

# The WIRE

An award-winning  
JTF journal

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Army celebrates  
236th birthday

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JTF welcomes new  
command chaplain

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# Training of the Guard

Wire travels to New Mexico — hangs with the new NEGB

# Trooper to Trooper



*featuring*

## Command Sgt. Maj. Daniel Borrero

Command Sgt. Maj., 525th Military Police Battalion

By definition, a joint task force is a large, combined arms grouping involving different branches of the military formed for a specific operation or campaign. Joint Task Force Guantanamo has been working the detention mission for an extended period of time, making this joint team even more unique and special.

For GTMO Troopers, the team-building process begins when they receive orders. Whether as an individual augmentee Sailor processing through Gulfport, Miss. or a Soldier PCS-ing from home station or mobilizing through Fort Bliss, I would wager each Trooper can recall the day he or she landed on Guantanamo Bay. On that day you became a member of the JTF-GTMO team. Regardless of job description or title, we each have a function that supports and develops the JTF, making it a team.

Working together helps us meet the JTF mission and accomplish tasks we could not complete as individual units or commands. So why talk about team building? Recently, the JTF as a whole has suffered alcohol-related incidents; these incidents hurt and weaken our team. From the junior Trooper to the senior leader, we must all work together to ensure each member of the team is doing their part to strengthen the JTF. Like the battalion commander says during our battalion in-briefs, “None of us are as good as all of us together.” So as we enjoy summer activities, let’s keep in mind we all work well together on-duty and we should continue to support each other in our off-duty activities. This may mean acting as a designated driver for a night or making sure the dive plans are closed out properly. Simply stated, let us each do our part to take care of the JTF-GTMO team, as positive role models and mentors.

As roles change and units come and go, the importance of sharing concepts and ideas and learning the various service cultures will continue to make this JTF team stronger and more effective. So I ask for each Trooper to take time to learn from one another and continue to build the team. The mission here is challenging and the duty days can be long and arduous, but by pulling together and focusing on mission accomplishment, every Trooper on this team will reach mission success. Again, in keeping with the “Concept of Us” let us continue to share ideas, build this team and take care of one another.

Vigilant Seven out.

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Navy Rear Adm. Jeffrey Harbeson  
**Command Master Chief**  
Command Sgt. Maj.  
Mark Porrett  
**Office of Public Affairs Director**  
Navy Cmdr. Tamsen Reese: 9928  
**Deputy Director**  
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**COVER: A member of the Naval Expeditionary Guard Battalion is shaded from the heat as he recovers from some particularly grueling training, May 23, at Camp McGregor, N.M. - photo by Spc. Meredith Vincent**



President Barack Obama waves to a crowd gathered inside a hangar at the Muniz Air National Guard Base, shortly after his arrival in San Juan, Puerto Rico, Tuesday. - photo by AP

## Obama visits Puerto Rico, offers support on island's future

Voice of America News

President Barack Obama visited the U.S. commonwealth of Puerto Rico, Tuesday.

“Buenas tardes!”

With a greeting of “Good afternoon” in Spanish, Obama began his five-hour visit to Puerto Rico and offered support for next year’s vote on the island’s future.

Puerto Ricans will have the choice of becoming an independent nation, becoming America’s 51st state or remaining a U.S. territory.

“And when the people of Puerto Rico make a clear decision, my administration will stand by you,” said the president.

The president’s visit to Puerto Rico fulfills a promise he made in his 2008 campaign.

Puerto Ricans cannot vote in U.S. general elections, but more Puerto Ricans live on the U.S. mainland than on the island. Many are in Florida and North Carolina, states the president will need to win in next year’s election.

Obama is the first president to make an official visit to Puerto Rico since John F. Kennedy in 1961.

And he echoed some of the same concerns. “In that same spirit, we have been trying to make sure that every family on the island can find work and make a living and provide for their children,” said Obama. “That is why our economic plan and our health care reform included help for Puerto Rico.”

The president’s brief visit to the island included a meeting with the territory’s governor and other political officials.

## U.S. officials continue talks on deficit

Voice of America News

U.S. Vice President Joe Biden is holding his eighth session Wednesday with a bipartisan committee of lawmakers to work on a plan for reducing the nation’s budget deficit.

Biden and the members of Congress are trying to negotiate how much and what spending could be cut to accompany a needed increase to the country’s debt limit. Wednesday’s meeting is their second this week, and they will hold another today.

Republicans, who control the House of Representatives, have said they will not approve an increase to the debt limit unless the president makes sharp budget cuts.

The current legal borrowing limit of \$14.3 trillion was reached last month. U.S. officials say emergency measures will allow them to continue making payments on the entire current debt only until August 2.

On Tuesday, Federal Reserve Chairman Benjamin Bernanke said politicians must not allow the government to default on its loans, saying even a short-term break in payments could cause “severe disruptions” in financial markets.

The head of the U.S. central bank said the “debt ceiling” should not be used as a bargaining chip to force the government to reduce its spending deficit.

In his speech Tuesday, Bernanke said reducing the deficit is an important long-term goal. But he said in the meantime, Congress must allow the government to continue borrowing to meet its obligations or risk damaging the country’s credit rating, damaging the special role of the dollar in global markets, and causing an increase in interest rates, which would make future debt payments even higher.

## White House vows full explanation for U.S. involvement in Libya

Voice of America News

In Washington, the Obama administration is vowing to soon give a full explanation and justification for the continued U.S. military involvement in the Libyan conflict.

White House officials said late Tuesday they are preparing to “address a whole host of issues” about the U.S. role in NATO’s mission to support Libyan rebels as they attempt to oust Libyan leader Moammar Gadhafi. The White House said its report would include a legal analysis showing it acted properly in complying with the country’s 1973 law designed to curb presidential war-making authority.

The leader of the U.S. House of Representatives, John Boehner, sent a letter to President Barack Obama earlier Tuesday sharply criticizing the chief executive’s actions in authorizing the U.S. role in Libya without seeking congressional authorization.

The 1973 War Powers Act calls for the president to notify congressional leaders within 48 hours of U.S. military actions. It also prohibits U.S. forces from being involved in military efforts for more than 60 days without congressional authorization, and includes an additional 30-day withdrawal period.

Boehner said that the 90 days expires on Sunday and that he wants an explanation by Friday.

Obama notified Congress in March of his decision to take military action in Libya, but did not seek congressional approval. The White House has regularly briefed congressional lawmakers about the U.S. role in Libya.

NATO is commanding the airstrikes against Gadhafi’s troops and military installations. But the U.S. has had a key support role, including aerial refueling of warplanes, as well as provision of intelligence and surveillance for the operation.

Also Tuesday, Democratic Senator Carl Levin of Michigan told reporters a proposed Senate resolution authorizing limited U.S. involvement in Libya could be considered by the Senate Foreign Relations Committee later this week.

Republican Senator John McCain of Arizona said such a resolution should require the Obama administration to report to Congress on all aspects of the Libya mission.

# News from the Bay

Stories and reporting by Mass Communication Specialist 2nd Class Maddelin Angebrand

## Performances of 'Prometheus in Prison'

The Joint Task Force Guantanamo Joint Stress Mitigation and Restoration Team present performances of "Prometheus in Prison" June 22 starting at 7:30 a.m. at the Camp Buckley Lyceum and a second show June 24 at 3:00 p.m. at the NAVSTA Buckley Hall. A third performance titled "Theater of War" is scheduled for June 23 at 7:30 p.m. at the Camp Buckley Lyceum.

