poem by heart.
Know how	Knowledge, proficiency, ability		معرفة، كفاءة، مقدرة
			– Having the know how helps you achieve your goals.
Know like the back of one's hand	Well informed, extremely knowledgeable about something		يعي تماماً، على دراية كاملة بموضوع ما
			– Henry knows his way around Amman city like the back of his hand.
Know the first thing about something	Lack basic knowledge about something		يجهل الأساسيات
			– Sawsan doesn't know the first thing about computers.
Know the ropes	Understand the procedures and details of something		يعرف الإجراءات والتفاصيل المتعلقة بأمر ما
			– When Alex knew the ropes of the army, he felt more confident and could serve for twenty years.
Know-it-all	A person who acts as if they know everything		من يدعي العلم بكل شيء
			– Noah is a know-it-all and nobody likes him at all.
Knuckle down	work earnestly		ينصرف للعمل باجتهد وتصميم
			– I think it is time that we knuckle down and finish our project.
Knuckle under	Give up, surrender, submit		يستسلم، يخضع، يذعن
			– The pact finally knuckled under the pressure and ended the strike against Iraq.



		عمل يقوم به المرء لمجرد الرغبة والمتعة وليس للكسب، للمتعة وليس للريح
Labor of love	Something done for personal pleasure and not for money	
	– The book that I wrote was a labor of love and I don't expect to make any money from it.	
Lady killer	A man whom some women find very charming and attractive	فاتن النساء، ساحر النساء
	– The star of the movie broke many women's hearts. He was a lady killer.	
Lady's man	A man who is popular with women	محبوب النساء، زير النساء (نسونجي)
	– He is a lady's man who always seems to have a lot of women interested in him.	
laid up	Sick, confined to bed	ملازم للفراش، مريض
	– Derry has been laid up for seven days because of a cold.	
Lame duck	Public official who has a short time to serve in office and therefore has less power than before	البطة العرجاء: صاحب منصب يواصل القيام باعمال منصبه لفترة مؤقتة تمتد بين هزيمته في الانتخابات وبين تولي الفائز الجديد بالانتخابات منصبه
	– George is a lame duck president, so it is difficult for him to get things well accomplished.	
lap up	Eat or drink with the tongue	يلعق بلسانه
	– The dog lapped up the milk that his master had given him.	
Lash out	Punt, attack someone with words	يهجو، يشتم
	– We were walking along the canal when Fernando suddenly lashed out in anger at me.	
Last but not least	To finish, in the last place but not the least important	أخيراً وليس آخراً، لأختم الحديث
	– Last but not least Conrad came up to the front of the formation to receive his	

commendation card.		
Last ditch	the final way left to avoid something	الملاذ الأخير
– The World Bank was the government last ditch to boost the national economy.		
Last straw	Breaking point, deciding factor, the last or mistake that one can endure	القشة التي قسمت ظهر البعير، الأمر الحاسم
– The third time Denial came late was the last straw and the director finally fired him.		
Last word	The final say in an argument, power, influence	القول الفصل، الكلمة الأخيرة، الكلمة المؤثرة، الكلمة المسموعة
– Maggie always expects to have the last word in any speech with her husband.		
Laugh like a drain	Laugh nosily	ضحكته كجر السلاسل، ضحكه كسقوط الحجارة، ضحكته مزعجة
– I can't hear listen to him laughing. He just laughs like a drain.		
Laugh off	Not take seriously	يتخلص منه بالضحك، يتجنب الإحراج
– Munier laughed off the attempt of his commandant to tell him that he should come to work on time.		
lay a finger on someone	Not touch someone, not bother to do something	يمس شخص ما بأذى
– Rakan was told by the judge not to lay a finger on his wife again.		
Lay away	save	يدخر، يضع الشيء جانبا ليستعمله في المستقبل
– My grandparents are trying to lay away some money for their holiday next month.		
Lay down the law	Tell someone what to do, pontificate	يؤكد تطبيق قانونا أو تعليمات معينة
– The new management plans to lay down the law to the workers regarding long lunch breaks.		
Lay eyes on	See	يرى، تقع عينيه على شيء ما
– I have never laid eyes on a more attractive castle in my life.		
Lay hands on something	Get hold of, find something	يحصل على، يجد، تقع يداه على
– If I can lay my hands on a computer, I will show you the photos of my		

endurance training.

Lay hold of	Get possession of	يحصل على
- If I can get hold of a motor bike this week, I can go for a drive.		
Lay in	Store up a supply of something	يدخر لمستقبل
- They are trying to lay in as much food as possible before winter comes.		
Lay into	Get at, attack, do/eat with energy	يهم بهم، يهجم على، يأكل بينهم
- You laid into the kebab as soon as the waiter brought it to his table. You must be so hungry.		
Lay it on the line	Be direct, be clear, say plainly, tell truthfully	يكون واضحاً، يفصح بوضوح، يخبر بصراحة
- The duty officer finally had to lay it on the line and told everyone not to bring drinks into the hall of study.		
Lay low (awhile)	Hide, keep absent for awhile	يختبئ، يغيب عن الأنظار لفترة قصيرة
- Yusuf decided to lay low awhile until his father forgot that he had damaged his favorite car.		
Lay off (someone)	Dismiss, get rid of workers is	يسرح العامل
- Ten thousand workers at Ford Automobile factory were recently laid off.		
Lay off	Stop, leave alone	يدعه وشأنه، يكف عن، يتوقف عن
- The students were told by the teacher to lay off bothering the new undergraduate so that he could relax before the test.		
Lay out	Plan, outline, design, explain	يخطط، يصمم، يوضح، يشرح
- The team of counselors will lay out their plan for the new market at the next meeting.		
Lay something on	Supply, provide	يزود، يُركب
- My father will lay a new telephone line on.		
Lay to rest	Get rid of, stop	يوقف، يتخلص من (وللأبد)
- We have been trying to lay to rest the rumors about the financial problems of our factory.		
Lay-away plan	A plan in which one pays some money down and then pays the rest little by little and the store holds the article until the full	اتفاق يتم بموجبه ادخار الشيء المطلوب شراؤه لدى المؤسسة المالكة للشيء إلى أن ينهي

	price has been paid	العميل المشتري تسديد الثمن بالأقساط ثم يستلمه المستقبل بعد دفع كل المبلغ
	– Sherri decided to buy the television in layaway plan.	
Lead off	Begin, start, open	يبدأ، يستهل
	– The footballer was the first to lead off in the tournament.	
Lead on	Mislead, lie to, Insincerely tell	يغري، يكذب، يضلل
	– I think Sam was leading me on when he told me about the new position.	
Lead the way	Guide, break through	يدل، يحرز انجازا، يسجل سابقة
	– I had to lead the way because nobody else knew where the new office was located.	
Lean on	Count on, pressure someone by blackmailing or threats	يعتمد على، يضغط بالتهديد والإبتزاز
	– The RED gang decided to lean on the mall shop owner to get him to sell his property.	
Learn by heart	Memorize, learn by rote, commit to memory	يحفظ عن ظهر قلب
	– Learning by heart is good for students of maths.	
Learn parrot fashion	Learn something by repeating it without really understanding it	طريقة التعلم البيغاني، يتعلم بتكرار الشيء دون فهمه
	– Sam, you have to understand fully what you read. You can't just learn things the parrot fashion.	
Learn the hard way	Learn by making mistakes	يتعلم من أخطائه
	– You need to read the history of Europe to avoid any possible collapse otherwise you'd learn the hard way.	
Leave alone	Stop bothering, don't disturb	لا تزعج، اتركني وحدي
	– Please, leave me alone so I can finish my essay in time.	
Leave behind	Abandon, leave something somewhere	يترك وراءه، يهجر، ينسى وراءه
	– I left my coat behind in the Mediterranean restaurant.	
Leave hanging (in the air)	Leave undecided, unsettled	غير محسوم، ما زال عالقا
	– Whether Sherrie will be leaving next week or not was left hanging in the air.	
Leave no stone unturned	Try in everything possible	يحاول بكل وسيلة ممكنة، يعمل كل ما هو ممكن، لا يأل جهدا

- The inspector left no stone unturned when he was looking for the missing little girl.

Leave one high and dry **Leave one alone to do all his/her work, leave with no help**

- A: I thought that Steve was going to help Suzy clean the bed sheets tonight.
B: So did I. But he left her high and dry. Where did he go?

Leave out **Omit, count out** **يترك، حذف**

- The detective told me about the accident but he left out some of major points.

Leave someone in the lurch **Leave someone stranded, leave someone in a helpless situation** **يترك شخصاً في موقف حرج/عالق، يتركه دون عون، يتخلى عنه**

- You should have called the emergency to secure Alfred. You just left him in the lurch. How dare you!

Leave the nest **Describes the event of a child growing older and moving away from his or her parents' home** **يترك عشه، يترك بيت والديه بعد أن يكبر**

- When I was 18 years old, I was ready to leave the nest.

Left-handed compliment **An ambiguous compliment interpreted as offensive** **معاملة غير صادقة خبيثة، مديح يحمل في طياته سخريّة**

- He gave her a left-handed compliment when he said that her dyed hair looked nice.

Leg to stand on **A firm foundation of facts, facts to support one's claims** **موقف قوي، حجة قوية، أساس قوي من الحقائق**

- Alex doesn't have a leg to stand on as far as his excuses for not finishing off his tasks goes.

Leg work **Labor, physical work** **عمل**

- I was forced to do most of the leg work preparing for the next session because my assistant was sick.

Lemon **Something undesirable, unwelcome** **شخص غير مرغوب فيه، شخص فاشل**

- Sam was a lemon. No one liked him at all.

lemon **Defective, malfunctioning** **معطل، عطل، خراب**

- Have you seen Mary's new Mercedes car?

Her car sounds like it got a real lemon.

Let (someone) have it Hit someone hard أبحرجه ضربا، ضربه

- He really let the other man have it when they got into a fight on the bus.

Let (someone) know Tell, inform يخبر

- Would you let me know when you are ready to go to Chicago?

Let (someone) off the hook Excuse someone from a penalty, free to go يعفو عنه، يطلق سراحه، يبرئه

- The commander in chief let me off the hook and I didn't have to stay after work.

Let (something) ride Continue without changing a situation يأخذ مجراه دون اعتراض

- We should forget about his recent problems at work and just let the whole matter ride.

Let bygones be bygones Forget about problems that happened in the past ما فات مات، انسى ما مضى

- My comrades and I need to let bygones be bygones and forget about our past differences.

Let down one's hair Relax, act freely and naturally يتصرف على سجيته، يتصرف بحرية

- Everybody at the Sham's birthday party let down their hair and had a good time.

Let go Allow to pass, do nothing about something يمرر، لا يتخذ موقفا تجاهه

- Although I was angry at Steve's remark I decided to let it go.

Let go Discharge from a job, fire يسرح، يطرد، يفصل من العمل

- Ford Automobile Company has decided to let go several thousands of workers for financial reasons.

Let grass grow under one's feet Be idle, be lazy, waste time كسول، يضيع الوقت

- Hamzah is always working hard and is not the type of person to let grass grow under his feet.

Let in Make narrower يضيق (ملابس)

- I need to let my blue shirt in.

Let loose Set free, release, unfetter يطلق سراح

- They decided to let loose the injured dove that they found in the national park.

Let off Discharge يطلق، يفجر

	(a gun) explode	
	– Some cadets let off many firecrackers after the pass-out parade.	
Let off steam	Get rid of extra energy	ينفس عن غضبه، يتخلص من غضبه، يفقد طاقته
	– Shadi was very angry, at first, but he has let off a lot of steam and has calmed down. You can talk to him now.	
Let on	Reveal, inform	يفشي سراً
	– Please don't let on that you saw me at Mark Spencer's last night.	
Let on	Try to make people believe something, pretend	يتظاهر، يدعي
	– Sara tried to let on that she didn't want the job but actually she does.	
Let out	Make larger (loose)	يوسع، يجعله فضفاضاً
	– I need to let my white shirt out.	
Let out	Allow to go out, escape, dismiss	يخرج، يدعه يخرج، يصرف
	– Everyone was let out from class early yesterday because of the bad weather.	
Let out	Allow to be known, tell	يخبر، يعلم
	– I let out the details of the evacuation plan late last night.	
Let sleeping dogs lie	Don't make trouble if you don't have to	يتجنب مناقشة المسائل التي قد تثير المتاعب، لا تثير القلاقل
	– You should let sleeping dogs lie and not worry about what was said in the last meeting.	
Let someone down	Disappoint	يخذل
	– Don't let me down Jill. I'm depending on you.	
Let the cat out of the bag	Reveal a secret, spill the beans, disclose	يفشي سراً، يفصح أمراً
	– Don't let the cat out of the bag about the surprise reception party for the deputy force commander.	
Let the chips fall where they may	Don't worry about the results of your actions	لا تقلق فيما يتعلق بالنتائج، اترك الأمور تسير وحدها
	– I am not going to worry about whether the plan will work out or not. I will let the chips fall where they may.	
Let up	Become less, become weaker, become slower, to stop	ينقطع، ينقص، يتباطأ، يتوقف، يكف

	father	الشبل من ذاك الأسد
	– Like father like son, the man said as he watched the boy playing baseball exactly like his father.	
Like hell	With much effort and energy	بسرعة فائقة، (كالطاقة)
	– I had to run like hell this morning to catch the seven o'clock bus for work.	
Like mad	Very fast, with great energy	بسرعة كبيرة، باذلا جهدا كبيرا، كالمجنون
	– I worked like mad but I was unable to finish the paper by midnight as I had hoped.	
Line up	Listings, take places in line, stand one behind another, arrange	يصطف، يشكل صفا، ينظم، يرتب
	– We were forced to line up in front of the Warner's theater for over two hours.	
Lip service	Hypocrisy, support shown by words only	نفاق، تملق، ولاء باللسان، تأييد كاذب
	– The PMs paid lip service to the president's proposal but I don't think that they really support it.	
Little by little	Gradually	تدرجياً، شيئاً فشيئاً
	– John broke his leg while skating, but little by little it is getting better.	
Little colour	Pale	شاحب، يبدو مريضاً
	– Suha, are you sick or what? You have little colour.	
Little frog in a big pond	An unimportant person in a large group or organization	ليس له وزن، عضو بسيط يعمل لدى مؤسسة ضخمة
	– Reda transferred to the headquarters branch but he is now a little frog in a big pond and nobody knows him at all.	
Little pitchers have big ears	Said to little children often overhear things that they are not supposed to hear	كأس صغيرة واذن كبيرة (تقال لطفل يسترق السمع على كلام والديه)
	– Little pitchers have big ears; my mother said when she saw my little sister standing at the door listening to her talking to my father.	
live from hand to mouth	Live on little money	يحيى حياة الكفاف
	– Ahmad's brother is an artist and has to live from hand to mouth because she has no money saved.	
Live high off the hog	Live very luxuriously or comfortably	يحيى حياة مترفة
	– My father has been living high off the hog he won the money in the lottery last	

	summer.	
Live it up	Have a good time, celebrate, to have fun	ينفق، يقضي وقتاً جيداً، يحتفل، يمرح، يستهج
	– Malik likes to live it up every Saturday when he gets paid.	
Live up to	Come up to, agree with, act according to	يعيش بما ينسجم مع، يقضي حياته وفقاً لـ
	– Ashraf is trying very hard to live up to his reputation as a smart businessman.	
Loaded	Have lots of money, full	مليء، لديه الكثير من (المال)
	– My boss is really loaded.	
Long face	A serious look, a sad look, a disappointed look	يبدو جدياً، وجهه يعلوه حزن/استياء
	– The new manager had a long face when he came into work last Thursday. What is the matter with him?	
Look after	Care for, watch over, guard	يرعى، يهتم به، يعتني به، يسهر على، يحرس
	– Jasmine has been looking after her mother since her recent illness.	
Look at the world through rose-colored glasses	See only the good things, be too optimistic	متفائل جداً، ينظر للأمور من الجوانب المضيئة منها
	– Rita always looks at the world through rose-colored glasses, thus, I told him not to be so naïve.	
Look before you leap	To research an idea before you put it into action	فكر ملياً قبل العمل، قيس قبل أن تغيص
	– It's always wise to look before you leap if you're thinking of starting your own business.	
Look down on	Have contempt for, disdain	يزدري، يحتقر
	– She looks down on the life of villagers.	
Look for	Think likely, expect	يتطلع إلى
	– They are looking for John to become the next sales director of the company	
Look for	seek, search for, hunt for	يبحث عن
	– I've been looking for my credit card all morning but she can't find it.	
Look forward to something	Anticipate with pleasure	يتشوق، يتطلع إلى (بلهفة)
	– Carla has been looking forward to Franco's concert for a long time.	
Look in on	Go to see, visit	يلقي نظرة
	– Could you look in on my baby and see if he is sleeping?	
Look into	Investigate, check	يتحقق من، يمعن النظر

