



the Wire

“HONOR BOUND TO DEFEND FREEDOM”

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Working hard with J-4 food service section

By SGT Jolene Staker

After working with members of the J-4 food service section, the line “they work hard for their money” comes to mind.

While J-4 members do not actually cook the food, they have a vital role in making sure JTF troopers and detainees are fed healthy and nutritious meals around the clock, seven days a week.

“People thank us, but they are hungry again and back in two or three hours,” said MSG Randolph Hay, Food Service NCOIC. “We do a good job on one meal and then there is another one coming at us, seven days a week.”

The first crew that I went out with was a detainee feeding crew. We met behind Seaside Galley where they loaded up the trucks with food and beverages that had been prepared by contract cooks.

It was obvious the crew members had done this several times, because the truck was loaded quickly and efficiently.

Next we took the truck down into Camp Delta. The crew members went into different blocks where they assembled the meals



Photo by SGT Jolene Staker

SPC Benjamin Marsee of the 384th Military Police Battalion checks the food in the box before loading it on the truck.

for the military policemen to give to detainees.

Watching the food service and military police members work together was like watching a finely oiled machine. The operation was smooth and almost flawless.

After helping assemble the plates for one block, I could relate to what SPC Benjamin Marsee, of the 384th Military Police Battalion shared with me about how he feels about his job.

“I feel very productive, like I’m doing something,” he said. “I like that I’m directly involved with the main mission here.”

After ensuring block sergeants have received all the meals they need for their blocks, the food service members once again load the truck. They take the truck back to the Seaside Galley, where they unload the containers so the contract workers can clean them and fill them for the next meal.

The first thing I noticed about the crew I went out with was how much they cared about doing their job well, and the second

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Inside the Wire ...

PLDC GRADUATES HONORED



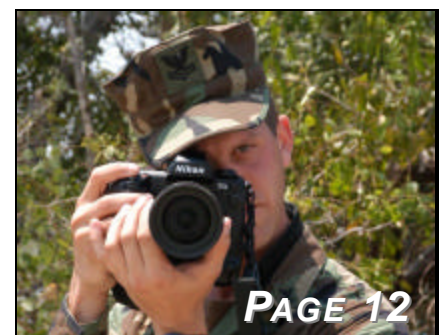
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ARMY OUTLASTS NAVY



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THROUGH THE CAMERA’S EYE



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Trooper to Trooper

The GTMO 5 rotation changeover is starting to take shape. The JTF J-3 Shop is hard at work identifying units that will be coming down here to replace our folks in the GTMO 4 rotation. As I write this, the first unit that will be deploying down here is moving to the Fort Dix, N.J. post-mobilization training site. We should see that unit arrive here soon. This unit will be followed in short order by a small number of other company-size units, infantry battalions, and individual augmentees. Overall, most of the JTF will rotate out of here by the autumn.

Every trooper will have a part in the successful turnover to the GTMO 5 crew. It starts now. It is time to take stock of where we are. We need to plan for our individual and unit redeployment. We need to plan for the turnover that we will lead in teaching the new units how to perform our missions. All at the same time, we need to continue to execute our current mission, safely and to high standards.

Individual and unit redeployments are always tough. Thoughts of traveling home distract us from our focus on mission success and safe redeployment. We just can't throw all the equipment into a CONNEX and ship it out, then board an aircraft for home. Packing and loading of equipment follows cleaning and accounting for everything. Everyone needs to attend Deployment Cycle Training, ensure that they are qualified with their weapon, and receive medical and dental check-ups. Awards have to be processed. Evaluation reports have to be written. All this data has to be consolidated to the unit level in order to ensure that minimum time is spent at the demobilization site. If this is done right, each of us should be gone from our demobilization site within a few days. Most of this preparation is done at the small unit level, by leaders that check and recheck everything. The devil is in the details. Remember, the U.S. Military is now, more than ever, an expeditionary force. We owe it to ourselves and our units to think through this portion of the upcoming GTMO 5 rotation. We need to be prepared to redeploy ourselves and our equipment such that we can get right to it should we be called on in short order to deploy again.

Each of us has a role to play in the turnover of authority and responsibility from GTMO 4 to GTMO 5 units. Think of it this way. What would you have wanted to know about before you assumed this mission? Put



COL Timothy Lynch
Cheif of Staff
JTF Guantanamo

yourself in the new unit's boots. Ensure the incoming folks know what right looks like. Ensure they know the mistakes we made, and the lessons we learned as we started out on our first days in GTMO 4 long ago. Ensure you cover SOPs, battle drills, safety considerations, and critical information requirements. Leaders should make up continuity books to pass along the wealth of knowledge that we have learned during your tenure here. We need to take the time to think through our first contact with the new troopers and units. First impressions are lasting ones. Take care of the new folks, and stress effective communication, high standards, competency, leadership, and dedication to troopers and the mission.