Attendees will witness scenes from "Prometheus Bound" – an ancient play about an angry and rebellious prisoner in solitary confinement – as a catalyst for town hall discussions about the challenges of supervising detainees and maintaining order within the camps.

The "Theater of War" performance will depict scenes from "Ajax" and "Philoctetes," two historic plays displaying wounds of war and introducing a discussion about challenges faced by servicemembers, veterans and their family members.

Following each performance, local community members will help facilitate the town hall style audience discussions.

For more information, contact JSMART at x3566.

## United Through Reading Bridges a Family Gap

Record yourself reading a book and send it home to your children by way of the United Through Reading Program hosted by the JTF chaplain's office.

The program is available to all deployed military commands and is easy and inexpensive to implement. It allows the deployed parent, aunt, uncle or sibling to make powerful connections with the child.

It also reassures the child that mom or dad is safe and thinking of home.

Army Sgt. Nazario Castro, attached to the 124th Military Police Company, Puerto Rico National Guard, took advantage of the program and read a Peter Pan book to his children and said it was a good way to reach his family.

"They know that no matter how far away I am that they are always in my heart," said Castro. "This program helps with that."

To read a book to your children make an appointment by calling x3202 or x2305.

## 113th Hospital Corpsman Ball at Windjammer

Enjoy a night out and attend the 113th Hospital Corpsman Ball at the Windjammer Ballroom, Friday starting at 6 p.m.

Command Master Chief Tammy Heap from the 2nd Marine Expeditionary Force, Camp Lejeune, N.C. will be the guest speaker and social hour begins at 6 p.m.

Service dress uniform or better is required for active duty members except Joint Task Force members who can wear desert BCU's and change into formal attire after the ceremony. Ticket prices are \$5 for E3 and below, \$15 for E4, \$20 for E5, \$25 for E6 and \$30 for E7 and above.

Contact Stephen Kovacs at x72298 to purchase tickets at the Naval Hospital.

## What have you learned from the father figure in your life?



"Not to worry for at least five minutes when you're having a screwed up day."

Equipment Operator  
1st Class Jimmy Peterson



"Finish my studies before I get married. He wanted me to be a professional first."

Spc.  
Herman Sosa



"Always smile!"

Hull Maintenance  
Technician 1st Class  
Angelica Fitzgerald



"Let people learn from their mistakes – let them do it right."

Army Staff Sgt.  
Gilbert Rubio

## Boots on the Ground

# JTF post office offers mailing tips

Story and photo by Mass Communication Specialist 2nd Class Maddelin Angebrand

It is just past 8 a.m. Friday when the truck arrives. The two Troopers working in the Joint Task Force Guantanamo Post Office begin lifting, sorting and scanning 1,000 pounds of mail. Sweat begins to form in small droplets on each of their faces.

The mail truck delivers bags full of boxes three times a week. Each box awaits an eager Trooper or an office as its final destination.

When delivered, most boxes will likely brighten the day of a Trooper. This is why Logistics Specialist 1st Class Jerome Breaux enjoys working at the JTF post office.

"Our job is to support morale for the Troopers by receiving incoming mail, passing it out to the units and having the mail orderlies come by and pick it up," said Breaux.

Anticipation driven by a yearning to be home again is what makes every care package worth waiting for, and many come unexpected. To some, it is not about what the box contains, but the thought behind the gesture that means the most.

One box came in roaring with the sound of a miniature Tonka truck, while another looked like a stew pot someone may have ordered for a cooking adventure, said Breaux.

"We get all sorts of interesting things that come through here," he explained. "We see a lot of Amazon boxes – people love to shop."

The JTF post office offers the same services as a regular post office in the United States and also sells money orders. Breaux said, unfortunately, some Troopers come in to check out and say they never knew JTF had a post office.

"I want Troopers to know we are here for them," he said. "They can come by, send stuff home and don't have to drive all the way across base."

Another perk to having the JTF post office is their hours of operation – the office is open from 9 a.m. to 12 a.m. on Saturdays, an added benefit to JTF members.

Logistics Specialist 3rd Class Marco Griffin enjoys helping Troopers as a post office clerk so much he said he would like to continue working for the post office when he returns to his ship.

Griffin added he enjoys meeting different people each day and has gained a new appreciation of the mail system as he works behind the scenes.

"When I was on deployment last year, I never received four packages and now I know why!" he laughed.

There are many reasons why Troopers may not receive expected items, so be careful with zip codes, shipping constrictions and double check mailing labels before sealing the deal, Griffin advised.

Griffin offered more tips to Troopers who are unsure of how to mail certain items, and noted any box with "priority" tape on it must be sent priority mail.

"A lot of people come in and their box is too heavy," said Griffin. "The weight limit is 70 pounds, and they can't mail a television

larger than 130 inches with the length and width combined."

"It's all part of customer service and maintaining the mission," Breaux added. "Helping Trooper morale gets the mission completed!"

The JTF post office is open Monday through Friday 8 a.m. to 4 p.m. and Saturday 9 a.m. to 12 p.m. and is closed on Sunday. For more information on post office services or mailing restrictions, visit usps.gov or call Breaux at x2331.



Logistics Specialist 1st Class Jerome Breaux (left), Logistics Specialist 3rd Class Marco Griffin (center) and postal clerk Danelle Lewis sort and scan Joint Task Force mail, Friday at the JTF post office.



Air Force Lt. Col. Gary Bertsch is settling into his new position as Joint Task Force Guantanamo's command chaplain. He will be out and about this week touring work centers, where he hopes to meet and learn about Troopers and what they do for the JTF.

## MEU exercise brings SoCal forces together New JTF command chaplain arrives on Guantanamo Bay

Story and photo by Mass Communication Specialist 2nd Class Jason Tross

"If anyone sees me wandering around just point me to the nearest cup of coffee," joked Air Force Lt. Col. Gary Bertsch.

The tall, soft-spoken Lutheran pastor, took over as Joint Task Force Guantanamo command chaplain last week – and he couldn't be more pleased to dive into this latest assignment of a military career that spans nearly four decades.

"Wow, what a mission," said Bertsch. "This is definitely not your typical deployment – at least for us. Here we have permanent party, people like me who are deployed for six

months and Army and Navy people who are here for a year or more. It's quite an eclectic mix."

Aside from being command chaplain, Bertsch will head up his own joint-service team of chaplains and chaplains assistants. Noncommissioned officer in charge J.T. Peacock is excited for a new direction in the chaplains' services office.

"So far, I've had a great first impression with Chaplain Bertsch," said Peacock. "He has a calm demeanor and assesses all situations ahead of time before he plans his approach. You can tell already he is very passionate about what he does."

While Bertsch is new to the JTF, the joint environment is anything but new to him. His first chaplain assignment was as a battalion chaplain at an intelligence training command for both Army and Marine Corps. He also deployed for 18 months with the Army and currently works as wing chaplain at Joint Base Andrews Naval Air Facility Washington in Washington, D.C.

"Already understanding a bit of the cultures of each service is very important in a joint environment," said Bertsch. "Whether

see **CHAPLAIN**, page 19



### What is a countermeasure?

Would you post your social security number online? How about your driver's license number or your passport? These things are unique to you and can be used to steal your identity, so we protect them by using countermeasures. A countermeasure could be to keep them in a lock box or safe. Another countermeasure could be to shred copies of the numbers when they are no longer needed. A countermeasure is anything you can do to protect your information. Countermeasures help protect you and your family. Use countermeasures everyday. Remember to use them online and tell your family to use them. Keep your information safe at home and at work.



On June 11, 1898, two Marines were killed in battle. It was the Spanish-American War and they were the first Marines to die on Guantanamo Bay.