في

- The police have been looking into the cause of the bus accident for two weeks.
- Look like a million dollars Look well and prosperous, appear healthy and happy يبدو سعيداً وبصحة جيدة
- Riayd was looking like a million dollars when I saw him at the University of Exeter.
- Look out Take care, be careful, be on guard, care يحذر، ينتبه، يحرس
- Look out! There is a large truck coming down the highway.
- Please, look out for my little sister
- Look over Inspect, check, examine يفحص، يفتش، يتفقد
- Please take your time to look over these documents before you sign them.
- Look sharp Get a move on, be alert تحرك للعمل، تأهب
- It's your turn now. Look sharp and good luck.
- Look to be ready for, take care of يراعى، يعتني به
- Asmahan is a nurse at Al-Isra hospital and spends a great deal of time looking to the needs of her patients.
- Look to Depend on يعتمد على
- Benazir always looks to her mother for help when she has a problem.
- Look up Search for, find يبحث عن شيء (كلمة في قاموس...)
- I'll look up this word 'ABSURD' in the dictionary.
- Look up to Admire, esteem, think of someone as a good example to copy, respect someone يحترم، يوقر، يتخذة قدوة
- I always look up to the principal of my school.
- Lose face Be embarrassed, lose dignity يفقد احترامه، يفقد
- He lost face when his assistants decided not to support him during the meeting.
- Lose ground Go backward, become weaker, reverse يتراجع، يفقد اعتباره
- The US government has been losing ground in their fight against recession for a year.
- Lose one's grip Lose control يفقد السيطرة
- In battles you've got to be firm with your soldiers or you'll lose your grip.
- Lose one's marbles Go crazy, act irrationally يتصرف دون عقلانية، يتصرف بغضب
- I think you seem to have lost your marbles and don't make any sense at all.
- lose one's shirt lose a great deal of money يخسر جل ثروته، خسر

		حتى قميصه
	– He lost his shirt at the races.	
Lose one's temper	Become angry	يغضب
	– The old lady lost his temper when the child broke the dish.	
Lose one's way	Become lost	يضل طريقه، يضيع
	– The first time she went to New Mexico City she lost her way.	
Lose out	Fail to win, miss an opportunity	يخسر، لا يفوز، يفوته الفرصة
	– Al-Dari lost out on a chance to go to Madrid because he was too busy with other things.	
Lose sight of	Lose touch with, forget, fail to see	ينسى، يفوته شيء
	– Don't lose sight of the main reason that you are planning to go on the trip.	
Lose touch with	Fail to keep in contact	يفقد الاتصال مع، لم يعد على اتصال مع
	– I lost touch with everyone who I worked with at my summer vacation.	
Loudmouth	A noisy, boastful, foolish talker	كثير الكلام، مزعج
	– He is a loudmouth and nobody at work likes him.	
Lucky star	A certain star or planet which is thought to bring a person good luck and success in life	نجمة الحظ، جالب للحظ الحسن، الحظ الحسن
	– You should thank your lucky star you don't have to work in such a cold weather.	

M

Make a beeline for something	Go straight for it, go without delay or hesitation	يصنع أو يخطط طريقه إليه، يذهب دون تردد، يياشر دون تأخير
Make a difference	Change things, have an effect	يصنع تغييرا، يأتي بجديد، يعني شيئا، له تأثيره، بالأمر المهم
	– It doesn't make any difference whether you come to the conference or not.	
Make a go of	Make it, succeed , produce good results	يتقدم، يسجل نجاحا، يحرز تقدماً
	– Although I worked hard I wasn't able to make a go of my business.	
Make a hit	Be successful, a surprise	نجاح، مفاجأة (الحفل)
	– Chef Antoine's cake made a big hit at the reception party.	
Make a mistake	Make an error, get it wrong	يرتكب خطأ، يخطئ
	– Steve made a mistake on the physics test.	
Make a mountain out of a molehill	Make a big problem out of a small one	يخلق مشكلة كبيرة من أخرى صغيرة، يعمل من الحبة قبة
	– Mark is really making a mountain out of a molehill by worrying about his son's failure.	
Make a name for oneself	Become well-known, become famous	يصنع شهرة لنفسه، يصبح مشهوراً
	– Gates has made a name for himself in the field of computer programs.	
Make a pass at someone	Make romantic advances to a member of the opposite sex	ينجح باقامة علاقة عاطفية مع شخص ما، يشق طريقا للتواصل مع اخر
	– Bell was fired because he made a pass at one of the ladies who he works with.	
Make a serious commitment	Marry, be engaged, become a husband/ wife/ fiancé'	يرتبط رسميا (بزواج)، يخطب، يتزوج
	– Congratulations! I heard that you made a serious commitment.	
make ends meet	Cope, pay your bills, get by	يدفع التكاليف، يتعايش مع الغلاء
	– Things are so expensive nowadays that it's very difficult to make ends meet.	
Make friends	Form friendships	يقيم علاقات صداقة،

يُصاحِب

- Allen is shy and isn't able to make friends easily.

Make fun of **Ridicule, joke about** يهزأ من، يستخف بـ

- The tenth-grade students were making fun of the blond girl with the curly hair.

Make it snappy **Hurry up** أسرع، على عجلة

- The team leader who supervises the new roads construction decided to make it snappy.

Make it up to someone **Do something for someone to compensate for unfulfilled promise** يعوض، يفعلها في وقت آخر

- I can't go with you to the match tonight but I will make it up to you later.

Make light of **Neglect, treat as of little importance, ignore** يتجاهل، يستخف، يقلل من (أهمية)، يستهزئ بـ

- My friends, Sa'ad and Jamal, made light of my efforts to learn Chinese.

Make no odds **Not to matter at all, to be insignificant** سيان، لا فرق

- It makes no odds to me George's leaving the unit, I didn't like him anyway.

Make one's bed and lie in it **Be responsible for what one has done and therefore have to accept the bad results** أن تفعل الشيء ثم عليك أن تتقبل نتائج عملك

- You are the one who decided to quit your town so you should remember that you made your bed so now you have to lie in it.

Make one's mouth water **Wet, want to eat something because of the smell of the food** يمتلي فمه بالرضاب (رغبة بالطعام)، يصبح فمه رطبا تشوقا للأكل، يريبل

- Looking at the cuisine-menu made my mouth water.

Make one's own way **Rely on one's own abilities** يعتمد على نفسه، يشق طريقه بنفسه

- My elder brother wants me to join the family business but I want to make my own way.

Make oneself at home **Act as if you were at home** البيت بيتك، تصرف وكأنك في بيتك

- Sally is able to make herself at home when she visits me.

Make oneself scarce **Leave quickly, go away** ينصرف، يبتعد

- I think that I will make myself scarce and go Mexico City.

Make out **Do, progress** يتم الأمر، يسير الأمر

- How did you make out at your new position interview last week?

Make out **Understand, interpret** يفهم المعنى، يكتشف

- I can never make out what he wants to say when he phones me.
- Make out** **Distinguish, identify** يميز، يحدد، يرى
- The captain couldn't make out the flag ship because of the fog.
- Make out** **Make someone believe, show** يبرهن، يدعي
- Brown made out that he was at the congress last night but I know that he wasn't.
- Make over** **Change, make something look different, change the style** يحدد، يعدل، يغير
- I decided to make over my guest room because I was tired of the old style.
- Make room for** **Arrange space** يجد متسعاً، يجد مكاناً شاغراً
- My roommate made room for his new computer in the sitting room.
- Make sense** **Seem reasonable, seem sensible, seem right** يجعل الشيء يبدو منطقياً، يكون معقولاً
- Henin's proposal makes no sense at all.
- Make someone's hair stand on ends** **Frighten (them), scare, terrify** يرعب، يخيف، يقف شعره خوفاً
- Daniel made my hair stand on ends when he put on the mask.
- Make the grade** **Make good, succeed, meet a standard** يدرك المستوى المطلوب، يتأهل، يبلي بلاء حسناً، يحرز تفوقاً
- Badawi wasn't able to Make the grade and join the Olympic football team.
- Make the most of** **Use the greatest advantage** يستفيد من وقته، يستغل الشيء على أتم واحسن وجه
- Hassan made the most of his time in Asia and visited many natural museums.
- Make time** **Be successful in arriving at a destination in a short time** يسافر على جناح السرعة، يكسب الوقت لصالحه
- Hussein and I made very good time yesterday and arrived home before it got dark.
- Make up** **Make something by putting parts together** يركب، يؤلف، تتوحد أجزاءه
- A bike is made up of many different mechanical parts.
- Make up** **Invent, think and say something that is new** يخترع، يلفق
- Jasmine made up the story about losing the cash.

Make up	Put on cosmetics	يجمل الوجه بالمساحيق، يستعمل المساحيق التجميلية
		– Rehab always wants to make up her face before she goes out.
Make up	Compensate for a loss or mistake	يعوض عن خسارة (او خطأ)
		– I have to work hard to make up the loss from the low sales.
Make up one's mind	decide	يقرر، يعزم على
		– I haven't made up my mind yet about joining the new cabinet.
Make waves	Cause troubles	يتسبب بالمشاكل
		– Don't make waves or you'll lose your job.
Make way	Stand aside, move so someone can go through	يفسح الطريق، يعطي أولوية
		– The yellow taxi had to go to the side of the road to make way for the ambulance.
Man-to-man	Frank, direct	صريح، مباشر
		– I had a man-to-man talk with Ibrahim about the water crisis last night.
Mark time	Be idle, waiting for something to happen	يراوح الخطى، لا يحرز أي تقدم
		– Fred has been marking time for over a year now waiting to hear about the new job in Atlas medical group.
Mastermind	Organizer, architect	العقل المدبر
		– Bin Laden is believed to be the mastermind of September 11th blasts.
Matter	Be important or significant, have an effect	يهم، شيء هام، له تأثير
		– It doesn't matter if you can't attend our press conference tomorrow.
Matter of course	The usual way, habit, rule	شيء متوقع، تحصيل حاصل (كونه نتيجة طبيعيه لأمر ما)
		– The briefing was done as a matter of course and nobody really thought about the unexpected results.
Matter of fact	Something is really true, something that can be proved	واقعي، في الواقع، في حقيقة الأمر
		– As a matter of fact I saw Suleiman last night and he asked me how you were.
Measure up	Fit, match, be equal, be of high quality	يباري، يرتقي لمستوى ما، يكون بكفاءة فلان

- The new pay-master didn't measure up to the previous one so the manager had to ask him to leave.
- Meet someone half-way Make a compromise with someone يصل لاتفاق، يلتقي غيره عند منتصف الطريق، يستجيب لعروضه
- Sara is very stubborn and is never willing to meet her friends half-way.
- Meet up with Meet by accident يجتمع، يلتقي (مصادفة)
- Mr. Wisely met up with a nice group in Malaysia when he was working there.
- Melt in one's mouth Taste very good, be delicious كان لذيذ المذاق
- The pastry that my mother made melted in my mouth.
- Mend fences To make amends after an argument or disagreement يصلح، يرمم، يعيد العلاقة بعد جدال
- John's been mending his fences with Ibrahim after their last fight.
- Mend one's ways Improve one's habits يحسن من عاداته وتصرفاته
- Laura has been forced to mend her ways in order to get along better at her work.
- Mess around Play around يلعب، يعيث
- The students were messing around in the school yard before the class began.
- Mess up Cause trouble, spoil, ruin يفسد (شيء ما)
- Mr. Bartlett messed up his chance to get a promotion by not making enough effort last month.
- Mind you I want you to notice and understand اخذنا بعين الإعتبار، أريدك أن تلاحظ، عليك أن تدرك أن
- I don't want to work with you anymore. Mind you, if there is an emergency I will try to take part in your team work.
- Miss out Miss an opportunity, miss the boat فقد فرصة
- Lincoln missed out the new job because he was late for the interview.
- Miss the boat Miss an opportunity, fail to benefit from يفوته المركب، تفوته الفرصة، لا يستفيد من
- Lawrence, you had better hurry and get your application completed or you will miss the boat on entering the new market.
- Mix up Mix, combine يخلط
- Mr. Nasser mixed up the new tapes and played the wrong one.
- Mix up Confuse, make a mistake about خطأ، تشويش، إرباك
- There was a mix-up at the ticket counter and I was given the wrong ticket at Heathrow airport.

Mixed up	Become confused	مشوش، مرتبك
– Khalid gets mixed up when he tries to speak French in the class.		
Money talks	money has the power to influence people	المال يحكي كلمته، المال له سلطته على الناس
– I know that money talks, but I will never pay Salameh any extra.		
Money to burn	Have money more than is needed	مال للحرق، مال كثيرا
– My uncle has money to burn and never has to worry about working.		
Monkey business	Unethical business, illegal activity, cheating, mischief	غش، عمل غير قانوني
– X- Stock Change Company was involved in some monkey business with the tax department and has recently hired a lawyer to defend themselves.		
Moonlighting	Doing another job in the evenings in addition to one's regular job	يقوم بوظيفتين
– Conrad has a job in TOTAL Company but he is moonlighting to get more money.		
Mop it up	Deal with the effects of it	يتعامل معها، يزيلها، يتخلص منها
– The recession period is like a flood. Who have to mop it up?		
Mop up	Wipe up, clear up	يطهر
– The bleu army mopped up the enemy trenches.		
More and more	Increasingly, growingly	عدد متزايد باطراد، أكثر فأكثر، متنامي
– More and more people are buying personal computers for their homes in Jordan.		
More the merrier	The more people who join in the fun the better it will be	كلما كثر عدد الحضور ازداد الفرح والمرح
– ‘The more the merrier’, Alfred said as his neighbors also decided to come to the night party.		
Move heaven and earth	Try every way. Do everything one can	ي يحاول الأرض، يحاول بكل طريقة ممكنة، يبذل جهود جباره
– I will move heaven and earth to help you join the US military academy.		
Music to one's ears	Something one likes to hear, good news	خبر يسر المرء لسماعه، يطرب لسماعه
– When Nawal told me that I could study medicine in JUST University, that was music to my ears.		

Musical chairs	The transfer of a number of officers in an organization into different jobs	تنقل الموظفين لوظائف أخرى
– They seem to be playing a game of musical chairs at the company as many people move from one position to another.		
My goodness (my God)	Used to express surprise or shock	يا الهي: تستخدم للتعجب (للتعبير عن المفاجأة)
– My goodness! Laila said as she saw a small dog jump over the high fence.		

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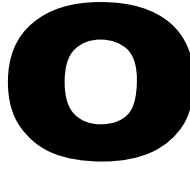
Name after	Give someone another's name	سمي باسم، سمي تيمناً بـ
	– Kennedy was named after his mother's grandfather.	
Name of the game	The main part of a matter	الجزء الرئيسي في الموضوع
	– The name of the game is for the sale-personnel to sell 200 motors and not to worry about other things.	
Narrow escape	Close call, near miss	نجاه يشق الأنفس، نجاة بمشقة، بالكاد نجا
	– Ali had a narrow escape when he almost fell off his bicycle	
Neck and neck	Equal or nearly equal in a race or contest	متقاربين جداً، ندين متقاربين
	– The two rugby teams were neck and neck in the race to win the national tournament.	
Nearest and dearest	Family and close friends	الأصدقاء والمقربون، كل عزيز وغالي
	– We're having a big party next week, so we're inviting all our nearest and dearest	
Needle in a haystack	Something that is very hard to find	إبرة في كومة قش
	– Looking for my medal among the thousands of other medals is like looking a needle in a haystack.	
Nervous Nellie	A timid person who lacks determination and courage	شخص جبان و ضعيف
	– He is a nervous Nellie and is afraid of the other students in the school.	
Nest egg	Savings, reserves	مال، توفيرات، احتياطي
	– Obama has a nice nest egg in the bank so he will have no financial problems if he leaves the service.	
Never better	At the best condition, great	بأحسن حال
A: Are you fine? B: Never better.		
Never mind	Don't worry, don't bother	لا تقلق، لا بأس
	– If you don't have time to pick up my laundry, never mind. I will do it myself tomorrow.	
New blood	Fresh energy, something that	حياة، طاقة جديدة

			gives new vigor to something
			– Halima was a great assistant and helped us to inject new blood into our organization.
New broom sweeps clean	A new person makes many changes	الشخص (المسؤول) الجديد يأتي بالكثير من التعديلات	
			– We discovered the truth of the expression "a new broom sweeps clean" when our new commandant changed many things in our organization.
New deal	A complete change , a fresh start, another chance	صفقة أو عقد جديد، بداية جديدة، فرصة أخرى	
			– Al-Hariri was given a new deal by the team although the previous four years he was not very good.
New person	A person who has become very much better	أصبح شخص أفضل/ جديد	
			– Abdul is a new person now that he has quit smoking.
Nick of time	At the very last moment	اللحظة الحرجة أو الحاسمة	
			– Smadi was able to deflate the car wheels just in the nick of time.
Nip and tuck	Evenly matched	متنافسان متساويان في المستوى يتقدم كل منهما على الآخر	
			– They were going along nip and tuck but Ruba finally won the race.
Nip in the bud	Prevent at the start, stop	يوقف، يمنع، يقضي على المشكلة في مهدها	
			– The chief found out about the DELL computers' problem but was able to nip the problem in the bud.
Nitty-gritty	Basics, details	الأساسيات، التفاصيل	
			– We need to o down to the nitty-gritty of the catastrophe.
No comment	Have nothing to say	لا تعليق	
			– Will you resign, Mr. Brook? – No comment.
No dice	No, certainly not	لا جدوى	
			– No dice. I will never lend you that much money
No doubt	Without doubt, surely, certainly	بلا شك، من المؤكد	
			– No doubt Sari will be the one who wins the contest again this year.
No end	Almost without stopping , continually	طويلاً، بشكل مستمر	
			– My little girl cried no end when she couldn't find her favorite doll.

