



# the Wire

“HONOR BOUND TO DEFEND FREEDOM”

Volume 4, Issue 5

[www.nsgtmo.navy.mil/jtfgtmo](http://www.nsgtmo.navy.mil/jtfgtmo)

Friday, October 10, 2003

## Detention corpsmen: training for success

Story and photos  
by Sgt. Jolene Staker

The detention hospital is a unique mission providing training not available at any other fixed facility.

“Within the wire we are everything from 9-1-1 to passing an aspirin and anything in between,” said Petty Officer 1st Class James Seay, hospital corpsman. It is an all-encompassing mission that makes the additional training so intensive.

“Corpsman are learning things here that they wouldn’t learn in any other facility,” said Chief Petty Officer William Eby, senior enlisted adviser.

The detention hospital is a one of a kind full-service operation. “It is its own acute care area, minor surgery, and long term recuperating facility,” said Master Chief Petty Officer James O’Brien, NCOIC of medical plans for the JTF.

The only naval fixed medical facility comprised from about 15 different commands; three physicians, one psychiatrist, one dental officer and one dental techni-

cian are on staff to be available for almost any medical need.

All services needed by staff to make a diagnosis including lab, X-ray, pharmacy and physical therapy are provided by specially trained corpsmen. Any time they are unable to provide care it is available through the base hospital and specialists who fly in from the United States.

With the most of the detainees it is the first time for many of them to receive this quality of treatment. About 75 percent of the care given to them is for conditions that existed before their detention.

“I think a lot of them were amazed at the level of care that is actually humanly possible to receive when it comes to health care,” Eby explained, “They had no idea that a bullet wound they may have had ten years ago could actually be repaired and they don’t have to suffer from that any longer.”

Often optometrists are brought in from various naval hospitals to service detainees for eyeglasses who are often getting them for the first time. This is a welcome addi-

**See Detention, page 4.**



*Corpsmen at the detention hospital are able to train and treat patients on capable equipment such as this dentist's chair. This helps ensure that each and every detainee has the best possible medical care.*

### Inside the Wire ...

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#### A FAMILY TRADITION



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# Trooper to Trooper

The success of the JTF mission and the safety of our troopers are directly related to the quality of training we conduct. Our training philosophy is to train as you fight, keeping in mind that troopers are our most precious resource and safety must be incorporated in everything we do. Simply put, the better the training, the better our chances for winning.

With this in mind, the JTF leadership has made it a top priority to maintain units that are trained and ready to handle their missions. We recently issued training guidance for this rotation. I encourage each JTF trooper to spend a few minutes reviewing this document, to gain a better understanding of what is expected when your unit conducts its training. Your understanding of this guidance will play a great role in the success of your training -on an individual, team, and unit level.

On an individual level, each of us has the responsibility to stay trained and be "mission-ready". Physical Fitness training, ruck marches, and weapons training are essential to our individual readiness, and are a solid foundation for success as a JTF. Do your best to be prepared in these areas. There are also some challenging individual training events coming up. This coming spring we intend to prepare our Infantryman and Army medics to successfully test for the coveted Expert Infantryman's Badge and Expert Field Medical Badge. We will also conduct Combat Lifesaver training, striving for one Combat Lifesaver per ten personnel, to ensure that our troopers can receive immediate and skilled medical care should the emergency need arise. Later this year we will conduct military occupational speciality 95C training for all military police. This week two instructors from the Sergeant Major's Academy will begin teaching sixteen NCOs from our JTF to be qualified as battle staff NCOs. Graduates of this tough course will enhance the command and control of our JTF and will make their units better than they return to home station.

The individual training we conduct will set the foundation for success at the team and unit level. It will be important to focus our efforts at this level because it will ultimately be cohesive teams, squads, and platoons that win our battles. These teams, squads, and platoons have to be more than a group of troopers assigned to the same organization. They must be a group of close-knit, well-trained, and disciplined troopers, a "band of brothers," focused on a common goal. I expect to see tough, realistic focused collective training for all units. We will also conduct a monthly Live Fire Exercise (LFX) to test and evaluate our abilities to coordinate and synchronize those collective efforts. Training plans must take all of this into account.

The best training plans are of no use if there



**MG Geoffrey D. Miller**  
Commander  
JTF Guantanamo

is no time available to execute the training. With this in mind, MP and Infantry units will be rotated out of their mission every few weeks so they can focus on training priorities. Our first line leaders will also be given four hours of Sergeant's Time each week to focus on items they believe need attention. We will also continue to develop strong leaders with Officer and NCO development programs each quarter.

Effective training management will be critical to unit success. We have neither the time, nor the resources to dedicate on training that is not mission essential. Also, I expect us to plan and execute all training to standard, and then evaluate and assess the training so that we can improve in future training events. Finally, one of the great parts of our JTF training should be After Action Reviews (AARs). These sessions allow us to determine what happened, why it happened, and how we should fix it. Identifying strengths and weaknesses will lead to an updated readiness assessment, which then should become the basis for planning future training.

The coming year is not business as usual. We are always on the looking for opportunities to make us one step faster than our enemies. Leaders must demonstrate to JTF units and troopers what right looks like through effective training programs, and leaders and troopers together have to be ready - both individually and collectively - to fight and win. Fortunately, our JTF is full of leaders and troopers who are very capable of doing this. I challenge every leader at every level to find new ways to keep us trained and ready. I am confident you will make it happen.