That was 113 years ago. This weekend marked the anniversary of Privates James McColgan and William Dumphy's ultimate sacrifice. To this day, they are still remembered and honored by their fellow Marines attached to the Joint Task Force Guantanamo.

McColgan and Dumphy, both attached to Company D, 1st Marine Battalion, died during the Battle of McCalla Hill, a significant fire fight contributing to the success of seizing Guantanamo Bay as a United States advance naval base.

Standing roughly two feet tall, a white stone memorial lined with white rocks and small, red brick pieces can be found at the site where the two Marines fell. It displays their names and the

date they died.

A few months ago, Marine Lt. Col. James Frampton, formerly stationed with the JTF, started an ongoing tradition. He wanted Marines to leave their rank insignia at the memorial in honor of McColgan and Dumphy. Since leaving his own rank behind, three other Marines have also carried out the tradition, resting their ranks in a small indentation atop the stone.

Maj. Chuck Koch, one of the only four Marines currently attached to the Joint Task Force, said Frampton started the tradition in hopes that one day the monument will be overflowing with insignia.

"It was an important part of our 235-year history," Koch shared. "It is important for us to remember all those who have gone before us, especially those who made the ultimate sacrifice."

Koch said he, too, plans on leaving a set of his rank insignia on the memorial when he says goodbye to Guantanamo Bay.

"Understanding our Corps' history and upholding our customs and traditions is a

large part of who we are as Marines," Koch explained.

Marine Staff Sgt. Michael Ortiz, who works for the J6 department, agrees and said he is honored to serve on Guantanamo Bay where history was made by his fellow Marines.

"It's good to always remember," Ortiz encouraged. "We need to keep the memory alive even though a hundred years have passed."

The Battle of McCalla Hill was fought at Camp McCalla, where the two Marines bodies were buried. They were standing guard duty along the camp's border when they were fired upon. The camp is said to be about 300 yards south of the memorial stone.

McColgan and Dumphy are not only remembered by the small yet significant stone, but also by their fellow Marines who are dedicated to carrying out a memorial tradition.

"It's a way of giving something back to them," said Ortiz. "They gave their lives and to honor that, we will continue to leave our insignia."

For directions to the site, email *The Wire* at [Jtftgmo-pao-thewire@jftgmo.southcom.mil](mailto:Jtftgmo-pao-thewire@jftgmo.southcom.mil)

# Remembering the fallen

Story and photos by Mass Communication Specialist 2nd Class Maddelin Angebrand



# UNDER THE NEW MEXICO SUN

Story and photos by  
Spc. Meredith Vincent

## The incoming NEGB gives *The Wire* a glimpse of their pre-mobilization training

Standing in the middle of the New Mexico desert, the Sailors were remembering why they joined the United States Navy. As the wind whipped hot sand into their faces, mouths and any other crevices not protected, surely visions of oceans, vast and cool, popped into their heads.

Within a few weeks, the Sailors would be beachside once again as they made their way on down to Guantanamo. Right now, however, the heat is cruel, the wind merciless. And the training has only begun.

NEGB, Company 12.0D is headed to Joint Task Force Guantanamo, becoming the latest NEGB to set up post as the eyes and ears of JTF's detention facilities.

There are more than 100 Sailors in this group, said Senior Chief Master-at-Arms Paul Montayne, many of them coming from backgrounds far removed from that of a master-at-arms.

"There's a lot of different rates of Navy personnel here and I

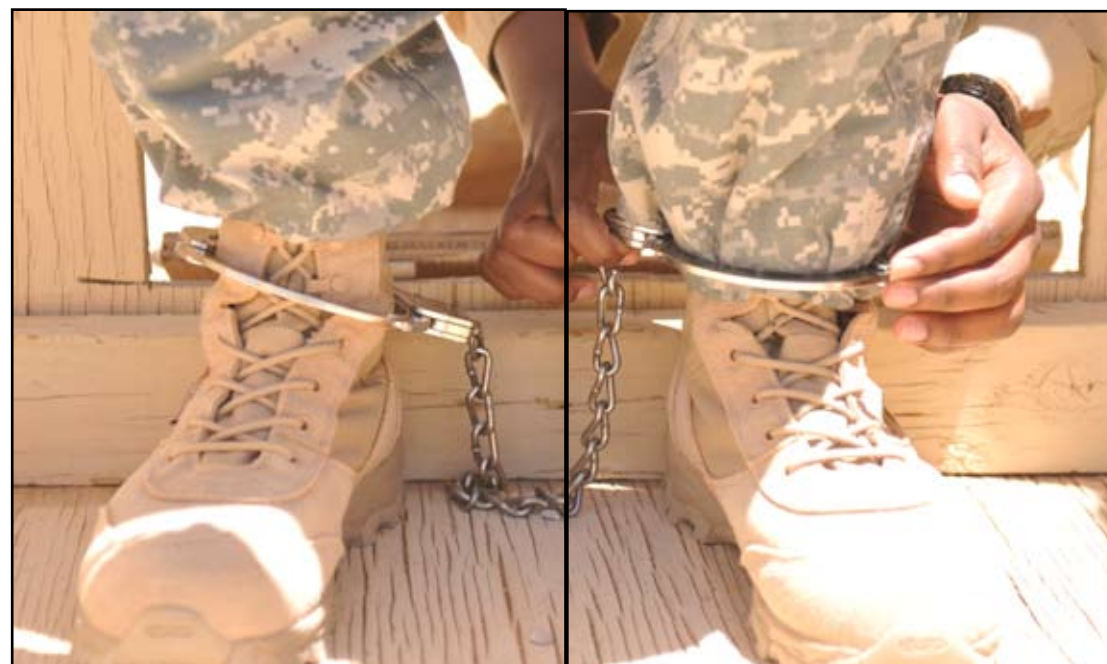
think they are open to the training," he said. "It's a different job than what they are used to back at their parent command, so they're open-minded and... really motivated for it."

Petty Officer 3<sup>rd</sup> Class Ashley Lipford was originally an Intelligence Communication Specialist, but said the opportunity to take on a different job appealed to her.

"Learning new things is pretty incredible," Lipford said. "Getting to do new training, be in new places ... it's a little bit more intense and a lot more hands-on than what I was doing back home - it's different but a lot of fun."

Fortunately for Sailors like Lipford who are eager to learn, but out of their element, there are subject matter experts like Master-at-Arms 1<sup>st</sup> Class Robert Curtain, leading petty officer for Co. 12.0D.

"Three-fourths of our Sailors here have never seen or done this," Curtain explained. "This is not their normal, everyday job. It's fun to



Two members of the Naval Expeditionary Guard Battalion Company 12.0D practice proper restraining techniques with an instructor from the Mobilization and Deployment Brigade, May 25.

watch them get up every morning so motivated. They're really getting a good feel for what's going on here."

Detainee operation training is crucial for a group headed to Guantanamo Bay to work inside the detention facilities, so needless to say, the trainers providing those lessons need to be prepared and well-educated on the subject.

Enter the Mobilization and Deployment Brigade, located alongside the Texas border at Camp McGregor, N.M.

While each instructor at Camp McGregor is versed in his own detainee operation specialty, Spc. Ronald Agee, primary instructor for the restraints class, said it's important they also stay up-to-date on every aspect of the different courses.

"We have about 20 instructors and we're all combined together," said Agee, who has been with the unit for two years. "So we assist each other in everything. We're really well-rounded and know each other's jobs very well."

Instructors must go through each of the courses, added Agee, ensuring they experience everything they are teaching.