No flies on me	alert, wide awake	واعي ومدرك، لا غبار علي، لاسبيل لخداعي
– No flies on me especially when I'm on duty.		
No go	Not agreed to, refused, useless, certainly not	غير عملي، غير مرحب به، لا يمكن أن نتفق على الأمر، غير مجد، عقيم
– It's no go for our schedule to have three games this weekend. We can only have one of them.		
No great shakes	Insignificant, trivial	ليس ذا شأن عظيم، ليس مميز، ليس جيد على الإطلاق
– The X-hotel was no great shakes and I wouldn't recommend that you stay there if you go to Manchester.		
No love lost	Bad feelings, ill will, enmity	كراهية، بغض
– There is no love lost between my father and my cousin Jihad.		
No matter	Regardless, despite	مهما، بغض النظر، رغم
– No matter what I do, all I think about is you.		
No pain, no gain	To say that in order get ahead with anything, some sacrifices will have to be made	لا كسب دون تعب، لا بد دون الشهد من ابر الفحل، لا نجاح دون تعب، لا بد دون الشهد من ابر النحل
– It looks like I'm going to have some extra work next month to have my essay completed. You now: no pain, no gain.		
No pen can depict	It's impossible to describe in words	يستحيل وصفه بالكلمات، ليس هناك كلمة تعطيه حقه بالوصف
– There was a hysterical hugging, kissing and crying. Actually no pen can depict.		
No picnic	Not pleasant, difficult	صعب، ليس سهلا، ليس مجرد نزهة
– It was no picnic trying to drive to California during the hurricane.		
No sweat	Easily accomplished , uncomplicated	سهل الانجاز ، غير صعب/ معقد
– The work was no sweat. I finished it in about two hours		
No wonder	Not surprising	لا عجب
– No wonder Fredrick is so tired after staying up all night.		
Nobody's fool	A smart person, a person who	شخص بارع، قادر على

- can take care of himself/ herself رعاية نفسها
- O’la is nobody's fool. You will not have to worry about her at all when she goes to Guatemala.
- Nod off Fall asleep, doze off يحنى الرأس نعاساً، ينام
- The movie was so boring that many people nodded off in the middle of it!
- A: what time did you go to sleep last night?
- B: I nodded off on the sofa around 8:30.
- Nose down Head down, bring down the nose of the plane يميل الطائرة نحو الأرض
- The pilot began to nose down the plane as it neared the airport.
- Nose in something Unwelcome interest in something, impolite curiosity يتدخل بشكل غير لائق
- Boulevard always has his nose in other people's private business.
- No-show A person who makes a reservation for something and then neither comes nor cancels it غياب عدد ممن يفترض حضورهم، متغيبون
- There were several no-shows at the Opera last night.
- Not a hundred percent In poor health, sick, feeling unwell معتل، مريض
- A: How are you?
- B: Not a hundred percent.
- Not a leg to stand on No good proof, no good evidence or defense دفاع، دليل، حجة يستند إليها
- The SMILE Company doesn't have a leg to stand on if they try to refuse to pay you the money that they owe you.
- Not bad Quite good جيد، على ما يرام، ليس سيئاً
- A: How are you?
- B: Not bad.
- Not for the world Not at any price, not for anything ولا بأي ثمن، مهما كانت الأسباب أو المقابل
- I wouldn't go out with you for the world.
- Not miss a beat Not miss a chance/ a story or event لا تفوته فائتة، يعرف الشاردة والواردة
- Hussein does not miss a beat. He knows everything at work. That is why he can take advantage of every thing in his business.

Not so hot	Not very good	لست بحالة جيدة
– I have been feeling not so hot lately as I had a cold last week.		
Not to sleep a wink	Not to sleep at all	لم ينام ولا لحظة، ولا غمضة عين
– I couldn't sleep a wink last night because of the noise that was coming from the neighboring factory.		
Nothing if not	Without doubt, certainly	بلا ريب، من المؤكد
– Timor is nothing if not punctual. He has never been late.		
Nothing to sneeze at	Something you should take seriously	لا يستهان به
– Your new salary is nothing to sneeze at.		
Nothing to speak of	Nothing worth mentioning	لا شيء يستحق الذكر، لا داعي
– I saved a little money but nothing to speak of.		
Nothing to write home about	An unimpressive place or event	لا شيء يستحق الذكر، ليس هناك أمر خاص أو مميز
– I suppose the party was just fine, but it was nothing to write home about.		
Now and then	Occasionally, from time to time	أحياناً، بين الفينة والأخرى
– He likes to go to the Chinese restaurant now and then.		
Now you're talking	Welcome that offer/suggestion	نرحب بذلك العرض / الإقتراح
– A: Why don't we export our products to Syria? B: Great? Now you're talking.		
Number one	Oneself, one's own interests	ذاته أولاً، يعنى بنفسه أو بمصالحه الشخصية
– Abbas is always looking out for number one and never do anything for anyone else.		
Nuts	Crazy, mad, foolish	مجنون
– You are nuts. How dare you shout at your father?		
Nuts about	Enthusiastic about something	مولع، مفتون بـ
– Ali has been nuts about cars since he was a little boy		
Nutty as a fruitcake	Very crazy	غريب الأطوار، مختل عقلياً
– The woman who lives next door is nutty as a fruitcake.		



Odds and ends	Remnants, bits and pieces	نثریات، بقايا، بقايا مواد مهملة
– We made many dolls for our children from odds and ends from around the villa.		
Of age	Old enough to be allowed to do something	يبلغ سن الرشد
– When Sami came of age we had a big party for him.		
Of course	For sure, certainly	طبعاً، دون ريب، بالتأكيد
– A: Can I use your computer. B: Of course you can use my car if you want to.		
Of my own accord	With no force, voluntarily	طوعاً، دون إكراه
– I joined the team of my own accord.		
Of steel	Hard, strong	من فولاذ، قوي
– Churchill's nerves are of steel.		
Off and on	Occasionally, intermittently	على نحو متقطع، بين فترة وأخرى
– Mahroom has been seeing his wife off and on but I don't think that their relationship is good enough.		
Off duty	Not at work , having free time	في ساعات فراغ، إجازة، في انقطاع عن العمل، ليس في وظيفة/ واجب
– Major Jefferson was off duty when he came across the bank robbery.		
Off one's chest	Talk about a problem to someone so that it doesn't bother you anymore	يزيل ثقلاً عن صدره، يفضفض
– I finally talked to Mr. Brahma and was able to get some of my problems off my chest.		
Off one's hands	Not in one's care/ possession	ليست في حوزتي/ ملكي
– I sold my car and finally got it off my hands.		
Off the beam	Wrong, mistaken	مخطئ، خطأ
– What the instructor said about the new class room was right off the beam and should be ignored.		
Off the cuff	Unprepared, improvised	دون تحضير مسبق، واهن، ارتجالي
– The guest made a few remarks off the cuff but he never explained clearly what he wants.		
Off the hook	Out of trouble, free from a	ينجو، يتخلص من مأزق

	situation	
	– I am off the hook now and won't have to worry about the new task anymore.	
Off the record	Privately, unofficially	بشكل غير رسمي، بطرق شخصية
	– The governor told the journalists off the record about the climate change-main reasons.	
Off the top of one's head	From memory, spontaneously	عفوياً، تلقائياً
	– I knew all of the corporation's members off the top of my head.	
offbeat	Unusual, not conventional, innovative	غير عادي، غير تقليدي، ليس كالمعتاد
	– Sam's play was very offbeat which is just the kind of performance that I like.	
Off-center	Out of kilter, not quite like most others, odd	غريب، شاذ، غير منسجم
	– That portrait was off-center and didn't really fit in with the rest of the pictures of the display.	
Off-color	In bad taste, not polite, dirty	غير مؤدب، غير محتشم، قذر
	– Mary likes to tell off-color jokes which I don't like at all.	
Off-color	Ill, sick, poorly, unwell	مخطوف اللون، يشعر بالتعب، مريض، واهن
	– A: Jeff, are you sick? You look off-color. B: I think so, I have a headache.	
Offset	Counteract, compensate	يتصدى، يوازي، يعوض، يسد محل
	– The blue army's quantity did something to offset some of the advantages of the red army's quality.	
Oil and water	Two people or situations that are opposite and don't mix well with each other	كالزيت والماء: لا ينسجمان ولا يتدمجان معاً
	– It's very difficult for Tom and Jeff to work on the same idea. They are like oil and water.	
Old as the hills	Very old	قديم جداً
	– The old buildings at Oxford are as old as the hills.	
Old hat	Old-fashioned , not new, different	عتيق، بطل استعماله، قديم
	– My job as a principal of Angers school has become old hat and I am becoming a little tired of it.	
Old chestnut joke	Not interesting because it is repeated	نكتة معادة، طرفة غير مضحكة
	– Stop talking. What an old chestnut joke! Do you have something new?	

On a shoestring	On the cheap, with very little money	بمبلغ زهيد، برأسمال غير كافي
	– Angela started the new company on a shoestring.	
On again off again	Not settled, changeable, uncertain	غير مستقر، متغير، على نحو متقطع
	– The plan for the fireworks display by the upper lake was on again off again because of the windy weather.	
On and on	Without end, at tedious length	مطول وممل، مستمر، دون انقطاع
	– The governor speech continued on and on until we finally left the meeting.	
On behalf of	Representing, for	بالنيابة عن، لأجل، ممثلاً عن، لمصلحة
	– The lawyer went to the court on behalf of his client.	
On board	On a ship/ plane, etc.	على متن (السفينة أو الطائرة.... الخ)
	– We have to get on board the airplane before it takes off	
On call	Available, on standby	جاهز للعمل، تحت الطلب
	– Angie works as a computer repair woman and is always on call.	
On cloud nine	Ecstatic, delirious, overjoyed	سعيد جداً، يشعر بنشوة الفرح، مبتهج للغاية
	– Bernard has been on cloud nine ever since he decided to get married.	
On credit	With a credit card, not in cash	دين، بواسطة بطاقة الاعتماد
	– He decided to buy the TV on credit.	
On easy street	Having enough money to live comfortably	لديه المال الكافي للعيش الكريم
	– Kushner has been on easy street since he sold his bungalow and invested his money.	
On edge	nervous, irritable, uneasy	منفعل، متوتر، مرتعب
	– Kivungi has really been on edge lately because of the final exams.	
On hand	Available	متوفر، موجود
	– I couldn't give Laurel any aspirin because I didn't have any medicine on hand at that moment.	
On hand	Close at hand, within reach	قريب، حاضر، بين الأيدي
	– John, please keep your dictionary on hand in case we need to use it.	
On one's feet	Healthy, recovering from sickness or trouble	في صحة جيدة، واقفاً

- Bernard was sick for three weeks but now he is on his feet again.
- On one's high horse Arrogant, acting as if one is better than others متكبر، متعجرف، في برجه العاجي
- David is always up on his high horse and never bothers to think about how other people feel.
- On one's last legs at the end of one's strength في نهاياته، في اخر عطاءه
- I think that Meliban's old car is on its last legs.
- On one's shoulders One's responsibility من مسؤوليته، على عاتقه
- Rita, please don't put the failure of your marriage on my shoulders.
- On one's toes Alert منتبه، مستعد للعمل، مستعد للإطلاق، مفعم بالنشاط
- The instructor always asks his students many questions to keep them on their toes.
- On pins and needles Exited, nervous على أحر من الجمر، ينتظر بفارغ الصبر
- My daughter has been on pins and needles all day waiting for the football match to begin.
- On the air On air, being broadcast, on radio or TV يبث، ينقل حيا ومباشرا
- 'Be the Champion' has been on the air for over five years now.
- On the ball Intelligent, sharp, with it, alert بارع، ذكي، لمارح، مستعد
- Mr. Kirby is really on the ball and can get all of his work done quickly.
- On the beam Doing well, just right, correct مضبوط، صحيح
- All my classes are on the beam.
- On the blink Broken, out of order معطل، خارج عن العمل
- My television is on the blink.
- On the block In danger, for sale في خطر، للبيع
- Our chalet has been on the block for over a month now.
- On the brink of To experience it soon, about to, close to على شفير، على حافة، على وشك، قريبا من
- The USA is on the brink of war.
- On the button Exactly on time في الموعد المحدد، في اللحظة الأخيرة
- Helena arrived for the meeting right on the button.
- On the dole Unemployed, receiving welfare عاطل عن العمل، يتلقى المعونة أو الصدقة
- The area is very poor and there are many people on the dole.

On the dot	Precisely, punctually, promptly	بدقة
– Twain is famous for always arriving for conferences on the dot.		
On the go	Very busy	مشغول، ناشط، يعمل بشكل مستمر
– Ali has been on the go all week long. He must be tired.		
On the house	Provided free, on one's account	مجانا ، على حسابي
– The double bed-room at the hotel was not ready when we arrived so they provided us with free soft drinks on the house.		
On the level	Honest, straight, telling the truth	صادق، مباشر، يصدقه القول
– The examiner was really on the level with me when he told me about the ‘Pass’ possibility.		
On the line	At risk, in danger	في خطر، مهدد
– Jimmy’s job was on the line because of his carelessness.		
On the mend	Healing, getting better, improving	في تحسن
– Rania broke her leg last week but it is on the mend now.		
On the move	Moving around from place to place, in motion	في حركة، في تنقل من مكان إلى آخر
– Sara is in Malaysia and has been on the move for several weeks now.		
On the nose	Just right, exactly	صحيح، دقيق، مضبوط
– What you said about my boss was right on the nose.		
On the other hand	Conversely	من ناحية أخرى
– Claire is very intelligent but on the other hand she is very lazy.		
On the road	Touring, travelling	في ترحال، مسافر
– Jim, you don’t try to contact me at 14:30 because I’ll be on the road.		
On the rocks	Breaking up, collapsing	ينهار، متصدع، على شفير الهاوية
– Mr. and M. Short have been married for eight years but their relationship seems to be on the rocks now.		
On the sly	Secretly, sneakily	خلسة، سراً
– My wife and I went to the Tunisian restaurant on the sly so that nobody would know where we were.		
On the spot	In a difficult situation	في موقف صعب، محل أنظار، محل اهتمام
– Benjamin is on the spot after the bribery charge.		
On the spot	Immediately, instantly	فوري
– Graffiti calls for on the spot fine.		
On the spur of the	On a whim, on impulse,	عفويا، وليد اللحظة،

moment	suddenly	فجأة
– On the spur of the moment I said ‘LODGE’ and that was the right answer.		
On the time	Right on time	في الوقت المحدد
– Sam always arrives for his meetings on the time.		
On the wagon	Sober, dry, not drinking alcohol	رزين، نظيف، مجتنب الخمير
– Basher has been on the wagon for over two years now.		
On the warpath	Very angry, furious, on the offensive	غاضب، مستعد للقتال، في موقف عدائي
– Aaron is really on the warpath tonight so you should stay out of his way.		
On the whole	In general	عموماً، بشكل عام
– On the whole I think your proposal is better but I would like to review it further.		
On time	At the scheduled time, punctual	في الوقت المحدد
– The Amsterdam-Oslo flight arrived on time.		
On top	In the lead, with the upper hand	في المرتبة الأولى
– Mr. Etaywe was on top of his class in the English department.		
On top	In control of, knowing all about something	يسيطر على الموقف، يضبطه، يعرف كل ما يتعلق بالأمر
– Shadi and I were able to keep on top of our work. Iyad reads the Guardian every morning to stay on top of the latest news.		
On view	On show, available	معروض للأنظار، متوفر
– My latest portraits are on view.		
Once and for all	Permanently, for all time	مرة والأبد، دون رجوع عن موقفني
– I told Golden once and for all that I would not take the new job in the union.		
Once in a blue moon	Not often, seldom	نادراً، قليلاً
– I only go to Rabbits restaurant once in a blue moon.		
Once in a while	Every so often, now and again	بين الفترة والأخرة، أحياناً
– We like French food so we go to the French restaurant once in a while.		
Once-over	quick inspection, examination	فحص، نظرة سريعة
– It's a good idea to give your car an once-over before a long trip.		
One for the books	very remarkable, unusual	أمر رائع، أمر جدير بالتسجيل/ أو أن يحفظ بالذاكرة
– Toni's latest paper about global warming is one for the books and is very useful.		