Sound Fundamentals + Strong Leadership  
+ Teamwork = Victory  
**HONOR BOUND!**

## JTF-GTMO Command

### Commander:

MG Geoffrey D. Miller

### Joint Task Force CSM:

CSM George L. Nieves

### Public Affairs Officer:

Lt. Col. Pamela L. Hart

### Deputy PAO

Lt. Cmdr. Robert W. Mulac

### 70th MPAD Commander:

Maj. Jonathan P. Dolan

### Command Information Officer / Editor:

1st Lt. Tracy L. Saucy

**Circulation:** 2,100 copies

## The Wire Staff

### The Wire NCOIC / Editor

Staff Sgt. Patrick Cloward

### Layout Editor

Spc. Tommi Meyer

### Sports Editor:

Spc. Rick Fahr

### Staff writers and design team:

Sgt. Jolene Staker

Spc. Katherine L. Collins

### Contact us:

*From Guantanamo:*

5239/5241 (Local phone) 5426

(Local fax)

*From CONUS:*

Com: 011-53-99-5239 DSN: 660-5239

Public Affairs Office

### Online:

<http://www.nsgtmo.navy.mil/jtfgtmo>

*The Wire is produced by the 70th Mobile Public Affairs Detachment assigned to the Joint Information Bureau at Joint Task Force Guantanamo. This publication is printed under the provisions provided in Army Regulation 360-1 and does not reflect the views of the Department of Defense or the personnel within.*

# Flu shot keeps troopers on their missions

By JTF Preventative Medicine

The influenza vaccine is a mandatory vaccine given each year to all active duty personnel and reservists on active duty. The vaccine is given to minimize the spread of the flu, a communicable disease, which could completely disable a military unit.

The medics at the Joint Aid Stations (JAS) will be giving flu shots to JTF Guantanamo troopers this season. The deadline to get your flu shot is Oct. 21. Each unit will be scheduled for specific dates and times for their immunizations. Failure to adhere to the schedule will preclude the mission.

Part of our mission is to keep a healthy and fit force. We can do this by immunizing our troopers against vaccine preventable diseases like the flu.

What is Influenza and why get vaccinated?

Influenza is a serious disease, caused by a virus that spreads from infected persons to the nose or throat of others, which can be prevented by vaccine.

It can cause fever, sore throat, chills, cough, headache and muscle aches.

Anyone can get Influenza and most people are ill for only a few days, but some get much sicker and may need to be hospitalized.

Influenza causes an average of 36,000 deaths each year, mostly among the elderly.

What is the Flu shot?

The flu shot is an inactivated (dead) influenza vaccine that has been used in the United States for many years. The vaccine is updated annually, because the virus that causes the flu changes often, so you should get a flu shot each



Photo by Spc. Tommi Meyer

MG Geoffrey Miller receives his influenza vaccine, which is given to every JTF trooper annually.

year. Protection develops about two weeks after getting the shot and may last up to a year. Some people who get a flu shot may still get the flu, but they will usually get a milder case than those who did not get the shot.

Talk with a doctor before getting a flu shot if you have ever had a serious allergic reaction to eggs or to a previous dose of influenza vaccine or have a history of Guillain Barré Syndrome

Talk with a doctor if you have a fever or are severely ill at the time the shot is scheduled, you should probably wait until you recover before getting influenza vaccine. Talk to your doctor or nurse about whether to

reschedule the vaccination.

What are the risks from inactivated in-fluenza vaccine?

A vaccine, like any medicine, is capable of causing serious problems such as severe allergic reactions. The risk of a vaccine causing serious harm, or death, is extremely small. Serious problems from flu vaccine are very rare.

The viruses in inactivated influenza vaccine have been killed, so you cannot get influenza from the vaccine.

Mild problems associated with the flu shot are soreness, redness or swelling where the shot was given, fever and/or aches. If these problems occur, they usually

begin soon after the shot and last one to two days.

Severe problems or life-threatening allergic reactions are very rare. If they do occur, it is within a few minutes to a few hours after the shot.

What is a severe or moderate reaction and what should I look for?

Signs of a serious allergic reaction can include difficulty breathing, hoarseness or wheezing, hives, paleness, weakness, a fast heartbeat or dizziness. Signs of a moderate reaction can include any unusual condition, such as a high fever or behavior changes.

What should I do?

Call a doctor, or get the person to a doctor right away. Tell your doctor what happened, the date and time it happened, and when the vaccination was given.

Ask your doctor, nurse, or health care professional to report the reaction by filing a Vaccine Adverse Event Reporting System (VAERS) form. Or call VAERS at 1-800-822-7967, or visit their website at [www.vaers.org](http://www.vaers.org).

How can I learn more?

Ask your doctor or nurse for a vaccine package insert or: Call Preventive Medicine at 72990; Call 1-800-232-2522 (English) or 1-800-232-0233 (Español);

Visit CDC websites at [www.cdc.gov/ncicod/diseases/flu/fluvirus.htm](http://www.cdc.gov/ncicod/diseases/flu/fluvirus.htm) or [www.cdc.gov/nip](http://www.cdc.gov/nip).

**Information compiled from:**

■ U.S. Department of Health and Human Services

■ Centers for Disease Control and Prevention

■ National

Immunization Program

■ Vaccine Information Statement

■ Inactivated Influenza Vaccine May 6, 2003

### Detention from Page 1

tion to this uniquely staffed facility.

"The detention hospital is very unique in that it is a corpsman-driven facility," said Command Master Chief Petty Officer David Peck, command master chief, Guantanamo Bay U.S. Naval Hospital.