Sending off each group of servicemembers to their individual missions after the usual two months of extensive training can be a rewarding experience.

"It feels really good, especially when they come back and give you really good feedback and tell you what you taught them was really helpful," Agee said. "We honestly haven't had any negative comments come back to us."

Military branches sometimes operate different from each other, making joint training environments a uniquely challenging experience, but out on the dusty, wind-blown plains of New Mexico, Army and Navy communicated flawlessly.

"Our Army counterparts, they know the material and present it



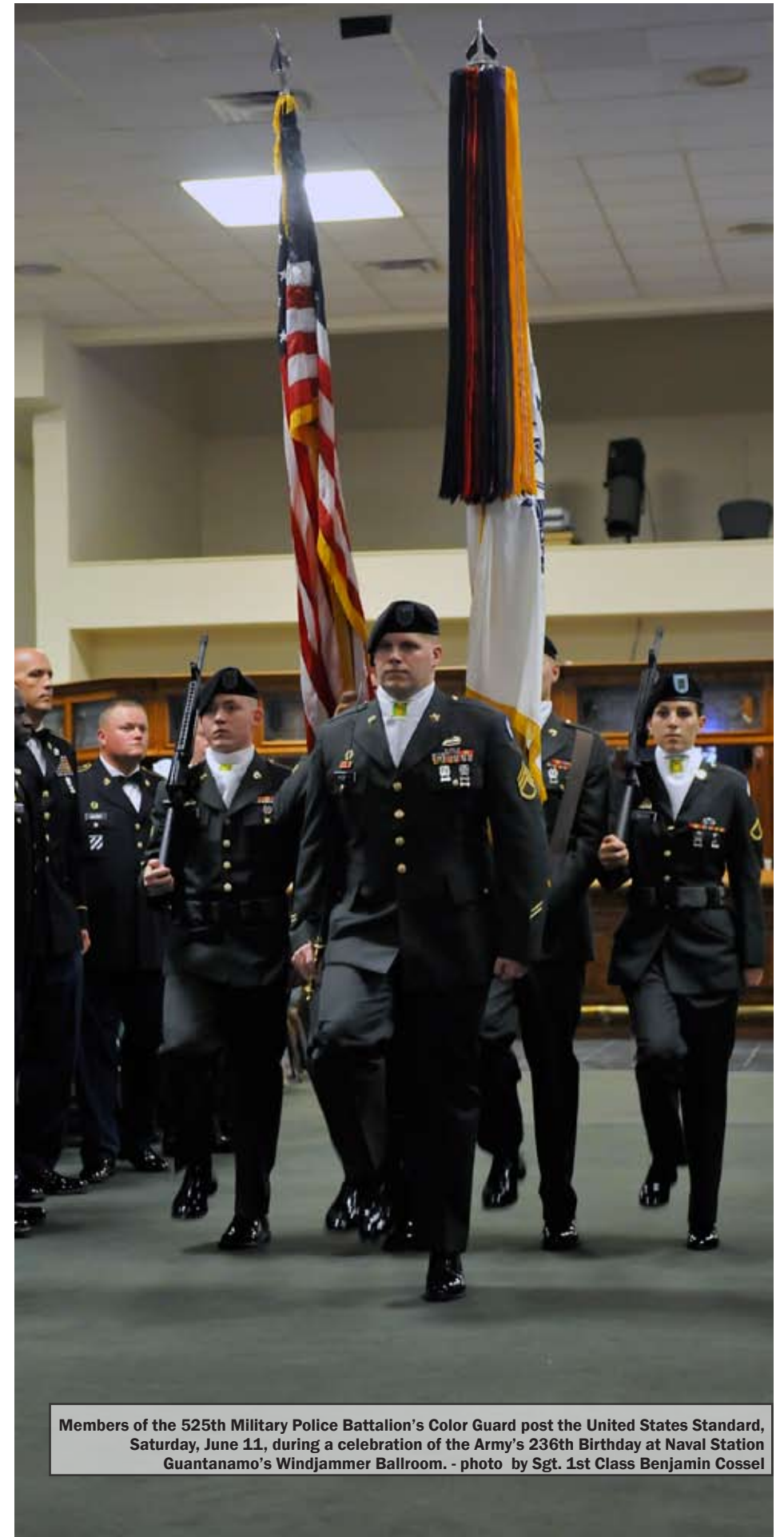
525th Military Police Battalion Commander Lt. Col. Christopher Wynder pours a glass of water for his wife, Maj. Rhonda Wynder, in preparation of a toast during a celebration of the Army's 236th birthday at Naval Station Guantanamo's Windjammer Ballroom, Saturday. - photo by Sgt. 1st Class Benjamin Cossel



Army Chaplain Capt. Daniel Price was one of more than 100 Troopers on hand Saturday at the Windjammer Ball room to help celebrate the 236th birthday of the U.S. Army. - photo by Spc. Kelly Gary



Spc. Jeffery Porter with the 525th Military Police Battalion lights a candle of remembrance during the Army Birthday Ball commemorating 236 years of faithful service. - photo by Spc. Kelly Gary



Members of the 525th Military Police Battalion's Color Guard post the United States Standard, Saturday, June 11, during a celebration of the Army's 236th Birthday at Naval Station Guantanamo's Windjammer Ballroom. - photo by Sgt. 1st Class Benjamin Cossel



From right, honored guest, Maj. Gen. David E. Quantock, commanding general, Fort Leonard Wood, Mo., Joint Task Force Guantanamo Command Sgt. Maj. Mark Porrett, JTF Guantanamo's oldest Soldier Chief Warrant Officer 4 Jose Medinamos and JTF Guantanamo's youngest Soldier, Pfc. Kayln Leadbetter use a ceremonial saber to cut the cake, Saturday during the 236th Army Birthday Ball. - photo by Spc. Kelly Gary

# Having a Ball

Guantanamo Bay Troopers cleaned up nicely for the 2011 Army Birthday Ball, June 11, 2011. This year commemorates the 236th birthday for the United States Army, honoring the Soldiers, families and civilians who dedicate themselves to the Army mission everyday. Those in attendance included Joint Task Force Guantanamo Commander Rear Adm. Jeffrey Harbeson, along with JTF Deputy Director Brig. Gen. Samuel Nichols.



Defense Secretary Robert M. Gates addresses the audience during a celebration of the 236th birthday of the U.S. Army at the Pentagon, Tuesday. The Soldiers seated at the front re-enlisted during the event and received a coin from Gates. - photo by Jim Garamone

## Gates: Innovation, flexibility core of Army success

American Forces Press Service

WASHINGTON, D.C. — Innovation, dynamism and flexibility must remain the hallmarks of the U.S. Army, Defense Secretary Robert M. Gates said at the Pentagon, June 14, 2011.

Gates spoke during a Pentagon ceremony honoring Soldiers on the 236th birthday of the Army.

Gates, who recently returned from visiting servicemembers in Afghanistan, praised the spirit of innovation in the Army. The lesson of history is that leaders must encourage such thinking.

As an example, the secretary cited the experiences of D-Day in 1944.

“One of the most deadly obstacles U.S. Soldiers faced as they pressed inland from the beaches of France were hedgerows so thick and tough that allied tanks would ride, not through, but right on top of them, losing traction and exposing their vulnerable underbellies to German fire,” he said.

Sgt. Curtis G. Culin, a cavalry noncommissioned officer with the 2nd Armored Division, “had the brilliant idea of fashioning

iron bars, scavenged from German anti-landing craft fortifications, into tank-mounted hedgerow cutters,” Gates said.