We have one more important task during this JTF unit turnover. While simultaneously getting ready to ship out for home and bring the incoming units on board, we still need to execute our missions to high standards. There will be a Live Fire Exercise in May, and again in July. We need to be ready to support military commissions, if they begin, in the near future. All these missions will swirl around turnover, and our true main efforts, the day-to-day interrogation and detention operations. Stay focused. Leaders should ensure their troopers know what the standards are, know what is going on, and know what is expected of them. We also need to keep folks at home informed about what is going on, and take the time to thank our Navy Base partners for their support. Stay alert and focused. Think safety. Be flexible. Think positive. And take care of each other in these challenging weeks ahead.

HONOR BOUND !

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Father comes to GTMO for to help daughter



Photo by SGT Jolene Staker

SSG Stephen Kopp, J-4 transportation motor stables NCOIC, of the 177th Military Police Brigade is as patriotic as any trooper, but he volunteered to come to Guantanamo as much for his family as his country.

By SGT Jolene Staker

While deployed to Bosnia during the peacekeeping mission Joint Forge, Kopp called home one day to learn that his young daughter had a rare neurological disorder, dermatomyositis.

Kopp talked to his daughter while in Bosnia after she had a biopsy. "Daddy you'd be proud of me," she said. "I was a big girl; I didn't cry."

Kopp said, "I told her daddy is always proud of you. It broke my heart."

Due to mission requirements Kopp wasn't able to return home even on emergency leave.

Kopp's wife was left to take care of their daughter's medical

condition. It started with a rash on her face and then to achy joints. Soon it hurt for her to move at all. She had to be carried everywhere.

Appreciation and praise is how Kopp talks about his wife. "I've got to give her credit — she's been really strong," said Kopp. "I'm impressed."

After Kopp returned from Bosnia he was quickly deployed to Fort Meade, Md., for a homeland security mission. At first his daughter wanted him home. So Kopp explained to her that he was working so he could have insurance and take care of her. She was more accepting of his absence.

After telling her that he was serving for her, Kopp decided that he would have a ceremony for her each time he was home. There he would give her any coin or medal that he had been awarded.

"I have to promote her when I get home this time," he said. "She's still an E-5, and she's not

real happy with that."

After returning home from Fort Meade, Kopp then volunteered for the Guantanamo mission so that he could keep insurance on his daughter to cover her medical condition.

Kopp took leave and took his wife and daughter to Disney World. His daughter spent three of the five days in a wheelchair, but she still had fun.

"The Tower of Terror was one of her favorite rides, along with the Rocket Roller Coaster and Mission Space," said Kopp. "She liked the rides that most adults would get sick on."

The future for Kopp's daughter is still unknown. She has been the guest of a doctors' symposium and may be in a medical journal.

The part of her future that Kopp can guarantee is that he will do whatever it takes to make sure she receives the medical care that she needs. Going active duty Army is just one of the options he is looking at.

Daughter joins Army Reserve to serve with father

By SGT Jolene Staker

Many military members joined because of family influence, but SFC Donna Swenson, Seaside Galley NCOIC of the 384th Military Police Battalion actually joined the military to serve with her father and also follow in her mother's footsteps.

Swenson also joined to go to Fort Lee, Va. Both Swenson's parents served in the Army and met while stationed at Fort Lee. Swenson's mother was a member of the Women's Army Corps, and so was Swenson when she first joined.

"It took me 21 years to make it to Fort Lee, because my AIT ended up being in Fort Jackson, S.C., where I did basic training."

Swenson's father served in the Army in Panama during World War II and the Korean War, first as a butcher and then as a cook. He had a break in service and then joined an infantry company in the National Guard.

He was activated for a Menomonic Indian Uprising and some forest fires. He also cooked for the Cuban refugees when they were at Fort McCoy, Wisc.

When Swenson decided she wanted to join the military and work in food service,

her father switched from the National Guard to the Reserves so that they could serve in the same company.

"We were a father-daughter team," said Swenson. "At first I joined to be with him, but now I take pride in what I do and making people happy."

She worked beside her father for about 11 of those years. The first 20 years of her career was spent with the same unit.

"I stayed the first 20 years to get my retirement and then I decided I would stay until it quits being fun," said Swenson. "That is why I have been here the last seven [years]."

Swenson has shown that even after 27 years, there is still room for growth.

"This job is something I've never had to do before," she said. "It's been a little above and beyond what I have had to do before."

Swenson has met the challenge head on. "The biggest challenge that I have faced personally is working with and getting used to the different branches of service," Swenson said. "Every branch has a little different way of doing things. That has been the biggest challenge, but it has also been the most interesting. You learn a lot working with everybody."