Approximately 80 percent of the detention hospital is staffed by enlisted corpsmen and of those the majority are hospital corpsman or E-3s. Generally they have the least amount of experience with less than two years in the Navy. This lack of experience and the magnitude of the task before them requires specialized "on the job" training standards as well as intensive "in-service" medical training.

"Corpsmen are the very first stage of care for the detainees," Eby explained, "they have to know more and do more than they would normally have an opportunity of doing."

Learning the full spectrum of everything from primary care, providing direct care, and providing all the tasks necessary, the first things corpsmen do is familiarize themselves with a Personal Qualification



Photo by Sgt. Jolene Staker

Petty Officer 3rd Class Matthew Skipworth (left) and Hospital Corpsman Stephen Peoples ensure that the emergency response bag is properly stocked with needed supplies. Instead of using an ambulance, they grab these bags and run to the scene. There are backboards, litters, and litter carts staged throughout the camp to use to transport patients.

Standard (PQS) checklist to measure their proficiency skill level. The checklist includes how to do physical exams, assessments, ear, nose and throat exams and how to identify and administer medications and IVs. Documenting the treatment properly and understanding which acronyms to use is also part of their initial training.

The detention hospital conducts an 'all hands' training session weekly, instructed by senior medical officers and nurses. Anything from security training to the flu shot is covered at this time. Each shift leader or team leader also does two classes a week that are specific to emergency response scenarios.

"We do a lot of emergency response training here," said Seay, "If anything additional comes up then we'll do a class for that as well."

The corpsman's pledge states "...I dedicate my heart, mind and strength to do the work before me. I shall do all within my power to show in myself an example of all that is honorable and good . . ." Training is an integral part in allowing the detention hospital corpsman to live up to that pledge.

## Aiming for Victory: Implementing training for 2004

By Spc. Katherine L. Collins

JTF Guantanamo's top priority in 2004 is fighting terrorism. Ensuring leaders and troopers are prepared to execute interrogation and detention operations and its support missions anytime means training. This training involves all troopers, and training success involves various key tasks. Here are five points to help you train.

"Mission first, trooper always" are the words of MG Geoffrey Miller, JTF commander. It translates as the necessity of the JTF chain-of-command to care for its troopers' needs, enabling them to successfully perform their duties. This, in turn, means training troopers, as they fight. "Analyze your [Mission Essential Task List (METL)], study the conditions you are likely to face, and cross walk this into realistic training," said Miller.

**Small unit proficiency.** A small unit is a "group of close-

knit, well-trained, and disciplined troopers focused on a common goal; a 'band of brothers.'" The success of small units is two-faceted. "First are the abilities of the individual trooper; second is the leader who is capable of bringing the abilities of these individual troopers together to accomplish the mission," Miller explained. Commanders must plan training with the small unit concept in mind.

**Planning.** "To ensure we maximize training we must ensure we are planning long range, short range and near term," Miller said. Also, units should develop and follow training cycles designed to meet their specific needs. In addition, units must carefully plan each training day to ensure all its members attain performance standards. Finally, units must continually post updated training schedules in areas accessible to all unit members, because troopers

deserve to know when they will be working hard in the field or in garrison and when they will be off. "Training that is not properly planned will not be conducted," assured Miller.

**Assessments.** Units must conduct them "prior to, during, and after training to capture training deficiencies," Miller said. In doing so, "first, we must evaluate the unit conducting the training to ensure the standard was met. Second, we must evaluate the training event to ensure we are maximizing the resources," he explained. Each unit should conduct After Action Reviews, highlighting what went right and wrong, why it occurred, and how to fix or improve it. Refer to TM 25-20 for AAR guidance. Commanders should plan all future training based on their units' assessments of prior training, and every unit member should participate in each assessment.

**Cycle Training Brief (CTB).** Each unit must create a CTB prior to the start of each training quarter. It covers the commander's METL assessment, individual training assessments, the purpose of these assessments, and a training calendar outlining the quarter's training events. "The CTB will serve as a contract between the unit commander and me," Miller said.

The United States has called all JTF Guantanamo troopers to defend freedom and help win the War on Terrorism. Training with success enables serving with success. The J3 training office is JTF's main source of coordination for all training. For assistance or further information on planning training call x5174.

*Information adapted from a memorandum by Miller, dated Sept. 22, 2003. For further training guidance, refer to FM 7-0, Training the Force, and FM 25-101, Battle Focused Training.*

Coming soon...

# Straight Talk

A weekly trooper question and answer session with the leaders of JTF Guantanamo



MG Miller, BG LeClaire and CSM Nieves look forward to tackling the issues that are on the minds of JTF troopers!

Watch this space for answers to questions you always wanted to ask, but haven't.

All you have to do is call 5251 or e-mail your questions to

**Straight Talk** at [pao@jftgmo.southcom.mil](mailto:pao@jftgmo.southcom.mil), beginning Friday, Oct. 17.

Make **Straight Talk** part of your regular read and watch for your questions to be answered in future issues of *The Wire*.

**Submit your questions now!**

## Holiday celebrates Columbus' exploration



Christopher Columbus

of the South Com and former 15th

patronage.

Columbus, who never abandoned the belief that he had reached Asia, led three more expeditions to the Caribbean. His second voyage found him in Guantanamo Bay April 30, 1494.

But intrigue and his own administrative failings brought disappointment and political obscurity to his final years.