Following the successful demonstration of the cutters, Army logisticians built and mounted the equipment on nearly 300 Sherman tanks.

“The rest of the story is Operation Cobra, the U.S. Army’s successful advance through France,” he said. “That victory was a demonstration of the great and abiding strengths of our Army -- exceptional adaptability at all levels in the face of unpredictable circumstances, and the great trust and reliance placed in the ingenuity of Soldiers of all ranks.”

The same spirit of innovation and flexibility pervades the Army today, Gates said.

“The ground wars following 9/11 placed even heavier responsibilities on young leaders,” he said. “From the earliest days in Iraq and Afghanistan, our Soldiers downrange have been adjusting and improvising in response to the complex and evolving challenges on the ground -- often using new technologies to share real-time tactical lessons with their comrades.”

The missions required Soldiers to be scholars, teachers, policemen, farmers, bankers, engineers,

social workers and warriors -- “often all at the same time,” the secretary said. “And they have always risen to the challenge.”

This spirit allowed the department to pull Iraq back from the brink of chaos in 2007 and, over the past year, to roll back the Taliban from their strongholds in Afghanistan, he said.

Gates also thanked Army families for their steadfast support of their Soldiers and each other.

The service’s challenge is to learn the right lessons from the past decade of war, Gates said.

“This doesn’t mean assuming the next war will be similar to the last -- a common and dangerous mistake -- but rather making sure the diverse experiences and agility of today’s young Soldiers are institutionalized, so our Army stands at the ready for conflicts both foreseen and unforeseeable.”

The Army must avoid a garrison mentality -- one that stifles innovation and is wedded to ironclad procedures. The service must embrace “the ingenuity, creativity, and innovative spirit of younger officers and [noncommissioned officers] so central to our success in combat,” he said.

## Operation Paddle Smart

13th District Public Affairs

In the event that the Coast Guard receives a report or discovers a paddle craft adrift, there is no way to determine if the vessel was washed off of a beach during high tide or was separated from its owner during the course of a boating accident. Subsequently, the Coast Guard has to assume the owner is in trouble and needs assistance until it can find evidence to support otherwise.

Due to situations similar to this, the Coast Guard would like to re-emphasize the importance of Operation Paddle Smart to canoe, kayak and paddle craft owners.

Operation Paddle Smart is a Coast Guard initiative which provides free water-proof stickers for labeling owner identification and contact information to small, paddle craft vessels.

For more information, go to <http://www.uscg.mil/d13/paddlesmart/>



A Liberian Coast Guard member demonstrates a front snap kick as part of law enforcement training aboard Coast Guard Cutter Forward, May 26, 2011. - photo by Petty Officer 2nd Class Annie Ellis

## Coast Guard committed to partnership with neighbors

Lt. Cmdr. Jamie Frederick, Atlantic Area public affairs officer

Two weeks ago, Coast Guard Cutter Forward set sail from its homeport in Portsmouth, Va., across the Atlantic. Under the direction of Commander, U.S. Naval Forces Africa, Forward will conduct maritime security and safety exchanges with countries along the west coast of Africa as part of African Maritime Law Enforcement Partnership mission.

“The Forward’s deployment to our neighboring continent of Africa further reinforces our service’s commitment to strengthening partnerships

across the globe,” said Vice Adm. Robert C. Parker, commander of Atlantic Area. “From coast to coast and one continent to another, building partnerships helps achieve common goals around the world.”

During the three-month mission, the 270-foot medium endurance cutter and its crew will serve as the primary AMLEP platform visiting and working with such countries as Sierra Leone, Cape Verde, Liberia, Guinea and Senegal in support of the Navy’s 6th Fleet. Through various activities and exchanges they will focus on offshore operations in support of the host country’s efforts to

stem illicit maritime activity and bolster maritime security and safety.

Forward conducts a 76mm gun shoot while underway May 29, 2011. The crew regularly conducts training to remain proficient in case of a real emergency. Coast Guard photo by Fireman Mark Krebs.

During the next few months the crew of the Forward will share their stories with you on Coast Guard Compass -- check back soon to follow their travels.

Photos from the trip along with updates are also available on the Coast Guard Atlantic Area Facebook page.



## Afghans graduate Marine-taught course

CAMP LEATHERNECK, Afghanistan — Afghan national army soldiers graduated the Explosive Hazard Reduction course 11-4 held at Joint Sustainment Academy Southwest aboard Camp Leatherneck, June 9.

The EHRC was a four-week course designed to teach ANA soldiers how to detect improvised explosive devices and remove them from an area. The 24 Afghans who graduated also received advanced courses in detonating and disposing IEDs.

“The soldiers took to the information well and were quite keen,” said Royal Army Cpl. Paul M. Green, an EHRC instructor. “They grasped the information very well. I think that’s important because then Afghanistan forces won’t be relying on International Security Assistance Forces for the detection and removal of IEDs.”

The graduation ceremony featured a speech from ANA Brig. Gen. Qordatullah Quam, the cultural and religious affairs officer with 215th Corps, who spoke to the soldiers about their accomplishment and new duties as explosive hazard reduction specialists in the ANA.

“I’m really happy that they learned everything in this course and can now help the people of Afghanistan,” Quam said. “What they have learned increases their responsibilities and thanks to this course, they know what those responsibilities are and how to carry them out.”

Although the purpose of the course was to teach explosive hazard reduction, certain students, such as ANA Sgt. 1st Class Jalaludin Haqani, were selected by the course instructors to be sent to places like Kabul Military Training Center, the recruit training camp of the ANA where they can teach their new skills to other Afghan soldiers.

“This course was great,” Haqani said. “I feel like I am now fully prepared to go to Kabul to train soldiers and help the ANA. We all learned a lot, and with this knowledge we can help rebuild our country.”



Marines and Sailors of 2nd Battalion, 7th Marine Regiment, arrive from California for deployment with the 31st Marine Expeditionary Unit as the new Battalion Landing Team, June 3. The battalion has now become the ground combat element of the 31st MEU, and is scheduled to embark aboard ships of Amphibious Squadron 11 on a deployment in support of Theater Security Cooperation in the Asia-Pacific region. - photo by Capt. Caleb D. Eames

## MEU exercise brings SoCal forces together

Capt. Roger Hollenbeck, 11th MEU

Camp Pendleton, Calif. — Marines and sailors of the 11th Marine Expeditionary Unit began a large-scale, two-week training exercise here June 13 – a first since the Marine air-ground task force formed in May.

The exercise – a land-based evolution before the unit’s upcoming training at sea with Navy counterparts – will challenge the unit’s ability to plan and execute different scenarios to prepare for a deployment later this year.

The MEU’s major subordinate elements are Battalion Landing Team 3/1, Marine Medium Helicopter Squadron 268 (Reinforced) and Combat Logistics Battalion 11.

While in the field, the unit will practice air strikes, daytime and nighttime raids and humanitarian assistance and noncombatant evacuations.

“The training events during this exercise are focused on several essential tasks the MEU must master to excel in a deployed environment in order to provide the combatant commander the most flexible and relevant forward-deployed force,” said Col. Michael R. Hudson, the 11th MEU’s commanding officer.

The MEU’s mission is to provide a rapid-response force capable of conducting conventional amphibious and selected maritime operations by sea, surface or air.

“The Marine Corps remains as America’s expeditionary force in readiness – a balanced air-ground-logistics team. We can operate from Navy shipping or phase ashore in any littoral region of the world to solve the challenge now, or buy decision space for our leaders,” Hudson said.