One-track mind	Thinking about only one thing	محدد أو ضيق الفكر، يفكر بشيء واحد
– Mark has a one-track mind. The only thing he thinks about is money.		
Open day	Celebration and free of duty day	يوم مفتوح (بلا عمل)
– We have an open day on October 25th.		
Open one's heart	Talk honestly, confide in someone, be frank	يصاح
– I opened my heart to Jima when I was at the bar last night.		
Open secret	A secret that so many people know it	سر مكشوف
– It is an open secret that Robert is leaving the army next month.		
Other fish to fry	Have more important things to do	مسائل أخرى (أهم) تحتاج للبحث أو العمل عليها، قضية أخرى تستدعي الإهتمام
– I think Sedine has other fish to fry and will not be happy to continue with the current issue.		
Out cold	Unawake, unconscious, in a faint	غائب عن الوعي، مغمى عليه، فاقد الحس
– The patient was out cold when the nurse went into his room to check on him.		
Out in the cold	Alone, not included	وحيد، لا ينضم للغير، محروم من منافع حسنة ما
– I was left out in the cold when the rest of the school went to the movie without me.		
Out like a light	Fall asleep very quickly	يغرق في النوم بسرعة
– Simpson was out like a light when she went to bed last night.		
Out of	Have none left	ينفذ من
– The restaurant was out of fish so we had fried chicken instead.		
Out of the blue	Out of plan, happen unexpectedly	غير مخطط له، خارج الخطة، يحدث على نحو غير متوقع
– The final operation was out of blue. However, it was fruitful.		
Out of bounds	Limits, boundaries	محظرو الدخول إليه
– This area is out of bounds.		
Out of breath	Gasping, be tired and breathing quickly	يلتقط أنفاسه بصعوبة، لاهث، مقطوع النفس
– He was out of breath after running from the station		
Out of circulation	Not active, not joining in what	بعيد عن الأنظار، بعيداً

	others are doing	عن مشاركة الآخرين، غير نشط
	– Jessica has been married so she will probably be out of circulation for awhile.	
Out of hand	Not in control	خارج عن السيطرة
	– I can't help you; your problem is out of my hand.	
Out of line	Unacceptable, awry	غير مقبول، غريب
	– Wissely's proposal was out of line; I can never accept that.	
Out of order	Not working, out of use, broken	معطل، غير عامل
	– The public telephone was out of order.	
Out of sorts	Ill, unwell, in a bad mood	مريض، بمزاج سيء
	– The commander in chief is a little out of sorts today so you should come and speak to him tomorrow.	
		متخلف عن الآخرين، لا
Out of step	Out of harmony, not keeping up	يجاريهم، غير منسجم معهم
	– Russell is out of step with the rest of the team.	
		كالمستجير من الرمضاء
Out of the frying pan and into the fire	Out of one bad situation and into another	بالنار، الهروب من مأزق والوقوع باخر، من المقلاة الى النار
	– Ahmad was on board when the ship went on fire so he tried to jump into the water although he wasn't a good swimmer. Unfortunately he sank and died. He was just like out of the frying pan and into the fire.	
Out of the question	Impossible, not feasible, improbable	مستحيل، غير محتمل
	– You have no money, so going to Jarasa for a holiday is out of the question.	
Out of the way	Remote, remote	بعيد
	– The group of tourists went to an out of the way place for their first dinner.	
Out of the woods	Out of danger, in the clear	ناج من خطر، معافى تماما
	– Baby, you should avoid exposure to cold. I don't think you are out the woods yet.	
Out of this world	Exceptional, fabulous, wonderful, fantastic	استثنائي، مميز، باهر، رائع
	– The dessert that your wife made last week was right out of this world. I loved it.	
Out of tune	in disagreement, contradictory	في غير انسجام أو تناغم، متعارض
	– Obviously, your father is out of tune with what the other members of the	

	committee think.	
Out-of-date	Old fashioned, no longer in style, out-dated	عتيق الطراز، قديم، موضة قديمة
	– Computers become out-of-date very quickly.	
Outside of	Other than, except for	باستثناء، ما عدا، إذا استثنيت
	– Outside of the weather our trip was quite enjoyable.	
Over	Finished, ended, up	انتهى
	– The lecture will be over at 7 p.m.	
Over and over	Repeatedly, again and again	تكراراً
	– I told him over and over that I do not want to marry Sue.	
Over one's dead body	Never, under no circumstances	لن، البتة، على جثتي، مهما كانت الظروف
	– Over my dead body will I let him come to the party next week.	
Over one's head	Go to a more important person in charge, go to a higher official	شخص أعلى منصباً، مرجعاً أعلى، من يعلوه رتبة
	– I didn't receive a good answer from the commodore so I went over his head to talk to the general.	
Over one's head	Doesn't understand	فوق مستوى ادراكه، لا يستوعب، لا يفهم
	– I couldn't get the teacher's point, it was over my head.	
Over the hump	Over the worst part	في أسوأ أحواله
	– You can't talk to Liza. She is over the hump.	
Over with	At the end of, finished with	ينتهي مع، يصل لنهاية الأمر
	– When the game on TV is over with, we can eat our dinner.	

P

Pack your bags	get ready to go	يستعد للذهاب، يستعد لأمر ما
– You won two tickets to Paris. Pack your bags.		
Packed like sardines	Jammed, overflowing, very crowded	مزدحم، متراص
– The people were packed like sardines in the Al-Hassan Stadium for the semi-finals.		
Pain in the neck	bothering, very annoying	مزعج
– Ali is such a pain in the neck.		
Pan out	End up, work out, succeed, happen as expected	ينجح، يسير الأمر كما هو مخطط له
– A: Weren't you planning to buy a scooter? B: Yes, but the deal didn't pan out.		
Part with	Give up, let go, relinquish	يتخلى عن، يتنازل
– The principal has recently decided to part with few employees.		
Pass away	To die	يموت، يزول
– The 85-year-old patient passed away at 5 a.m.		
Pass off	To pretend something (is yours)	يدعي أمراً ما، ينتحل شخصية، يقدم للناس شيئاً زائفاً
– Dan tried to pass a Shakespeare's play off as his. What an idiot!		
Pass out	Black out, lose consciousness, faint	يغمى عليه، يفقد الوعي
– The infantryman worked for long in the sun. That is why he passed out around 17:00 in the morning and didn't wake up until midnight.		
Passing acquaintance	To be acquainted with a person but not very well	معرفة عابرة
– A: Do you know Sandy? B: Not very well. She is just a passing acquaintance.		
Pay no heed	Pay no attention	لا يلتفت الى
– Pay no attention to her whilst talking.		
pays peanuts	An insufficient wage	أجر زهيد، مقدار ضئيل من الأجر
– My job pays peanuts, but I guess it's better than being unemployed.		

		جاسوس، المختلس
Peeping tom	Someone who spies on someone else	للتنظر، اسم يطلق على كل من يسترق النظر على اخر في خلوته
	- No one of the human resources likes Jiff because they know him as a peeping tom.	
Pick on	Criticize, bother, make fun of, bully	يزعج، يضايق، ينتقد
	- It's not nice to pick on people all the time.	
Pick out	To choose, to select	يختار، ينتخب
	- Samira, when you go to the store pick out a good melon for dessert.	
Pick your brains	Ask questions	يسأل، يوجه أسئلة
	- I finished my speech. Pick your brains.	
Pigs might fly	Something is very unlikely to happen	مستحيل، غير وارد على الإطلاق، من المعجزات
	- A: Do you think Vincent will marry Dima? B: Yes, and pigs might fly! Don't you know she's married already?	
Pink slip	fired, dismissed from his job	يطرد، يفصل، يتم فصله من العمل
	- Lieutenant Jefferson was given a pink slip.	
Piss off	Make angry, drive crazy	يغضب، يثير جنون
	Stop messing around, you have exams soon. You really piss me off. Behave like men!	
Play down	Talk down, underestimate	ينتقص، يقلل من أهمية شيء
	- Kawthar really should be proud of her daughter. She can't just play her down.	
play it by ear	Make it up as you go along	لنرى ما سيجري، يحدد حسب سير الأمور، يقرر في حينه
	- A: What will we do in next class? B: I don't know. Let's play it by ear.	
Plumb the depths of something	examine the details of something, you find everything you can about something	يجد كل ما يمكن من معلومات عن أمر ما، يسبر غور أمر ما
	- I ordered the employee to plumb the depths of the story of the missing files.	
Point out	Indicate, mention, explain	يذكر، يشير إلى، يلمح إلى، يشرح
	- The teacher pointed out some important points.	

Point the finger at	Accuse, hold responsible	يتهم، يلقي باللوم
– I don't want to point the finger at anyone for the last defeat. I know that you did pretty well.		
Polite circles	Educated people	مجتمع من المثقفين
– Read was ashamed when he found himself sitting in polite circles.		
Pop the question	Ask someone to marry you	يطلب الزواج من، يطلب يد فلان
– I'm very nervous about tonight. I'm going to pop the question to Flora.		
Prone to	Likely to, apt to	امكانية كبيرة، عرضة لـ
Pull away	Move off, leave, depart	يغادر، يهجر، ينسحب، يبتعد
– Emad's parents are pulling away from each other. I hope they don't get divorced.		
Pull over	Drive a vehicle to the side of the road	يقود سيارته لجانب الطريق، يصطف جانب الطريق
– The policeman pulled me over and gave me a ticket for high speeding.		
Pull someone's leg	Make fun of them, laugh at them	يهزأ بـ، يسخر من، يوقع بـ
– Don't listen to him; he is just pulling your leg. He is telling you an unreal story.		
Pull the trigger	Start working	يياشر بالعمل
It is time to pull the trigger. Our turn is next.		
Pull together	Cooperate, team up, work together	يتعاون، يعمل كفريق واحد
– The villagers pulled together and built a cottage in just five days.		
Push against the tide	Work against the general atmosphere	يمشي عكس التيار
– You are pushing against the tide. You should leave the company.		
Put a damper on something	discourage	يثبط العزم، يحبط
– My dad really put a damper on our camping trip when he told us he would join us.		
Put away	Tidy up	يضع الشيء في مكانه مناسب
– Please put your books away. It's time for lunch now.		
Put down	Insult, critical remark	يذل، يقمع، ينتقد، نقد
– It's not helpful to put your children down.		

Put down	kill a sick/ an injured	يسحق، يقتل
– The vet said it was necessary to put the cow down. It would not recover from its injuries.		
Put off	Postpone, delay	يؤجل
– Never put off till tomorrow what you have to do today.		
Put on	dress, don	يرتدي
– Put your coat on or you'll catch a cold.		
Put on	gain weight	يزداد وزناً
– Steve looks like he is putting a little weight on.		
Put out	extinguish	يطفئ الحريق
– The firefighters put the fire out.		
Put out	trouble someone	يزعج، يضايق
– I'm sorry to put you out, but can you give me a ride to Raghadan bus station?		
Put out	publish, to issue	يصدر، ينشر
– Do you think that the Sun newspaper is put out by the same company as Addustour newspaper?		
Put somebody up	Accommodate, house	يزود بسكن
– During your stay in Durham University, I will try to put you up for two years.		
Put up with	Tolerate, endure	يتحمل، يصبر على، يطيق
– Samir wants me to eat his plain meal but I can't put up with it.		
Put years on someone	Make someone look or feel older	يجعله يبدو أكبر سناً (مما هو عليه)
– Try to get rid of your moustache. It put years on you.		
Put your thinking cap on	Try to solve a problem by thinking about it	يفكر بالمشكلة ليجد حلا لها
– Ahmad, I know it's not easy but you can solve it. Put your thinking cap on.		

Q

Quality	Class, excellence	منزلة رفيعة
– Blaire is a man of quality.		
Queen of	Celebrity, the lady	سيدة، شخصية
– Patricia was nominated for queen of the year competition.		
Quitting time	Departure time	وقت المغادرة
– Laurel: When is it quitting time? Hardy: It is 15:00.		
Quotation	Price	سعر
– Today's market quotation on wheat is low.		

R

Not rocket science	Simple to do, not that difficult	سهل جداً، ليس صعباً، ليست صناعة صاروخ
– Driving a car is easy to do after you've practiced it. I mean it isn't rocket science, is it?		
Race against time	Accomplish something within a limited period of time	سباق مع الزمن
– The timer showed 30 seconds left. So it was a race against time for the disposal team to diffuse the bomb.		
Rain cats and dogs	Pour down, rain heavily	تمطر بغزارة، تنصب مطراً
– I must take an umbrella. It is expected to rain cats and dogs tonight.		
Rambling (speech)	Wordy, incoherent, illogical	مطول، غير متناسق، لا منطقي
– The congress candidate gave a long rambling speech on the subject of economical recess.		
Rat- bag	mischievous, ill behaved, naughty	شخص لعوب، مؤذ، مولع بالإزعاج
– I can't stand you son's behavior. He is such a rat-bag.		
Rat race	Used to refer to everyday life in the working world	سباق الجرذان، تنافس شديد (تستخدم للإشارة للروتين اليومي في العمل)
– I can't wait for my summer holiday to start; I really need a break from the rat race.		
Read between the lines	Detect hidden meaning, look carefully	يقرأ بين السطور، يقرأ بتمعن
– You needn't read between the lines to pass the exam.		
Reap the souls	Kill a lot of people	يحصد الأرواح
– The war in X has reaped the souls of the innocents.		
Red handed	To catch someone doing something wrong	يلقي القبض عليه متلبس بجريمة، مفرج اليدين
– The bank robbers were caught red handed by the duty officer.		
Red tape	Formalities, bureaucracy, official procedure	الإجراءات الرسمية، البيروقراطية، الرسميات

		الروتين الحكومي
– The certificate took a long time to get issued because of the red tape.		
Return ticket	Two-way ticket	تذكرة ذهاب وإياب
– Rafael has bought a return ticket to visit Brazil.		
Root (of something)	Source, origin	مصدر، أساس
– The root of his problems is lack of confidence.		
Rubber-neck	Inquisitive person, nosy, curious	شخص فضولي، يتدخل في شؤون الغير
– I don't like Sami. He is just a rubber-neck.		
Rubble the gear	Collect/ gather your equipment	اجمع عدتك
Rubble your gear before the building gets demolished.		
run along	to be on one's way	بمضي، يتابع مشوار
– Thanks for the hospitality. I have to run along now.		
Run deep	Very strong, rooted	متأصل، متجذر، عميق، ضارب بالأرض
– My hatred to Samia really runs deep.		
Run down	Knock down	يدهس
– The red car ran down my little child.		
Run down	To cease to operate	يتوقف، يكف عن العمل
– The stereo isn't working because the batteries have run down.		
Run down	In bad physical condition	ليس على ما يرام، متوعك
– Sam is feeling much run down this month. I think he is getting sick. Maybe he needs some vitamins.		
Run in	To arrest for a usually minor offense	يعتقل، يلقي في السجن
– The police ran Fu'ad in yesterday. He stole 20 tickets.		
Run into	Meet by chance	يلتقي بالصدفة
– I ran into an old friend of mine.		
Run out of	To use the last of, come to an end, finish something	ينفذ، يستهلك
– We ran out of sugar, so we had to go to the shop.		
Run over	To hit (obj.) with a vehicle	يدهس
– Did you hear? Some idiot ran Stephen king over		
Run over	Review	يراجع
– You should run over your book before the test.		
Run through	To consume wastefully	يبدد (الثروة)، يستهلك دون رشد

- Some men can run through money like it grows on trees.

Run up

Accumulate amass, to increase
a total amount

يراكم، يضحّم، يرفع أو
يزيد (قيمة فاتورة الخ...)

- Some people run up their credit card bills so that they can't pay them at the end of the year.