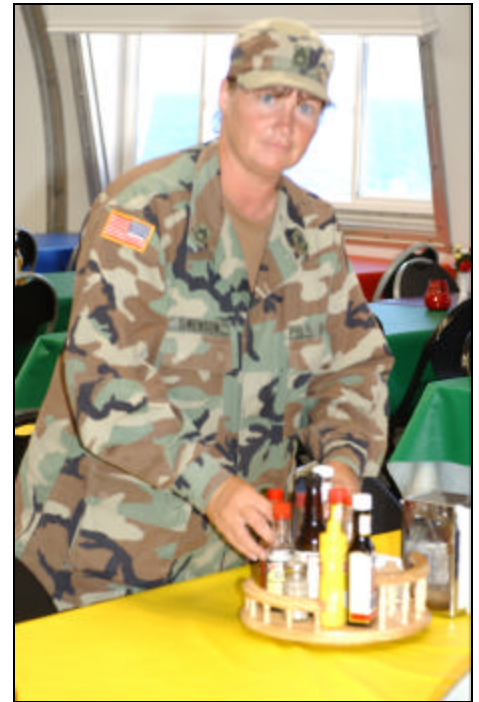


Photo by SGT Jolene Staker

SFC Donna Swenson, Seaside Galley NCOIC of the 384th Military Police Battalion, works to ensure that Seaside Galley is more like a restaurant and not an institutional dining facility.

Food service from page 1

thing was that the food service section was a good example of the different branches of service working together in the JTF.

On this food run, I worked with Army, Navy, Air Force, and Marine members.

The second crew that I went out with was the Café Caribe dinner crew. Once again I met them behind Seaside Galley where they loaded the food and beverages. This time we unloaded the food inside Café Caribe where the food service members put the finishing touches on it before serving it.

I helped Petty Officer 2nd Class Daren Batchelder put the dessert in the carousel.

Other preparations included making coffee and placing the food onto the serving line on warmers and coolers.

I couldn't believe the transformation that took place between the time we arrived at Café Caribe and the time the first trooper walked through the door to be served.

Air Force Staff Sgt. Thomas Bryson gave me a quick class on making sandwiches. I was a little overwhelmed that he would trust me with such a task, and then he admitted that on Italian night not many would want sandwiches. I still got to make several sandwiches though, and again I have to admit that I can see why food service members take pride in what they do. It was satisfying to see hungry troopers come through the door to get the food they wanted on their plates. I was told to definitely give it to the troopers "their way" as much as possible.

Part way through the shift, after letting me eat, SGT Carlos Herrera of the 661st Military Police Company switched me to the

hot food line to provide me more experience.

Herrera coached me on how to give the troopers more than food when they come through the line. He said they are tired and are often having a bad day, so he likes to see if he can get them to smile and leave a little happier than they came.

He personified the phrase "service with a smile."

I also went to the NAVBASE hospital to visit with that crew. This is where the special meals needed by some detainees are made. Navy Lt. Kenneth Arlinghaus, NAVBASE dietitian, makes meal orders, and the food service crew assembles them.

"We ensure that the detainees get the proper diet," said SSG Lawrence Lee of the 463rd Military Police Company. "We make sure it is wholesome, hot and prepared fresh."

While this is one of the main jobs of the JTF food service members at the hospital, it is not all they do.

"Because the hospital galley does accommodate JTF personnel we also assist in the overall duties of operating the galley," said SSG William Gardner of the 217th Military Police Company.

To make sure that my food service experience was complete, I met with SFC Donna Swenson of the 384th MP Bn who is the Food Service NCOIC of Seaside Galley and has been the NCOIC of detainee feeding during her tour. I noticed that, while we can observe the work they do, there is still more done behind the scenes.

Even though food section members do not prepare the food at Seaside Galley, Swenson oversees the galley to make sure

they have what they need and that things are going smoothly.

Swenson is participating on the menu board and suggests changes to the menu. She has also worked to improve the detainee menu and give them more variety. Food service members work hard to ensure that detainees customs are respected. This includes a change in menu and serving hours during Ramadan.

"We try to abide by their beliefs like we would want someone to respect ours," said Swenson. "We work with them to ensure they are taken care of."

The food service section contributes greatly to the success of the JTF mission.

Navy Seaman Terrance Miller sums it up. "It's interesting. I actually look forward to coming to work every day. I like being able to serve our country."



Photos by SGT Jolene Staker



Left: Navy Petty Officer 2nd Class Daren Batchelder cuts a pie before putting it in the dessert carousel.



Top right: Air Force Tech Sgt. John Karagiannes hands down a box of pita bread while unloading the truck to feed the detainees.

Bottom right: PFC Michael Blackshire of the 463rd Military Police Company and Marine Lance Cpl. Joseph LaRue unload the containers at Seaside Galley so that contractors can clean them out to be used at the next meal.



PLDC students graduate with top course scores

(Left) SGT Brandy C. Bowe of the 384th Military Police Battalion received special recognition for scoring a 300 on her physical training test during the course.

(Below) JTF Deputy Commander Mitchell LeClaire (left) congratulates SPC Adam P. Blakely of the 463rd Military Police Company as the distinguished honor graduate of Class 505-04 of the Primary Leadership Development Course. Due to his high scores and leadership abilities, he qualified for the Army Achievement Medal, presented to him at the ceremony.



PLDC photos by SSG Patrick Cloward

JTF congratulates GTMO's recent NCO promotion



Thanks are in order...