“Our aircraft will be operating on USS New Orleans, and our tactical vehicle drivers will be training with sailors from the Naval Beach Group to master the difficult skill of driving on and off amphibious landing craft,” Hudson added. “The early integration of our forces at every opportunity will allow us to harness the synergy of the Navy and Marine Corps team.”

USS New Orleans, along with USS Makin Island, USS Pearl Harbor, and Amphibious Squadron 5 form the Makin Island Amphibious Ready Group, the Navy or “blue-side” partner to the Marine “green-side.”

For more information, contact the MEU public affairs officer at roger.hollenbeck@usmc.mil, or follow us on Twitter @11thmeu.

## Global Strike Command tests nuclear readiness

Crystal Jordan  
Air Force Global Strike Command Public Affairs

BARKSDALE AIR FORCE BASE, La. – Airmen with Global Strike Command recently completed the first command-wide nuclear operational readiness exercise, called Constant Vigilance, without taking a break from scheduled wing-level activities, exercises and training.

“This operation energized every part of the command,” said Maj. Scott Ryan, the deputy chief for the Air Force Exercise Operations branch at Global Strike Command headquarters. “It allowed our units to train like they fight.”

“Not stopping day-to-day ops allows our units more time to train,” Major Ryan said. “By taking this challenge on, wings completed unit-level exercise requirements while conducting the command-wide nuclear operational readiness exercise.”

“Nuclear operational readiness exercises provide unit commanders the opportunity to demonstrate and assess their nuclear combat capability,” said Robert Thomson, the chief of the exercises division at Global Strike Command headquarters.

Running the exercise while continuing regular operations across the command in April also let the wings continue to keep their scheduled flying operations on track, he said.

Beyond practicing nuclear operations, the command’s intelligence, surveillance and reconnaissance directorate also developed force protection scenarios, or “danger scenarios,” to challenge wing response levels and actions, he said.

Exercise scenarios ranged from simulating an active-shooter threat to a hazardous material spill on base.

All Air Force Global Strike Command units participated in the ten-day exercise and met the challenges the command set for them, Mr. Thomson said.



Senior Airman Kathleen Brophy prepares an F-16 Fighting Falcon for flight May 26, during Max Thunder 11-1 at Kwangju Air Base, Korea. The exercise gave peninsula Airmen an opportunity to sharpen their ability to work together in a simulated war-time environment. - photo by Chuck Tintera

## Reserve Airmen fuel up NATO forces in Iceland exercise

Tech. Sgt. Steve Lewis  
459th Air Refueling Wing Public Affairs

KELAVIK, Iceland – Air Force Reserve Airmen and KC-135 Stratotankers from the 459th Air Refueling Wing, Joint Base Andrews, Md., took part in Northern Viking 11, a biennial NATO air-space and maritime protection exercise here June 3-10.

This year approximately 450 NATO military members from the U.S., Norway, Italy, Iceland and Denmark worked side-by-side, simulating operations that prepare the countries to respond quickly to international conflict or emergency situations.

Reserve crews delivered nearly 130,000 pounds of fuel to fighter aircraft from the Royal Norwegian Air Force and the 115th Fighter Wing, Wisconsin Air National Guard.

“This exercise allows a venue for NATO forces to come together, train as we would fight, operate within the European theater and this kind of training provides that continuity from year-to-year to sustain our combat capability,” said Air Force Col. Brian Vaughn, exercise director for NV11.

“It’s been really great training across the board, for both us and the NATO forces. Scenarios like setting up a tanker cell with Italy and working with a totally integrated group of Reserve, Air National Guard and NATO forces all were great experiences,” said Maj. Scott Clark, KC-135 pilot and 459th ARW detachment commander for the exercise.

For the Royal Norwegian Air Force especially, the exercise was an opportunity for new F-16 pilots to hone their skills in aerial refueling while working with the 459th ARW and the KC-135. In order to be combat-ready, RCAF pilots must stay current on tanker operations, which NV11 helps to provide.

Capt. Vegar Johansen, RCAF pilot and NV11 Norwegian detachment commander said this is the first deployment for many of his younger pilots participating in the exercise. He said exercises like NV11 allowed the pilots to prepare for real-world scenarios, like Operation Odyssey Dawn.

“Since we do not have any tankers in Norway, we have to rely on U.S. to get this type of training and allow our air force to be combat ready,” Captain Johansen said.

Lt. Col. Ivan Rismo, NV11 detachment commander for Norwegian forces worked with Captain Johansen in overseeing air operations as well as coalition command and control operations on the ground.

“Air-to-air refueling and maintaining proficiency is a requirement for our pilots, so having an opportunity to come out and work with the U.S. tanker as part of the exercise is really great,” Colonel Rismo said. “We are very happy to see this exercise come through and it is very interoperable in the way we are doing it.”

The Italian Air Force also played an important role in the exercise. Their Eurofighter Typhoon pilots flew for the first time alongside F-16 pilots from the 115th FW and the RCAF in conducting daily missions.







### Baltic Operations 2011 Tests Interoperability

Commander Carrier Strike Group 8 Public Affairs

USS MOUNT WHITNEY, at Sea - Commander, Carrier Strike Group 8, visited ships participating in the serial phase of Baltic Operations 2011, June 7-13.

Rear Adm. Clifford Sharpe, commander CSG 8, is in operational control of units participating in BALTOPS 2011, and his staff developed the scenario for the exercise.

Traveling by helicopter or rigid hull inflatable boat from USS Mount Whitney, Sharpe visited 20 ships from 11 different European nations. During each visit, he met with commanding officers and crew members, toured the ship, and received a brief about its capabilities and missions.

Ensuring multinational interoperability is one of the key objectives of BALTOPS 2011. While visiting each vessel, Sharpe asked officers for their comments and input on the exercise.

“Our objective is to meet the needs of all participants,” said Sharpe. “These visits provide a way for commanders to let me know how my staff can help them achieve their training and operational goals.”

In addition to visiting USS Philippine Sea (CG 58), and USNS John T. Bobo, Sharpe visited ships from Denmark, France, Sweden, Germany, the Netherlands, Latvia, Lithuania, Poland, Estonia, and Russia. His tour included an oiler, a squadron of minesweepers, a landing ship, corvettes, destroyers, frigates, and patrol boats. He also witnessed several gunnery exercises and a mine countermeasures demonstration.

Accompanying Sharpe were members of his staff and an interpreter when needed.

BALTOPS 2011 is a multinational exercise focusing on ensuring peace and security in the Baltic Region. Maritime operations continue until June 17, when the ships return to Kiel, Germany.

For more news from Commander, U.S. Naval Forces Europe and Africa/ U.S. 6th Fleet, visit [www.navy.mil/local/naveur/](http://www.navy.mil/local/naveur/).



Master Chief Petty Officer of the Navy Rick D. West salutes the American flag at a wreath laying ceremony at Chattanooga National Cemetery during a Chattanooga Navy Week event. - photo by Mass Communication Specialist 1st Class Abraham Essenmacher

## Chattanooga Navy week kicks off

Mass Communication Specialist 1st Class Abraham Essenmacher, Master Chief Petty Officer of the Navy Public Affairs

CHATTANOOGA, Tenn. - The master chief petty officer of the Navy kicked off Navy Week in Chattanooga, Tenn., Monday, by visiting the Chattanooga Aquarium where the main attraction wasn't sea life, but Navy Divers.

MCPON (SS/SW) Rick D. West spoke to the Navy Divers from Trident Refit Facility, Kings Bay, Ga., who were setting up a static display of Navy diving equipment and demonstrating their diving skills to the local community by diving in the aquarium's tank.