S

Safe as houses	Perfectly safe	آمن
– This project is safe as houses.		
Scratch one's back	Return the favor	يرد الجميل
– If you scratch my back, I'll scratch yours.		
Second hand	Used, recycled	مستعمل، مدور
– I don't wear second hand clothes. Neither does Samira.		
Second rate	Second class, poor quality	درجة ثانية، نوعية رديئة
– I don't buy vegetables of a second rate.		
Second thoughts	Change of opinion after considering, doubts	تغيير الرأي، وقوع شكوك
– We had second thoughts about buying the car when we discovered the price.		
See about	Deal with	يحل، يتعامل مع
– I will see about your issue.		
see eye to eye	Agree, see things the same way, have the same opinion	يوافق فلانا الرأي، يتفق في وجهة النظر
– I see eye to eye with the new president on politics. I'm sure he's the best man for the position.		
See red	Get very angry	يشتاط غضبا، يغضب
- When Ali accused me of being wasteful, I saw red.		
See someone off	To chase someone away	يطارد
– Last night a burglar tried to break into my house , but my dogs saw him off		
Seize the day	to do what you want straight away and to not to worry about the future	ينتهز يومه، يقتنص فرصته، يستغل حاضره
– Listen! You need to take decision. You're not sure about the future options, but you have a good one in hand. I see that you seize the day.		
Self made man	A man whose fortune has been made by his own efforts	عصامي، بنى نفسه، صنع ثروته بذاته
Set down	To get someone to quiet down	يسكت
– We need to settle Rami down; the neighbors are trying to sleep.		
Set free	Release, unleash, free	يطلق سراح، يحرر
– The king set free all prisoners of war.		
Set in	Begin	يبدأ، يهل
– Summer seems to set in early this year.		

Set something back	Move back	يؤخر
– In winter you set the clock an hour back		
Settle down	To start living a quiet family life	يستقر، يحيا حياه استقرار بالزواج
– You're already 37 years old. It's really time for you to settle down.		
Shake a leg	Hurry up and finish	انهي ما بيدك بسرعة
Lets shake a leg, or we will miss the bus.		
Shake off	Get rid of, recover from, to free from	يتخلص من، يتعافى من، يتحرر من
– Are you ever going to shake that cold off? You've been coughing for three weeks!		
Shake off	Get rid of, get away from	يتعافى من، يتخلص أو يخرج من
– When will you shake off this cold?		
Shake up	To reorganize something on a large scale	يعيد تنظيم شيء ما على نحو جذري، إعادة تنظيم جذري
– The financial crisis shook up both countries.		
Shambles	Mess, badly organized	فوضى
– The whole evening was shambles.		
Shame on (some one)	Disgrace on	عار عليه، احجل من نفسك
Shame on you Bush. You just killed thousands of innocent people around the world.		
shocker	Surprising	مفاجئ
– Knowing that Salma is your niece is a shocker.		
shooting off one's mouth	talks as if he knew everything about something	يتكلم وكأنه ملم بالموضوع رغم أنه ليس كذلك
– Ramiz is always shooting off his mouth about the baseball sport. Yet, everyone knows that he gives opinions without knowing all the facts.		
Show someone the ropes	Show someone how to do a job	يُعرف فلان القواعد الخاصة بالعمل
– Since this is your first day in our unit, I've nominated Bilal to show you the ropes.		
Show your face	To make a token appearance	يظهر، يبرز، يثبت وجود
– Although I don't want to go to Hamza's wedding party, I think I'd better show my face there for a minute.		

Shrouded in haze	Covered with doubts	محاط بالشكوك، يكتشفه الضباب
– The government current situation is shrouded in haze.		
Single file	One extended line	خط منفرد
– The sergeant has issued his orders to his soldiers to become in single file.		
Single ticket	One way ticket	تذكرة باتجاه واحد (ذهاب أو إياب)
– I bought a single ticket since I had decided to stay in Kansas for good.		
Sitting on a goldmine	in possession of a business that is very profitable	جالس على منجم ذهب / كنز
– The new mall is doing a lot of business. Its owner is sitting on a goldmine.		
Six feet under	Dead and buried	ميت ومدفون
– The police found the victim six feet under.		
Skin someone alive	To ruin them, exploit them	يستغله بالكامل، يدمره، يمص دمه استغلالاً
– Why don't you leave Adolph alone? You skinned him alive.		
Slip into	Go in without anyone noticing, put on, get dressed	ينخرط دون أن يلتفت له الغير، يندس، يرتدي
– Captain Biff slipped into the air force when he was 17.		
– Captain Biff slipped into his blue suit.		
Slip of the tongue	Saying something you didn't plan to	زلة لسان
– I didn't intend to tell her about the new business. It was a slip of the tongue.		
Slip up	To make a mistake	يخطئ، يغلط
– You slipped up when you told Sara about your late father's real name. You shouldn't have done that.		
Small hours	The early hours of the morning	بواكير الصباح، ساعات الصباح الباكر
– I couldn't believe that Halima woke me up in the small hours just to ask me a pen.		
Smell a rat	Think something is wrong, become suspicious	يشك، يرى فيه إثارة للشبهة، الفأر يلعب بعبي فيما يخص
– How come the main gate of the camp is open? Honestly, I smell a rat		
So much so that	To such an extent that	للحد الذي عنده
– Jordan has been clear of smallpox-so much so that the medical authorities have had no takers for the 10,000 JD reward for anyone reporting a smallpox case.		
Sooner or later	In the end, finally, ultimately	عاجلاً أم اجلاً، في نهاية

المطاف

- Sooner or later, you're going to marry and have some children.
ان لا يوفر في النفقات،
- Spare no expense** **To spend whatever is necessary without worrying about costs** ان لا يولي جهداً ودون النظر للنفقات المترتبة
- I want you to spare no expense when building the new general headquarters.
لسان حالها يخبرك، لا
- Speak for itself** **Need no explanation** تحتاج لتفسير
- The events of last night speak for themselves.
يشين، يذكره بسوء،
- Speak ill of somebody** **Libel, vilify** يشوه سمعته، يذم، يفتاب
- Don't speak ill of the absent and the dead.
يتكلم جهاراً، يتكلم بوضوح
- Speak up** **To speak more loudly**
- Osama, you should speak up in class. Nobody can hear you.
يعرفه حق المعرفة، بينهم
- (be on) Speaking terms** **Know somebody well enough to speak to him** اتصال وحديث
- I see Mu'taz every day but we are not in speaking terms.
افردها، أضف شيئاً من النكهة، غير مزاجك
- Spice it up** **Add color or zest to something**
- Hey Rashid, stop being sad and spice it up. Life is still sweet.
يسرب، يفشي السر، يفسد المفاجأة
- spill the beans** **Let the cat out of the bag, leak, to ruin a surprise, reveal a secret**
- I was planning on surprising my wife with the car, but his sister spilled the beans.
يقسم
- Split up** **break up, separate, divide**
- The central bank robbers split the money up equally.
محجوز، أخذ
- Spoken for** **Reserved, taken**
- I'm afraid you can't use those chairs. They are already spoken for.
عفوي
- Spur of the moment** **Spontaneous, a decision of the time**
- Do not ask me why I sent Jane a message. It was a real spur of the moment thing.
- Square peg in a round hole** **Does not fit** لا يلائم، لا يناسب
- This table isn't that nice. You should change it so that it fits your furniture. Now it is just a square peg in a round hole.
- Stand** **Provide something for** يشتري/ يضيف على

	somebody at one's own expense	حسابه
– Aisha was kind enough to stand us a meal.		
Stand by	Support, stick by	يدعم، يقف الى جانب
– Whatever happens I'll stand by you.		
Stand by	Be present but not to do anything	يقف متفرجا، يقف دون أن يحرك ساكنا
– How can you stand by and let her treat her little son like that?		
Stand for	tolerate, permit, accept	يتحمل، يقبل، يسمح
– The principal won't stand for his teachers to be late.		
Stand in	Deputize, take someone's place	ينوب، يحل محل
– In old times, the oldest brother stood in for his father when he went to war.		
Stand in one's way	Prevent	يمنع، يقف حائلا
– Can you tell me what it is that stands in your way so you won't buy me a ticket?		
Stand on one's feet	Become independent, self-sufficient	يقف على قدميه، يصبح مستقلا، يتعافى
– The USA economy stood up on its feet after damaging recession.		
Stand out	Continue to resist	يقاوم، يتصدى
– You needn't stand out against all attempts to close down the company.		
Stand out	Be obvious, show up, to be noticeably better than others	يبرز، يكون ظاهر التفوق
– Palmer performance really stands out from the other employees. His work is outstanding.		
Stand over someone	Supervise	يراقب، يبقى فوقه
– Don't stand over me while I'm reading.		
Status quo	Current existing situation	الأمر الواقع
– We wouldn't accept the status quo policy.		
Stay away	Keep a distance, not to attend	يبتعد
– You must stay away from my little son.		
Stay in	To not go out, stay at	يقيم، يمكث
– Bell decided to stay in last weekend because it was raining.		
Stay up	Remain in position	يبقى (مكانه) ثابتا
– My trousers stay up if I wear a belt.		
Stay up	Remain awake	يبقى مستيقظا
– My children decided to stay up till midnight for their favorite programme last night.		
Steal the show	Attract the most attention	يوجه الإنتباه نحوه، يأسر معظم اهتمام الناس
– The latest film of Polanski seems to steal the show.		
Step in	Take part	يتدخل، يشارك، ينضم
– Conrad should step in to settle the dispute between Ralph and Hitler.		

stick my neck out	taking a great risk and could possibly get hurt	يجازف، يبادر مع إمكانية تعرضه للمخاطر
<p>– A: Why should I stick my neck out for them? They wouldn't pay me for my services if I went with them.</p> <p>B: I see.</p>		
Stick one's nose into someone else's business	Interfere where you don't belong	يتدخل بشؤون غيره
<p>– Don't stick your nose into someone else's business.</p>		
Stiff upper lip	Bravely, boldly, with courage	جسارة، شجاعة
<p>– Face your troubles with a stiff upper lip.</p>		
Still born	Not developing, dead when born	مات عند الولادة، لم يتطور بعد، ما زال في بداياته
<p>– A: How is your business going?</p> <p>B: Still born.</p>		
Stormy relationship	Unsettled	عاصف، غير مستقر
<p>– Helen and Joe have a stormy relationship.</p>		
Straight from the horse's mouth	From a very reliable source	من مصدر موثوق
<p>– A: How did you find out that X was a spy?</p> <p>B: I got the information straight from the horse's mouth.</p>		
strides	Paces, steps, progress	تطورات، خطى، تقدم
<p>– Jordan has made great strides in education over the past twenty years.</p>		
Strike while the iron is hot	Not delay, act while things are favorable	اضرب ما دام الحديد حامياً
<p>– What are you waiting for, book your seats now whilst people are away. You should strike while the iron is hot.</p>		
stringing somebody along	Deceiving them, betray, take in	يخدع، يخون
<p>– When Haytham ran off with Chariot, Sally realized that he was just stringing her along.</p>		
Stuff your face	To eat a large meal	يأكل حتى التخمة
<p>– I'm going to the Thai restaurant tonight and stuff my face.</p>		
Stuffed	Full of food	متخم
<p>– Would you like to have some cake?</p> <p>No, thanks. I'm really stuffed.</p>		
The sky's the limit	It seems to be limitless	سقفه السماء ، بلا حدود
<p>– It seems that the sky is the limit for the salaries of mastermind of the conspiracy.</p>		

T

Take a back	Surprise, stun	مفاجأة، يتفاجأ
– Zelaya was taken a back by the existence of the suspect in his house.		
Take a chance on some one	Exploit, abuse	يستغل
I'm not going to take a chance on you, am I?		
Take a stand	Declare one's position, have your say	يقول كلمته، يتخذ موقفا
– Jordan took a firm stand on nuclear disarmament.		
Take a seat	Sit down	اجلس
– Please, take a seat. I'll tell you the whole story.		
Take after	Resemble, act like, look like	يشبه
– Mac looks after his father.		
Take down	Write down, note	يدون
– Can you take this note down?		
Take for granted	Accept, assume	يقبل
– Harry's announcement was taken for granted.		
Take over	Capture, assume control	يتولى القيادة، يحتل
– The co-pilot took over the plane.		
Take root	Become established, set in, grow	تجذر، استقر، نما
– The desire for killing had taken root in me.		
Take somebody's breath away	Astonish, stun, astound	يدهش، خلاب
– The view over Ajlun Mountains takes your breath away.		
Take the Mickey	Mock, to make fun of someone, laugh at	يهزأ بفلان، يسخر
– Don't take the Mickey, it's not my fault. I can't ride a bike		
Take up	Start, assume	يمارس
– Rami is going to take up physics regularly.		
Take years off someone	Make someone look or feel younger	يجعله يبدو أكثر شبابا
– Your jacket really takes years off you. You look gorgeous.		
Take your pick	To choose one of many options	يختار، ينتقى
– This is a great Chinese restaurant. Take your pick off anything on the menu and you'll enjoy it.		
Taking candy from a baby	Very easy to do	سهل القيام به
– With wonderful internet sites, learning English as a Foreign Language (EFL) has become like taking candy from a baby.		
Tall order	To say that a task will be difficult	مهمة عسيرة

	– Water for the cities full of people, like Amman, is a tall order	
Tall story	Difficult to believe	خرافة، غير معقول
	– You're telling a tall story.	
Teacher's pet	The teacher's favorite student, who often gets special treatment	الطالب المحبوب، المفضل لدى المدرس
	– Abdullah is his teachers' pet. The teacher always asks about his marks.	
That's the way the cookie crumbles.	That's the way life is	هكذا هيا الحياة
	– A: Is your wife dead? I can't believe it. B: That's the way the cookie crumbles. Whom the god loves dies young.	
The die is cast	You have started something that would be difficult to stop	سبق السيف العذل
	– Do not apologize. You already disappointed your parents. You have always been the black sheep of the family.	
The long and short of it	This is how it is	كل ما في الأمر، كل ما يتعلق بـ
	– A: I think I gave you all the details, didn't I? B: Yes, you did. You gave me the long and short of it.	
Think through	Consider carefully	يفكر بتمعق/ مليا
	– Think through your own issues and you can sort them out.	
Think twice	Think carefully	فكر مليا
	– Baby, think twice before you leave your country.	
Thinking	rational	عقلاني
	– All thinking people must hate violence.	
Thump through	Check quickly, examination	يجري فحصا سريعا
	– Before hitting the road, thump through your old car.	
Thumps down	Unwell, unacceptable	ليس على ما يرام، مرفوض
	– A: How is the race going? B: Thumps down.	
Thumps up	Fine, all right, okay	موافق، على ما يرام، كل شيء مطمئن
	– A: How is the race going? B: Thumps up.	
Thunder blot	Terrible event	صاعقة، حدث رهيب
	– The national team unexpected defeat came as a thunder blot.	
Tie the knot	Wed, get married	يتزوج ، يعقد رباط الزوجية
	– Peter and Katie are going to tie the knot on Sunday	
Tighten one's belt	Spend less, live more carefully	يقتصد، ينتبه للمصروفات

	because you've less money than usual	
	- Everything is becoming more and more expensive but the salary is still low. I think we should tighten our belts.	
Time to kill	Spare time	وقت كثير، فراغ كبير
	- A: Are you still busy those days? B: No, I have time to kill.	
Tip of the iceberg	Small part of a big issue	أعلى الشيء، جزء يسير من معضلة أكبر، رأس او قمة الجبل، رأس الخيط
	- After visiting the crime scene, I could recognize the tip of the iceberg.	
Tired and emotional	Merry, drunk high	ثمل، سكران
	- Brown was tired and emotional last night.	
To the last atom	To the smallest piece left	لآخر نفس، لآخر ما في الجسم من طاقة، لآخر ذرة
	- Last night we were forced to work to the last atom of our strength.	
To the quick	to the core	في الصميم
	- Your word was to the quick.	
Top of the class	The best in what he is doing	صاحب المرتبة العليا، الأول، الأفضل في عمله
	- Hala proved to be top of the class in last consecutive tests.	
Top oneself	Suicide, end it all	ينتحر، يقتل نفسه
	- A: Do you think Shehab has been killed? B: I don't think so. I think he topped himself.	
Topsy turvy	Confused, disordered	غير مرتب، مبعثر
	- When I arrived in home, I found the sitting room topsy turvy.	
Traffic jam	Hold up	أزمة مرور
	- Amman suffers from heavy traffic jam.	
Tune-up	Adjust, enhance, boost	يحسن، يعزز، يصلح، إصلاح
	- My mobile phone needs a tune-up.	
Turn down	Refuse, decrease	يرفض، يخفض (صوت)

U

Ugly as sin	Very ugly	شنيع، مروع، فحش
– Josef's wife likes those plants, but he thinks they're ugly as sin.		
Unawares	Not ready, cold	على حين غرة، لا شعوريا
– I slapped her unawares.		
Under	Not revealed, kept hidden	مكبوح، دون إعلان
– Keep your disagreement under.		
Under one's hat	Keep this a secret	يبقي سراً
– Keep this under your hat.		
Under the aegis of	Under the protection/ control of	تحت حماية/ سيطرة، تحت مظلة
– The WBC came under the aegis of the World Council for the Welfare of the Blind in 1954.		
Under the auspices of	Under the protection of, with the support of	تحت رعاية
– The World Braille Council was established under the aegis of UNESCO in 1951.		
Under way	On the go, in progress	جارياً
– Investigations are still under way.		
Undies	Underclothes	ملابس داخلية (خاصة بالنساء)
– This shop is especially set up for selling undies.		
Unrestricted access	Much authority and control	صلاحيات واسعة
Harry has unrestricted access in Google, he can hire and expel people.		
Unsung hero	A hero who does not gain popularity	بطل غير متغنى به، بطل لم يحظى بالشهرة
– Al-Qadiri participated in seven battles. However, he is still an unsung hero.		
Up in smoke	Washed out, wasted, gone to ruin	مبدد، ضائع، مهمل، هباء
– All my dreams went up in smoke after my mother's death.		
Up in the air	Unsettled, angry, excited	غاضب، مبتهج
– When Flora won the lottery, she went up in the air.		
Up in the air	Unsettled, it hasn't been decided	لم يتم إقراره بعد، معلق، لم يستقر بعد
– The final emergency plan is still up in the air.		
Up one's sleeve	Secret arrangements, concealed plans	ترتيبات سرية، خطط خفية
– Would you mind telling your father what you have up your sleeve?		