The arrival of Europeans proved disastrous for the people of the Caribbean. Within 20 years, it is estimated that native population of Hispaniola dropped from one million to 30,000.

The Spaniards settled first on the island of Hispaniola and later moved on to Cuba, Puerto Rico, and Jamaica, forcing the Taínos and Arawaks to mine for gold.

The local population quickly declined as a result of mistreatment, flight, disruption of agriculture, and disease. African slaves were imported as early as 1502 to replace the dwindling labor supply.

As mining decreased, the Spanish introduced livestock, crops, and fruit trees. Cattle ranching and sugarcane became important as a stable Spanish society took hold in the large islands.

The Caribbean played a crucial role as a staging ground for further exploration and conquest, and as a strategic defensive point for the Spanish empire.

The first Columbus Day celebration in the United States took place on October 12, 1792, —300 years after his first discovery — but it still wasn't an official holiday for another 100 years.

Days commemorating special events like Columbus Day or birthdays of famous leaders, like Martin Luther King Jr., become national holidays and help us remember the important contributions these individuals made to our country.

Compiled from the U.S. Library of Congress

### For your information

The McCalla Hangar security badge office is open Monday through Friday, 9-11 a.m., by appointment only. To schedule an appointment please call 5393 or 5395.

# Surviving 'Monday Night Football'



Photo by Spc. Tommi Meyer

Members of JTF enjoy the ball game, atmosphere and each others company on the deck at club survivor during the Monday night football party.

# RECREATION & LEISURE



## Movie Schedule

### Camp Bulkeley

**Fri., Oct. 10**  
8 p.m. *The Watcher*  
R - 93 min

10 p.m. *Random Hearts*  
R - 132 min

**Sat., Oct. 11**  
8 p.m. *So I married an Axe Murderer*  
R - 121 min

10 p.m. *Exorcist 2000*  
R - 121 min

**Sun., Oct. 12**  
8 p.m. *Liberty Heights*  
R - 132 min

**Mon., Oct. 13**  
8 p.m. *The Ninth Gate*  
R - 133 min

**Tues., Oct. 14**  
8 p.m. *Ring of Fire*  
PG13 - 104 min

**Wed., Oct. 15**  
8 p.m. *What Lies Beneath*  
PG13 - 130 min

**Thurs., Oct. 16**  
8 p.m. *Scream 3*  
R - 116 min

### Downtown Lyceum

**Fri., Oct. 10**  
8 p.m. *Spy Kids 3-D*  
PG - 85 min

10 p.m. *The Rundown*  
PG13 - 90 min

**Sat., Oct. 11**  
8 p.m. *Secondhand Lions*  
PG13 - 107 min

10 p.m. *Freddy VS Jason*  
R - 92 min

**Sun., Oct. 12**  
8 p.m. *S.W.A.T.*  
PG13 - 121 min

**Mon., Oct. 13**  
8 p.m. *The Rundown*  
PG13 - 90 min

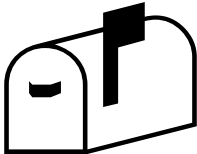
**Tues., Oct. 14**  
8 p.m. *Freddy VS Jason*  
R - 92 min

**Wed., Oct. 15**  
8 p.m. *Spy Kids 3-D*  
PG13 - 116 min

**Thurs., Oct. 16**  
8 p.m. *Freaky Friday*  
PG - 97 min

## Postal schedules show early dates

Postal officials are encouraging troopers to adhere to special holiday mailing dates to ensure timely delivery of cards, letters and packages.



All inbound and outbound mail (to and from Guantanamo Bay) should be postmarked by the following dates:

- Standard mail - Nov. 6
- First-class mail - Nov. 25
- Priority Mail - Dec. 1

Postal Rule of thumb: Customers can never mail too early when it comes to Christmas mailing. The earlier you mail, the better.

For any further questions or concerns, please contact the Postal Officer at 2156 or email n45@usnbgmto.navy.mil.

## 'E' for bowling effort



Photo by Spc. Tommi Meyer

"That's an e for effort," said Pvt. Lisa Rose after her turn on the lane at Marble Head bowling center during the Oct. 3 bowling tournament. The next bowling tournament is scheduled for Oct. 15.

# JAS: always training to provide quality care

Story and photo by Sgt. Jolene Staker

Training is central to mission readiness and the Joint Aid Station (JAS) mission is to ensure that all troopers in the JTF are "fit to fight."

While these medics came well trained, this mission allows them the opportunity to experience valuable hands-on training under the supervision of physician assistant, 1st Lt. Arkadiy Baumval from the 384th MP Co.

"Back home at their drill stations, medics don't normally get an opportunity to learn from PAs (Physician's Assistant) because they don't usually drill with military police units," Baumval said.

Sgt. Michael White, the

NCOIC of the Tierra Kay JAS, explained the benefit of this type of learning environment by saying, "I can't think of any place else we would get better trained," and added that Baumval has them do as much of the examination as possible and then he double checks them to see if they forgot anything or if there was anything else they could have done. "We get in our minds better what we should and shouldn't do," White said.

Wednesday afternoon is a set training day. They use this time to train more on techniques of physical examination and history taking and plan to have courses for basic life support and advanced life support.

The hands-on experience



Spc. Yvette Jones, Spc. Anthony Hicks (patient), Cpl. Daniel Ramirez, and Spc. Richard Herring train on the 12-3 lead EKG and defibrillator. The JAS trains continuously to ensure they can handle any medical condition.

coupled with the training will benefit Spc. Richard Herring of the 217th MP Co. even after he completes this mission as he plans to take this invaluable experience back to Montgomery, Ala., where he is a nursing student at Troy State University. "I've met a lot of people here that really know

what they are doing," he said.