“It's incredible to have this kind of senior leadership taking time out of his busy schedule to show support during Navy Week,” said Chief Navy Diver (NDC)(DSW/SW/SS) Kevin Moore.

“They're a great group of Sailors, and I'm very happy they could come out and show something to the locals who may not have seen Navy Divers in action,” said West.

MCPON thanked the divers for their dedication and support for Navy Week and then traveled to Chattanooga's National Cemetery where he was the guest speaker at a wreath laying ceremony honoring Navy submarine veterans.

MCPON, who was raised not too far from Chattanooga in Rising Fawn, Ga., considers himself to be a son of the Chattanooga area. He told the audience who consisted of active and Reserve Sailors, veterans, submarine veterans and a WWII submarine veteran, that he remembers driving by the cemetery as a little boy and asking his dad what this place was, and his dad replying “Son, that's where the heroes rest.” West said that stuck

with him throughout the years.

“Our future would not be as bright if we didn't honor and pay tribute to our veterans who have gone before us and laid the foundation that we continue to build upon today,” said West.

“If we don't remember them, we're going to forget them, and when we forget them we are unprepared to meet the challenges for our future and that's why we do this,” said retired Chief Electronics Technician (SS) Larry G. Page, a submarine veteran. “It's very important that MCPON is here today, and we are all thankful to have him with us.”

After the ceremony, MCPON, veterans, Sailors and Navy League members had lunch and spent time together at a local restaurant.

“I enjoyed watching the younger Sailors and the veterans interact,” said West. “The Sailors were just soaking in all the stories and differences between the Navy of yesterday and today.”

Sailors also enjoyed time with MCPON.

“MCPON is big with Facebook and social media, but to have him come out here in person helps bring it to a new level when it comes to our MCPON reaching out and getting to know Sailors,” said Sonar Technician Submarine 1st Class Rusty Bryant. “I had a chance to meet MCPON last year, but sitting down to lunch with him is definitely the highlight of my career.”

Chattanooga Navy Week is scheduled to run through June 19, and is one of 21 Navy Weeks across the country this year. Navy Weeks are designed to show Americans the investment they make in their Navy and increase awareness in cities that do not have a significant Navy presence.

## Mind, Body & Soul

# Lower your stress – Say no to comfort foods

Hospital Corpsman 3rd Class Danielle Ferriola

Your superior just unloaded a huge workload, your significant other is complaining you don't call enough and you were just informed you need to field day all spaces before close of business.

All you want is a pint of Ben and Jerry's.

The stress of deployment can lead Troopers to find ways to obtain fast relief in the form of horrible nutrition. “You are what you eat” is a clichéd adage actually rooted in truth. Ever wondered why you feel horrible after you just gobbled down copious amounts of double cheeseburgers in response to a stressful work day? Blame the stress hormone in the brain known as cortisol. When our bodies are undergoing a lot of stress due to a heavy workload or interpersonal problems, the chemical cortisol kicks in. One of the side effects of cortisol is cravings for high fat and sugary foods.

Stress is a normal part of life and often leads us to make poor nutrition choices due to being overwhelmed. Common habits and behaviors leading to an increase of stress include elevated caffeine usage, skipping meals, constant grazing and reaching for that tub of Ben and Jerry's as a reward for your long workday. These habits not only contribute to stress but can lead to an array of health problems down the road.

Many people reading this article are already cursing the need for a possible behavioral change and finding excuses for their ways. Don't fret – there are ways to combat stress nutritionally. First and foremost, eat breakfast. You have been told this a million times by health magazines and your mother for a good



reason. A healthy breakfast helps maintain blood sugar levels, fueling your morning routine. Don't try using the excuse of dieting, as studies have shown a breakfast high in protein can lead to reduction of weight. Carry a healthy snack for when you are under a lot of stress and tempted to reach for that Otis Spunkmeyer muffin. Having a high protein snack on hand can help combat mood swings that are the result of low blood sugar. There are also foods that aid in elevating a person's mood. Almonds increase dopamine levels while chocolate-covered almonds lead

to a double whammy of serotonin boost. Oatmeal is another mood booster due to the increase in serotonin levels from complex carbohydrates. Anything containing Omega-3 can also aid in the elevation of mood, so reach for some salmon, shrimp or walnuts, all high in omega3.

So next time your work environment goes haywire, reach for some nuts and blame the hormone cortisol while you munch away. Make sure you're getting a solid breakfast everyday, say no to comfort foods and as always, have a JSMART day!

### GTMO Religious Services

**Daily Catholic Mass**  
Mon. - Fri. 5:30 p.m.  
Main Chapel  
**Vigil Mass**  
Saturday 5 p.m.  
Main Chapel  
**Mass**  
Sunday 9 a.m.  
Main Chapel  
**Catholic Mass**  
Saturday 7:30 p.m.  
Troopers' Chapel  
Sunday 7:30 a.m.  
Troopers' Chapel

**Protestant Worship**  
Sunday 9 a.m.  
Troopers' Chapel  
**Islamic Service**  
Friday 1:15 p.m.  
Room C  
**Jewish Service**  
Friday 7 p.m.  
Chapel Annex  
**LORIMI Gospel**  
Sunday 8 a.m.  
Room D  
**LDS Service**  
Sunday 10 a.m.  
Room A

**Church of Christ**  
Sunday 10 a.m.  
Chapel Annex  
Room 17  
**Seventh Day Adventist**  
Saturday 11 a.m.  
Room B  
**Iglesia NI Christo**  
Sunday 5:30 a.m.  
Room A  
**Pentecostal Gospel**  
Sunday 8 a.m.  
Room D

**Liturgical Service**  
Sunday 10 a.m.  
Room B  
**General Protestant**  
Sunday 11 a.m.  
Main Chapel  
**United Jamaican Fellowship**  
Sunday 11 a.m.  
Building 1036  
**Gospel Service**  
Sunday 1 p.m.  
Main Chapel

**GTMO Bay Christian Fellowship**  
Sunday 6 p.m.  
Main Chapel  
**Bible Study**  
Wednesday 7 p.m.  
Troopers' Chapel  
**The Truth Project Bible Study**  
Sunday 6 p.m.  
Troopers' Chapel

# KUNG FU PANDA 2

Sp. Meredith Vincent

Summer is a time for superfluous abundance. People browse garage sales for junk they don't really need. Beach rats smother on too much tanning lotion, providing plenty opportunities for "Jersey Shore" jokes. And at the movie theatre, unnecessary sequels crowd the schedule, bringing back beloved characters for another chance at box office gold. Even here on our own little island, there was no escaping three weeks in a row of sequel fodder. More pirates and strippers and pandas – oh my!

"Kung Fu Panda 2" is yet another example of a gratuitous story no one really asked for. I watched the first "Kung Fu Panda" with delight and was perfectly satisfied when Cee-Lo began belting out "Kung Fu Fighting" over the closing the credits, as I'm sure many movie goers were. There was never any need for a continuation because we left our hero happy and well-fed, with all his dreams come true.

To recap, the first movie follows Po, an excitable, wise-cracking panda, (voiced by an equally-excitable Jack Black – more on that later) as he prevails over impossible obstacles – like his rumbling tummy – to become the most feared kung fu warrior in all of China. He defeats the power-hungry snow leopard, earning the respect of the Furious Five (a winning combination of supporting cast members including Angelina Jolie, Seth Rogan and Jackie Chan), and the reluctant approval of his Kung Fu master, Shifu (a

PG  
90 min.



weary and wise Dustin Hoffman).

