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Professional Speaker on *Your Challenge is Your Treasure*
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BIOGRAPHY

Dr. Wendy Treynor, a teacher of love and self-love, shares her vision of integrating scientific knowledge and spiritual wisdom to enhance people's quality of life. With the cancer, Wendy discovered that the lessons she learned from science converged with the spiritual lessons she learned about life from almost dying, providing a single map, a unified picture, a sole prescription to follow for achieving wholeness and happiness—a map she now lives by and seeks to share.

A young, passionate woman with a peaceful, loving presence, Dr. Wendy Treynor is trained as a scientist with a Ph.D. in Social Psychology from the University of Michigan, Ann Arbor (the #1-ranked program in the nation, US News & World Report, 2009), as well as being a cancer survivor, artist, writer, philosopher, and dreamer. Her insights shared in *Your Challenge is Your Treasure* build upon her life experience battling cancer, integrating what she learned from life from almost dying, as well as on the foundation of scientific research in the field of Social Psychology, representing a convergence of science and spirit.

People have described Wendy as a free spirit, creative, original, enthusiastic, animated, vibrant, vivacious, but also wise, courageous, empathetic, loving, and compassionate. In addition to being a published author in scientific journals, and enjoying people and public speaking, she has received recognition for her communication skills, and her research has afforded her the opportunity to speak to audiences around the globe. Wendy has given talks at universities including UC Berkeley, UCLA, the University of New South Wales in Australia, and Israel's Technion Institute of Technology.

Wendy is also a published author of scientific articles on emotion and depression, having trained with preeminent emotion and depression scholars (Dr. Phoebe Ellsworth, at Michigan, Dr. Barbara Fredrickson, now at UNC and author of *Positivity*, and Dr. Susan Nolen-Hoeksema, author of *Women Who Think Too Much*, now at Yale). Drawing on her life experience and scientific expertise, Wendy has just completed her first book entitled *Towards a General Theory of Social Psychology* (Euphoria Press, released, Nov 7, 2009, on *Amazon.com*). Her next book will be the eagerly-awaited, *The Gift of Cancer* and *I Can Heal* book series.

Wendy's honors and awards include: *Who's Who Among America's Teachers* (2005), *Delta Epsilon Iota for Academic Excellence and Outstanding Dedication, Enthusiasm, and Initiative* (2003), *Hough Psychology & Ethics Scholarship for Promising Psychology and Ethics Research* (2003), *Pi Mu Epsilon for Outstanding Achievement in the Mathematical Sciences* (1997), and *Acceptance to NYU's Tisch School of the Arts* (1993) for dramatic study. Most recently she is a recipient of *The Hay Foundation Grant* (2008) and *The Lloyd Symington Foundation Grant* (2009), which have sponsored her talks.

A Visiting Scholar at UCLA (Sept '09-'10), Wendy received her Ph.D. in Social Psychology from the University of Michigan, Ann Arbor, where she studied emotion and depression, and completed her postdoctoral work at the University of Southern California before founding *Healing Consulting* in Los Angeles in 2007.

Through *Healing Consulting*, Wendy shares her vision of integrating scientific knowledge and spiritual wisdom to enhance people's quality of life. Wendy shares this information with others in a fresh and exciting way, through her lectures, workshops, consultation, and writing so that others, too, may heal themselves, actualize their own potential, and find the love, freedom, peace, and happiness they seek.