"This is my first opportunity to get hands-on experience, which should help me in nursing school."

Their training benefits them each individually and the mission as a whole which improves morale by keeping our troopers healthier.

## Man on the Street

Interview and Photos by Sgt. Jolene Staker

**This week's question:**

**What are the qualities in a first sergeant or company commander that makes them an effective leader?**



**Sgt. 1st Class Milton Collaco**  
463rd MP Co.

"To be an effective leader the first sergeant and company commander have to look out for the welfare of their troops."



**Coast Guard Petty Officer 1st Class Michelle Gallant**  
PSU Detachment

"I think that good communication with their troops and confidence makes an effective leader."



**Army Pvt. Lisa Rose**  
J4 Food Service

"The seven Army values, knowledge of his/her job, dedication and supporting their unit through growth potential advancement opportunities."



**Air Force Master Sgt. Morya Stevens**  
JIG

"I think the one thing that makes a first sergeant and a commander an effective leader is to ensure that they actively listen to what the troops concerns are instead of just hearing them."



**Staff Sgt. Billy Williams**  
216th MP Co.

"When missions have been accomplished and troops have been taken care of at the same time, then you have an effective leader."

# An expression of faith

## CHAPLAIN'S CORNER

By Chaplain Felix Abreu  
 Born in Dominican Republic and chaplain in  
 the Puerto Rico USANG

All Latin American countries celebrate The Encounter of Cultures on October 12th. Latin Americans reflect the combination, influence and mixture of European, Spanish, African and Indian cultures, in our customs, styles and ways of life. They are evident in the foods we eat, our clothing styles, dancing and other leisure activities, and in our faith in God.

Our music incorporates the use of the African Drum, the Melodic Indian Flute, the European Guitar, Accordion and other instruments that make our Latin music unique. It's rhythms of Merengue, Salsa, La Cumbia, La Zamba Brasileira and others have a natural effect of causing one's heart to stir and one's whole body to move and dance.

Our food is recognized worldwide for its seasoned flavor. Our rice with beans and fried chicken, roasted pork, rice with black frijoles or green pigeon peas or the Dominican Salcocho, together with mashed plantains are representative of our culture. Just to think about them causes my mouth to water.

Our clothing incorporates and emphasizes the bright colors of God's rainbow. The varied dresses common to our women incorporate the bright colors in specific garments designed for the various occasions of life, to include: parties, worship and other religious events, and for the workplace.

The site of overflowing crowds in our stadiums and sports complexes attest to our love for team sports such as baseball, football and basketball. It is said that our blood flows with sports from the time of our conception.

Our common castellano language is Spanish. Spanish is the second most spoken language in the United States and the fourth in the world. Our poets, authors and musicians have won international fame throughout the world.



**Maj. Felix Abreu**  
**Staff Chaplain**  
**JTF Guantanamo**

Some of our most beautiful heritages are found in the expressions of our Christian faith. We recognize God as the center of life and seek to live a life reflective of God's love, forgiveness, justice and peace. Our common faith has served to unite Latin Americans much like our common language. All significant events in our lives, such as birth, marriage, anniversaries, etc. are understood to have the presence of Christ among us. We also give thanks to our Eternal Father God, for the wonderful blessing to have been born in the beautiful countries of Latin America where God is so evident in nature and creation.

We are people of peace who understand the price of freedom, and when duty calls, we are willing to give our all to defend and preserve freedom. It is said that: "He who knows a Latino American knows a friend, a good warrior and a good Christian." We feel proud and honor our Hispano American Heritage because we speak and seek to live God's language of love.

I hope you will have the opportunity to get to know us as we get to know you, as members of God's family and as JTF troopers, Bound to Honor.

## Alpha: An opportunity to explore the Christian faith

Alpha is an 11-week opportunity to explore the validity and relevance of the Christian faith. Meeting times will be on Wednesdays or Fridays at 7 p.m. beginning Oct. 15 and 17 at Chapel A building 3203. For more information call the JTF chaplain's office at 3202 or 3203.

*Hispanic Heritage*  
 Month  
 Sept. 15 - Oct. 15

## Worship Services

### Catholic

#### Main Chapel

Wed.	5 p.m.	R.C.I.A. (Cobre Chapel)
Fri.	5 p.m.	Rosary
Sat.	4:30 p.m.	Confession
	5:30 p.m.	Mass
Sun.	9 a.m.	Mass
	10:15 a.m.	Spanish Mass (Sanct. B)
M-Fri.	11:30 a.m.	Mass (Cobre Chapel)

#### Camp America

Sun.	5 p.m.	Mass Wooden Chapel
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### Protestant

#### Main Chapel

Mon.	7 p.m.	Prayer Group Fellowship*
Wed.	7 p.m.	Men's Bible Study*
	7 p.m.	Spanish Group 390-Evan's Pt
Thurs.	6:30 p.m.	Home Group Nob Hill 5B
	7:15 p.m.	Youth 7-12 Fellowship*
Sun.	6:30 a.m.	Praise and Worship Service
	9:30 a.m.	Sunday School
	11 a.m.	Service/Sunday School
	5 p.m.	Bible Study*

\* Fellowship Hall located in Chapel Complex

#### Camp America

Wed.	7 p.m.	Service
Sun.	9 a.m.	Seaside Galley (Temporary location until further notice)
	7 p.m.	Service Wooden Chapel

## Church of Jesus Christ of Latter Day

### Saints

Sun.	9 a.m.	Sanctuary A
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### Islamic

Fri.	1 p.m.	Classroom 12 Chapel Complex
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### Jewish

Fri.	8 p.m.	Fellowship Hall
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### Camp America Church Bus schedule:

Sun.	8 a.m.	Windward Loop
	8:15 a.m.	Tierra Kay

The bus will return following worship.