That apparently was not enough for Dreamworks, as the studio brings Po and Co. back to battle a haughty peacock voiced by Gary Oldman. (Yeah, you read that right. Gary Oldman. Peacock. Seriously.) The new, feathered foe has built a terrifying cannon and is bent on destroying kung fu altogether. That all might be pretty wicked... if he wasn't a freaking peacock.

To complicate matters, it turns out Po has a tragic backstory, ripped straight out of the Harry Potter saga, and he spends a lot of the movie struggling with repressed memories and family demons. Instead of finding his inner awesome as in the previous movie, this

time he must achieve inner peace. Sounds slightly less awesome, doesn't it?

Po isn't just voiced by Black – Black is Po. There is really no discernible difference between panda and man, as Black gives Po all his own vocal ticks and energetic kicks. Regardless of whether the story is warranted or not, Po is impossible not to love. He's pretty much the most huggable animated character ever.

Unfortunately, the rest of the cast doesn't have much to do. Now that they love Po as much as we do, all they can do

see MOVIES page 19

	17 FRI.	18 SAT.	19 SUN.	20 MON.	21 TUES.	22 WED.	23 THURS.
<b>Downtown Lyceum</b>	Soul Surfer (PG) 8 p.m. Madea's Big Happy Family (PG-13) 10 p.m.	NO MOVIES - Phillipine Independence Day Celebration	Scream 4 (R) 8 p.m.	Source Code (PG-13) 8 p.m. *last showing*	Pirates of the Caribbean: On Stranger Tides (PG-13) 8 p.m.	Super 8 (PG-13) 8 p.m.	NO MOVIES - Saving Abel Concert set up in progress
<b>Camp Bulkeley</b>	Water For Elephants (PG-13) 8 p.m. Hanna (PG-13) 10 p.m. *last showing*	Arthur (PG) 8 p.m. *last showing* Source Code (PG-13) 10 p.m. *last showing*	Madea's Big Happy Family (PG-13) 8 p.m.	Pirates of the Caribbean: On Stranger Tides (PG-13) 8 p.m.	Scream 4 (R) 8 p.m.	Soul Surfer (PG) 8 p.m.	Super 8 (PG-13) 8 p.m.

Call MWR at ext. 2010 for more information.

Movie Hotline - call 4880.

NEGB cont.

well," said Montanye. "They go through it with high-speed style and that's been nice."

"They're really good at what they do," agreed Lipford. "They're quick, to the point and definitely help us out a lot with hands-on training and making sure we understand what we're doing so we know what to do when we get there."

Staff Sgt. Roshawn King, MaD Brigade instructor, said this group of future Guantanamo Bay Troopers is showing promise and potential as they get closer to leaving for the base.

"They've been interactive with getting the training done and trying to get up to speed with the new and current training," he said. "The best thing we can do is go over the training again and again to make sure they understand exactly what they need to be doing."

Acknowledging the different levels of expertise in their students, Agee said the group has also been flexible in their learning styles.

"They're all really understanding and they all keep an open mind," Agee said. "Some of

them come from prior law enforcement, so they have their old habits. But they really just listen and learn what we do as well."

Detainee operations cover a wide spectrum of techniques, many of which Co. 12.0D will not use at the detention facilities in Guantanamo Bay. King explained the instructors understand this and do their best to highlight the JTF-specific training.

"Most of the things we really push are being able to account for the detainees, tracking the detainees and maintaining positive control," said King. "[They need to] know exactly how many detainees they have and where they are at all times."

"They've emphasized safety on all the detainees as well as the guards," explained Curtain. "They've prepared us for what we're going to be dealing with in regard to the types of detainees, the types of facilities and the techniques we'll be using when we get down there. [They make sure] we are performing everything in a humane standard. That's why the training

and safety is so enforced, to make sure we're doing it in the guidelines of the SOP (standard operating procedure) so there are no issues."

Even with their jam-packed training schedules keeping them busy, the Sailors are eager and ready to begin their new assignment. Master-at-Arms 2nd Class Amy Boston is a member of the current NEGB Company 12.0A, chosen to travel to Camp McGregor to assist in the training. She believes it is only a matter of time before their hard work pays off.

"Once they get in there and actually have their first interaction with a detainee, that's when it all comes together for them," she said. "Some of them are nervous, some are excited. It looks like we have a really good group here."

"I'm excited to see how different it's going to be," concluded Lipford. "It's a great chance to work with some great people."

CHAPLAIN cont.

wearing an Air Force uniform or any other service and no matter what denomination I am, I put aside those things to help the Trooper with his or her issues. Counseling is counseling. There are universal needs that transcend the uniform."

Bertsch sees providing guidance as his primary function in what he describes as a no-fail mission. Chaplains are legally bound to complete and absolute confidentiality, he said. This helps create a safe environment for people to get advice, or even just blow off some steam with someone who knows the unique military lifestyle here.

"We understand," said Bertsch. "We understand when a Trooper gets a phone call or email from back home and there are some issues going on."

It takes one to know one, and that mentality, Bertsch said, is the key to his and his team's ability to help Troopers in ways civilian counselors cannot.

"We not only talk the talk, but we walk the walk," he said. "They [Troopers] know if you're being real with them. They know we've been there before. That gives us credibility private or civilian counselors don't have. And it's nothing negative about them as counselors or people. It's just that unless they've been there they cannot understand the military like we do. We live it every day."

MOVIES cont.

is have his back, which doesn't make for much interesting wordplay. The filmmakers attempt to develop Jolie's Tigress, but the fierce feline is the least interesting of the lot and Jolie's vocal contribution is rigid with very little warmth. Why not highlight Seth Rogan's Mantis or David Cross's Crane, two comedians with dynamic personalities that translate well even when their faces aren't seen?

The first "Kung Fu Panda" never felt like a cartoon. With a sly combination of feisty, colorful animation and smart, witty humor, it truly was fun for the whole family, adults included. The animation stays dazzling but the characters fall flat, giving us grown-ups not much to care about. I want to give it two banana rats, but there's a scene with Baby Po joyously munching on radishes that just won't let me. Three it is.



# The JTF At Shutter Speed



## FLAG DAY RUN

Marines from Marine Security Forces Company Guantanamo Bay lead the pack during the Morale, Welfare and Recreation Flag Day 5K run at the Denich Gym, Tuesday. - photo by Sgt. Marthieu Perry



## NO LITTERING PLEASE

Aviation Electronics Technician 3rd Class Ryan Sullivan (left), Aviation Electronics Technician 3rd Class Denise Woods (center) and Private 1st Class J. Houk perform a routine trash patrol outside Joint Task Force Guantanamo's Camp 6, Saturday. - photo by Mass Communication Specialist 2nd Class Jason Tross



## MAINTAINING SAR HELOS

Aviation Maintenance Technician 2nd Class Yusef Vera, an air crewman attached to U.S. Coastguard Search and Rescue Helicopter Detachment Guantanamo, performs routine repairs on flight controls for the MH-68A Hitron Helicopter at the Naval Station Guantanamo Air Terminal, Monday. - photo by Mass Communication Specialist 2nd Class Joe Ebaló



## TROOPERS GET INSPIRED

Grammy-winning gospel singer, minister and motivational speaker Donnie McLurkin gives a lecture to audience members who filled the Naval Station Guantanamo Bay Chapel, June 11. McLurkin sang many of his popular gospel songs and delivered a motivational lecture geared toward Troopers serving at Joint Task Force Guantanamo and other commands around the base. - photo by Mass Communication Specialist 1st Class Sally Hendricks