CH (LTC) Michael Britton (left), of the 177th Military Police Brigade, congratulates his chaplain's assistant, SFC Jeffrey Lewis, also of the 177th MP Bde., during his promotion ceremony Monday.

Photo by SPC Katherine L. Collins

181st Infantry completes first week of EIB training



Photos by SGT Jolene Staker

Troopers complete Expert Infantry Badge tasks

(Top left, clockwise) 1LT Jason Scangas of A Co., 1st Battalion, 181st Infantry Regiment high-crawls through the individual movement lane. SPC Theodore Vrooman of B Co., 1-181st Inf. puts together a M249 Squad Assault Weapon. SSG Keith Johnson of C Co., 1-181st Inf. employs a hand grenade from behind cover. SPC Michael Arndt, also of C Co., moves tactically and throws a hand grenade in a bunker. SPC Casey Lawrence (left) of A Co., 1-181st Inf. fires the M2 Machine gun with the assistance of SSG Freddie Bonner during the EIB live fire exercise.

Chaplain's Corner

Chaplain Feehan's comments

By CH (LTC) Steve Feehan

Hope you had a good Easter Sunday.

I had a wonderful day. Two great opportunities for worship in early morning, later two baptisms at Windmill Beach, and viewing Mel Gibson's film "The Passion of The Christ" at the Lyceum in the evening made it a most fulfilling day. It was indeed a Great Day.

Resurrection day, to the early church, was known as "the great day."

For Christians, the greatest gift is remembered at Christmas, the greatest sacrifice is memorialized on Good Friday.

However, the Great Day is Resurrection Day.

It is the day that changed everything.

It is the day new hope dawns, the day the sting of death is removed and the day we know evil is conquered forever.

I was so glad to see that the movie "The Passion of The Christ" did not end at the cross but in an empty tomb. What a great way to end a Great Day!

Heavenly Bits and Pieces

By CH (MAJ) Daniel Odean

Salvation is what [we] receive, not what we achieve.

You can't earn it. You can't build it. You can't buy it.

Why? It is a gift.

You can't earn, build or buy your OWN gift. You can only RECEIVE a gift. Salvation is a gift to us.

Ephesians 2:8, 9 - "For it is by grace you have been saved, through faith, and this is not from yourselves, it is a gift of God, not by works, so that no one can boast."



Photo by AF Staff Sgt. Joshua Gorman

Sunrise Service

Members of the JTF Guantanamo community listen to the Easter Sunday sunrise service. The service was held at 6:30 a.m. between Seaside Galley and the sea.

Worship services and programs:

Alpha Course

A discussion forum designed to answer questions about Christianity. Held at Camp America North North, room L001, every Tuesday at 7 p.m.

Soul Survivor

Listen to contemporary Christian music and dynamic preaching. Held

at the Club Survivor deck every Wednesday at 7 p.m.

Thursday Ticket

Each week a contemporary movie is played and afterwards, viewers discuss the moral and ethics introduced in the film. Held at Camp America North North, room L001, every Thursday at 7 p.m.



Photo by AF Staff Sgt. Joshua Gorman

Easter baptism

Ssg Lee Arnold is baptised by CH Feehan with the assistance of CH Odean at Windmill Beach on Sunday following the Protestant service.

Army softball team outlasts Navy



Photos by SPC Rick Fahr

Army team members are: front (from left) – SGT Larry David, SGT Danny Rodriguez, SSG Victorino Santos, SGT Reggie Lawson, SGT Jason Thompson and SPC Marcus Sepulveda; back – SPC Kurt Witucki, SSG Clifford Jones, Air Force TSGT John Karagiannes, SPC Larry Lynch, SSG Duane Pike, CPT James Sharich, SFC John Butler, SPC Mark Woodall and SGM Anthony Mendez.

Troopers hold lead, win 9-7

JTF Guantanamo troopers jumped out to an early lead in Friday night's Army-Navy softball game and eventually held on to beat the Navy squad, 9-7.

After leading the game in the earling innings 9-1, the Army team ended Navy rallies with defensive stops at all bases.

(Top left) Pitcher SGT Larry David tosses to a Navy batter.

(Center) Third baseman SPC Kurt Witucki tags out a baserunner, ending a Navy rally.

(Bottom) SGT Jason Thompson sends a blast to the outfield.



Sports highlights

‘Lefty’ ends majors drought at Augusta

Compiled by SPC Rick Fahr

All golfing eyes were on the back nine of Augusta National on Sunday as the **Master’s** tournament came down to a birdie-for-birdie battle between **Phil Mickelson** and **Ernie Els**.

When Els pulled ahead after an eagle at the eighth hole, Mickelson’s chances to win his first major seemed to be slipping away, as many major titles had before.

But “Lefty” fought on. En route to posting a 31 on the back nine, Mickelson birdied five of the final seven holes, including the final hole. He rolled in an 18-foot putt that put him one stroke ahead of Els, who has three major titles, but not the Master’s,

to his credit.