<p>Up to the ears</p> <p>– Awni is up to his ears in work.</p>	<p>Deeply taken up, thoroughly involved</p>	<p>حتى الإذنين، غارق تماما</p>
<p>Uphold</p> <p>– America comes in scrutiny numerous blatant violations of human laws they claim to uphold.</p>	<p>Defend, maintain</p>	<p>يدافع، يتمسك، يراعي</p>
<p>Use up</p> <p>– The soldiers used up the stored gasoline.</p>	<p>Spend, consume, eat up</p>	<p>يستنفذ، يستهلك، يأكله كله</p>
<p>Used to</p> <p>– Rania is used to running three miles a week.</p>	<p>In the habit of, accustomed to, familiar with</p>	<p>معتاد على</p>



Vanishing point	Disappearance, fading point	اختفاء، تلاشي، موت
– The unit's morale had reached vanishing point.	To say that doing many things	
	and having many interests	التنوع هو نكهة الحياة
Variety is the spice of life	makes life interesting	
– Sue likes skiing, reading, traveling, and scuba-diving. She certainly believes that variety is the spice of life.		
View point	Opinion, view	وجهة نظر، رأي
– My view point is different from yours.		

W

Wait on	Care for, serve	يخدم، يهتم بشأنه
– My grandparents are very rich. They have three servants to wait on them.		
Wake up call	To be made aware of	صحوه، نداء اليقظة
– The third consecutive loss for the Jordanian football team was a wakeup call for them to prepare a lot better.		
Walk away with	Take someone else's	يأخذ ما ليس له
– Rami has walked away with my umbrella.		
Walk on eggs	Carefully	يحذر، يمشي على بيض
– Ten minutes ago I saw Steve walking as if on eggs.		
Walk out	Protest, stoppage	يضرب (عن العمل)، إضراب
– The personnel have secretly agreed on a walk out.		
Walk the plank	give up by force	يتخلى عن منصب (كرها)
– The manager walked the plank. He's received a warning from the intelligence.		
Walk through	Do a practical rehearsal	يجري تجربة، يؤدي عملاً ميكانيكياً
– I've finally decided to do a walk through for the next operation.		
Waste one's breath	Speak for nothing	يتكلم دون جدوى
– I've been talking for an hour but it is like wasting my breath.		
Waste your breath	To talk to someone without them paying any attention to you	يتكلم دون جدوى
– Every time I talk to Sheika about her studies I feel as if I'm wasting my breath.		
Water under the bridge	Finished, sorted out, past events	عادت المياه لمجاريها، حلت المشكلة، في عداد الماضي، مضى عليها زمن طويل
– There has been a lot of water under the bridge since we last met.		
Wear and tear	Deterioration, wear, erosion	تدهور أحوال، عطل
– My shirt is wear and tear.		
Well-to-do	Rich, wealth, well off	غني، ثري
– That woman has a limousine. She must be a well-to-do.		
Wet blanket	Killjoy, spoilsport, someone who keeps others from enjoying themselves	قاتل الفرح
– Mohammad does not like to go with Salem. He's such a wet blanket.		
What one's coming from	His or her intent	الذي يرمي إليه، قصده،

		ما يقصد
– Huriah spent ten minutes speaking but I did not catch what she was coming from.		
Whereabouts	Location, position	مكان، موقع، أين
– Whereabouts did you find my glasses?		
Whipping boy	Fall guy, the one who always receives criticism	الضحية، من يلقي إليه باللوم دائما
– If something bad happens in our company, Jif is the whipping boy.		
White lie	A lie that was told with good intentions, usually to keep from hurting someone's feelings	كذبة بيضاء
– That white lie you told him was much better than telling him the truth.		
Willing to	Want to	يرغب بـ، تواق لـ
– I'm willing to study in London.		
		منتصر على جميع
Win- win situation	Be the victor in any case	الأحوال، فائز-فائز، لا خسارة فيه
– Fredrick said that he was in a win-win situation when he worked for Ummiah-Telecom.		
Wind up	Conclude, bring to an end, finish, end up	يؤول إلى، ينهي، يلخص الشيء
– The lecturer is finished and he needs to wind things up.		
– My car wound up on a hill.		
Wipe out	Abolish, remove, eradicate	يمسح، يبيد
– The WHO came up with a breakthrough that could wipe out swine flu.		
		ضعيف، غير مؤثر، لا
Wishy washy	Weak, indecisive, ineffectual	يتخذ القرار بنفسه، ينقل كلام غيره
– I don't like Sami for being wishy washy.		
With a view to	With the intention of	بقصد كذا، رجاء أن
– I visited my father last night with a view to gain his consent.		
Work out	Exercise, solve	يتمرن، يحل
– Don't worry about your homework, I'll work it out.		
World renowned	Famous, well known	مشهور، شائع عالميا
– Your last novel is world renowned.		
Worn out	Exhausted	منهك
– I was completely worn out when I finished the match.		

Y-Z

Yes and no	Partly and partly not	جزئياً، يقبل الإجابة بالنفي والإثبات، نعم ولا
– A: Is your plan ready? B: Yes and no.		
Yesterday's man	A man whose career is finished	رجل الأمس، كان ذو سلطة
– A: What do you think of Dr. Phil? B: Yesterday's man. He is not that active as he used to be.		
Yesterday's news	Old news, a thing that is no longer interesting	أخبار قديمة
– A: Have you heard of the 'City Witch'? B: That is yesterday's news. She's gone to England already.		
Zany	Crazy, amusingly ridiculous	مجنون، سخيف
– What a zany haircut you have today!		
Zero hour	Critical time	ساعة الصفر، وقت الحسم، ساعة الهجوم
– The brigade commander decided that zero hour will be at 7:30 p.m.		
Zero in	Adjust, correct	يضبط، يصفر
– The warrant officer will zero in the rifles.		

Eye of the Needle

(Supplement of Proverbs)

English Meaning

Words of The Noble Quran

Ah! Woo to me! Would that I had never taken so-and-so as an intimate friend	ياويلنا ليتني لم أأخذ فلانا خليلا. الفرقان: ٢٨
Allah burdens not a person beyond his scope	لا يكلف الله نفسا إلا وسعها. البقرة: ٢٨٦
Allah encompasses the disbelievers.	والله محيط بالكافرين. البقرة: ١٩
Allah is with the patient.	إن الله مع الصابرين. البقرة: ١٥٣
Allah will grant after hardship, ease	سيجعل الله بعد عسر يسرا. الطلاق: ٧
And follow not that of which you have no knowledge	ولا تقف ما ليس لك به علم. الإسراء: ٣٦
And let not your hand be tied to your neck, nor stretch it forth to its utmost reach	ولا تجعل يدك مغلولة إلى عنقك ولا تبسطها كل البسط. الإسراء: ٢٩
And man shall have nothing other than what he strives for	وأن ليس للإنسان إلا ما سعى. النجم: ٣٩
And no bearer of burdens shall bear another's burden	ولا تزر وازرة وزر أخرى. فاطر: ١٨
And none can inform you like him who is well-acquainted	ولا ينبئك مثل خبير. فاطر: ١٤
And proclaim the grace of your lord	وأما بنعمة ربك فحدث. الضحى: ١١
And say: Truth has come and falsehood has vanished. Surely falsehood is ever bound to vanish	وقل جاء الحق وزهق الباطل إن الباطل كان زهوقا. الإسراء: ٨١
And so are the days, we give to men by turns	وتلك الأيام نداولها بين الناس. آل عمران: ١٤٠
And spy not, neither backbite one another	ولا تجسسوا ولا يغتب بعضكم بعضا. الحجرات: ١٢
And they will not enter paradise until the camel goes through the eye of the needle (which is impossible)	ولا يدخلون الجنة حتى يلج الجمل في سم الخياط. الأعراف: ٤٠
And turn not your face away from men with pride, nor walk in insolence through the earth	ولا تصعر خدك للناس ولا تمش في الأرض مرحا. لقمان: ١٨
And we have fastened every man's deed to his neck	وكل إنسان ألزمناه طائره في عنقه. الإسراء: ١٣
And, verily, many partners oppress one another	وإن كثيرا من الخلقاء ليبغي بعضهم على بعض. ص: ٢٤
As a goodly tree, whose root is firmly fixed, and its branches to the sky	كشجرة طيبة أصلها ثابت وفرعها في السماء. إبراهيم: ٢٤
Ask not about things, which if made	لا تسألوا عن أشياء إن تُبد لكم تسؤكم.

plain to you, may cause you trouble	المائدة: ١٠١
But over all those endowed with knowledge is the all-knowing (Allah)	وفوق كل ذي علم عليم. يوسف: ٧٦
But the evil plot encompasses only him who makes it	ولا يحيق المكر السيء إلا بأهله. فاطر: ٤٣
Certainly mighty is your plot	إن كيدكن عظيم. يوسف: ٢٨
Each group rejoicing in what is with it	كل حزب بما لديهم فرحون المؤمنون: ٥٣
Each one does according to his way (or intentions)	كل يعمل على شاكلته. الإسراء: ٨٤
Enjoy your righteousness on the people and you forget yourselves.	أتأمرون الناس بالبر وتنسون أنفسكم. البقرة: ٤٤
Every one shall taste death	كل نفس ذائقة الموت. آل عمران: ١٨٥
Every person is a pledge for what he has earned	كل نفس بما كسبت رهينة. المدثر: ٣٨
Everything will perish except his face (Allah)	كل شيء هالك إلا وجهه. القصص: ٨٨
For every news there is a reality	لكل نباء مستقر. الأنعام: ٦٧
For the like of this let the workers work	لمثل هذا فليعمل العاملون. الصافات: ٦١
Had Allah known of any good in them, he would indeed have made them listen	ولو علم الله فيهم خيرا لأسمعهم. الأنفال: ٢٣
He said: "Do you not believe?" He said: "Yes, but to be stronger in faith."	قال أولم تؤمن قال بلا ولكن ليطمئن قلبي. البقرة: ٢٦٠
Hold a medium between those extremes	وكان بين ذلك قواما. الفرقان: ٦٧
I have come to you from Sheba with true news	جنئك من سباء بنباء يقين. النمل: ٢٢
I only complain of my grief and sorrow to Allah	إنما أشكو بثي وحزني إلى الله. يوسف: ٨٦
Indeed some suspicions are sins	إن بعض الظن إثم. الحجرات: ١٢
Is not the morning near?	أليس الصبح بقريب. هود: ٨١
Is the reward of good other than good?	هل جزاء الإحسان إلا الإحسان. الرحمن: ٦٠
Is there not among you a single right-minded man?	أليس منكم رجل رشيد. هود: ٧٨
Is this magic or do you not see?	أفسر هذا أم أنتم لا تبصرون. الطور: ١٥
It is you who stand in need of Allah	أنتم الفقراء إلى الله. فاطر: ١٥
It may be that you dislike a thing which is good for you	وعسى أن تكرهوا شيئا وهو خير لكم. البقرة: ٢١٦
Keep away from them in a good way	واهجرهم هجرا جميلا. المزمّل: ١٠
Kind words and forgiving are better	قول معروف ومغفرة خير من صدقة يتبعها

than charity followed by injury	أذى. البقرة: ٢٦٣
Let not a group scoff at another (group)	لا يسخر قوم من قوم. الحجرات: ١١
Men are the protectors and maintainers of women	الرجال قوامون على النساء. النساء: ٣٤
Mischief making is worse than slaughter	الفتنة أشد من القتل. البقرة: ١٩١
Neither too old nor too young	لا فارض ولا بكر. البقرة: ٦٨
None besides Allah can avert it	ليس لها من دون الله كاشفة. النجم: ٥٨
Not alike are the blind and the seeing; nor are the darkness and the light.	وما يستوي الأعمى والبصير، ولا الظلمات ولا النور. فاطر: ٢٠-١٩
Now the truth is manifest	الآن حصحص الحق. يوسف: ٥١
So after the truth, what else can there be, save error?	فما بعد الحق إلا الضلال. يونس: ٣٢
So ascribe not purity to yourselves	فلا تزكوا أنفسكم. النجم: ٣٢
So I fled from you when I feared you	ففررت منكم لما خفتكم. الشعراء: ٢١
So weak are (both) the seeker and the sought	ضعف الطالب والمطلوب. الحج: ٧٣
Surely we belong to Allah and to Him we will surely return.	إنا لله وإنا إليه راجعون. البقرة: ١٥٦
The good deed and the evil deed cannot be equal	لا تستوي الحسنة ولا السيئة. فصلت: ٣٤
The good deeds remove the evil deeds	إن الحسنات يذهبن السيئات. هود: ١١٤
There is no compulsion in religion	لا إكراه في الدين. البقرة: ٢٥٦
They killed her, and then they became regretful	ففقروها فأصبحوا نادمين. الشعراء: ١٥٧
Thus is the case judged concerning which you both did inquire	قضي الأمر الذي فيه تستفتيان. يوسف: ٤١
Truly Allah is powerful over everything	إن الله على كل شيء قدير. البقرة: ٢٠
Verily noblest (most honourable) of you in the sight of Allah is he who is best in conduct	إن أكرمكم عند الله أتقاكم. الحجرات: ١٣
Verily, Allah loves those who are equitable	إن الله يحب المقسطين. الحجرات: ٩
Verily, Allah will not change the condition of a people as long as they do not change their state themselves	إن الله لا يغير ما بقوم حتى يغيروا ما بأنفسهم. الرعد: ١١
Verily, along with every hardship is relief	إن مع العسر يسرا. الشرح: ٥ - ٦
Verily, the best of men for you to hire is the strong, the trustworthy	إن خير من استأجرت القوي الأمين. القصص: ٢٦

Verily, we have created man in toil	لقد خلقنا الإنسان في كبد. البلد: ٤
Wealth and children are the adornment of the life of this world	المال والبنون زينة الحياة الدنيا. الكهف: ٤٦
Which will neither nourish nor avail against hunger	لا يسمن ولا يغني من جوع. العاشية: ٧
Whosoever brings good, he shall have the better thereof	من جاء بالحسنة فله خير منها. القصص: ٨٤
Whosoever works evil, will have the recompense thereof	من يعمل سوءا يجزى به. النساء: ١٢٣
Why do you say that which you do not do?	لما تقولون ما لا تفعلون. الصف: ٢
Would that between me and you were the distance of the two easts	يا ليت بيني وبينك بعد المشرقين. الزخرف: ٣٨
You shall certainly know the truth of it after a while	ولتعلمن نبأه بعد حين. ص: ٨٨
You would think they were united, but their hearts are divided	تحسبهم جميعا وقلوبهم شتاء. الحشر: ١٤

Words of the Prophetic Sayings

English Meaning

Do not envy one another

Verily Allah does not look at your shapes but at your hearts and deeds

Allah curses the briber, the briberee and the mediator between them

Who hurts a covenanted man hurts me

Actions are judged by intentions

Woe to extremists

Allah is good and accepts nothing but good

Allah created ailments and medicines

To govern is a trust

Words of Prophet Mohammad- peace be upon him

لا تحاسدوا

إن الله لا ينظر إلى صوركم ولكن ينظر إلى قلوبكم وأعمالكم

لعنة الله على الراشي والمرتشي والرائش

من آذى ذميا فقد آذاني

إنما الأعمال بالنيات

ألا هلك المتطعون

إن الله طيب لا يقبل إلا طيبا

إن الله أنزل الداء والدواء

إنها (الإمارة) أمانة

**Abandon what you doubt to what you
do not doubt**

دع ما يريبك إلى ما لا يريبك

**The believer is the brother of the
believer**

المؤمن أخو المؤمن

**He is not one of us who calls for
partisanship**

ليس منا من دعا إلى عصبية

**All of you are the sons of Adam and
Adam was created from soil**

كلكم لآدم وآدم من تراب

PROVERBS

(said by distinguished and average men and women)