# Esteves: A family heritage

Story and photo  
by Spc. Tommi Meyer

Family ties run deep in the Puerto Rico National Guard, at least for the Esteves family.

"I am the third generation in the military," said Spc. Carlos Esteves, a trooper from Puerto Rico currently attached to the 216th Military Police Co., Arkansas National Guard.

"My [great-grandfather] was MG Luis Raul Esteves," said Esteves.

MG Esteves was the first Puerto Rican to graduate from the U.S. Military Academy at West Point on June 19, 1915, according to a family website.

Spc. Esteves continues to serve with his family's enthusiasm.

"I asked to be here so I could help on this mission," said Esteves who has been on several other deployments, including humanitarian missions in Honduras, the Dominican Republic and Kuwait.

"This is a [rare] opportunity ... being here, infantry working with MPs, guarding

these people," said Esteves.

In Puerto Rico, Esteves is assigned to a landing craft detachment. Before being attached to the 216th, he was assigned to the 165th Inf. Regt., Puerto Rico.

He said that so far Guantanamo Bay is a lot like home, but hotter and without his wife and children.

Esteves said his family is very supportive and that his daughter is likely to follow in the family tradition. "She says 'I want to be like you, I want to join the Army.'"

According to a family website, during his stay at West Point, MG Esteves tutored Dwight D. Eisenhower in Spanish, helping him pass that course at the academy. Eisenhower went on to become president of the United States. MG Esteves was instrumental in organizing the Puerto Rican National Guard, and served as the adjutant general for almost 20 years. The first regiment of the Puerto Rico National Guard, was recognized by the name, "First Infantry Regiment," organized on June 2, 1920, and reorganized on Dec. 26, 1922, as the 295 Infantry Regiment.



Spc. Carlos Esteves, 216th Military Police Co., on his way to duty "under the wire" at Camp Delta.

## Esteves: UNA herencia de la familia

As translated  
by Spc. Jorge J. Serralles

El pueblo puertorriqueño esta bien ligado con la Guardia Nacional de Puerto Rico, por lo menos para la familia de Esteves.

"Soy la tercera generación en el ejército," dijo Spc. Carlos Esteves, un policía de Puerto Rico actualmente asignado al 216th Military Police, de la Guardia Nacional de Arkansas.

"Mi [bisabuelo] era MG Luis Raul Esteves," comenta Esteves. El MG Esteves fue el primer puertorriqueño de graduarse en el West Point Military Academy, el 19 de junio de 1915, información obtenida en el website de su familia.

Spc. Esteves continúa sirviendo con el mismo entusiasmo que ha habido en su familia por varias generaciones.

"Me ofrecí voluntariamente venir para acá, para así ser parte de esta importante misión," dijo Esteves que ha estado en otras misiones, inclusive misiones humanitarias en Honduras, la República Dominicana y Kuwait.

"Esto es una [rara] oportunidad ... estar aquí, la infantería que trabaja con MPs, pro-

tegiendo a estas personas," dijo Esteves.

En Puerto Rico, Esteves esta asignado a una unidad anfibia. Antes de estar asignado al 216th, él fue asignado al 165th. Inf. Regt., Puerto Rico.

El dijo que hasta ahora la Bahía de Guantanamo es como si estuviera en casa, pero más caliente y sin su esposa y niños.

Esteves dijo que su familia lo ha estado soportando y que su hija es probable de seguir en la tradición de la familia. "Ella me dijo 'quiero ser como tu, yo quiero ser parte del ejército.'"

Según el web site de la familia, durante su estadía en el West Point, el MG Esteves dio clases a Dwight D. Eisenhower en español, lo ayudo pasar ese curso en la Academia. Eisenhower llego a ser presidente de los Estados Unidos. El MG Esteves fue instrumento en la organización de la Guardia Nacional puertorriqueña, y sirvió como el adjutant general por casi 20 años. El primer regimiento de la Guardia Nacional de Puerto Rico, fue reconocido por el nombre, "Primer Regimiento de Infantería", organizado el 2 de Junio del 1920, y reorganizado el 26 de Diciembre del 1922, como el 295 Regimiento de Infantería.

## Heritage celebration...



Photo by Sgt. Jolene Staker

Carroll Mays and Tyler Benzing participate along with other children from the W.T. Sampson Elementary School in the Dominican Republican Dance during the Hispanic Heritage Dinner.



Photo by Spc. Rick Fahr

*"Emergency Blow" (aka Navy Chief Petty Officer John Williams) explains hash run symbols to the group of runners before Saturday's event.*

## Hash runners combine fitness, fun

By Spc. Rick Fahr

The two-dozen men and women quickly but methodically made their way up the hill like ants searching for a picnic pie. Every 30 to 40 meters, the group would spy a treat, a small pile of flour, and then quickly fan out to search for the next pile along the trail. So it goes on and on, across hills and dales of Guantanamo Bay.