Sunday’s round saw familiar names charge up the tightly bunched leaderboard, with **Sergio Garcia**, **Bernhard Langer**, **Nick Price**, **Davis Love III**, **Vijay Singh** and **Fred Couples** finishing no worse than in a tie for sixth place.

Early in the baseball season, the standings look a little peculiar.

In the **American League**, division leaders included **Detroit** (4-3) and **Tampa Bay** (5-1).

In the **National League**, **Los Angeles** (4-2), **Cincinnati** (4-2) and **Florida** (5-1) jumped out to early divisional leads.

Surprising early flops? Look no further than the **Philadel-**

phia Phillies. The Phils were supposed to be the team to beat in the **NL East**, and they may well be, but their 1-5 start has them in the cellar. The **Chicago Cubs** aren’t exactly terrorizing the **NL Central** at 3-3, and although a .500 mark isn’t bad, the **New York Yankees** probably expected better than a 4-4 start.

While a few games can lead to skewed statistics, it’s difficult to overlook **Javy Lopez’s** .577 batting average or the combined eight home runs hit by **Scott Rolen** and **Albert Pujols** of the **St. Louis Cardinals** or the impressive rejuvenation of **Kevin Brown**, who’s put up a 1.29 ERA through 14 innings.

As the temperatures heat up,

so do the **NBA playoffs**.

All the **Eastern Conference** teams are set, with the **Indiana Pacers** earning the top seed, followed by the **New Jersey Nets**. Other conference playoff teams are the **Miami Heat**, **New York Knicks**, **Boston Celtics**, **Detroit Pistons**, **Milwaukee Bucks** and **New Orleans Hornets**.

In the **Western Conference**, final seedings won’t be known until the season ends, but seven teams have clinched playoff berths. They are the **Minnesota Timberwolves**, **San Antonio Spurs**, **Memphis Grizzlies**, **Dallas Mavericks**, **Houston Rockets**, **Sacramento Kings** and **Los Angeles Lakers**.

Compiled from www.espn.com

Army’s newest noncommissioned officers



Photo by SPC Rick Fahr

JTF Guantanamo CSM Stephen Short and noncommissioned officers of the 258th Military Police Company toast (with sparkling cider) the unit’s newest NCO, SGT Aaron Brooks (left) during an NCO induction ceremony Monday night. The ceremony welcomed 19 NCOs into the Army’s leadership ranks.

Bator named Detention Operations Group player of month

By SPC Katherine L. Collins

Nominated for his installation-level engineer work improving the roads and trails surrounding Camp Delta and Camp America, JTF honors SGT Garry Bator as April's JDOG Player of the Month.

Bator's efforts greatly improved the safety of the mounted and dismounted infantry units that patrol these trails. His efforts also decreased the maintenance needs on all HMMWVs that travel the road as well as save the JTF countless dollars in repair parts for the HMMWVs and any future contracted work on the network of trails.

In addition, Bator aided in increasing the total coastal defense posture by designing

and constructing a battle position using very limited resources.

Bator's initiative, selfless service, and willingness to insure mission accomplishment are in keeping with the tradition and standards of the NCO Corps and the JDOG. Furthermore, his voluntary use of his civilian skills to help meet JTF's needs exemplifies the added benefit reservists bring to any mission.

Apart from the JTF, Bator serves as owner and CEO of his own construction company in Massachusetts. In his free time, he enjoys relaxing with his wife and children, as well as operating various types of heavy machinery and remodeling his home.

Previously, Bator served in



SGT Garry Bator
B Company,
1-181st Infantry Battalion

the 2nd Battalion, 8th Regiment U.S. Marine Corps for four years and fought in Desert Storm. After a break in service, he joined the U.S. Army

National Guard. JTF applauds Bator's demonstration of true commitment to JDOG and dedication to the mission.

Trooper on the Street

By SPC Katherine L. Collins

This week's question:

What valuable mobilization lesson will you take back with you to educate others?



Navy
Petty Officer 2nd Class
Jaime Montenegro,
J-1

"Take nothing for granted back home. You will see all there is to value there when you're away from it on deployment, such as family, college opportunities and privacy but approach mobilization with a positive outlook. It has its own benefits."



SSG
Melvin Robinson,
216th MP Co.

"Patience. Realize you can't change the world in a day. Accomplishing anything successfully, like our JTF mission or improving residence quality of life, takes time. Also, remember that benefits you may not yet experience the next [troopers] will."



Navy
Petty Officer 3rd Class
Eric Hardeman,
J-4 warehouse

"Learn to be open with people. In a challenging environment, away from your family, you've got to pull together as a team and become family to each other. Share your stresses with each other and communicate honestly with those back home as much as possible."



SPC
Waldo Rivera,
C Co. 1-181st Inf. Bn.

"Take advantage of all the available services that help you with deployment issues, such as legal, medical and financial matters. Make sure you have everything in place before you leave home."



Airman 1st Class
Markeyla Bunton,
J-3

"Keep an open mind in everything. For example, your work schedule, co-workers, learning and performing new job skills or a whole new job and when working in a joint task force, doing things the way a different branch of service might do them."