<u>English Equivalent</u>	<u>Arabic Equivalent</u>
A bad workman blames his tool	العامل المهمل يلقي اللوم على أدواته
A bird in the hand is worth two in the bush	عصفور باليد خير من عشرة على الشجرة
A black hen may lay a white egg	الدجاجة السوداء قد تضع بيضا أبيض
A burnt child dreads the fire	الطفل الذي أصابه الحرق يخشى النار / الملسوع من الحية يخشى جرة الحبل
A cat has seven souls	للقطة سبع أرواح
A chip of the old bloke	هذا الشبل من ذاك الأسد
A dog will not cry if you beat him with a bone	الاحسان يقطع اللسان / اطعم الفم تستحي العين
A drowning man ill clutches at a straw	الغريق يتشبث بقشة
A fool may give a wise man counsel	خذ الحكمة من أفواه المجانين
A friend in need is a friend indeed	الصديق وقت الضيق
A good beginning makes a good end	البداية الجيدة تقود الى نهاية جيدة
A handful of good life is better than a bushel of learning	حفنة من حياة كريمة أفضل من جبل معرفة
A hungry man is an angry man	الجائع غضبان
A hungry stomach has no ears	ليس للمعدة الجائعة اذان، عند البطون تغيب الدهون أو تعمى العيون
A jack of all trades, and master of none	يعمل في كل الحرف ولا يتقن واحدة منها، سيع صنائع والبخت ضائع
A journey of one thousand miles begins with a single step	رحلة الألف ميل تبدأ بخطوة واحدة
A lazy sheep thinks its wool heavy	(الخروف) الكسول يحسب ثوبه (صوفه) ثقيلًا
A lover dreams of his mistress	يحلم المحب بحبيبته / كل يدير النار لقرصه
A man is known by his friends	المرء بخليله؛ يعرف المرء بأقرانه
A man is known by his friends	يعرف المرء بأقرانه
A man is taken by his words	الرجال بألسنتهم؛ ميثاق الرجل كلمته

A man's praise in his own mouth stinks	مادح نفسه كذاب
A moneyless man goes fast through the market	الرجل المفلس يمر عبر السوق مسرا
A new broom sweep clean	المدير الجديد يعمل كما ينبغي، الكناسة الجديدة تنظف جيدا
A pitiful mother makes a scabby daughter	الأم الضعيفة تخلق بنتا سيئة
A quiet conscience sleeps in thunder	صفي النية ونام بالبرية
A sieve will hold water better than a woman's mouth a secret	الفلتر يمسك بالماء ولا تحفظ المرأة سرا
A son is a son till he gets him a wife, but a daughter's a daughter all the days of her life	الولد يبقى بعين أبيه ولد حتى يتزوج أما هم البنات يبقى حتى الممات
A still tongue makes a wise head	الصمت يصنع الحكمة، من لا يتكلم كثيرا تجد عنده الحكمة
A thirsty runs behind mirage	العطشان يسعى وراء السراب، يحسبه الظمئان ماء
A trouble shared is a trouble halved	إذغ توزع الحمل يُحمل (بنشال)
A woman either loves or hates in extremes	المرأة إما أن تحب بتطرف أو أن تكره بتطرف
A wound doesn't hurt a dead	لا يؤلم الجرح من كان ميتا
Absence makes the heart grow fonder	البعد يزيد القلب شغفا
Accident will happen in the best regulated families	الحوادث تحصل في أرقى العائلات
Actions speak louder than words	العبرة بالأعمال وليست بالأقوال
Add fuel to the fire	يزيد الطين بله، يصب على النار زيت
Add insult to injury	يزيد الطين بله
Advice when most needed is least heeded	النصيحة وقت الحاجة أقل ما يستمع لها، حين يكون للنصيحة ضرورة لا تجد من يسمعها
Affection blinds reason	الحب يعمي البصيرة
After a storm comes a calm	بعد العاصفة يأتي الهدوء، بعد الضيق يأتي الفرج
After dinner sit awhile, after supper walk a mile	تغدا وتمدد، تعشى وتمشى

All doors are open to courtesy	كل الأبواب تفتح أمام الكلام اللطيف، الكلام الطيب يخرج الحية من جحرها
All is fair in love and war	كل شيء جائز في الحب والحرب
All men are mortal	كلكم فان
All roads lead to Rome	كل الطرق تؤدي الى روما
All that glisters is not gold	ليس كل ما يلمع ذهباً
All that glitters is not gold	ما كل ما يلمع ذهباً
All's well that ends well	الأمر بخواتمها؛ الأمر بخير إذا ما انتهت على خير
Always has been, always will be	من شب على شيء شاب عليه
Ambition makes people diligent	الطموح يجعلك جاد في العمل
An apple a day keeps the doctor away	أكلك تفاحة يوميا تغنيك عن طبيب
An army marches on its stomach	الجيش تزحف على بطونها
An army of stags led by a lion would be more formidable than one of lions led by a stag	جيش من الغزلان يقوده أسد خير من جيش أسود يقوده غزال / جيش من الخراف يقوده أسد خير من جيش أسود خروف
An empty purse fills the face with wrinkles	المحفظة الفارغة تملأ الوجه بالتجاعيد
An eye for an eye, and a tooth for a tooth	العين بالعين والسن بالسن
Anger has no eyes	الغضب أعمى
Anger restrained is wisdom gained	الحليم الذي يملك نفسه وقت الغضب
Art is long, life is short	العمر ينتهي والعمل ما ينتهي، العمل يطول والعمر قصير
As grease and fire	مثل الشحم والنار
As soon as man is born he begins to die	ميلاد أحدنا بداية موته
Ask much to have a little	اطلب الكثير لتحصل على القليل
Ask what not in other's pot	لا تسأل ما في أيدي الآخرين
Attack is the best way of defense	الهجوم أفضل وسيلة للدفاع
Bad news travel fast	الخبر السيء أسرع ممن منحدر سائل، الأخبار السيئة تنتقل بسرعة
Bad news travels fast	الخبر السيء أسرع من منحدر سائل، الأخبار السيئة

	تنتشر بسرعة
Beating one to frighten another	اياك أعني أو الكلام لك واسمعي يا جارة
Beauty and honesty seldom agree	الجمال والجمال لا يكاد يلتقيان
Beauty is eloquent even when silent	الجمال يتكلم حتى عند السكوت، الجمال يعبر عن نفسه
Beauty is in the eye of the beholder	الجمال في عين ناظره
Beauty is potent but money is omnipotent	الجمال قوة والجمال كل القوة
Beggars mustn't be choosers	ليس للمتسولين حق الاختيار
Believe no tales from an enemy's tongue	لا تصدق قصص العدو؛ لا تنفق بما يرد على لسان عدوك
Believe nothing of what you hear, and only half of what you see	لا تصدق كل ما تسمع ولا نصف ما ترى
Better a lie that heals than a truth that wounds	كذبة تداوي خير من حقيقة تجرح
Better be alone than in bad company	الوحدة خير من صديق سيء
Better be the head of a dog than the tail of a lion	أن تكون رأس كلب خير من أن تكون ذيل أسد
Better bend than a break	الميل ولا الكسر، الرمد ولا العمى
Better die with honor than live with the shame	أن تموت بشرف خير من أن تحيا بعار
Better fill a man's belly than his eye	أن تملأ بطن الرجل خير من أن تملأ عينه؛ طعمي الفم تستحي العين
Better fill a man's belly than his eye	اطعم الفم تستحي العين
Better late than never	أن تصل متأخرا أفضل من أن لا تصل أبدا؛ أن تقوم بالشيء متأخرا خير من أن لا تأتي به البتة
Better the devil you know than the devil you don't know	عدو تعرفه خير من عدو لا تعرفه
Better to ask the way than go astray	من يسأل لا يتوه، أ، تسأل خير من أن تفقد الطريق
Big is beautiful	استكبرها ولو عجره، الكبير أحسن
Birds of a feather flock together	الطيور على أشكالها تقع
Blood is thicker than water	علاقة الدم هي الأقوى
Born with a silver spoon in his mouth	مولود وبفمه ملعقة من فضة

Boys will be boys	الولد يظل ولد
Boys will be men	الصغير يكبر، ولد اليوم أب الغد
Building and marrying of children are great wasters	العمار وزواج الأولاد مضيعة للمال
By doing nothing we learn to do ill	الفراغ مفسدة، غياب العمل مجلبة للفساد
By others' faults wise men learn	العاقل من يتعظ بأخطاء غيره
By their deeds you shall know them	بأعمالهم تعرفهم
Caesar's wife must be above suspicion	زوجة قيصر (الملك) فوق كل شبهة
Carrying coals to Newcastle	يحمل الفحم لنيوكاسل، يبيع الماء بسوق السقاية
Cast no dirt into the well that gives you water	لا ترم الحجارة (الأوساخ) في بئر تستقي منه
Cautery is the last medicine	آخر علاج الكي
Charity begins at home	الأقربون أولى بالمعروف
Children and fools must not play with edged tools	الأطفال والأغبياء يجب أن لا يلعبوا بالأدوات الحادة، لا تعطي الطفل أو الغبي سكين
Cleanliness is next to godliness	النظافة من الإيمان
Coffee is proper, tea by turn	القهوة خص والشاي قص
Cold hands, warm heart	يدين باردتين ولكن القلب دافئ (رحيم)
Conciliation is the matter of the law	الصلح سيد الأحكام
Contentment is the greatest wealth	الرضا هو أعظم ثروة؛ القناعة كنز
Count to ten; breathe again	عد للعشرة، وخذ نفس/ عند الغضب عد للعشرة
Creditors have better memories than debtors	الدائنون لهم ذاكرة أقوى من المدينين
Crooked by nature is never made straight by education	الطبع الأعوج لا يقومه التثقيف، الطبع غلب التطبع
Cut your coat according to your cloth/ stretch your legs according to your coverlet	مد رجلك على قدر غطا نك/ لحافك
Death disease has no medicine	علة الموت ليس لها دواء
Death is the great levelty	الموت كأس دوار على كل الناس
Deeds are males, words are females	الأعمال ذكر والكلمات أنثى

Diamond cuts diamond	لا يفيل الحديد الا الحديد
Do as you would be done by	عامل الناس كما تحب أن يعاملوك
Do not triumph before the victory	لا تبتهج قبل النصر؛ لا نقل انتصرت قبل تحقق النصر
Don't cry before you are hurt	لا تقدر البلاء قبل وقوعه
Don't cry over spilled milk	لا تبكي على ما فات
Don't put all your eggs in one basket	لا تضع جميع البيض في سلة واحدة
Don't count your chicken before they are hatched	لا تعد فراخك قبل أن تفقس
Don't cross a bridge until you come to it	لا تحاول عبور الجسر قبل أن تبلغه
Don't make a mountain out of a molehill	لا تعمل من التل الصغير جبلا/ لا تعمل من الحبة كبة
Doubt is the key of knowledge	الشك مفتاح المعرفة
Each lock has a key	لكل قفل مفتاح
Easier said than done	القول ليس كالفعل؛ الكلام أسهل من الفعل
East or west, home is best	-مهما اتجهت شرقا أو غربا يبقى الوطن هو الأحسن/ فرحة المرء حيث الأهل والوطن -كم منزل في الأرض يألفه الفتى، وحينه أبدا لأول منزل (أبو تمام)
Easy come, easy go	ما يأتي بسهولة يذهب بسهولة/ ما تأتي به الرياح تأخذه الزوايع
Eat to live; don't live to eat	كل لتعيش ولا تعيش لتأكل
Education polishes good natures and correct bad ones	التعليم يتقف ويلمع الأطباع الحسنة ويصوب السيء منها
Even homer sometimes nods	لكل جواد كبوة/ حتى همروس يخطئ أحيانا
Every cloud has a silver lining	رب ضارة نافعة
Every heart has its own ache	لكل قلب همه
Every law has its loophole	لكل قانون مخرج
Every man knows his own business best	كل انسان أعلم بعمله
Every one to his taste	لكل ذوقه

Every prohibited is wanted	كل ممنوع مرغوب
Every sin carries its own punishment	لكل خطيئة عقابها/ كلّ ذنبه على جنبه
Every up train's got to be a down train sometimes	بعد كل صعود نزول
Everyone is held to be innocent until he is proven to be guilty	الكل أو المتهم بريء حتى تثبت إدانته
Everything comes to him who wait	من تأنى نال ما تمنى
Everything has its seed	كل شيء له أصل
Everything new is fie	كل شيء جديد حسن
Experience is the mother of wisdom	التجربة أم الحكمة
Familiarity breeds contempt	الألفة تذهب الكلفة
Far from eye far from heart	بعيد عن العين بعيد عن القلب
Fast bind fast find	من سبق أكل النبق، الأسبق ألبق
Faster than lightening	أسرع من البرق
Fear can keep a man out of danger, but courage can support him in it	الخوف يحميك من الوقوع بالمخاطر، لكن الشجاعة تمنحك القدرة على مواجهتها
First come first served	أول الواصلين يتلقى الخدمة أولاً
First impression is the most lasting	الإنطباع الأول طويلاً ما يدوم
Forbid a thing, and that women will do	لا ينهين النساء عن شيء كان لا بد مفعول/ لا تنهى المرأة عن أمر إلا أتت به (فعلته)
Forbidden fruit is the sweetest	الفاكهة المحرمة هي الأملى؛ الممنوع مرغوب
Forced, not a hero	مجبر اخاك لا بطل
Forgive and forget	اصفح وانسى
Gifts blind the eyes	الهدية تعمي العين
Give knaves an inch and they will take a yard	وان أنت أكرمت اللئيم تمردا/ أركبته ورائي مد يده بالخرج/ اعط الأوغاد بوصة سيأخذون ياردة
Great braggers, little doers	كثير الإطراء قليل الأداء؛ كثير الكلام قليل الفعل
Half the world doesn't know how the other half lives	لا يعلم نصف العالم كيف يعيش النصف الاخر من العالم