On this day, the run began at the Sailing Center and quickly moved toward Yatera Seca Golf Club. These groups of men and women gallivanting across the hinterlands in search of piles of flour are "hash runners." They gather each Saturday afternoon at 4:30 for their events.

Hash runs date to 1938 in Kuala Lumpur, Malaysia, when British men and women began the first hash club. The clubs participate in the runs, which mix physical exercise with social activities, hence the clubs' nickname, "a drinking club with a running problem."

The events begin with a "hare" who lays out the trail that the runners will try to follow. Leaving behind piles of flour, or other markings, the hare leads the runners hither and yon, but the hares often trick the runners with false trails. That trickery, which features a number of symbols left on the ground, leads the pack of runners to work as a group, searching an area completely for the true trail.

"When you come to an intersection, you have options to go in any direction," said "Emergency Blow," (aka Navy Chief Petty Officer John Williams) who supervised Saturday's run. "Our goal is to find the true trail, the one they're still running, and not the false trail."

"Emergency Blow," explained what the various trail symbols mean and what actions to take after finding them. For instance, a "BC" plus a number would indicate that the runners had been following a false trail and that they should go back

the specified number of dots to look for the true trail.

Searching for the true trail involves its own language. The runners communicate with each other by yelling "on one" or "on two" and so on to indicate how many piles of flour they've been able to follow down a specific path. Once they find the true trail, they shout, "on, on," and the group follows.

The searches serve two purposes – making the experience more difficult and allowing runners of all fitness abilities to keep up. Faster runners end up doing much of the searching, while the slower movers catch up.

Located throughout the course are beverages of various types, with caches marking the halfway and finish points.

The hash runs cost \$5, which goes to buy future supplies, but virgins (those on their first run) may participate free of charge.

For more information, contact Williams at 3071.

## Football heads to postseason

With the postseason tournament in progress the Captain's Cup flag football season ended Monday.

Representing the JTF, the 661st MP Co. team finished third in regular season standings, posting a 7-4-2 record. JTF JIG finished the season with a 5-8 mark.

The Hospital team won the regular season at 10-3. NEX came in second, 9-3. NAVSTA and MCSF Co. tied for fourth place with records of 7-6.

The postseason tournament began Wednesday and will continue tonight and Saturday.

In regular season games, the 661st MP Co. team went 2-1 on the week. The team beat NAVSTA, 18-12, and picked up a forfeit win. However, the team lost to JIG, 20-19. JIG's record improved with a forfeit win, but the team lost to MCSF, 28-20.

## COMING UP

MWR activities coming up:  
FASE – Fitness, Athletics, Strength, Endurance. This obstacle course-type event will be Saturday, 6 p.m., at G.J. Denich Gymnasium. Four-member teams will compete against each other for the best time.

Columbus Day Fishing Tournament – Starting at 4 p.m. today and lasting through 4 p.m. Monday, the tournament has no entry fee, but participants must sign up by 4 p.m. today. Call 2345 for more information.

Horseshoe Challenge – On Sunday, the tournament will be at the base gym pits at 3 p.m. No entry fee.

9 Pin, No Tap Bowling Tournament – Beginning at 7 p.m. Wednesday at Marblehead Bowling Center, the tournament is limited in its number of participants.

# Trooper picks

JTF personnel's predictions for this week's games

## Games

Oklahoma at Texas (Dallas)  
 Miami at Florida State  
 Georgia at Tennessee  
 Michigan at Minnesota  
 Army at Louisville  
 Chiefs at Packers  
 49ers at Seahawks  
 Bucs at Redskins  
 Bills at Jets  
 Eagles at Cowboys  
 Last week's record  
 Overall record



1st Sgt.  
Sandra Adams-Jones  
273rd MP Co.

Oklahoma  
 Miami  
 Georgia  
 Michigan  
 Louisville  
 Chiefs  
 Seahawks  
 Redskins  
 Bills  
 Cowboys  
 4-6  
 7-9



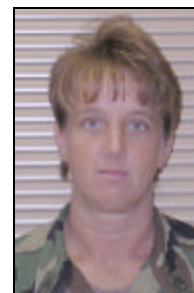
MWR director  
Craig Basel

Texas  
 Miami  
 Georgia  
 Michigan  
 Louisville  
 Chiefs  
 Seahawks  
 Bucs  
 Bills  
 Eagles  
 6-4  
 10-6



Staff Sgt.  
Deon Lee  
216th MP Co.

Oklahoma  
 Miami  
 Tennessee  
 Minnesota  
 Louisville  
 Packers  
 Seahawks  
 Bucs  
 Bills  
 Cowboys  
 5-5  
 9-7



Staff Sgt.  
Stephanie Nielsen  
384th MP Bn.

Oklahoma  
 Florida State  
 Georgia  
 Minnesota  
 Louisville  
 Chiefs  
 Seahawks  
 Bucs  
 Bills  
 Eagles  
 4-6  
 8-8

## Sports highlights

### Cubs win, head to NLCS

Compiled by  
Spc. Rick Fahr

For the first time since 1908, the **Chicago Cubs** won a postseason series, finishing off the **Atlanta Braves** on Sunday night.

The Cubs moved into the National League Championship Series by beating the Braves at Turner Field to claim the best-of-five divisional series and will meet another upstart, the wild card **Florida Marlins**, who upset the **San Francisco Giants** in their divisional series.

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On the college gridiron, the **Oregon Ducks** fell out of the Associated Press top 25 poll after losing to **Utah**, 17-13. The big poll movers of the week were the **Iowa Hawkeyes**, who jumped from No. 23 to No. 14 after outlasting the **Michigan Wolverines**, 30-27.