JTF operations makes it all happen for troopers

By SSG Patrick Cloward

What's the difference between the Joint Task Force Guantanamo (GTMO) operations department (J-3) and the character of Franck Eggelhofer, the difficult-to-understand wedding planner in the movie *Father of the Bride*?

J-3 doesn't have a funny accent. Oh, and they don't do weddings.

In an organization of more than 2000 military and civilian personnel all working to accomplish the mission, J-3 is considered the hub of what keeps the machine rolling.

"We're everything," said MSG Mark A Flury, J-3 operations NCOIC from the 1776th Military Police Company. "There's a lot of late nights here. A lot of people will look at us and say, 'What do those guys do?' There's a lot of coordination through this office."

Some of the missions J-3 coordinates include detainee operations, live-fire exercises and training for units that need to work together. They're also responsible for initiating many of the new programs recently introduced to Guantanamo Bay.

"There is a constant change-over of personnel and units," said LTC Steven Westphal, J-3 Director of Operations. "So the JTF is constantly training new units to accomplish their mission. It's one of our biggest challenges. As soon as they get good at it they're gone."

Among some of the training courses hosted by J-3 is the Primary Leadership Development Course (PLDC), Battle Staff Training, the command and control personal computer course and assistance with Joint Detention



Photo by SSG Patrick Cloward

LTC Steven Westphal, J3 Director of Operations organizes the arrival of the GTMO 5 Rotation, which he says will be one of the biggest challenges for him while he's here.

Operations for the 31 E Corrections Officer course.

"You sometimes have to take the position where you have to reinvent the wheel," said Flury. "There were training items that weren't done before we arrived, such as PLDC and Battle Staff. We even constructed a land navigation course here. Our challenge was to do it on time and successfully."

Besides on-site training and an improvement in pre-deployment training, the J-3 is beginning to focus on the changeover from rotation four to rotation five.

"One of the big things is the rotation," said Flury. "We are working to leave on time, smoothly and without any bumps or bruises. It's all facilitated through this office."

"The unit rotation was the biggest challenge," said Westphal. "We're working to coordinate an overseas move to GTMO so that it's a seamless transition."

He said that this GTMO 5 rotation is the best that's ever

organized. They're able to identify units that needed replacement and establish training at the mobilization stations for military police and the infantry. They've also refined the training regimen at Fort Dix and had military intelligence instructors to assist in training for new arrivals. "We have staff and leaders training here to go back to the mobilization station to better prepare people," said Westphal. "It gave me a better appreciation for dealing with Guard and Reserve components and other service components. It also made me understand what kind of disruption it is in the reserves' lives to come and support their country. They have to make modifications to support their country. That means leaving old jobs and a struggle with their new finances. Coordinating those kind of moves affect that. Say we want to delay them? That can have secondary repercussions."

"We get a lot of input from other sections," said Navy Lt.

Joel Parker, Plans officer for J-3 plans section, whose office is responsible for submitting the finished plan for presentation before executing it. "Communication and talking to the right person from the different sections and getting everyone together is a priority. The challenge is to get the J-1 through the J-4 to understand the importance of submitting their information to the plan."

"We're all different branches, all bringing different levels of expertise," said LTC John Sullivan, plans OIC. "We have people who specialize in training, logistics and operations. We bring the melding of the JTF to the other groups."

"This place is constantly buzzing and booming and we still do other things like: go to the range to qualify, ruckmarch and do PT," said Flury. "We still run by the guidance of the general and make sure his guidance is followed, but I feel a sense of accomplishment doing it."

15 Minutes of Fame...

With Petty Officer Second Class Kevin Tidwell, J-3

By SPC Katherine L. Collins

Petty Officer Second Class Kevin Tidwell discovered the Navy as an opportunity to do more than just pay for college. He has enjoyed his nine years of service as a photographer for the great hands-on experience it provides, as well as the exposure to different cultures and the many sea stories he can swap with his grandfather.

Q: What inspired you to join the military?

A: Seeking assistance to finish pursuing an education in photography and videography, I looked to the military for help. It seemed to be a great way to finish my education and to gain some hands-on experience too. The Navy seemed to be a good choice, because I had family who was prior Navy and it seemed a great opportunity to see the world and experience new cultures.

Q: How many years and in what assignments have you served?

A: I've served in the Navy for nine years – all as a photographer. My prior duty locations were the USS John C Stennis, where I served as a flight deck photographer, and the Fleet Imaging Command, where I worked in a photo-printing lab.

Q: Where have you deployed?

A: I toured the world on the Stennis and traveled to the Persian Gulf.

Q: What do you recall as your best military experience?

A: The ability to travel the world, visiting new places and meeting new people.

Q: How has your military service impacted and molded you as a sailor and person?

A: The people I serve with in the military have taught me a lot about being a photographer and just serving in the military in general. I've also been able to achieve goals, such as earning an associates degree in graphic design.