Half the world knows not how the other half lives	لا يعلم سكان نصف الأرض كيف يعيش سكان النصف الاخر
Hand fingers aren't alike	اصابع اليد ليست سواء
He can who believes he can	من يتق بقدراته يقدر على فعل ما يريد، من قال أقدر فعل
He dug a pit for someone else, and he fell into it	من حفر حفرة لأخيه وقع فيها
He is lifeless that is faultless	الذي لا يخطئ هو الميت، كل ابن ادم خطأ
He is not fit to command others that cannot command himself	من لا يستطيع ضبط نفسه لا يستطيع ضبط غيره
He sets the fox to keep the geese	يطلق الثعلب ليرعى الوز/ يسرح الذئب بالغنم
He that commits a fault thinks everyone speaks of it	من ارتكب خطأ يظن أن كل الناس تتحدث عنه/ من على راسه بطحة يحسس عليها
He that does nothing does ever amiss	غياب العمل مجلبة للفساد
He that has money has what he wants	من يملك المال يدرك الامال
He that is down need fear no fall	الغريق لا يخشى البلل/ من كان في الأسفل لا يخشى السقوط
He that knows little often repeats it	من لا يعرف إلا القليل عادة ما يعيده
He that nothing questions, nothing learn	من لا يسأل لا يتعلم
He that travels far, knows much	من يسافر يتعلم الكثير
He who attends the market will shop	من حضر السوق تسوق
He who rides a tiger is afraid to dismount	راكب النمر يخشى مركوبه
He who saves never starves	ما عال من اقتصد
He who slowly gets angry keeps his anger longer	اتق غضب الحليم، من يغضب ببطء يطول غضبه
He who squeezes in between the onion and the peel, pick up its stink	من يدخل بين البصلة وقشرتها يشتم رائحتها
Home is where the heart is	الوطن حيث يخفق القلب
Honesty is the best policy	الصدق منجاة؛ النزاهة هي السياسة الأفضل
Husband makes a good wife	الرجل هو من يصنع المرأة الجيدة؛ الفرس من الفارس
If envy were a fever, all mankind	لو كان الحسد حمى لكان كل الجنس البشري مصابا

would be ill

If you can't beat him, join him

من لا يأتي معك اذهب معه، من لا تقدر عليه صاحبه

If you haven't you needn't

اللي معهوش ما يلزمهوش

If you want a thing well done, do it yourself

ما حك جلدك مثل ظفرك/ اذا اردت ان ينجز عملك
باتقان، انجزه بنفسك

If you want peace you must prepare for war

إذا أردت السلم فاستعد للحرب

If you wish to know a man, give him authority

اذا أردت معرفة الرجل على حقيقته امنحه شيئاً من
السلطة

Ignorance is bliss

الجهل نعمة

Ignorance is the night of the mind

الجهل ظلام العقل

Ignorance of the law excuses no man

القانون لا يحمي المغفلين؛ الجهل بالقانون لا يعفي أحد
من المسؤولية

Ill luck is good for something

الحظ العاثر حسنة لأمر آخر

In the country of the blind, he one-eyed man is king

الأعمور ملك في بلد العمي

In the country of the blind, the one-eyed man is king

الأعور في بلد العمي ملك

It is better to be a coward for a minute than dead for the rest of your life

أن تكون جباناً لدقيقة خيراً من أن تصبح ميتاً بقية الحياة،
جبان ولا الله يرحمه

It is easy to despise what you can't get

من السهل احتقار ما لا تقدر على نيله، اللي ما ينول
العنب يقول حامض

It is not every question that has an answer

ليس لكل سؤال جواب

It is not what he, but what has he

ليس المهم من هو ولكن ماذا يمكنه هو

It is the end that counts

الأمور بخواتمها/ إنما العبرة بنهايات الأمور

It takes two to make a quarrel

القدر لا يركب الا على ثلاثة/ لا يقوم شجار الا بوجود
اثنين

It will be a forward cock that crows in the shell

الديك الفصيح من البيضة يصيح

It's a small world

إنه حقا عالم صغير

Knowledge is power	المعرفة قوة
Late children, early orphans	اخر الأطفال هم أول اليتامى
Learning in one's youth is engraving in stone	العلم في الصغر كالنقش في الحجر
Life has many ups and downs	للدهر تقلبات كثيرة/ يوم لك ويوم عليك/ الأيام دول
Life is sweet	الحياة حلوة
Lightning never strikes at the same place	الفرصة لا تأتي إلا مرة؛ البرق لا يضرب نفس المكان مرتين
Like father like son	ما شابه أباه ما ظلم
Like fault like punishment	العقوبة من جنس الخطأ
Like it or lump it	احبب أو أترك
Like mother like daughter	اقلب الجرة على ثمها تطلع البنت لأمها، البنت شبيهة الأم
Like question like answer	الجواب مثل السؤال
Little and often fills the purse	قطرة قطرة تمتلئ الجرة/ قليل مستمر يملأ المحفظة دراهم/ حباية حباية تصير كباية
Little things please little minds	الأموال الصغيرة تسعد ذوي العقول الصغيرة
Look before you leap	أنظر قبل أن تقفز؛ قس قبل أن تغوص
Looking for a needle in a hay pile	يبحث عن ابرة بكومة قش
Love is blind	الحب أعمى
Love is like quick silver in the hand. Leave the fingers open and it stays; clutch and it darts away	الحب كالزئبق في اليد: إن تركت يدك مبسوطة له استقر، وإن قبضتها فر
Love makes all men equal	الحب يجعل الرجال كلهم سواء
Love makes the world go round	الحب يجعل عجلة الحياة تدور
Love me, love my dog	لأجل عين تكرم مئة عين/ من يحبني يحب كليبي
Marriages are made in heaven	الزواج قسمة و نصيب، الزواج مم أمر السماء
Marry in haste, repent at leisure	من تزوج على عجلة من أمره ندم وقت راحته
Men whose consciences are clear, of a knock at midnight have no fear	أصحاب الضمائر النقية لا يخشون قرع نصف الليل، صفى النية ونام بالبرية

Misfortune arrives on horseback but departs on foot	البلاء (سوء الحظ) يصل على ظهر حصان ولكن يغادر مشياً على الأقدام
Money governs the world	المال يحكم المال
Money isn't everything	المال ليس كل شيء
More haste, less speed	في التأنى السلامة وفي العجلة الندامة
Much outcry, little outcome	صراخ كثير ونفع قليل / دخانك عماني وطبيخك ما جاني
Necessity is the mother of invention	الحاجة أم الاختراع
Never do things by halves	لا تقدم أنصاف حلول، أتمم الأمور
Never judge by appearances	لا تحكم على الأمور من المظاهر
Never judge a book by its cover	لا تحكم على الأمور من مظهرها، لا تحكم على الكتاب من الغلاف
Never put off till tomorrow what you can do today	لا تؤجل عمل اليوم إلى الغد
Never refuse a good offer	لا ترفض عرضاً جيداً
Never return to the restaurant where you had that excellent meal	لا تعود إلى المطعم الذي تناولت فيه تلك الوجبة الممتازة
No answer is an answer	عدم الرد رد
No love like the first love	ليس من حب كالحب الأول؛ ما الحب إلا للحبيب الأول
No man is born wise or learned	لا يولد المرء حكيماً ولا عالماً
No man is content with his lot	ليس هناك أحد راضٍ بنصيبه
No man is infallible	ليس هنا رجل كامل؛ ليس هناك من هو معصوم عن الخطأ
No pain, no gain	لا كسب دون تعب، لا بد دون الشهد من ابر الفحل، لا نجاح دون تعب
Nothing is given so freely as advice	النصيحة ببلاش، ما من شيء يمنح مجاناً كالنصيحة
Nothing is impossible to a willing heart	ليس هناك مستحيل على القلب الجسور الطموح
Occupation is as good as land	صاحب صنعة ولا صاحب قلعة
Of one ill come many	المريض يتسبب بمرض الآخرين؛ التفاحة العفنة تعدي جاراتها
Old love doesn't rust	الحب القديم لا يصدأ

Old shoes are easiest	الحذاء القديم هو الأسهل ارتداء
One cannot put back the clock	لا تستطيع اعادة الزمن، الزمن لا يعود، ما فات مات
One hates not the person, but the vice	أنا لا أكرهك ولكن أكره الشر فيك
One is never too old to learn	اطلب العلم من المهد الى اللحد، العلم لا يقف عند سن معين
One man's meat is another man's poison	مصائب قوم عند قوم فوائد
One scabbed sheep will mar a whole flock	النعجة الجرباء تفسد قطيعا بأكمله
Only the mountains don't meet	الجبال فقط لا تتلاقى / جبل مع جبل ما يتلاقوا، ادمي مع ادمي يتلاقوا
Only the wearer knows where the shoe pinches	لا يؤلم الجرح الا صاحبه/ لا يعرف الم الحذاء الا من لبسه/ لا يؤلم الجرح من ليس به ألم
Opportunity makes the thief	المال السائب يشجع على السرقة/ الفرصة تصنع اللص
Out of the frying pan into the fire	كالمستجير من الرمضاء بالنار/ نجا من المقلاة فوقع في النار
Outwardly a lamp, inwardly a wolf	في الظاهر حمل وفي الباطن ذئبي/ بالوجه مراية وبالظهر سالية
Patience is a plaster for all sores	الصبر هو ضماد الالام، الصبر شفاء للجراحات
Patience is the key of joys	الصبر مفتاح الفرج/ السعادة
Patience with poverty is all a poor man's remedy	الصبر على الفقر علاج الفقير
Penny wise and pound foolish	يقتصد في صرف القليل ويبذر في الكثير
People who live in glass houses shouldn't throw stones	من يسكن بيتا من زجاج عليه ألا يرشق الاخرين بالحجارة
Play alone, stay satisfied	العب وحدك تجي راضي
Poor by condition, rich by ambition	فقير الحال، لكن غني بالامال
Practice makes perfect	المراس يصنع التمام
Prevention is better than cure	درهم وقاية خير من قنطار علاج
Prevention is better than cure	الوقاية خير من العلاج
Procrastination is the thief of time	التسويف/ التأجيل هو سارق للوقت

Prosperity makes friends; adversity tries them

الغنى يجلب الأصدقاء والكروب تختبره، الصديق الحقيقي في الشدة وليس في الرخاء

Punctuality is the politeness of princes

الدقة أدب الأمراء

Punctuality is the soul of business

الدقة روح العمل

Rewards and punishment are the walls of a city

العقاب والثواب حارس المدينة

Rome wasn't built in a day

لم تبنى روما بيوم

Seek much, and get something; get little, and get nothing

اطلب الكثير تحصل على القليل؛ اطلب القليل لا تحصل على شيء

Serving one's own passions is the greatest slavery

خدمة وإشباع الشهوات هي أكبر أشكال العبودية

Set a thief to catch a thief

اللص يعرف كيف يمسك لصا اخر/ حرامي الهوش يعرف حرامي الدواب

Sin is the root of sorrow

الخطيئة أصل الكرب

Speech is silver, silence is golden

الكلام من فضة والسكوت من ذهب

Still water runs deep

ياما تحت السواهي دواهي

Strike while the iron is hot

اضرب الحديد وهو حام

Take things as they come

خذ الأمور كما هي؛ تعامل مع الأمور كما هي

Tempus fugit (Time flies)

الوقت يطير؛ الوقت يمضي بسرعة

The absent party is not faulty

الغائب عذره معه

The apples of the other side of the wall are the sweetest

تفاح حديقة الجار أحلى من تفاح حديقتنا/ قدره على ناره وعينه على جاره

The bait hides the hook

الطعم يخفي الصنارة

The borrower is servant to the lender

المدين خادم للدائن

The early bird catches the worm

من سبق أكل النبق

The end justifies the means

الغاية تبرر الوسيلة

The end justifies the means

الغاية تبرر الوسيلة

The face is no index to the heart

الصورة لا تدل على القلب؛ الوجه ليس مؤشرا على ما في القلب

The filth under the white snow the sun discovers	سوف يظهر الخبث بعد ذوبان الثلج؛ الشمس تظهر ما يكمن تحت الثلج؛ سيبان كل شيء
The first blow is half the battle	الصدمة الأولى نصف المعركة
The first step is the hardest	الخطوة الأولى هي الأصعب
The grass is always greener on the other side of the fence	ما بيد الغير دائما أفضل مما معي، عينه على ما بيد غيره
The greatest wealth is contentment with a little	الغنى الحقيقي هو الرضا بالقليل
The leopard cannot change his spots	الرجل لا يخرج من جلده؛
The nobler the more humble	كلما ازداد المرء نبلا ازداد تواضعا
The pen is mightier than the sword	الكلمة أقوى من السيف
The pen is the tongue of the hand	القلم لسان اليد
The rest for the dearest	التالي للغالي
The road to hell is paved with good intentions	الطريق إلى جهنم معبد بالنوايا الحسنة
The rotten apple injures its neighbors	النفاحة العفنة تعدي جاراتها
The spirit is willing but the flesh is weak	العين بصيرة واليد قصيرة؛ الروح تواقه والجسد ضعيف
The spirit is willing but the flesh is weak	العين بصيرة واليد قصيرة؛ الروح تواقه والجسد ضعيف
The way to an Englishman's heart is through his stomach	الطريق إلى قلب الرجل الإنجليزي عبر معدته
There is no blindness like ignorance	الجهل عمى، ليس هناك أعمى أشد من الجاهل
There is no smoke without fire	ليس خناك دخان دون نار
They, who live longest, will see most	من يعيش طويلا يرى الكثير
Things are not always what they seem	الأمر ليست دائما كما تبدو
Time is a great healer	الزمن شفاء
To fall into sin is human, to remain in sin is devilish	أن تقع بالخطيئة فذلك من أمر البشر، أما أن تبقى في الخطيئة فذاك عمل الشيطان
To get it done ask a busy man	إذا أردت مهمتك أن تنجز فاعطها لمشغول
Too many cooks spoil the broth	كثرة الطباخين تفسد الطبخة

Trust is the mother of deceit	الثقة أم الخدعة؛ الثقة أساس المكيدة
Trust nor a new friend nor a new enemy	لا تنفق بصديق جديد ولا بعدو قديم
Truth is stranger than fiction	حقيقة أغرب من الخيال
Two wrongs don't make a right	خطأان لا يصنعان صواباً
Variety is the spice of life	التنوع نكهة الحياة؛ التنوع بهجة الحياة
Vows made in storms are forgotten in calm	الوعد الذي يقطع في الشدة يُنسى في الرخاء
Waiting is hard	الانتظار صعب
Walls have ears	للجدران اذان
Wars bring scars	الحروب تجلب الندوب؛ الحروب تجلب الويلات
Well begun is half done	البداية الجيدة نصف الطريق
What is brought by wind is taken by hurricane	ما تأتي به الرياح تأخذه الزوابع
What must be must be	ما يجب أن يكون يجب أن يكون، الواجب واجب
What you've never had you never miss	فاقد الشيء لا يعطيه، من لم يجرب الشيء لن يعني له غيابه شيئاً
What's learnt in the cradle lasts till the tomb	من شب على شيء شاب عليه، العلم في الصغر كالنقش في الحجر
When a thing is done, advice comes too late	إذا تم الأمر فالنصيحة حينها متأخرة
When in Rome do as the Romans do	حين تكون في روما تصرف كأهل روما
When love puts in, friendship is gone	من لقي أحبابه نسي أصحابه
When poverty comes in at the door, love flies out of the window	حين يدخل الفقر من الباب يهرب الحب من النافذة
When wine sinks, words swim	حين يغرق الخمر تطفو الكلمات
When wrath speaks, wisdom veils her face	حين يتكلم الغضب تخفي الحكمة وجهها
Where are bees, there is honey	ان مع العسر يسرا، أينما يكون النحل فهناك العسل
Where there is peace, God is	تجد الله حيث يحل السلام
Where there's a will there's a way	إذا وُجدت الإرادة وجدت طريقك
Where wealth is established, it is	حيث الغنى والثروة من الصعب أن تجد الصداقة مكاناً

difficult for friendship to find a place	لها
Who keeps company with the wolf will learn to howl	من يصاحب الذئب يتعلم العواء
Whom the god loves dies young	من أحبه الله توفاه في شبابه
Wishes can never fill a sack	كلمة ياربت لا تعمر بيت؛ "التمني" لا يملأ حقيبتك بشيء
Women are devil's trap	النساء حبال الشيطان
Women are the snares of Satan	النساء مصائد/ حبال الشيطان
Words are mere bubbles of water but deeds are drops of gold	الأقوال فقاعات ماء، أما الأفعال فهي قطرات من ذهب
You can't please everyone	لا تستطيع اسعاد الجميع، إرضاء الناس غاية لا تدرك
You can't judge a book by its cover	لا تحكم على الأمور من ظاهرها، لا تحكم على الكتاب من الغلاف
You reap what you sow	ما تزرعه تحصده
You scratch my back, and I'll scratch yours	الحياة قرض ودين، حك لي أحك لك

This book has been edited by referring to:

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- **Selected Popular Jordanian Proverbs, Said Khawajah, Alyanabih, 1998.**
- **A Treasury of Essential Proverbs, Rodney Dale, Book Blocks, London, 2003.**
- **Spelling, Grammar and Usage, English Thesaurus, Geddes & Grosset, Scotland, 2002.**
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**Knowledge has Bitter Roots but
Sweet Fruits**

يأتي نشر هذا الكتاب في وقت مناسب ليملاً فراغاً في المؤلفات المكرسة للتعابير الإصطلاحية في اللغة الإنجليزية. فقد افتقر الطلبة ولمدة طويلة إلى عمل سهل الاستخدام يحوى التعابير الرئيسية الشائعة التداول بين مستخدمي الإنجليزية محادثة وكتابة، والذي من شأنه أن يسد حاجة شريحة واسعة من دارسي الإنجليزية الذين لطالما كدوا وسعوا لإقتناء عمل يصقل مفردات واصطلاحات لغتهم. فتعلم تلك الإصطلاحات لا يقل أهمية عن أهمية اللغة ككل. فاصطلاحات اللغة ومفرداتها تشكل الورق الدئم الخضرة لشجرة اللغة ووجودها يزيد لغتك جمالاً.

وقد بذل المؤلف "المؤهل تماماً لإنجاز مثل هذا العمل" جهداً متيزاً جعل من هذا الكتاب عملاً جديراً بالإقتناء من قبل متعلمي اللغة لإنجليزية كلغة ثانية. واستغرقت ولادة هذا القاموس ثلاث سنوات، ليخرج أخيراً بهذه الحلة وليقدم للقارئ مادة اكتسبها آخرون عبر سنوات طوال؛ لذا فالقاموس يختصر للطلاب الأيام ويعرض نتاجاً تم إعداده بالرجوع إلى كومة كتب والاف السطور وعشرات الأفلام والعيش بين ظهرائي أهل اللغة (بريطانيا و أمريكا)- وكفى بذلك منزلة بين مظان الكتب.

د. عويد الرتعان