Big games this weekend

include the Red River Shootout, No. 1 **Oklahoma** vs. No. 11 **Texas**; No. 2 **Miami** vs. No. 6 **Florida State**; No. 8 **Georgia** vs. No. 13 **Tennessee**; and No. 17 **Minnesota** vs. No. 20 **Michigan**.

\*\*\*

For the fourth time in four games, **Dante Hall** of the **Kansas City Chiefs** returned a kick for a touchdown.

Hall's NFL record-tying performance helped the Chiefs move to 5-0 on the season as they beat the **Denver Broncos**, 24-23.

Coming up this Sunday: **Kansas City Chiefs** at **Green Bay Packers**, **San Francisco 49ers** at **Seattle Seahawks**, **Tampa Bay Buccaneers** at **Washington Redskins**, **Buffalo Bills** at **N.Y. Jets**; and **Philadelphia Eagles** at **Dallas Cowboys**.

Compiled from [www.espn.com](http://www.espn.com)



Karina Felices  
463rd MP Co.



Moses McKinney  
463rd MP Co.

## 463rd MPs take firsts for JTF fun runners

By Spc. Rick Fahr

About 30 runners came out to support the Navy Ball on Saturday by participating in a 5K fun run.

Among JTF personnel running in the event, two troopers from the 463rd MP Co. – Sgt. 1st Class Karina Felices and Staff Sgt. Moses McKinney – were the first to finish.

# 15 Minutes of Fame...

## With CSM George Nieves, JTF CSM

Active Army trooper for 29 years, husband and father to two teenage daughters, Nieves always strives to serve his troopers, family and the country he loves.

Interview by  
Spc. Katherine L. Collins

**Q: How would you describe your role in the JTF Guantanamo mission?**

**A:** I am the senior enlisted advisor to [Maj.] Gen. Miller. I assist him in individual training of the troops and inform him of all the troops' needs, such as those related to quality of life and health and welfare.

**Q: What initially inspired your military service?**

**A:** I dropped out of high school but wanted to buy a car. Then one day I was walking by a recruiter station and saw a picture of a guy jumping out of an airplane. I said, "I want to do that; I can do that." I was doing nothing at the time, so I joined the Army. At the end of three years I had enough money to buy the car, but I had no driver's license, because I never needed one in New York City. So I said, well, let me stay in a little bit longer. Three years turned to six and six turned to nine, and the rest is history. Now I've been in 29 years.

**Q: What position did you hold prior to your reassignment to Guantanamo?**

**A:** I was the command sergeant major for the 7th Army Training Command in Germany. I oversaw all training conducted in Germany and the Balkans.

**Q: What personal goals are you aspiring towards here?**

**A:** I want to continually stay in shape and continually learn as much as I can about this job. Also, I want to keep learning what makes the JTF troopers tick, so I can continually support them, as far as meeting their needs and expectations and keep them motivated. There are different branches of service and different components here. So there's a lot to learn about each in order for me to better serve all of the JTF troopers.

**Q: In what ways do you think this deployment will impact you as a trooper**



Photo by Spc. Tommi Meyer

CSM George Nieves, JTF CSM, serves his part in Operation Enduring Freedom by assisting the JTF commander in leading troops in interrogation and detention operations, its support missions, and mission-focused training during his two-year tour. Here, Petty Officer 1st Class Russell Degidio gives Nieves his annual flu shot.

**and a person?**

**A:** This is a very important mission. I am learning quite a bit about detainee operations and interrogating enemy combatants. Personally, I'm in this for the long haul. To me, this is just another mission, but it's a great mission, and I am very lucky to have been chosen to serve in it.

**Q: What interests do you possess?**

**A:** I enjoy running, and I golf occasionally. I also like to go to the gym.

**Q: What activities do you enjoy with your family in your free time?**

**A:** It's nice my family can be here with me. We relax by going to the Downtown Lyceum or out to eat or just relax at home.

**Q: What do you hope to accomplish after JTF Guantanamo?**

**A:** The needs of the Army. I want to serve the Army in whatever capacity it chooses, even if that means retirement. This is the only life I know.

**Q: What message would you like to deliver to the JTF about yourself?**

**A:** I want people to know that I enjoy coming to work and give it my best effort each and every day. Some days are better than others, but that's okay. That I always try to keep a calm head about any decision I have to make or any situation I am in, because if you keep a calm head as a leader you can make the right decision the first time. And that I do make mistakes, but that I learn from them. I continue to grow, not only in this position but as a human being. I want all to know that I take this job very seriously and I dedicate myself to the Army. I will always give it my best.

**Q: How do you view training as an important element of each trooper's JTF experience?**

**A:** Often people ask, "Why do we train down here?" We know what our mission here is. It's to detain, interrogate or support those missions." The answer is, we need to continually improve ourselves individually and collectively, by daily practicing our skills on the job, doing hands-on unit training, or just individually hitting the books. Training is the key to getting better at what we do.

**Q: What is your role in the training?**

**A:** I advise the unit commanders on individual training, whereas [Maj.] Gen. Miller oversees the collective training. As troopers master individual tasks, only then are they able to come together as units to conduct collective tasks. Also, it is my job to select the individual tasks from among all those listed in the manuals that are most pertinent to the mission here. My mission in the training picture is to coordinate and ensure all troopers are improving their skills that will aid them in mastering the mission at hand.