Q: In what ways has your family supported you in your military service?

A: My family has always supported my



Photo by SPC Katherine L. Collins

Petty Officer Second Class Kevin Tidwell serves with JTF in combat camera.

military career. My grandfather and uncle are prior Navy servicemen. So my family was familiar with the military when I joined. It's also a benefit to have family that has served so you can share your experiences. Whenever my grandfather and I meet up again we swap sea stories. Also, when I had made the choice to leave the military after serving four years, my family encouraged me to stay in, and I've never regretted it. They are proud of what I do, and that keeps me going.

Q: What is your mission with JTF and employment back home?

A: I came to Guantanamo from combat camera in Norfolk, Va., where I serve on active duty.

Q: What do you enjoy most about your job in the military?

A: The ability to see and experience many different aspects of the Navy and other branches of the military.

Q: What has been your greatest challenge in Guantanamo?

A: Being this is my first deployment with combat camera, I was really unsure of the type of work I would do here and what was expected of me. I had to learn those

expectations and step up to meet them. This has been a learning experience both professionally and personally.

Q: What personal strengths do you find benefit you most in this deployment?

A: The ability to work well with others and to always be there to help others in need.

Q: What do you do to relax at home and on deployment?

A: I work out often. One day I decided I wasn't in very good shape and set out to improve my fitness level. I've been running and biking ever since, working my way up to competing in marathons. Here I do the spinning class twice a week and run two to three times each week. I've gotten hooked on exercise. I find it to be a great source of accomplishment and a euphoric high.

Q: What goals have you set for yourself while here?

A: To pay off some of my bills, to become more physically active and to learn as much as I can about my job.

Q: What has been most rewarding about this mission?

A: I am grateful to have met the people I have become friends with, particularly for all they have taught me professionally and personally.

Q: Looking back on your overall military experience, what makes you most proud to serve?

A: I'm proud to be an American and serve in the military to defend freedom.

Q: What are your plans for when you return home?

A: When I get home I plan to see friends and run in the Rock and Roll Marathon. This will be my fourth marathon. Long-term, I'll likely stay in the Navy to complete a full 20 years. I hope to be stationed overseas on a shore assignment at some point during it. When I do decide to end my active service, I would like to pursue one of two career fields – filmmaking or art therapy with young children. I also hope to compete in an Iron Man race, working my way towards it by doing small triathlons.

The GTMO Guide: Answers to Your Questions

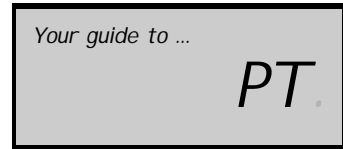
Who can help me? What's for lunch? What movie's playing? Where can I find that? How does this work?

Bulkeley Gym project forces temporary move

Remodeling Bulkeley Gym will take about a month, but troopers will have a temporary gym to use during that time.

Most of the popular weight-training equipment has been moved from the gym to TFS2, near Club Survivor.

The cardiovascular room is



not being remodeled and remains open for use.

The remodeling project should take no more than 45 days to complete.

GTMO Queen special set

The GTMO Queen will be available for a fishing special on April 30 from 5 p.m. until 1 a.m.

MWR staff will be available to help bait and rig lines and provide help landing fish. MWR will provide bait and ice for participants.

There is a 20-person limit. Sign-ups are at the marina.

For more information, call 2345.

Army-Navy paintball game scheduled for April 30

Army and Navy personnel will have another interbranch competition on April 30.

Five-person teams will square off in a round-robin paintball match at Cooper Field. The "capture the flag"

event will begin at 6 p.m., and each game will have a five-minute time limit.

There will be no charge for equipment use.

For more information, contact MWR personnel.

Combat stress ready to solve problems

The Combat Stress Team's main office is located at Building 3206 in Camp America. Hours are 8:30 a.m. until 4:30 p.m., Monday through Friday, and 8 a.m. until 2 p.m. on Saturdays. Kittery Beach JAS hours are 8:30 a.m. until noon, Monday through Friday.

Personnel are on call after duty hours by pager; dial 4084, pager 2337.

In an emergency, go to the naval Hospital or to the JAS, officials suggested.

Combat stress services include walk-in consultations and triage, brief solution-focused therapy, crisis intervention, roommate contracting, anger management, command consultation, suicide awareness and prevention.



Camp Bulkeley

Fri., April 16

8 p.m. *The Rundown*

PG13 - 104 min

10 p.m. *Wrong Turn*

R - 84 min

Sat., April 17

8 p.m. *Anger Management*

PG13 - 101 min

10 p.m. *Basic*

R - 99 min

Sun., April 18

8 p.m. *Analyze That*

R - 100 min

Mon., April 19

8 p.m. *Open Range*

R - 139 min

Tues., April 20

8 p.m. *High Crimes*

PG13 - 115 min

Wed., April 21

8 p.m. *Confidence*

R - 98 min

Thurs., April 22

8 p.m. *The Human Stain*

R - 106 min

Downtown Lyceum

Fri., April 16

8 p.m. *Confession of a Tennale Drama Queen*

PG - 90 min

10 p.m. *The Cooler*

R - 101 min

Sat., April 17

8 p.m. *Barbershop 2*

PG13 - 106 min

10 p.m. *Welcome to Mooseport*

PG13 - 115 min

Sun., April 18

8 p.m. *The Passion of the Christ*

R - 111 min

Mon., April 19

8 p.m. *The Cooler*

R - 101 min

Tues., April 20

8 p.m. *Confession of a Tennale Drama Queen*

PG - 90 min

Wed., April 21

8 p.m. *Welcome to Mooseport*

PG13 - 115 min

Thurs., April 22

8 p.m. *Eurotrip*

R - 92 min

Deployment Cycle Support Program

is open to troopers

within 90 days of redeploying.

April classes are 6-8, 13-15, 20-22 and 27-29.

Supervisors should call J-3 at 5040

to sign up troopers.

IG personnel ready for next rotation

By Lt. Col Bruce Medaugh

This week's inspector general article will be a simple thank you from Lt. Col. Medaugh and Lt. Cmdr. David Kersey. Our tours at Joint Task Force Guantanamo have ended and we are returning to our previous duty assignments.

We would like to thank SFC Von Bultemeyer and SFC Danny Johns for their outstanding service as members of the Inspector General team.

The support and cooperation we have received from the leadership and JTF troopers has made this a memorable experience.

We wish each of you success in your mission and a safe journey home.

Lt. Col. Anthony Deskis and Lt. Cmdr. James Neuman are assuming the inspector general leadership.

Remember, if you have a



question or any other matter that you can't solve in your chain of command, please feel free to contact the Inspector General.

Each IG team member is ready to assist you with issues you may be experiencing during this deployment.

You may visit the IG office in Room 204 of the Commissions Building Monday – Saturday. The IG phone number is 5399.

The Camp America IG office is in Building 7200 and is staffed Monday, Wednesday and Friday afternoons and Tuesday, Thursday and Saturday mornings. The Camp America Office phone is 3501. IG assistance is available anytime by appointment.

Energy conservation needed

Power outages at Camp America have been caused by overextending the system, and officials are encouraging troopers to conserve energy to ease the problem.

Suggested conservation methods include:

- Turning air-conditioning units to a low cool setting (8 on the temperature) when personnel are not present.
- Cleaning air-conditioning unit filters every two weeks.
- Turning off lights (including “porch” lights) when not in use.
- Using “energy saver” controls on appliances.

Softball officials needed

Have any experience officiating or keeping official score for softball games?

If so, MWR needs you for the upcoming season.

The positions are paid, and interested persons should contact MWR at 2193 or SSG Freddie Greene at 3670.



Catholic

Main Chapel

Wed.	5 p.m.	Holy Hour and Rosary
	6:00-6:25 p.m.	Confessions
	6:30 p.m.	RCIA (Chaplain's office)
Sat.	4:15 p.m.	Confession
	5:30 p.m.	Vigil Mass
Sun.	9 a.m.	Mass
	10:15 a.m.	Spanish Mass (Sanct. B)
M-Fri.	11:30 a.m.	Mass (Cobre Chapel)

Protestant

Main Chapel

Mon.	7 p.m.	Prayer Group Fellowship*
Wed.	7 p.m.	Men's Bible Study*
Wed.	9:30 a.m.	Sunday School
Thurs	6:30 p.m.	Women's Bible Study*
Sun.	9:30 a.m.	Sunday school
	11 a.m.	Service

* Fellowship Hall located in Chapel Complex

Camp America

Mon.	7 p.m.	Passion Study
Tues	7 p.m.	Alpha
Wed.	7 p.m.	Soul Survivor (Club Survivor)
Sun.	7:30 a.m.	Christian Worship
	9 a.m.	Protestant

New Life Fellowship

Sun.	1 p.m.	Service (Main Chapel)
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Pentecostal Gospel

Sun.	9 a.m.	Service (Sanc C)
	5 p.m.	Service (Sanc C)

Church of Jesus Christ of Latter Day Saints

Sun.	9 a.m.	Sanctuary A
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Islamic

Fri.	1 p.m.	Classroom 12, Chapel Complex
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Jewish

Call 2323 for more information

Camp America Church Bus schedule:

Sun.	8:15 a.m.	Tierra Kay
		The bus will return following worship.



Today: Lunch – fried shrimp; Dinner – seafood platter.

Saturday: Lunch – NE boiled dinner; Dinner – Italian sausage.

Sunday: Lunch – fajitas; Dinner – creole pork chops.

Monday: Lunch – teriyaki beef strips; Dinner – country fried steak.

Tuesday: Lunch – oven fried chicken; Dinner – pepper steak.

Wednesday: Lunch – lemon pepper fish; Dinner – shrimp chop suey.

Thursday: Lunch – baked chicken; Dinner – stuffed pork chops.

Friday: Lunch – fish amandine; Dinner – steak/lobster.

